

Class of '24 C&CC Newsletter

An excited "hello!" from Mrs. Erikson, K002

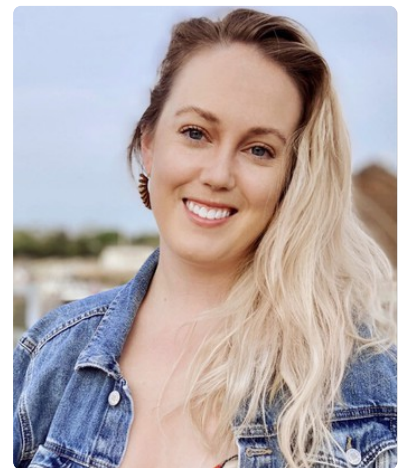
HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

Drop-In to C&CC (K002) & Meet Mrs. Erikson!

Hello, students and families! My name is Rachel Erikson, and I am the College & Career Counselor at Framingham High School.

The College & Career Center (K002) will operate as a **drop-in space** (no appointment necessary!) for seniors to use during study/priv periods. Come with friends, questions, and an open mind for exploring your future. I look forward to working with you this year!



Upcoming Events

Accuplacer - 4/25 - First come, first serve

Dear students-- if you are attending Mass Bay or another community college in the fall, and have BELOW a 2.7 GPA, part of your requirements to officially enroll is taking an Accuplacer exam. FHS will be hosting an Accuplacer on Thursday, April 25TH from 8am-12pm in the Language Lab (A202). [REGISTER HERE!](#) Spots are **FIRST COME, FIRST SERVE**, so please register ASAP!



The Accuplacer is not a pass/fail test, but rather places you in the appropriate math and English class for community college (which everyone is required to take). Please email Ms. Erikson (College & Career Counselor) with any questions and concerns at erikson@framingham.k12.ma.us.

College Process

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



Upcoming College Fairs

Attending a college fair will allow you to see just how many different types of colleges and universities are out there! Exploring one place with lots of different schools in attendance will help you build and narrow down your college list.

The Common Application

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.



For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's '[The College Application](#)' Canvas page.

▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round – there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

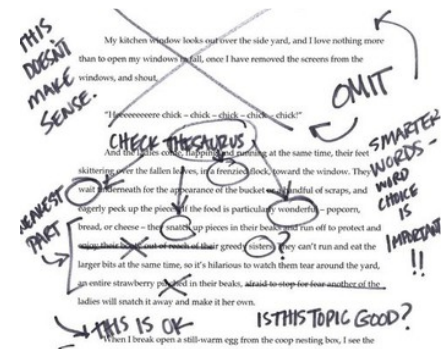
Typical deadline:

January 1st

Typical decision release:

April 1st

The screenshot shows the 'Education' section of the Common App. It includes a sidebar with navigation options: Profile, Family, Education (selected), Testing, Activities, Writing, and Courses & Grades. The main content area is titled 'Education' and has a 'Preview' button. It lists three categories of schools: 'Current or Most Recent Secondary/High School', 'Other Secondary/High Schools', and 'Colleges & Universities'. The 'Colleges & Universities' section is expanded, showing a 'Grades' dropdown menu and a text input field for 'Graduating class size (approx)'. Below this, there are radio button options for 'Class rank reporting': Exact, Decile, Quintile, and Quartile.



Common App EDU Section

Class Size & Rank:

- Class size: **553**
- Class rank reporting: Decile
- Decile Rank: Top ____
- Rank weighting: Weighted
- GPA scale reporting: 4
- Cumulative GPA:
- GPA weighting: Weighted

Course Codes:

- U - N/A
- CP - College Prep
- ACP - Advanced
- Honors - Honors
- AP - AP

Financial Aid

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opens in December 2023. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)

Need additional support?

Check out upcoming [MEFA Events](#)! We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our [MEFA Videos](#) page.

