

Class of '24 C&CC Newsletter

An excited "hello!" from Mrs. Erikson, K002

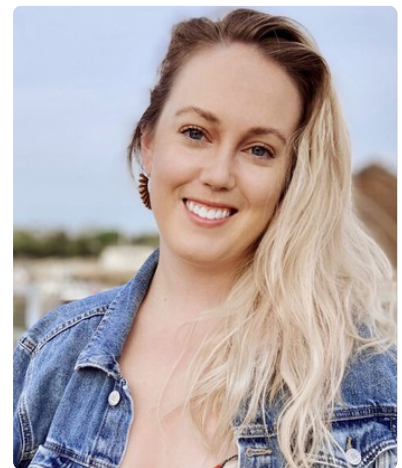
HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

Drop-In to C&CC (K002) & Meet Mrs. Erikson!

Hello, students and families! My name is Rachel Erikson, and I am the College & Career Counselor at Framingham High School.

The College & Career Center (K002) will operate as a **drop-in space** (no appointment necessary!) for seniors to use during study/priv periods. Come with friends, questions, and an open mind for exploring your future. I look forward to working with you this year!



2024 Future Educators Conference

On **Wednesday, March 20th** there will be a **Future Educators Conference** from **8:30am-11am** to honor students graduating with the intention of becoming future educators. This annual conference celebrates those embarking on their post-secondary journeys to become elementary, middle, high school, or post-secondary educators and/or support staff. Should these be your plans for after high school, please register for the conference using the [Google Form](#) below **by March 1, 2024**. Additional information will be sent upon submission of the form.

College Process

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



Upcoming College Fairs

Attending a college fair will allow you to see just how many different types of colleges and universities are out there! Exploring one place with lots of different schools in attendance will help you build and narrow down your college list.

The Common Application

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.



For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's [The College Application](#) Canvas page.

▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round – there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

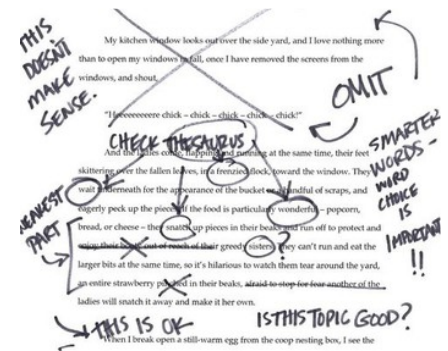
Typical deadline:

January 1st

Typical decision release:

April 1st

The screenshot shows the 'Education' section of the Common App. It includes a sidebar with navigation options: Profile, Family, Education (selected), Testing, Activities, Writing, and Courses & Grades. The main content area is titled 'Education' and has a 'Preview' button. It lists three categories of schools: 'Current or Most Recent Secondary/High School', 'Other Secondary/High Schools', and 'Colleges & Universities'. The 'Colleges & Universities' section is expanded, showing a 'Graduating class size (approx)' field and 'Class rank reporting' options: Exact, Decile, Quintile, and Quartile.



Common App EDU Section

Class Size & Rank:

- Class size: **553**
- Class rank reporting: Decile
- Decile Rank: Top ____
- Rank weighting: Weighted
- GPA scale reporting: 4
- Cumulative GPA:
- GPA weighting: Weighted

Course Codes:

- U - N/A
- CP - College Prep
- ACP - Advanced
- Honors - Honors
- AP - AP

Financial Aid

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opens in December 2023. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)

Need additional support?

Check out upcoming [MEFA Events](#)! We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our [MEFA Videos](#) page.

College Essay

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in your voice! To get help *starting, editing*, or putting your essay into your application early.

Meet with Ms. Erikson for college essay help—whether its picking a topic or editing, we're here for you— and make sure to check out the '[Writing YOUR Best College Essay](#)' Canvas page!

