

# Final C&CC Newsletter- Class of '25

Some reminders for this summer...

## HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

## Congratulations to the Class of 2025 -Have a great summer!

*Have a  
GREAT  
summer*

Dear Class of 2025 Students & Families- congratulations, you're officially rising seniors! While exciting, this comes with a lot of responsibility for preparing for the year ahead. The sooner students and families have discussions and begin planning for next year, the better - I can promise you, it goes by very quickly! Depending on what your plans are for after high school, you'll find a lot of information below to get started this summer to make a timeline and put your best foot forward for senior year.

Have a great summer, and I look forward to seeing you all in the fall.

-Rachel Erikson, FHS College & Career Counselor

## Upcoming FHS Events

Junior June Bootcamps - 5/16 & 5/17

Junior June is back - but this year, in May! If you're interested in learning more about the following pathways for next year and after high school - STUDENTS, [REGISTER HERE](#) using your [@fpsed.org](mailto:@fpsed.org) email address.

- The Junior June bootcamp for "**Four-Year College**" will focus on all of the elements and the timeline that goes into the four-year college application process. There will be two sections offered for the Four Year College section. This Bootcamp will take place from 11am-12pm on Thursday, May 16th (in A202) OR from 11am-12pm on Friday, May 17th (in A202) - please sign-up for only one of the two sections.
- The Junior June bootcamp for "**Two-Year / Vocational**" will focus on a myriad of pathways that are alternative to four-year college, such as trade/vocational programs, gap years, military, Mass Bay and the Mass Transfer, Program, and more. This Bootcamp will take place from 12-1pm on Thursday, May 16th (in A202).
- The Junior June bootcamp for "**I Don't Know**" will go into detail about college/career research tools, resources at the high school, and broad post secondary planning. This Bootcamp will take place from 12pm-1pm on Friday, May 17th (in A202).



---

## Postsecondary & College Application Resources

### RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



### Upcoming College Fairs

Attending a college fair will allow you to see just how many different types of colleges and universities are out there! Exploring one place with lots of different schools in attendance will help you build and narrow down your college list.

**The Common Application - opens 8/1/24**



The **COMMON APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school.

**For the Class of 2025, the Common Application will open on August 1, 2024.**

The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.

For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's '[The College Application](#)' Canvas page.

## The College Application Timeline

### ▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

#### Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

#### Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round – there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

### ▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

#### Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

#### Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

### ▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

Typical deadline:

**January 1st**

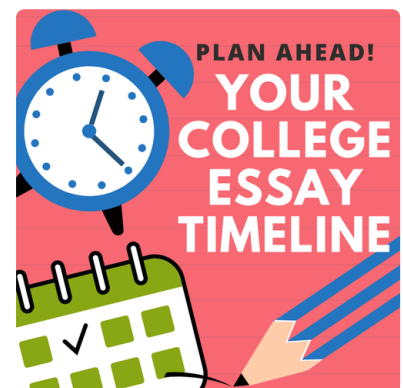
Typical decision release:

**April 1st**

## The College Essay

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in your voice! To get help *starting*, *editing*, or putting your essay into your application early. It's a great idea to start drafting an essay and picking a topic to write about over the summer, before returning for senior year in the fall.

Make sure to check out the '[Writing YOUR Best College Essay](#)' Canvas page for the college essay prompts, brainstorming ideas, rubrics, and advice from higher education admissions professionals.



---

## Transcript Requests & Letters of Recommendation

Seniors applying to four-year colleges will most likely need one to two teacher letters of recommendation. However, they will need to find out the exact number required by checking the "application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the [Teacher Recommendation Letter Guide](#). You should always plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.



## Counselor Letter of Recommendation

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

## Teacher Letter(s) of Recommendation

4-year college apps likely need 1-2 teacher LOR (check LOR requirements on the website of each college). Plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

## Standardized Testing - SAT, ACT, AP & TOEFL

### Standardized Testing Info & Resources

Be sure to look at Ms. Erikson's '[Standardized Testing](#)' Canvas page for detailed information on the following:

- SAT + ACT registration instructions
- SAT + ACT study resources
- Fee waiver information
- Testing accommodations
- TOEFL registration

***Do you have free/reduced lunch and/or receive any financial assistance?*** If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.

**TEST OPTIONAL SCHOOLS:** Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at [www.fairtest.org](http://www.fairtest.org)!

**THE TOEFL EXAM:** The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](#), on [Canvas](#), or in the College & Career Center (K007). To register and see test dates/locations visit [www.toefl.org](http://www.toefl.org).

## Upcoming 2024-25 SAT Dates

Test Dates	Registration Deadlines	Late Registration Deadlines
August 24, 2024	August 9, 2024	August 13, 2024
October 5, 2024	September 20, 2024	September 24, 2024
November 2, 2024	October 18, 2024	October 22, 2024
December 7, 2024	November 22, 2024	November 26, 2024
March 8, 2025	February 21, 2025	February 25, 2025
May 3, 2025	April 18, 2025	April 22, 2025
June 7, 2025	May 22, 2025	May 27, 2025

### A note from the College Board

SAT registration is open for the 2024-25 testing year. Many colleges consider SAT scores as part of their holistic admission and placement decisions, and your score is a valid way to show what you've learned. Most juniors take their first SAT in the spring, and many take it again in the fall of their senior year to improve their score. It can help you keep your college options open, demonstrate your unique strengths, and even qualify for scholarships.

