# College Et Career Center Newsletter

CLASS OF 2022 | FEBRUARY 2022

# HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- English: On a computer/laptop, click "Translate" in the black box. On a mobile
  phone/tablet click the Accessibility Icon at the bottom of your phone screen and then
  click 'translate'.
- **Spanish**: Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- Portuguese: Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

# LET'S CONNECT!

Mrs. Erikson's Hours (Room E118) Monday - Friday | 7:00am-2:00pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Lets Connect!

Rachel Erikson (She/Her/Hers) +1 (508)782-7688 | rerikson@framingham.k12.ma.us 115 A Street Framingham, MA 01701

# FHS COVID VACCINE CLINIC

Framingham High School COVID Vaccine Clinic
Free to any FHS student wanting their 1st/2nd doses OR booster
Monday-Wednesday-Friday
February 14 - February 16 - February 18 | 9:00 am - 10:15 am

#### **SIGNUP**

Register online at

https://hipaa.jotform.com/VCarePharmacy/FHSC-2-14-2-18

<u>CLICK HERE</u> FOR A FULL LIST OF COLLEGES/UNIVERSITIES REQUIRING COVID VACCINES.



# FHS ON-THE-SPOT WEEK: 3/14-3/17/22

On-The-Spot Admissions Week (March 14th – March 17th) — FHS will be hosting one school per day from 2-3PM from March 14th through March 17th. These on-the-spot meetings will be held in E118 (College & Career Ctr.). Please sign-up for the on-the-spot week using this <a href="GoogleForm">GoogleForm</a>.

Students are eligible to attend the on-the-spot if they either need to apply to schools, or have applied to one of the schools below but are awaiting a decision.

The following schools will be available for on-the-spot admissions:

- Monday, March 14th: Fisher College
- Tuesday, March 15th: Regis College
- Wednesday, March 16th: UMASS Dartmouth
- Thursday, March 17th: Framingham State University

# **SCHOLARSHIPS**

### **HOW DO I APPLY?**

The type of application a scholarship uses is listed at the bottom of the name/description. Please be aware of the directions below for how to submit scholarships:

### **Scholarships with PRIVATE APPLICATIONS:**

Scholarships with private applications should be submitted to the address and/or email indicated on its unique application, which can be found in the newsletter below and/or on <a href="Naviance">Naviance</a>.

### Scholarships using the FHS APPLICATION:

Scholarships using the FHS application should be emailed to Mrs. Erikson, College & Career Counselor, at <a href="mailto:rschmid@framingham.k12.ma.us">rschmid@framingham.k12.ma.us</a>. Copies of the FHS application can be found on Naviance; the essay topic can be found in the black box at the top of the application.

If a scholarship uses an FHS application, it should be submitted to Ms. Erikson on ONE EMAIL

that includes the application and the essay as a PDF ATTACHMENT, with the <u>scholarship</u> name as the <u>subject line</u>.

### Please see some reputable public scholarship websites here:

- https://accessscholarships.com/
- www.fastweb.com
- www.unigo.com
- www.scholarships.com
- <a href="https://bigfuture.collegeboard.org/scholraship-search">https://bigfuture.collegeboard.org/scholraship-search</a>
- <u>www.collegecovered.com</u>
- <a href="https://www.mometrix.com/blog/scholarships-for-college/">https://www.mometrix.com/blog/scholarships-for-college/</a>
- www.collegegreenlight.org
- www.collegeboard.org
- https://universityhq.org/paying-for-college/scholarships/#k12
- https://bold.org/scholarships/scholarships-for-high-school-seniors-list/

### Scholarships for undocumented students:

- The Dream U.S. National Scholarship Guide
- The MALDEF scholarship list/guide

### Scholarships for students applying to Mass Bay Community College:

- Mass Bay scholarships for <u>incoming students</u>
- Mass Bay scholarships for merit & athletics

# APPLYING TO COLLEGE - PLEASE READ:

 Make sure you double check your deadlines and submit ahead of time (be sure to hit submit in Common App or electronic application). You do not have to wait until school documents are submitted for you to submit your application. You may submit your application when you are done!