College Essay

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in your voice! To get help *starting, editing*, or putting your essay into your application early.

Meet with Ms. Erikson for college essay help—whether its picking a topic or editing, we're here for you— and make sure to check out the '[Writing YOUR Best College Essay](#)'

Canvas page!

Transcript Requests & Letters of Recommendation

Seniors applying to four-year colleges will most likely need one to two teacher letters of recommendation. However, they will need to find out the exact number required by checking the "application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the [Teacher Recommendation Letter Guide](#). You should always plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

Transcript Request Form instructions

Counselor Letter of Recommendation

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

Teacher Letter(s) of Recommendation

4-year college apps likely need 1-2 teacher LOR (check LOR requirements on the website of each college). Plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

Financial Aid & Scholarships

FAFSA & Fin Aid

April Scholarship newsletter 2024.pdf

[Download](#)

275.4 KB

Scholarship Applications - How To.pdf

[Download](#)

1.7 MB

How to Perform a Financial Appeal w/ College Aid Pro - (Webinar) 4/11

How to Appeal to Colleges to Get More Money with College Aid Pro: Apr 11, 2024 06:30PM EST

The acceptances are rolling in! Your child is receiving financial aid award letters. Join our CAP experts as they will give you all the tips and tricks on understanding the award letters and putting

together a successful appeal. [REGISTER HERE!](#) In this webinar you will discover:

1. Did you get a good deal?
2. Who, What, Where and How to appeal?
3. What are realistic expectations?
4. Does it ever make sense NOT to appeal?

uAspire FAFSA Walkthroughs

The Department of Elementary and Secondary Education along with uAspire have partnered to provide **FREE** FAFSA support. uAspire is here to help you and your students navigate the FAFSA changes happening this year. uAspire is a national nonprofit whose singular focus is on college affordability and removing financial barriers so that every student has an equitable opportunity to attain a postsecondary degree. Get an overview of the FAFSA, the application required by all colleges nationwide in order to receive federal financial aid. We'll walk you through the new Better FAFSA available in December 2023 for 2024-25.



OTHER WEBINARS & EVENTS HOSTED BY UASPIRE:

Financial Aid Offer: April 24, 2024 at 5:00-6:00 pm -ET

Summer Steps: May 21, 2024 at 5:00-6:00 pm -ET

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which open in December 2023. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)
- [Scholarships](#)



Need additional support? Check out upcoming [MEFA Events!](#) We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our [MEFA Videos](#) page.

OR view these awesome videos by College Aid Pro:

- [How to complete the 2024-2025 CSS Profile, a line-by-line guide](#)
- [What is IDOC and how do I complete it?](#)
- [CSS Profile & FAFSA Verification](#)
- [How does the Supreme Court decision on Affirmative Action affect college admissions?](#)
- [What FAFSA mistakes to avoid?](#)

Standardized Testing

Standardized Testing Info & Resources

Be sure to look at Ms. Erikson's '[Standardized Testing](#)' Canvas page for detailed information on the following:

- SAT + ACT registration instructions
- SAT + ACT study resources
- Fee waiver information
- Testing accommodations
- TOEFL registration

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.

TEST OPTIONAL SCHOOLS: Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!

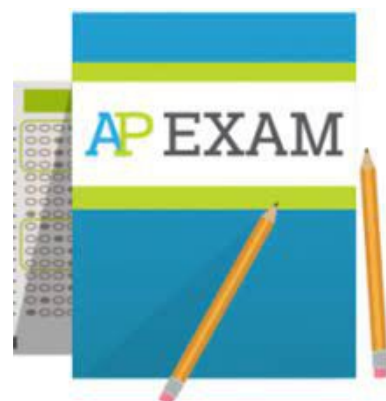
THE TOEFL EXAM: The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](#), on [Canvas](#), or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

AP Exams

AP Prep with Revolution

Preparing for May AP Exams? Revolution Prep can help!