Transcript Requests & Letters of Recommendation

Seniors applying to four-year colleges will most likely need one to two teacher letters of recommendation. However, they will need to find out the exact number required by checking the "application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the [Teacher Recommendation Letter Guide](#). You should always plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

Transcript Request Form instructions

Important Dates for Requesting Transcripts

Transcript Request Form Due	Application Deadline
September 20 th 2023	October 15 th 2023
October 11 th 2023	November 1 st 2023
October 24 th 2023	November 15 th 2023
November 6 th 2023	December 1 st 2023
November 21 st 2023	December 15 th 2023
December 4 th 2023	January 1 st 2024
December 15 th 2023	January 15 th 2024
January 4 th 2024	February 1 st 2024
January 25 th 2024	February 15 th 2024
February 2 nd 2024	March 1 st 2024

Counselor Letter of Recommendation

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

Teacher Letter(s) of Recommendation

4-year college apps likely need 1-2 teacher LOR (check LOR requirements on the website of each college). Plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

Financial Aid & Scholarships

FAFSA & Fin Aid

2.16.24 SCHOLARSHIPS NEWSLETTER.pdf

Download

513.5 KB

Scholarship Applications - How To.pdf

Download

1.7 MB

FAFSA Follow-Up Webinar w/ uAspire - February 21st

Submitting the FAFSA is just the first step. During our free webinar, uAspire's financial aid experts will guide you through the **steps students must take to secure the financial aid they're eligible for.**

You'll learn the best practices for reviewing the FAFSA Submission Summary (previously called the Student Aid Report), navigating special circumstances, and handling the complexity of verification. You'll be able to:

- Explain the difference between FAFSA submission and **FAFSA completion**
- Describe the information provided by the **FAFSA Submission Summary**
- Recognize the **2024-25 federal verification items**

Make sure you're prepared to serve your students. [Reserve your spot](#) now for the FAFSA Follow-up webinar on February 21 at 2 pm ET: [Register now!](#)



uAspire FAFSA Walkthroughs

The Department of Elementary and Secondary Education along with uAspire have partnered to provide **FREE** FAFSA support. uAspire is here to help you and your students navigate the FAFSA changes happening this year. uAspire is a national nonprofit whose singular focus is on college affordability and removing financial barriers so that every student has an equitable opportunity to attain a postsecondary degree. Get an overview of the FAFSA, the application required by all colleges nationwide in order to receive federal financial aid. We'll walk you through the new Better FAFSA available in December 2023 for 2024-25.

For Students:

uAspire will present virtual webinars on the FAFSA process. FSA has not released the exact date the FAFSA will be available but has confirmed that the FAFSA will come out by December 31st.

uAspire will have a FAFSA virtual webinar for students on:

- [January 3, 2024 at 4:00-5:00 pm -ET](#)



OTHER WEBINARS & EVENTS HOSTED BY UASPIRE:

FAFSA completion

- January 30, 2024 at 5:00-6:00 pm -ET
- February 27, 2024 at 5:30-6:30pm -ET

Next Steps post-FAFSA: April 2, 2024 at 4:00-5:00 pm -ET

Financial Aid Offer: April 24, 2024 at 5:00-6:00 pm -ET

Summer Steps: May 21, 2024 at 5:00-6:00 pm -ET



FAFSA Made Simple Webinars w/ College Aid Pro

Join us for a thrilling walk-through of how to complete the FAFSA & why everyone should. If you can't attend live, just register and you will receive the recording.

1. ****January 17, 7:00 pm ET**** - FAFSA Webinar with College Aid Pro: [Registration Link](#)
2. ****January 24, 7:00 pm ET**** - FAFSA Webinar with College Aid Pro: [Registration Link](#)

The U.S. Department of Education has overhauled the Free Application for Federal Student Aid (FAFSA®) to an extent we haven't seen in a generation. Join our experts as they share tips and information to help you complete your FAFSA®. During our session, [hosted in Spanish](#), students and families will also learn key tips on where to find and apply for scholarships, how to create a winning scholarship essay, and more.

- Key FAFSA® Tips for Students
- How to Start the FAFSA® Process
- What Students and Parents Need (and Don't Need!) to Complete the FAFSA®
- Scholarship Resources
- Tips for Applying for Scholarships and Creating Winning Essays

Space is limited, so please register early to guarantee your spot!