- Be sure you have spoken with your counselor.
- Check in with the teachers who are writing your letters of recommendation to make sure they know a) which colleges to which you would like their letters sent b) the deadlines for your colleges.
- If Standardized Test Scores are required, make sure you send your scores from the College Board or ACT website as soon as possible.
- Check the financial aid requirements and deadlines for each of your schools.

\*\*\*Once you have submitted, make sure you do the following in the days and weeks after your deadlines:

• If your schools have portals, be sure to log in to make sure that your colleges have all the materials they need and that you have a complete application.

- Please be sure to check your email every day. Colleges let students know about missing materials AND admissions decisions using email.
- If you are not able to check in a portal, you can call the admissions offices to make sure
  that they have a complete file. This should happen a couple of weeks after the deadline,
  as it takes colleges some time to process all materials.

# IN ORDER TO REQUEST A TRANSCRIPT, YOU MUST LINK YOUR NAVIANCE & COMMON APP ACCOUNTS!

For <u>step-by-step directions</u> on linking your Common App and Naviance accounts, please click the link. Each counselor has an individual transcript request form. To find <u>your</u> counselor's transcript request form, scan the QR with their name below:

- Khazai Senior Transcript Request Form
- Childs Senior Transcript Request Form
- Jones Senior Transcript Request Form
- Walcek Senior Transcript Request Form
- Donovan Senior Transcript Request Form
- O'Brien Senior Transcript Request Form
- <u>DeSimone Senior Transcript Request Form</u>
- Monaco Senior Transcript Request Form
- Ramirez Senior Transcript Request Form
- Taylor Senior Transcript Request Form

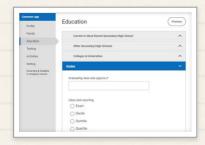
# THE COMMON APPLICATION

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the **Common Application** as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the **Coalition App** (similar to the Common App; see schools that use the



Coalition App <u>here</u>). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.

For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's '<u>The College Application'</u> Canvas page.



# CLASS OF '22 CA EDU INFO:

Class size: 514

Class rank reporting: Decile

Decile Rank: Top \_\_\_\_

Rank weighting: Weighted

GPA scale reporting: 4
Cumulative GPA: \_\_\_

GPA weighting: Weighted

# THE COLLEGE ESSAY

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in <u>your voice!</u> To get help *starting*, *editing*, or putting your essay into your application early. Make an <u>appointment</u> with Ms. Erikson for college essay help—whether its picking a topic or editing, we're here for you— and make sure to check out the 'Writing YOUR Best College Essay' Canvas page!



WRITING CENTER WEBSITE: Click here to access our brand new writing center website!

# LETTERS OF RECOMMENDATION

# COUNSELOR LETTER OF RECOMMENDATION

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

Learn more about transcripts and letters of recommendation on Canvas, here.



2022 Counselor Recommendation Questions.docx



# TEACHER LETTER(S) OF RECOMMENDATION

Seniors applying to four-year colleges will most likely need one to two teacher letters of recommendation. However, they will need to find out the exact number required by checking

the "application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the <u>Teacher</u> <u>Recommendation Letter Guide</u>. You should always plan to give your teachers a minimum of 10-15 school days notice prior to your first application deadline.



Teacher Recommendation Letter Guide.pdf

**L** Download 532.8 KB

# STRATEGIES FOR FINDING SUCCESS IN COLLEGE ADMISSIONS -- UPCOMING EVENTS

**Title:** The Admission Game **Date:** February 9th, 2022

Time: 3 pm PT, 6 pm ET and again at 6 pm PT, 9 pm ET: Registration link

**Overview:** In the webinar, you'll learn the in's and out's of the college admissions process. TAG is a high-energy, high-impact, interactive case study exercise for students and parents in which the audience is transformed into an admission committee.

