

Class of '24 C&CC Newsletter

An excited "hello!" from Mrs. Erikson, K002

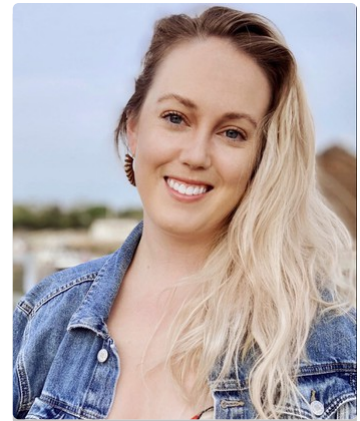
HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

Drop-In to C&CC (K002) & Meet Mrs. Erikson!

Hello, students and families! My name is Rachel Erikson, and I am the College & Career Counselor at Framingham High School.

The College & Career Center (K002) will operate as a **drop-in space** (no appointment necessary!) for seniors to use during study/priv periods. Come with friends, questions, and an open mind for exploring your future. I look forward to working with you this year!



FHS Future's Day: 10/11 from 8-10am

Hey Class of 2024 Seniors!

- *Do you need to work on your college applications?*
- *Are you unsure where to start or are stuck on a certain part?*
- *Have you not logged into Naviance in a while, or forgotten your username or password?*
- *Do you have no idea what FERPA means?*

The School Counseling Department is here to help! FHS counselors will be hosting a workshop in the FHS Cafeteria from 8-10am on Future's Day (10/11/23), which is open to all FHS Grade 12 students. You will have some time to work on your applications, ask questions, and have a counselor meet you where you are in your college process and who will help you get organized.

***Make sure to sign up in advance, [here!](#)

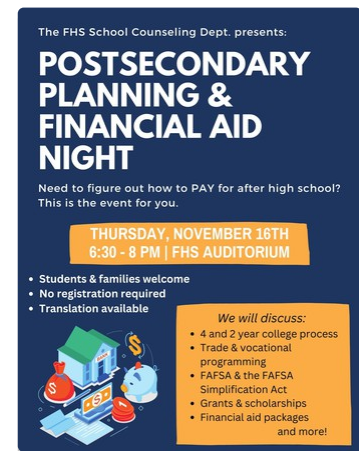
Important Information for the Class of 2023

Financial Aid Night @ FHS (11/16)

Financial Aid & College/Career Night: This diverse event will take place on **Thursday, November 16th** from **6:30-8PM** in the **FHS Auditorium**.

This event will discuss:

- the process and resources for students interested in trade/vocational programs, gap years, the military, or entering the workforce after high school.
- the four year college application process in detail, college expectations, and FHS specific procedures related to applying to four year colleges.
- financial aid and updates to the FAFSA as a result of the FAFSA Simplification Act.



College Visits

Every fall there are ~100 colleges that come to Framingham High School to meet with students; these visits are an important and valuable piece of the college application process. College visits are a great way to get to know a college better, have some face time with the person who will be reading your application, and get demonstrated interest (i.e. showing a school how interested you are in them). To attend visits, you must register and notify your teachers ahead of time. **View dates & schools visiting [here.](#)**



This week's visits:

- Tues (10/10): Providence College (9:15am); Dean College (10:15am); Univ of MA-Amherst (10:15am); Mitchell College (11:15am)
- Wed (10/11): Anna Maria College (9:15am); Syracuse Univ (10:15am); Univ of Alabama (11:15am)
- Thurs (10/12): George Mason Univ (9:15am); Lasell Univ (10:15am); Quinnipiac Univ (11:15am)
- Fri (10/13): Framingham State Univ (9:15am); Regis College(10:15am); Amherst College (11:15am)

To attend visits, **register ahead of time** on [Naviance](#):

1. Log-in to *Naviance*
2. Click 'Colleges' on the top of the page
3. Select '**College Visits**' under *Research Colleges*
4. Explore and register!

