Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

From nospital		6 months						
o home	☐ Copies sounds ☐ Begins to sit without support		Likes to play with others, especially parents		Strings vowels together when babbling ("ah", "eh", "oh")		Responds to own name	
12 months (1 year)								
"ma and	Says "mama" and "dada" Responds simple sp requests		n	☐ Copies gestu☐ Pulls up to st		as shaking l	Uses simple gestures such as shaking head for "no" or waving "bye bye"	
18 months (1 1/2 years)								
thin	gs are f	nt ordinary or; for example, orush, spoon	p S	Plays simple retend ays several single vords	ot in	pints to show hers something teresting	■ Walks alone	
2 years								
Gets excited when with other				Follows siminstructions Kicks a ball	ple Points to things or pictures when they're named			
children 3 years								
Copies adults and friends (like running when oher children run)Cilmbs well			Carries on a conversation using 2-3 sentences		☐ Plays make-believe with dolls, animals and people ☐ Shows affection for friends without prompting			
4 years								
	ells cories	☐ Would rath play with o children th alone	ther	Draws a powith 2-4 b parts		☐ Hops and st foot for up t☐ Plays coope	to 2 seconds	
I am 5! Welcome to Kindergarten!!								

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.

Resources for During Your Journey

What to do, where to go, and helpful steps along the way.

- OBGYN
- Pediatrician
- WIC
- Visitina Nurse
- Healthy Families
- Federation for Children with Special Needs Library
- Early Childhood
 Alliance of Framingham
- Early Intervention 0-3

- Child Care Financial Resource
- Enrichment Activities
- Framingham Public Library

Common Stops Along the Road

Places throughout Framingham that can play key roles in your child's learning path.

6-12 Months

- Play, Learn & Grow Together Groups
- Early Childhood Education programs (childcare)
- Early Intervention
- Healthy Families
- Enrichment Activities



2-3 Years

- Play, Learn & Grow Together Groups
- Pre K Programs
- Partners for Early Learners (PEL)
- B.L.O.C.K.S. Preschool preschool screening (this is when the transition from Early Intervention to Special Education occurs)



1 1/2 - 2 Years

- Play, Learn & Grow Together Groups
- ParentChild+ Home Visiting
- Early Childhood Education programs (childcare)
- Early Intervention
- Healthy Families
- Enrichment Activities



12-18 Months

- Play, Learn & Grow Together Groups
- ParentChild+ Home Visiting
- Early Childhood Education programs (childcare)
- Early Intervention
- Healthy Families
- Enrichment Activities



3-4 Years

- Play, Learn & Grow Together Groups
- Pre K Programs
- Partners for Early Learners (PEL)
- B.L.O.C.K.S. Preschool preschool screening (this is when the transition from Early Intervention to Special Education occurs)