Title: Reflecting On Year Two of Early Decision Test-Optional Admissions with Revolution Prep

Date: February 11th, 2022

Time: 9am ET: Registration Link

**Overview:** In this session, our panel of three Directors of College Counseling from schools across the country joined by Revolution Prep Chief Academic Officer, will present the latest data and observations from early college admissions in the second year of seismic changes to admissions testing policies. We'll reflect as a group on how admissions continues to evolve and what we can expect from regular admission decisions.

Title: College Admissions in 2022 and Beyond...What to Expect

Date: February 23rd, 2022

Time: 3 pm PT, 6 pm ET and again at 6 pm PT, 9 pm ET: Registration link

Overview: In the webinar, you'll learn how to navigate the college admission process in its

current state.

FINANCIAL AID

# COLLEGE ACCEPTANCE & FINANCIAL AWARD REVIEW

**WHEN** 

THURSDAY, FEB. 17TH, 6:30PM

**WHERE** 

THIS IS AN ONLINE EVENT.

### **MORE INFORMATION**

College Acceptance & Financial Award Review – "How to make the best decision for you."

- The final workshop of our College Financing series titled,
   "College Acceptance & Financial Award Review," will be held on Thursday, February 17 from 6:30-8:00 p.m. via
   Zoom webinar. The workshop will be facilitated by MassBay Community College in partnership with the Village Bank. It is highly recommended that the young person attends with their parent/caregiver.
- Pre-registration required, CLICK HERE:
   <a href="https://us02web.zoom.us/webinar/register/WN\_quWo-lblRHmei9nv71PR-g">https://us02web.zoom.us/webinar/register/WN\_quWo-lblRHmei9nv71PR-g</a>



2.17.22 financial award workshop.pdf





## FINANCIAL AID

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opened on October 1, 2021. The sooner you apply, the better!

- FAFSA support
- CSS support

Need additional support? Check out upcoming <u>MEFA Events</u>! We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our <u>MEFA Videos</u> page.

# FAFSA SUPPORT WITH UASPIRE

uAspire provides FAFSA assistance to students through a FAFSA Support Help Center. uAspire is a national nonprofit that ensures that all young people have the financial information and resources necessary to find an affordable path to and through college. As part of this partnership, your schools will receive assistance to help your graduating high school seniors complete their first step in postsecondary education. uAspire currently offers various types of support. These supports include:

- Advising through text message. Students can text (978) 216-5109 to receive individualized support from our advisors. (Zoom and phone calls are available).
- FAFSA Walkthroughs. Students and families can attend pre-scheduled webinars to learn more about the FAFSA process and get their questions answered. uAspire's next event will take place on March 10th. <u>Click here to register</u>.
- Individualized Direct Supports for schools. Students can directly sign up to virtually meet
  with an advisor over Zoom during the school day. If you are interested in this support
  please contact Leticia Reyes (E: <u>Leticiar@uaspire.org</u>).

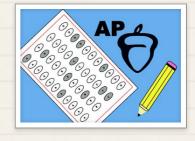


# AP EXAMS

ALL UPDATED AP EXAM INFORMATION FOR 2021-2022 CAN BE FOUND ON THE FHS WEBSIE UNDER 'COLLEGE & CAREER CENTER:' https://www.framingham.k12.ma.us/Page/9405

### This includes:

- AP Exam info
- Registration / payment directions
- Study materials and upcoming events
- Up-to-date AP Exam Newsletter



# AP EXAM PREP WITH REVOLUTION PREP

AP practice tests for many of the AP subjects: Practice is essential for students to understand exactly what they will face on test day and if they need additional support now as they work towards the tests in May. Our Practice AP Tests are live and proctored by one of our professional tutors. We have several times and dates during upcoming Saturdays.

Students can easily register for one or more of the practice tests here. View More AP® Practice Tests here.