More information and registration information can be found [here](#).

## Upcoming SAT/ACT Practice Exams & Webinars

### AP Exams

#### AP Prep with Revolution

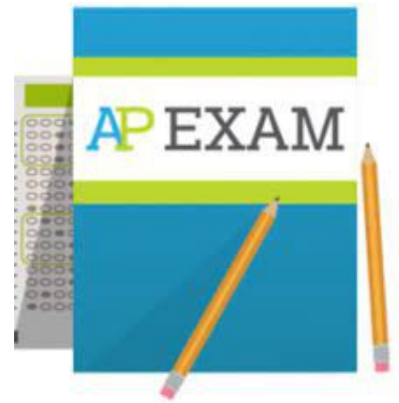
**Preparing for May AP Exams? Revolution Prep can help!**

Revolution Test PRep is thrilled to introduce their latest AP Exam prep resources for educators, students, and families. Customize your support options to best fit your school community's needs and elevate your AP Exam preparation journey.

- **Mini-Readiness Quizzes:** Use our 10-min quizzes as a bell-ringer, exit slip, or homework to assess your students' progress towards achieving their target AP Exam score: [View Quizzes](#)

- **Practice Exams:** Choose from multiple dates and times for six free practice exams in popular subject areas to offer to your students and their families: [View Schedule](#)
- **FREE family webinar:** Families can join live or get a recording of our Unlocking the AP Exam webinar to uncover college preferences, recent exam changes, and effective student preparation strategies: [How to register](#)

For a complete overview of our AP exam preparation resources [click here](#).



### AP Exam Prep\_Family Flyer.pdf

[Download](#)

462.5 KB

## Summer & Fall Small Group / Private Tutoring

### Revolution Prep - June & October 2024

It's easy to take the Digital SAT unprepared and get a score. It's less easy for your child to take the Digital SAT unprepared and get their goal score. Long hours studying on their own isn't the only way they can open more doors to better schools and even win scholarship money! Sign up for a Small Group Course for your child's official test date or ask your Revolution Prep academic advisor about one-on-one help preparing for the Digital SAT. View dates and register [here!](#)



Contact David Zimbalist ([david.zimbalist@revolutionprep.com](mailto:david.zimbalist@revolutionprep.com)) with questions or for more information.

### Rev Prep Digital SAT-Small Group Course Flyer-June 2024.pdf

[Download](#)

272.5 KB

### Rev Prep Digital SAT-Small Group Course Flyer-Oct 2024.pdf

[Download](#)

271.6 KB

## Work Permits

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand it in to your house/academy office assistant - please include your hair and eye color**

- English: <https://www.mass.gov/doc/youth-employment-permit-application/download>
- Español: <https://www.mass.gov/doc/youth-employment-permit-application-spanishspanol/download>
- Português: <https://www.mass.gov/doc/youth-employment-permit-portuguese/download>

### ENGLISH



### SPANISH



### PORTUGUESE



## Other Upcoming Events

### Internship, Volunteer & Community Service Opportunities

#### Summer Programs for HS Students

Summer opportunities provide a stimulating, supportive & safe environment for students during the summer - academic or otherwise! Check them out her.

#### Make-A-Wish Youth Leadership Council (YLC)

Make-A-Wish Youth Leadership Council (YLC) has been empowering high school students to become conscious leaders in their communities for the past four years. Our YLC students

experience firsthand the incredible power of giving back while growing and developing skills to aid them in their future endeavors and making lifelong friends from other parts of the state. We are now opening the application process for the upcoming term and are seeking students passionate about making a difference.

About the YLC: The YLC is a unique after-school program that provides a platform for students to lead awareness campaigns, engage with their communities, and support local children in need. We are looking for enthusiastic individuals who demonstrate exceptional leadership qualities, a strong sense of responsibility, and a deep passion for making a positive impact in their communities.

Here are some key benefits for students:

- Develop leadership skills through hands-on community engagement, including leading awareness campaigns.
- Make a tangible impact by fulfilling the wishes of children facing life-threatening illnesses.
- Build lasting friendships with peers from diverse backgrounds.
- Enhance public speaking abilities and boost self-confidence.
- Accrue volunteer and community service hours with school approval.
- Network with local business professionals for future academic and professional opportunities.

Additional details on benefits, requirements and application can be found [HERE](#).

Should you have any questions or require further information, please do not hesitate to reach out to [Mariame Sano](#).

