



CHILD AND ADOLESCENT SUPPORT RESOURCES

CRISIS SUPPORT

Advocates Psychiatric Emergency Services

800-640-5432

advocates.org

Advocates Psychiatric Emergency Service (PES) team, part of Advocates Community Counseling, offers skilled, compassionate support and connections to resources and services during difficult times, 24 hours a day, 365 days a year.

Call2Talk

46 Park St

Framingham, MA 01702

211 or 508-532-2255

uwotc.org/call2talk

Mental health, emotional support, and suicide prevention program run by Mass211. It operates 24/7 and provides confidential, compassionate listening to assist people, including those who may be despondent or considering suicide, during stressful times.

MetroWest Medical Center Mental Health Services

24-hour Crisis Assessment Team

67 Union Street

Natick, MA 01760

508-650-7380

mwwmc.com/services/psychiatry

Provides 24-hour access to mental evaluation and substance-abuse care.

LEGAL

MetroWest Legal Services

63 Fountain St, Ste 304 Framingham, MA 01702

508-620-1830

mwlegal.org

Helps those who cannot afford an attorney navigate the legal system. Priority practice areas include Family Law, Housing, Government Benefits and Immigration.

LGBTQ+

Fenway Health Peer Listening Line

1340 Boylston Street

Boston, MA 02215

617-267-2535 or 800-399-PEER

fenwayhealth.org

Trained volunteers are available to talk about safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, and anti-gay/lesbian harassment and violence.

OUTMetroWest

PO Box 2122 Framingham, MA 01703

508-875-2122

outmetrowest.org

Offers programs for LGBTQ+ and allied middle school and high school youth, as well as transgender and gender non-conforming high school youth. Framingham office has weekly drop-in hours for LGBTQ+ and allied youth and offers a variety of educational workshops.

MEDICAL

Edward M Kennedy Community Health Center

354 Waverly St

Framingham, MA 01702

800-853-2288

kennedychc.org

Offers family practice model of primary care, with a dedicated interdisciplinary team comprised of the medical provider, nurse, nutritionist and other specialists including behavioral health counselors. Urgent care is available for health center patients who have an injury or illness that requires immediate care.

MetroWest Free Medical Program

110 Edgell Rd

Framingham, MA 01701

metrowestfreemedicalprogram.org

Offers free medical care to those who are uninsured and underinsured in the MetroWest communities. Volunteer physicians, nurses, social workers, health educators, interpreters and other volunteers offer clinic sessions at locations in Sudbury and Framingham.

MetroWest Medical Center Mental Health Services

67 Union Street
Natick, MA 01760
508-650-7000

mwmc.com/services/psychiatry

Provides inpatient short-term crisis stabilization for adults, adolescents and children experiencing psychiatric or emotional difficulties.

MENTAL HEALTH SUPPORT

Advocates

354 Waverly St
Framingham, MA 01702
508-661-2020
advocatesinc.org

Offers counselors and specialists for children and their families to determine tailored treatment plans, using talk therapy, play therapy and other skill-based approaches.

Behavioral Health Partners Metrowest Referral Line

1881 Worcester Rd, Ste 103
Framingham, MA 01701
1-844-528-6800
bhpmw.info

Care coordinators available by phone Monday through Friday to speak with you about mental health and social service concerns you may have for yourself, a loved one, or a person in your care.

Child and Adolescent Treatment and Research Programs at Boston University

900 Commonwealth Ave, 2nd Fl
Boston, MA 02215
617-353-9610
bu.edu/childcardresearch

Offers clinical services to young people between the ages of 3 and 17, who are experiencing difficulty with fears, anxiety, depression and other related disorders.

Genesis Counseling Services, Inc.

24 Union Ave, Suite 11
Framingham, MA 01702
508-620-2992
office@genesiscounselingservices.org

Various programs available to address addiction or substance use.

Massachusetts 211

877-211-MASS
mass211help.org

Connects callers with a variety of vital community resources, 24 hours per day, 7 days per week. All calls are confidential.

Resilient Youth Program at Benson Henry Institute at Mass General Hospital

55 Fruit Street, East Garden Room
Boston, MA 02114

bensonhenryinstitute.org/class/resilient-youth

Interactive, engaging, research-validated program gives teens ages 12-18 the self-care skills they need to reduce physical and emotional symptoms and move through life's challenges with greater resiliency.

South Middlesex Opportunity Council (SMOC)

7 Bishop St
Framingham, MA 01702
508-879-2250, ext 3145
smoc.org

Provides individual, family or group counseling for children, adolescents and families.

Wayside Youth & Family Support Network

1 Frederick Abbott Way, Framingham, MA 01701
508-620-0010
waysideyouth.org

Provides many counseling and family support programs and services, including outpatient counseling, in-home therapy, mobile crisis intervention, continuum services, parent support services, and inpatient services.

PARENTS

Families for Depression Awareness

391 Totten Pond Rd, Suite 101
Waltham, MA 02451
781-890-0220
familyaware.org

Helps families recognize and cope with depression and bipolar disorder to get people well and prevent suicides. Offers education, training, and support to unite families and help them heal while coping with mood disorders.

Parental Stress Line

108 Water St

Watertown, MA 02742

800-632-8188 -- 24/7

parentshelpingparents.org

Trained volunteer counselors offer a way to relieve stress in an environment which is non-judgmental for children 18 years old and younger. Translators available.

Family Resource Center at Wayside Youth and Family Support Network

88 Lincoln Street

Framingham, MA 01701

508-270-1313

waysideyouth.org

Helps families and individuals resolve challenges, strengthen their bonds, connect to others, and engage in their communities.

TEMPO Young Adult Resource Center

68 Henry St, Framingham MA 01702

508-879-1423

tempoyoungadults.org

Tempo is a one-stop resource center for young adults ages 16-25 focusing on achievement, employment, education, healthy relationships, and practical skills to reach future goals. A clinician is available on site.

POSITIVE YOUTH DEVELOPMENT

Boys & Girls Clubs of MetroWest

25 Clinton St

Framingham, MA 01702

bgcmetrowest.org

Provides social, educational, physical and cultural programming for boys and girls in the MetroWest area.

Framingham Parks and Recreation Programs

475 Union St

Framingham, MA

508-532-5960

framinghamma.gov

Offers over 300 recreation programs for preschool, youth and adults, Framingham residents and non-residents.

Metrowest YMCA

280 Old Connecticut Path

Framingham, MA 01701

508-879-4420

metrowestymca.org/programs

Provides a safe and positive atmosphere for youth to have independence, learn the values of respect, responsibility, caring, and honesty. Programs include YMCA Teen Leaders Club, LEAP outdoor program, and Teen Nights, teen activities on Friday and Saturday nights throughout the school year for grades 9-12.