

# Class of 2023

5/1/23 | College & Career Center Newsletter

## HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el ícono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

## DECISION DAY IS ON MAY 1st!

**May 1st is National Decision Day** in the United States, which means it's time for four-year college bound seniors to make a final decision about which college/university they'll be attending.



Once students decide on the college or university they plan to attend, they will need to put down a certain amount of money, known as an **ENROLLMENT DEPOSIT** to confirm their acceptance. This deposit is applied to tuition for the first year. \*Deposits are non-refundable. \* Deposits should be put down on or before May 1st through the college/university's portal.

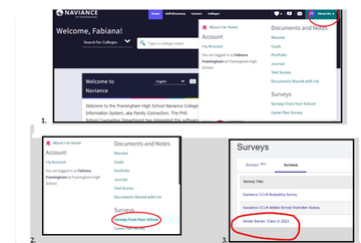
**Applicants must commit to a college by May 1.** Once you receive an offer letter, you can respond at any point before that date to secure your spot.

- National College Decision Day traditionally lands on the first day of May each year.
- Decision Day is when first-year applicants commit to a college.
- Be sure to prepare for Decision Day to avoid problems.

## SENIOR SURVEY! Please complete ASAP!

The senior survey is a **MANDATORY** requirement for all Class of 2023 students, & it must be completed by Friday, May 12, 2023!

- **HOW TO ACCESS THE SURVEY:** Log on to your NAVIANCE account: <https://student.naviance.com/framingham> If you forgot your password, recover it by clicking "forgot password" and a new



one will be emailed to you. Please contact your counselor, House Office Manager, or Ms Ramirez (School Counseling Dept Head) at [iramirez@framingham.k12.ma.us](mailto:iramirez@framingham.k12.ma.us), if you are unable to access your account.

- Click on the **About Me** tab on the upper right side > **Surveys From Your School** > **Senior Survey: Class of 2023**.

**Question #7 is where you write the college or university you are attending, if applicable. Colleges require a final transcript and this is how we will know where to send yours!** If you have not made a final decision, you may wait to submit the survey until you do so.

Please see your School Counselor if you have any questions or need assistance with completing the **Mandatory Senior Survey**.

## Transitioning out of your FPSED Email

Go to [takeout.google.com](https://takeout.google.com) → This service will help you to transfer your files and other content to another personal Google account or will prepare it to be saved as a downloadable file. Follow the Takeout instructions to determine which of the services you want to transfer data from. (We would recommend, at minimum, your Contacts, Drive content, and Mail.)



- Your Google Drive storage space will remain available over this summer. It will officially expire on December 31st, 2023.
- Please email [helpdesk@framingham.k12.ma.us](mailto:helpdesk@framingham.k12.ma.us) if you are having difficulties with this or if you can no longer access your account.

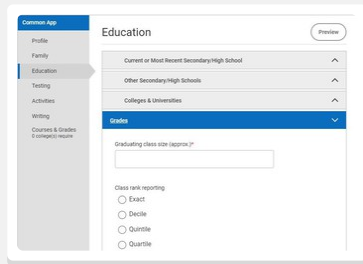
**Forward your @fpsed.org email to another address:** You will likely not be using your @fps.org email daily after graduation. It's a good idea to set up email forwarding for that address to an email address that you'll be using more frequently. You can [follow these instructions, created by Google, to automatically forward your school email to a personal email account](#), so that you don't miss any important information in the next 6 months.

## The Common Application

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.



For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's '[The College Application](#)' Canvas page.



## Common App EDU Section

### Class Size & Rank:

- Class size: 540
- Class rank reporting: Decile
- Decile Rank: Top \_\_\_\_
- Rank weighting: Weighted
- GPA scale reporting: 4
- Cumulative GPA:
- GPA weighting: Weighted

### Course Codes:

- U - N/A
- CP - College Prep
- ACP - Advanced
- Honors - Honors
- AP - AP



## Financial Aid

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opened on October 1, 2023. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)

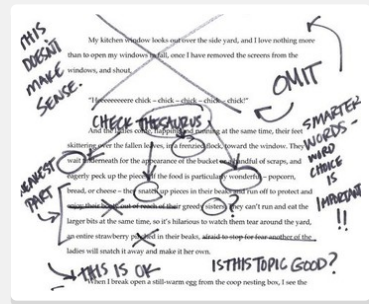
Need additional support?

Check out upcoming [MEFA Events!](#)

We offer free informative webinars and virtual community events on a range of topics.

To register for an upcoming webinar, click a topic below.

To view a recorded webinar, please view our [MEFA Videos](#) page.



## College Essay

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in your voice! To get help **starting**, **editing**, or putting your essay into your application early. Make an [appointment](#) with Ms. Erikson for college essay help—whether its picking a topic or editing, we're here for you— and make sure to check out the ['Writing YOUR Best College Essay'](#) Canvas page!