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opens in December 2023. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)
- [Scholarships](#)



Need additional support? Check out upcoming [MEFA Events](#)! We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our [MEFA Videos](#) page.

OR view these awesome videos by College Aid Pro:

- [How to complete the 2024-2025 CSS Profile, a line-by-line guide](#)
- [What is IDOC and how do I complete it?](#)
- [CSS Profile & FAFSA Verification](#)
- [How does the Supreme Court decision on Affirmative Action affect college admissions?](#)
- [What FAFSA mistakes to avoid?](#)

Standardized Testing

Standardized Testing Info & Resources

Be sure to look at Ms. Erikson's ['Standardized Testing'](#) Canvas page for detailed information on the following:

- SAT + ACT registration instructions

- Fee waiver information
- Testing accommodations
- TOEFL registration

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.

TEST OPTIONAL SCHOOLS: Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!

THE TOEFL EXAM: The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the TOEFL website, on Canvas, or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

AP Exams

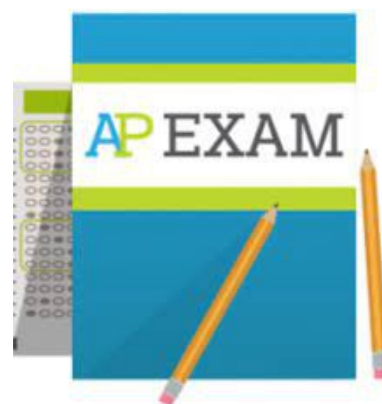
AP Prep with Revolution

Preparing for May AP Exams? Revolution Prep can help!

Revolution Test PRep is thrilled to introduce their latest AP Exam prep resources for educators, students, and families. Customize your support options to best fit your school community's needs and elevate your AP Exam preparation journey.

- **Mini-Readiness Quizzes:** Use our 10-min quizzes as a bell-ringer, exit slip, or homework to assess your students' progress towards achieving their target AP Exam score: [View Quizzes](#)
- **Practice Exams:** Choose from multiple dates and times for six free practice exams in popular subject areas to offer to your students and their families: [View Schedule](#)
- **FREE family webinar:** Families can join live or get a recording of our Unlocking the AP Exam webinar to uncover college preferences, recent exam changes, and effective student preparation strategies: [How to register](#)

For a complete overview of our AP exam preparation resources [click here](#).



AP Exam Prep_Family Flyer.pdf

[Download](#)

462.5 KB

Work Permits

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand it in to your house/academy office assistant - please include your hair and eye color**

- English: <https://www.mass.gov/doc/youth-employment-permit-application/download>
- Español: <https://www.mass.gov/doc/youth-employment-permit-application-spanishspanol/download>
- Português: <https://www.mass.gov/doc/youth-employment-permit-portuguese/download>

ENGLISH



SPANISH



PORTUGUESE



Other Upcoming Events

NESCA Webinar for the College Transition: 2/27 @ 7pm

NESCA is hosting a webinar for families of students (or students themselves) who are planning a transition to college and want to better understand some of the supports that are available when students struggle with executive function, social engagement, self-advocacy, etc. This panel will feature several organizations who support students transitioning to college including Focus Collegiate, New Frontiers Executive Function Coaching, Mansfield Hall & Virtual Hall, and NESCA's own coaching services. The event is free and will be hosted online on Tuesday, February 27th at 7:00PM EST!

- College is a huge commitment of resources in terms of time as well as emotions and finances. For students who are neurodivergent or have learning disabilities/mental health issues, college is often an even larger endeavor. Moreover, data suggest that success rates are often poor for these students. While some colleges have their own autism or learning disability support programs, many do not. But that shouldn't prevent a student with a disability from being able to access the college that best fits their learning and social interests. What private supports are available for college students, especially those who struggle with

executive functioning, social engagement, or self-advocacy? What programs already exist?
How can students access these supports?