SUBJECT AP Physics 1: Algebra-Based Saturday, Feb 26 @9am EST PRICE \$0 MORE DETAILS

SUBJECT: AP Biology

DATE: Saturday, Feb 26 @ 9am EST

PRICE: \$0

**MORE DETAILS** 

SUBJECT: AP Calculus AB

DATE: Saturday, Feb 26 @ 12pm EST

PRICE: \$0

**MORE DETAILS** 

# STEM OPPORTUNITIES

# AUTONOMOUS MINI -RACECAR (ROBOTICS) COURSE WITH MIT CURRICULUM

Learn with Leaders is inviting applications for **The Autonomous**Mini - RACECAR (Robotics) Program - designed as an introductory course in robotics for students with some programming experience. In this course, students will be working with a virtual RACECAR in a custom-built simulation (designed by MIT Beaver Works Summer Institute).



The program is spread over **6 Saturdays (Labs)**. Each Lab consists of a lecture, an exploration component, and a series of hands-on challenges. These labs grow in complexity, beginning with basic tasks such as driving in shapes and **building to important concepts in robotics including SLAM, sensor fusion, and path planning.** At the end of

this course, students will apply everything they have learned to complete the final grand challenge which combines elements from each lab.

Program start date: 19th February 2022

**Program Duration:** 6 Weeks (Every Saturday)

Application Deadline: 5th February 2022 | Program Fee: USD 400

**Eligibility:** 

Grades 9th-12th

• Must be familiar with the basics of Python

Students do not need to have any prior experience with robotics

To know more, click here: <a href="https://learnwithleaders.com/miniracecar">https://learnwithleaders.com/miniracecar</a> | To apply <a href="mailto:click here">click here</a>:

MassBay STEM Stories: Start Here. Go Anywhere: Meet STEM faculty, staff, students, graduates and industry professionals to learn about innovative STEM programs at MassBay, resources and supports for MassBay STEM students and explore exciting career options in the STEM fields. High school students, teachers, administrators, adult learners and community partners are invited to attend one of our virtual STEM Division information Sessions which will be held monthly throughout the Spring semester beginning in February.

- MassBay STEM Stories: Start Here. Go Anywhere. Session 2
   Wednesday, March 9th | 9:00 AM EST | Register <u>here!</u>
- MassBay STEM Stories: Start Here. Go Anywhere. Session 3
   Thursday, April 7th | 5:00 PM EST | Register here!
- MassBay STEM Stories: Start Here. Go Anywhere. Session 4
   Friday, May 6th | 12:00 PM EST | Register here!

# JOB, SUMMER, AND INTERNSHIP OPPORTUNITIES

## AVAILABLE PAID JOBS

Explore up-to-date paid job postings, directions on requesting a job permit, and other resources surrounding the workforce.

## AVAILABLE INTERNSHIP OPPORTUNITIES

Explore up-to-date internship postings, directions on how to apply, and other resources surrounding internships.

## AVAILABLE LEADERSHIP OPPORTUNITIES

Explore up-to-date leadership opportunities and directions on how to apply.

## SUMMER OPPORTUNITIES FOR 2022

Check-out available summer opportunities for summer 2022, here!

# WORK PERMIT APPLICATIONS (E118)

If you need a work permit, come by E118 to pick one up or ask any questions. If you have a completed and signed work permit application form please email it to



<u>employmentpermits@framingham.k12.ma.us</u> or drop it off at E118.

- Employment Permit Application for 14 through 17 Year-Olds (English)
- Solicitud para un Permiso de Empleo para personas de 14 17 años (Spanish)
- Solicitação de Autorização de Emprego para pessoas com idades entre 14 17 anos (Portuguese)



Specialized Career Guidance - Links.pdf



# OTHER POSTSECONDARY RESOURCES AT FHS



# METROWEST COLLEGE PLANNING COLLABORATIVE

The MetroWest College Planning Collaborative (CPC) is a regional joint college access initiative that was founded by Framingham State University and Mass Bay Community College through the Department of Higher Education's Vision Project. The CPC's mission is to provide the necessary outreach, training, mentoring, and advising to guide youth and

non-traditional adult learners in the Metro West region on their desired pathway to higher education.