Revolution Test PRep is thrilled to introduce their latest AP Exam prep resources for educators, students, and families. Customize your support options to best fit your school community's needs and elevate your AP Exam preparation journey.



- **Mini-Readiness Quizzes:** Use our 10-min quizzes as a bell-ringer, exit slip, or homework to assess your students' progress towards achieving their target AP Exam score: [View Quizzes](#)
- **Practice Exams:** Choose from multiple dates and times for six free practice exams in popular subject areas to offer to your students and their families: [View Schedule](#)
- **FREE family webinar:** Families can join live or get a recording of our Unlocking the AP Exam webinar to uncover college preferences, recent exam changes, and effective student preparation strategies: [How to register](#)

For a complete overview of our AP exam preparation resources [click here](#).

AP Exam Prep_Family Flyer.pdf

[Download](#)

462.5 KB

Work Permits

1) Take a form from your house/academy or access work permits online using the QR code below

- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand it in to your house/academy office assistant - please include your hair and eye color**

- English: <https://www.mass.gov/doc/youth-employment-permit-application/download>
- Español: <https://www.mass.gov/doc/youth-employment-permit-application-spanishspanol/download>
- Português: <https://www.mass.gov/doc/youth-employment-permit-portuguese/download>

ENGLISH



SPANISH



PORTUGUESE



Other Upcoming Events

Thinking about Gap Years at College Decision Time - 4/11/24

Thinking about Gap Years at College Decision Time - Thursday
April 11, 2024 at 7:00pm ET



Gap Year
Solutions

Is it too late to consider a Gap Year? How do I organize a Gap Year if I'm not sure what I want to do? How do I ask for a deferral if I've accepted an admissions offer? Join Katherine Stievater, Founder of Gap Year Solutions, for a presentation and Q&A to answer these and other questions that always come up at college decision time. She will also cover the benefits of Gap Years, and how more students are choosing Gap Years to improve college readiness. **Registration:** click [HERE!](#)

Speaker Bio: Katherine Stievater founded Gap Year Solutions to help students successfully transition to college. She works with students across the U.S. to structure internships, work, service, travel and other activities into a customized plan. Based in Belmont, MA, Katherine is an Accredited Gap Year Consultant and has four sons, three of whom have taken Gap Years. She speaks and publishes regularly to raise awareness about the benefits of Gap Years.

MassBay STEM EXPO - 5/8 (in-person) or 5/5-5/10 (virtual)

- MBCC STEM EXPO (In Person): Wednesday, May 8, 2024, 1-2PM - WH Cafeteria
- MBCC STEM EXPO (Virtual): Monday, May 5 - Friday, May 10

The STEM EXPO recognizes the creativity and contributions of our students and faculty over the

and seeks to foster alliances with secondary schools, higher education, and private industry in the region. Our exhibition highlights student-developed projects that demonstrate the multi-dimensional skills, problem-solving capabilities and talents of our diverse student body. We hope you will be able to visit the STEM EXPO on campus and virtually to see what our students have accomplished. Throughout the week we invite you to:



- Browse through the STEM EXPO site pages and watch short videos of student projects in the areas of Science, Computer Science, Engineering, and Mathematics.
- Presenters will be checking the page once a day to reply to comments and questions.

Stop by the Wellesley Hills Cafeteria on Wednesday, May 8, from 1-2 PM, to see the student exhibits and chat with the presenters.

MBCC Stem Expo May 8 2024.pdf

[Download](#)

400.8 KB

A Second Chance. Earn Your Diploma & College Credits.

Begin a new chapter. Designed for students aged 16-21, QCC's Gateway to College program is for students who have disengaged from their high school, dropped out, or may be at risk of not graduating.

Earn your high school diploma and college credits at the same time.