WRITING CENTER WEBSITE:  
[Click here to access our brand new writing center website!](#)

## Transcript Requests & Letters of Recommendation

Seniors applying to four-year colleges will most likely need one to two teacher letters of recommendation. However, they will need to find out the exact number required by checking the "application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the [Teacher Recommendation Letter Guide](#). You should always plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

## Transcript Request Form instructions

## Counselor Letter of Recommendation

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

## Teacher Letter(s) of Recommendation

4-year college apps likely need 1-2 teacher LOR (check LOR requirements on the website of each college). Plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

## Upcoming Fairs

### NACAC Boston & Virtual National College Fairs

Upcoming Boston In-Person College Fairs -- Learn More [HERE!](#)

- [Boston National College Fair - Session 1 of 3](#)  
Tuesday, May 2, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 2 of 3](#)  
Tuesday, May 2, 2023 6:00 PM - 8:30 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 3 of 3](#)  
Wednesday, May 3, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))



Upcoming Virtual College Fairs:

- [Virtual College Fair - Apr 23](#) - Sunday, April 23, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)

## RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)

- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



## Scholarships



April 2023 Scholarship Newsletter.pdf

 Download

315.8 KB

In addition to the Scholarship Newsletter, all scholarships are also listed on [Naviance](#). To access scholarships on Naviance, follow the directions below:

1. Log-in to [www.naviance.com](http://www.naviance.com) [zip code is 01701] → sign-in using your 'Students and Families' account
  1. Click 'Colleges' in the top right corner of your home page
  2. On the 'Colleges' drop-down tab, click 'Scholarships and Money'
  3. Select "local and regional scholarships" at the top left of the new page
  4. Explore and apply!

### ***How do I submit scholarships?***

Directions for how to submit scholarships can be found at the top of the scholarship newsletter.

- Some scholarships are submitted online
- Some scholarships are submitted to Ms. Erikson (K018/ [rschmid@framingham.k12.ma.us](mailto:rschmid@framingham.k12.ma.us))
- Some scholarships are emailed/mailed to a private party

### ***Where else can I find scholarships?***

Additional scholarships can be found at the following:

- [www.fastweb.com](http://www.fastweb.com)
- [www.unigo.com](http://www.unigo.com)
- [www.scholarships.com](http://www.scholarships.com)
- <https://bigfuture.collegeboard.org/scholarship-search>
- [www.collegecovered.com](http://www.collegecovered.com)
- <https://www.mometrix.com/blog/scholarships-for-college/>
- [www.collegegreenlight.org](http://www.collegegreenlight.org)
- [www.collegeboard.org](http://www.collegeboard.org)
- <https://universityhq.org/paying-for-college/scholarships/#k12>
- <https://www.ai-camp.org/free-lesson>

## FAFSA & MEFA Events

uAspire FAFSA webinar - 5/1/23

## Upcoming Financial Aid Webinars: May 1st - This is our last Financial Aid webinar!

- Summer Steps- The summer before the fall semester of college is an exciting time, but there are some things you need to do to ensure that you are ready to attend college in the fall. This Summer Steps walkthrough goes through the summer timeline for both new and returning students including understanding and covering your bill, applying for scholarships or additional loans, and additional financial aid steps.
- Register here: <https://calendly.com/uaspire/support/dese-summer-steps?month=2023-05>



## Upcoming FAFSA webinars with uAspire

### Changes to the FAFSA

- FAFSA Changes are happening this year. We have been notified that the FAFSA will be available at some point in December 2023 (no exact date). The FSA has also provided a timeframe for when additional materials and trainings will be available. You can find that [here](#).
- uAspire will have a webinar on exploring the key changes on the 2024-2025 FAFSA. If you want to learn more, please register for this free webinar on *April 19th*. <https://www.uaspire.org/News-Events/Preparing-for-FAFSA-Simplification>



## SoFi College Financing Webinars (4/16-5/21)

Parents of college-bound students are invited to an empowering SoFi Webinar Series that covers the information and insights you need to navigate college financing. Find out more about the sessions, plus get resources listed below. **Be sure to sign up for one—or all four—of these Parents of College-bound Students Webinars from SoFi:**



- [What Merit Scholarships Are and How to Find Them](#)  
Sunday, April 16 at 5pm PT / 8pm ET
- [Financing Your Student's Education](#)  
Sunday, May 7 at 5pm PT / 8pm ET
- [Financial Aid and Changes to the FAFSA®, Especially for Divorced Parents](#)  
Sunday, May 21 at 5pm PT / 8pm ET



SoFi\_at\_Work\_Parents\_of\_College\_Bound\_Students\_Guide.pdf

[Download](#)  
840.0 KB

## Virtual FAFSA Days

Get FREE Help Applying for College Financial Aid!

**FAFSA Day** is a non-profit, volunteer driven program providing free assistance to students and families seeking to complete the FAFSA (*Free Application for Federal Student Aid*).

If you have questions about completing the FAFSA, please call us weekdays at (800) 449-6332 (9:00 am – 4:00pm) or email [fafsaday@gmail.com](mailto:fafsaday@gmail.com).