If you would like to book an appointment, please email <a href="MetrowestCPC@gmail.com">MetrowestCPC@gmail.com</a> or call 508-215-5600.

# GAP YEAR PROGRAMS & EVENTS

# GAP YEAR SOLUTIONS

<u>Gap Year Solutions</u> helps students increase college success by helping them have a transformational experience based on life skills and real world learning. We "meet students where they are," and listen carefully to their interests and goals. We are your Gap Year coach and mentor throughout this process, and customize a combination of internships, work, service and travel into a structured Gap Year plan. We encourage students to embrace this unique opportunity to push the pause button, dream big, be authentic and believe in themselves! Visit their website to start Gap Year <u>Planning</u> or Gap Year <u>Mentoring</u>. You can find the full schedule on the <u>Events</u> page of our website.



# RUSTIC PATHWAYS

Since 1983 <u>Rustic Pathways</u> has been operating intentionally designed, transformative student-travel programs with impact at the core of the experience.

Want to see the world now? Explore our new <u>Flightless Travel</u> <u>Resources</u> with everything from virtual tours and language learning to movie and music playlists to help you explore a country even when you can't travel right now! Explore their travel programs <u>here</u>.

LOCAL TRADE & TECHNICAL PROGRAMS

# MTTI IS OFFERING A FREE LIVE VIRTUAL INFORMATION SESSION

**WHEN** 

WEDNESDAY, FEB. 23RD, 6PM

**WHERE** 

THIS IS AN ONLINE EVENT.

### **MORE INFORMATION**

MTTI is offering a <u>Free Live Virtual Information Session</u>. Hear about program offerings, including:

- Admissions Application Process
- Tuition and Financial Aid
- Short-term Training (30 weeks)
- · Hands-on Activities
- Employment Assistance and Placement Rates

\*\*Reservations Required – to request a ZOOM invite students

should:

Email: rshaw@mtti.edu

Subject Line: MTTI Info Session Body of email: FirstName LastName

High School Name

Program of Interest – programs can be viewed at <u>www.mtti.ed</u>u

Best phone to be contacted



## YEAR UP!

Year Up's mission is to close the Opportunity Divide by ensuring that young adults gain

the skills, experiences, and support that will empower them to reach their potential

through careers and higher education. Year Up's job training program is tuition free, and offers access to today's best companies and a proven path to career success. <u>Learn more here!</u>

As we kick off the Fall recruitment, I want to reach out and schedule some outreach opportunities with your upcoming graduates this February/March. Use the <u>calendar</u> to schedule a virtual visit.

# UNIVERSAL TECHNICAL INSTITUTE

Universal Technical Institute (UTI) has relationships with leading manufacturers, aftermarket parts companies and performance shops to help build curriculum. The companies that work with UTI do so for a reason: They trust UTI to train the technicians that they employ. CHECK OUT OUR PROGRAMS!



Interested in UTI? Contact: Scott Boydston

Admissions Representative C: 774-571-1781 | sboydston@uti.edu

# BENJAMIN FRANKLIN INSTITUTE OF TECHNOLOGY

Our program is Boston's most affordable private accredited Electrical Engineering bachelor's degree. High achieving students can apply directly to the bachelor's program. But we also provide a pathway for students who might not otherwise consider pursuing an engineering degree. Students build their skills with a Certificate in Electronics Technology, then an Associate degree in



Mechatronics Engineering Technology before transferring into the junior year of the Electrical Engineering bachelor's program.

### **Interested in BFIT? Contact Calvin Conyers**

Assistant Dean of Admissions and Recruitment | P: 617-588-1299 | Email: <a href="mailto:cconyers@bfit.edu">Cconyers@bfit.edu</a>

# **ELEVATING VOICES FOR EQUITY:** DEVELOPING STEM NETWORKS FOR BIPOC SOCIAL MOBILITY WITH BFIT

**WHEN** TUESDAY, FEB. 15TH, 12PM

THIS IS AN ONLINE EVENT.