- REGISTER NOW AT: [HTTPS://NESCA-NEWTON.ZOOM.US/WEBINAR/REGISTER/WN_SLOBVWI9RZM3CUPQKPOKXW](https://nesca-newton.zoom.us/j/92011111111)
- FOR MORE INFORMATION: JHAUSER@NESCA-NEWTON.COM

FINAL College Support Panel February 27, 2024.pdf

[Download](#)

574.1 KB

Natick HS Career & Training Fair 3/12/24

Natick High is hosting a CAREER & TRAINING FAIR with Framingham High on March 12th. This event is open to the public.



Framingham Public Schools and Natick Public Schools are collaborating to host our Personal Pathways Career and Training Fair on the evening of March 12th. We are hosting organizations and businesses in order to spread awareness of the wide variety of career and training options available in today's job market. MetroWest students and families are invited to learn about a variety of post-secondary options beyond typical 4-year colleges. Please see the attached flier.

- Vendors from the following sectors will be represented:
- Architecture and Construction & Trades
- Arts A/V Technology and Communications
- Education and Training
- Employment Services
- Health Science
- Hospitality and Tourism
- Human Services
- Law Public Safety and Security
- Military
- Personal Services
- Real Estate
- STEM
- Trade School/Community College

Personal Pathways Career and Training Fair 3_12_24.pdf

[Download](#)

62.4 KB

A Second Chance. Earn Your Diploma & College Credits.

Begin a new chapter. Designed for students aged 16-21, QCC's Gateway to College program is for students who have disengaged from their high school, dropped out, or may be at risk of not graduating.

Earn your high school diploma and college credits at the same time.

QCC's Gateway program may be for you if you have:

- The ability to read at the appropriate grade level
- A genuine desire to finish high school
- Are committed to making a change

Gateway to College students benefit from a group of peers and instructors working toward a common purpose.

Register for an Info Session to get started on Fall 2024 enrollment!

Questions? Email gtc@qcc.mass.edu

[QCC.edu/Gateway](https://qcc.edu/Gateway)



GTC Info Sessions

- February 20 @ 3:00pm
- February 27 @ 6:00pm*
- March 18 @ 6:00pm*
- March 25 @ 3:30pm
- April 16 @ 3:00pm
- April 30 @ 6:00pm*
- May 13 @ 3:00pm
- May 20 @ 6:00pm*
- June 20 @ 4:00pm

*Zoom meeting

Interested students **MUST** attend an information session in order to apply to the GTC program.



GTC Info Session Flyer for FA24 Enrollment.pdf

[Download](#)

818.4 KB

Youth in Philanthropy

Looking for an exciting way to build leadership skills and engage with future leaders? **Youth in Philanthropy (YIP)** might be just the for you! YIP is a free experiential leadership development program for High School students living or learning in the MetroWest region, and is designed to empower and educate local youth to become our community's next generation of philanthropists.

In Sudbury, our program will kick off on Tuesday, January 16 and will be held at The Sudbury Foundation at 326 Concord Road, Sudbury.

In Wellesley, our program will begin on Thursday, January 18 and will be held at our offices at 3 Eliot St, Natick (right over the Natick/Wellesley line).

Our [application can be found here](#). *We have passed our priority deadline, but we will continue to accept students on a rolling basis until the spaces are filled.



YIP Spring '24.pdf

Download

502.4 KB

Let's
Connect!

Want to get in touch with me?

Mrs. Erikson, College & Career Counselor, K002

Monday - Friday | 7:00am-2:15pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing

the phone number and email below.

Rachel Erikson (She/Her/Hers)

+1 (508)782-7688 | rerikson@framingham.k12.ma.us

115 A Street Framingham, MA 01701



Framingham High School

Email: rerikson@framingham.k12.ma.us

Website: <https://www.framingham.k12.ma.us/domain/3205>

Location: 115 A Street, Framingham, MA, USA

Phone: [\(508\)782-7688](tel:(508)782-7688)

Facebook: facebook.com/framinghamhighschool

Twitter: [@FHSFlyers](https://twitter.com/FHSFlyers)



Rachel Erikson

Rachel is using Smore to create beautiful newsletters