The goal of the FAFSA Day is to help students complete the 2023-2024 FAFSA application as they apply for college. Financial aid professionals from colleges and organizations across Massachusetts are ready and available to answer questions and walk you and your family through the application process. Below are scheduled **FAFSA Day online** events held on ZOOM, where an advisor will meet with you personally in a breakout room. Their personal attention, along with their knowledge and experience, are here to help you check-off the FAFSA from your college application to-do list.



uAspire FAFSA walkthrough.pdf

 Download

1.1 MB

## Understanding Financial Aid Mini Workshops

- **Webinar #1:** Lowering the Expected Family Contribution (EFC) helps you qualify for more grants and scholarships for college. Unfortunately, even though there are hundreds of ways to lower the EFC, most people just don't know how. [CLICK HERE](#) to download the recording.
- **Webinar #2:** The Importance of an Education: Does a College Education Pay Off? [CLICK HERE](#) to download the recording.
- **Webinar #3:** Beating the High Cost of College. [CLICK HERE](#) to download the recording.
- **Webinar #4:** FAFSA: How much aid is available? [CLICK HERE](#) to download the recording.
- **Webinar #5:** Calculating the EFC: 4 factors that determine your EFC. [CLICK HERE](#) to download the recording.

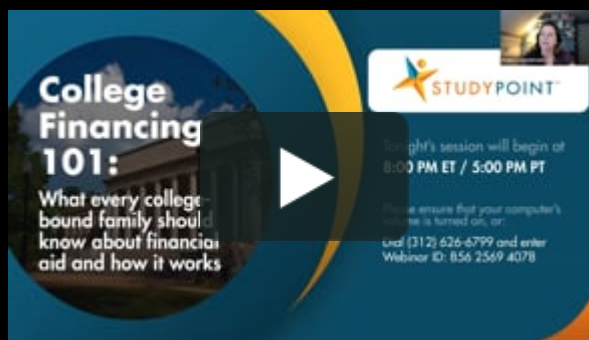


### OUR COLLEGE PLANNING EXPERTS CAN HELP FAMILIES:

- ✓ Obtain More Grants & Scholarships
- ✓ Pay For College Without Going Broke
- ✓ Understand the Financial Aid Process
- ✓ Analyze Schools and Financial Aid Awards
- ✓ Complete the FAFSA and CSS Profile Accurately & On Time
- ✓ Feel Totally Secure About The Next Step — & Beyond

[CLICK TO VIEW FULL WEBINAR](#)

## StudyPoint Virtual Discussion Panel: College Financing 101



### Other Upcoming Events

#### Nerdy Girl Success - Career & Leadership Summit 5/20 @9am

*Our mission is to support and prepare young women to become the leaders of today and tomorrow.*

[Nerdy Girl Success](#) is hosting a free event, specifically tailored for young women in high school - it is our **Career and Leadership Summit for High School Girls!**

The purpose of this event is to provide young women in high school with an immersive experience where they spend time with fellow peers from surrounding schools, coupled with incredible women who are leaders in their respective careers/industries.

- **Date:** Saturday, May 20th @ 9am - 12:30pm
- **Location:** DELL EMC Building | 176 South St. Hopkinton, MA 01748
- **Learn More:** [Our informational Youtube Video!](#)

*This event is free and open to all high school young women!*



Nerdy Girl Success - Career & Leadership Summit Info  
Flyer.pdf

[Download](#)  
3.5 MB



Nerdy Girl Success - Boston Area Summit Flyer (8.5x11).pdf

[Download](#)  
1.0 MB

[Click Here for Job & Service Opportunities](#)



## Need a WORK PERMIT?

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand your house/academy office assistant - please include your hair and eye color**

We will try our best to process it by the end of the day!



## Military Information

### ASVAB + RECRUITER INFO

Check out the [Military Canvas module](#) for more information and to find the local recruiter for the following branches:

- [U.S. Army & Army Reserves](#) | [Army National Guard](#)
- [U.S. Air Force](#) | [Air National Guard](#)
- [U.S. Coast Guard](#)
- [U.S. Marine Corps](#)
- [U.S. Navy](#)



**Upcoming ASVAB tests at FHS-** There will be two ASVAB tests scheduled at the high school (one in the fall and one in the spring) for students interested in the military. Please find the dates/times below.

- Wednesday, November 30th 2022 at 7:30am -- CLOSED
- Wednesday, April 5th 2023 at 7:30am -- CLOSED!

Let's  
Connect!

## Want to get in touch with me?

Mrs. Erikson, College & Career Counselor, K018  
College & Career Center, Room K005  
Monday - Friday | 7:00am-2:15pm



Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.


Rachel Erikson (She/Her/Hers)  
+1 (508)782-7688 | [rerikson@framingham.k12.ma.us](mailto:rerikson@framingham.k12.ma.us)  
115 A Street Framingham, MA 01701



## Framingham High School

 Facebook     @FHSFlyers

 115 A Street, Framingham, MA,...     (508) 620-4963

 [framingham.k12.ma.us/Domai...](http://framingham.k12.ma.us/Domai...)