### MORE INFORMATION

Join us for <u>Elevating Voices for Equity</u>, a virtual conversation with BIPOC leaders, focusing on equity in STEM education. Professionals of color are significantly underrepresented today in STEM fields, which begins with STEM education, access, mentorship and career pathways. These factors also lead to limitations in social mobility and social capital. We must also acknowledge the cause of these inequities, which are deeply rooted in institutional and systemic racism. Through our Elevating Voices for Equity conversations, we hope to bring together students, educators, employers and policy makers to learn and create actionable recommendations for changing inequities in STEM education.

This webinar will focus on: Resources, mentorships, and relationships play a factor in social mobility. BIPOC students often don't have the important connections or access to position themselves for success. How can the community drive this level of support for true social mobility? Register HERE!

## JOB CORPS

Job Corps is still actively recruiting the young people in our communities that will benefit the most from our program. Although, times have changed and face to face meetings are still not possible at this time, Job Corps would like to extend an invite to hold a meeting and/or info session with any staff or young person that may be interested in attending Job Corps.



Job Corps also host two weekly info sessions via Zoom on Tuesdays @ 2pm & Thursdays @ 6:30pm-open to all!

Interested in Job Corps? Contact: Katie Skuse (Admission Counselor)

Skuse.Kathryn@jobcorps.org

All you have to do is simply click the link and book your appointment, <a href="https://katieskuse.youcanbook.me/">https://katieskuse.youcanbook.me/</a>



# MILITARY INFORMATION

# ASVAB + RECRUITER INFO

There will be two ASVAB exams offered at Framingham High School for the 2021-2022 school year: one in the fall, and one in the spring. Make sure to register <u>ahead of time here</u>.

• Wednesday, April 13th 2021 at 7:30am in E118

Check out the Military Canvas module for more information!

# AIR FORCE ROTC & AIR FORCE ACADEMY QA SESSIONS

Lt Kiana Brantley and LT Clark are hosting 11 question and answer sessions Jan-May 2022. These are targeted towards parents, guardians and guidance counselors.

Join via this **Zoom link!** 

- Feb 16, 2022 18:00
- Mar 2, 2022 18:00
- Mar 16, 2022 18:00
- Mar 30, 2022 18:00
- Apr 13, 2022 18:00
- Apr 27, 2022 18:00
- May 11, 2022 18:00



May 18, 2022 18:00

Please download and import the following iCalendar (.ics) files to your calendar system. <a href="https://afrotc.zoomgov.com/meeting/vJlscOirrD4uG4YPRZOVPPOYj3xWschW\_4c/ics?">https://afrotc.zoomgov.com/meeting/vJlscOirrD4uG4YPRZOVPPOYj3xWschW\_4c/ics?</a> <a href="mailto:icsToken=98tyKuiurzwrGdaQtBjBel86FaPkbOnF1mRp\_pptriXKNRBjTTr8Zfp1lbF3J-eE">icsToken=98tyKuiurzwrGdaQtBjBel86FaPkbOnF1mRp\_pptriXKNRBjTTr8Zfp1lbF3J-eE</a>

- 09 Feb 2022 6PM-7PM EST- "Cadet Life" (Junior and Senior Year: Cadet Leadership, Extracurriculars/ Student Athlete, AFROTC Field Training): <a href="https://www.signupgenius.com/go/10c0f45aea82ca0fec43-cadet1">https://www.signupgenius.com/go/10c0f45aea82ca0fec43-cadet1</a>
- **09 Mar 2022 6PM-7PM EST-** "Prepping for Desired Air/Space Force Job": https://www.signupgenius.com/go/10c0f45aea82ca0fec43-prepping
- 06 Apr 2022 6PM-7PM EST- "Freshman Year in Review" (What do you wish you knew going into your freshman year?):
  https://www.signupgenius.com/go/10c0f45aea82ca0fec43-freshman





# FRAMINGHAM HIGH SCHOOL

Facebook @FHSFlyers

♀ 115 A Street, Framingham, MA...

**(508)** 620-4963

framingham.k12.ma.us/Domai...