## Internship w/ the Governor's Council District: Apply by 5/15/24

**Governor's Council District Internship:** Description: Dave Reservitz, an active trial attorney, is running for Massachusetts's 2nd Governor's Council district! As the most experienced candidate in the race, Dave looks to leverage his experience and passion for community organizing to represent the district. Interns will work with the campaign managers to learn the basics of campaign management. This internship is part time, with applications accepted on a rolling basis. More can be learned about Dave and his campaign at: <https://www.votefordave.net/> Compensation: We will work with successful applicants to secure outside funding and/or class credit. To apply, please email your resume and a cover letter to Andrew LaBerge [andrew@vote4dave.net](mailto:andrew@vote4dave.net) with the subject line "Campaign Internship" by **May 15, 2024** for priority consideration.

### Reservitz Committee Intern flier.pdf

[Download](#)

131.4 KB

## Junior Rangers Summer Program (ages 14-15)

### Tier One: Junior Rangers

- **Age: 14-15-year-olds**
- **Focus: Project based learning/ soft skills and professional development**
- **Hours: 40-300 program hours**

The tier one program is a project-based learning experience. Youth in this age group have a unique opportunity to learn and be prepared for the workforce through professional development, career development, and other soft skills training while creating a project that may have an impact on their community. The tier one participants will begin developing independent decision-making



skills in the workplace. The curriculum is split into several workforce-relevant topics including, but not limited to professionalism, accountability, diversity, goal setting, taking the initiative, communication skills, constructive criticism, presentation skills, branding, and social media presence. Throughout each section, participants will have the opportunity to work independently and as a team to problem-solve each task, and be open to a wide variety of discussions, ranging from dress code to discrimination.

The goal of the Tier one program is to implement material that would help the success of the participants. It allows each participant to grow and get ready for an hourly paying internship experience within our tier two program. They will have the ability to use the skills learned in their designated internship.

By the end of the Tier 1 program, the participants should be able to know/do the following:

- Know how to actively communicate with employers and co-workers.
- Effectively draft an email.
- Understand and follow a dress code in the workplace.
- Know how to stay professional and respectful.
- Learn how to set and manage their work and personal goals.
- Recognize the impact their social media can have on their career.
- Present in front of a group.
- Work effectively in a group
- Know and understand their learning and leadership styles.
- Have confidence in themselves.
- Ask questions and ask for help in a constructive manner.

## Project Just Because - Board Positions available!

*PROJECT JUST BECAUSE*  
Helping families in need  from the Heart

PJB is the 3rd largest nonprofit in the greater Boston area and is based in Hopkinton, MA. We are dedicated to helping struggling families throughout Massachusetts. We are searching for driven and organized students from different schools for this leadership role. Responsibilities include...

- MANAGING FUNDRAISERS TO RAISE MONEY IN YOUR COMMUNITY
- MONTHLY VOLUNTEERING AT THE PJB BUILDING
- LEADING ANOTHER TEAM OF STUDENT VOLUNTEERS

Students will also receive volunteer hours for their work! If you are interested in applying, fill out this form by March 8th: <https://forms.gle/ZMWP4eRbSwHitR8MA>

PJB is the 3rd largest nonprofit in the greater Boston area and is based in Hopkinton, MA. We are dedicated to helping struggling families throughout Massachusetts.

Contact [studentboardpresidents@projectjustbecause.org](mailto:studentboardpresidents@projectjustbecause.org) with any questions. Learn more about PJB at <https://www.projectjustbecause.org/>

### PJB Lead Application.pdf

Download

89.1 KB

Looking for an exciting way to build leadership skills and engage with future leaders? **Youth in Philanthropy (YIP)** might be just the for you! YIP is a free experiential leadership development program for High School students living or learning in the MetroWest region, and is designed to empower and educate local youth to become our community's next generation of philanthropists.



In Sudbury, our program will kick off on Tuesday, January 16 and will be held at The Sudbury Foundation at 326 Concord Road, Sudbury.

In Wellesley, our program will begin on Thursday, January 18 and will be held at our offices at 3 Eliot St, Natick (right over the Natick/Wellesley line).

Our [application can be found here](#). \*We have passed our priority deadline, but we will continue to accept students on a rolling basis until the spaces are filled.

### YIP Spring '24.pdf

[Download](#)

502.4 KB

*Let's  
Connect!*

### Want to get in touch with me?

Mrs. Erikson, College & Career Counselor, K002

Monday - Friday | 7:00am-2:15pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing

the phone number and email below.

Rachel Erikson (She/Her/Hers)

+1 (508)782-7688 | [erikson@framingham.k12.ma.us](mailto:erikson@framingham.k12.ma.us)

115 A Street Framingham, MA 01701



### Framingham High School

**Email:** [erikson@framingham.k12.ma.us](mailto:erikson@framingham.k12.ma.us)

**Website:** <https://www.framingham.k12.ma.us/domain/3205>

**Location:** 115 A Street, Framingham, MA, USA

**Phone:** [\(508\)782-7688](tel:(508)782-7688)

**Facebook:** [facebook.com/framinghamhighschool](https://facebook.com/framinghamhighschool)

**Twitter:** [@FHSFlyers](https://twitter.com/FHSFlyers)



**Rachel Erikson**

Rachel is using Smore to create beautiful newsletters