QCC's Gateway program may be for you if you have:

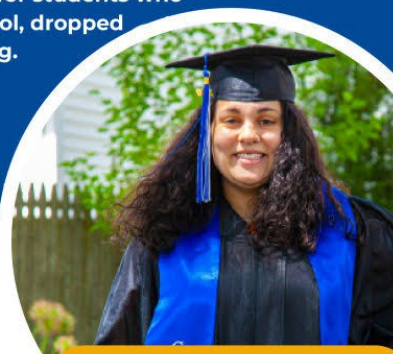
- The ability to read at the appropriate grade level
- A genuine desire to finish high school
- Are committed to making a change

Gateway to College students benefit from a group of peers and instructors working toward a common purpose.

Register for an Info Session to get started on Fall 2024 enrollment!

Questions? Email gtc@qcc.mass.edu

[QCC.edu/Gateway](https://qcc.edu/Gateway)



GTC Info Sessions

- February 20 @ 3:00pm
- February 27 @ 6:00pm*
- March 18 @ 6:00pm*
- March 25 @ 3:30pm
- April 16 @ 3:00pm
- April 30 @ 6:00pm*
- May 13 @ 3:00pm
- May 20 @ 6:00pm*
- June 20 @ 4:00pm

*Zoom meeting

Interested students MUST attend an information session in order to apply to the GTC program.



GTC Info Session Flyer for FA24 Enrollment.pdf

[Download](#)

Volunteer & Community Service Opportunities

Project Just Because - Board Positions available!



PJB is the 3rd largest nonprofit in the greater Boston area and is based in Hopkinton, MA. We are dedicated to helping struggling families throughout Massachusetts. We are searching for driven and organized students from different schools for this leadership role. Responsibilities include...

- MANAGING FUNDRAISERS TO RAISE MONEY IN YOUR COMMUNITY
- MONTHLY VOLUNTEERING AT THE PJB BUILDING
- LEADING ANOTHER TEAM OF STUDENT VOLUNTEERS

Students will also receive volunteer hours for their work! If you are interested in applying, fill out this form by March 8th: <https://forms.gle/ZMWP4eRbSwHitR8MA>

PJB is the 3rd largest nonprofit in the greater Boston area and is based in Hopkinton, MA. We are dedicated to helping struggling families throughout Massachusetts.

Contact studentboardpresidents@projectjustbecause.org with any questions. Learn more about PJB at <https://www.projectjustbecause.org/>

PJB Lead Application.pdf

[Download](#)

89.1 KB

Youth in Philanthropy

Looking for an exciting way to build leadership skills and engage with future leaders? **Youth in Philanthropy (YIP)** might be just the for you! YIP is a free experiential leadership development program for High School students living or learning in the MetroWest region, and is designed to empower and educate local youth to become our community's next generation of philanthropists.

In Sudbury, our program will kick off on Tuesday, January 16 and will be held at The Sudbury Foundation at 326 Concord Road, Sudbury.

In Wellesley, our program will begin on Thursday, January 18 and will be held at our offices at 3 Eliot St, Natick (right over the Natick/Wellesley line).

Our [application can be found here](#). *We have passed our priority deadline, but we will continue to accept students on a rolling basis until the spaces are filled.



YIP Spring '24.pdf

Download

502.4 KB

Let's
Connect!

Want to get in touch with me?

Mrs. Erikson, College & Career Counselor, K002

Monday - Friday | 7:00am-2:15pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing

the phone number and email below.

Rachel Erikson (She/Her/Hers)

+1 (508)782-7688 | rerikson@framingham.k12.ma.us

115 A Street Framingham, MA 01701



Framingham High School

Email: rerikson@framingham.k12.ma.us

Website: <https://www.framingham.k12.ma.us/domain/3205>

Location: 115 A Street, Framingham, MA, USA

Phone: [\(508\)782-7688](tel:(508)782-7688)

Facebook: facebook.com/framinghamhighschool

Twitter: [@FHSFlyers](https://twitter.com/FHSFlyers)



Rachel Erikson

Rachel is using Smore to create beautiful newsletters