College Process

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



Upcoming College Fairs

Attending a college fair will allow you to see just how many different types of colleges and universities are out there! Exploring one place with lots of different schools in attendance will help you build and narrow down your college list.

The Common Application

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.



For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's '[The College Application](#)' Canvas page.

Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round –there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

Regular Decision

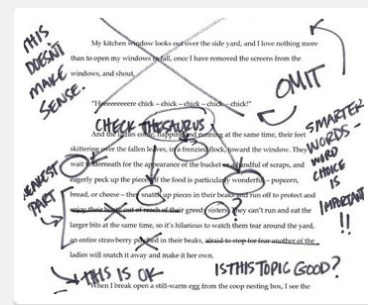
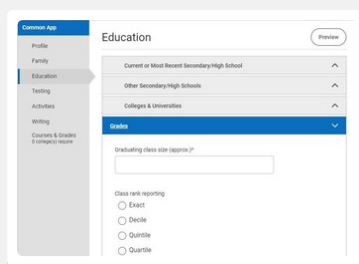
Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

Typical deadline:

January 1st

Typical decision release:

April 1st



Common App EDU Section

Class Size & Rank:

- Class size: **553**
- Class rank reporting: Decile
- Decile Rank: Top ____
- Rank weighting: Weighted
- GPA scale reporting: 4
- Cumulative GPA:
- GPA weighting: Weighted

Course Codes:

- U - N/A
- CP - College Prep
- ACP - Advanced
- Honors - Honors
- AP - AP

Financial Aid

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opens in December 2023. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)

Need additional support?

Check out upcoming [MEFA Events](#)! We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our [MEFA Videos](#) page.

College Essay

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in your voice! To get help *starting*, *editing*, or putting your essay into your application early.

Meet with Ms. Erikson for college essay help—whether its picking a topic or editing, we're here for you— and make sure to check out the ['Writing YOUR Best College Essay'](#) Canvas page!

Transcript Requests & Letters of Recommendation

Seniors applying to four-year colleges will most likely need one to two teacher letters of

"application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the [Teacher Recommendation Letter Guide](#). You should always plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

Transcript Request Form instructions

Important Dates for Requesting Transcripts

Transcript Request Form Due	Application Deadline
September 20 th 2023	October 15 th 2023
October 11 th 2023	November 1 st 2023
October 24 th 2023	November 15 th 2023
November 6 th 2023	December 1 st 2023
November 21 st 2023	December 15 th 2023
December 4 th 2023	January 1 st 2024
December 15 th 2023	January 15 th 2024
January 4 th 2024	February 1 st 2024
January 25 th 2024	February 15 th 2024
February 2 nd 2024	March 1 st 2024

Counselor Letter of Recommendation

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

Teacher Letter(s) of Recommendation

4-year college apps likely need 1-2 teacher LOR (check LOR requirements on the website of each college). Plan to give your teachers a minimum of 15 school days notice prior to your first application deadline.

Standardized Testing

Standardized Testing Info & Resources

Be sure to look at Ms. Erikson's ['Standardized Testing'](#) Canvas page for detailed information on the following:

- SAT + ACT registration instructions
- SAT + ACT study resources
- Fee waiver information
- Testing accommodations
- TOEFL registration

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.

TEST OPTIONAL SCHOOLS: Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!

THE TOEFL EXAM: The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](#), on [Canvas](#), or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

Upcoming 2023 Weekend SAT Dates

Test Dates	Registration Deadlines	Late Registration Deadlines
August 26, 2023	Register by July 28	August 15
October 7, 2023	Register by September 7	September 26
November 4, 2023	Register by October 5	October 24
December 2, 2023	Register by November 2	November 21

Work Permits

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand it in to your house/academy office assistant - please include your hair and eye color**

- English: <https://www.mass.gov/doc/youth-employment-permit-application/download>
- Español: <https://www.mass.gov/doc/youth-employment-permit-application-spanishspanol/download>
- Português: <https://www.mass.gov/doc/youth-employment-permit-portuguese/download>



Other Upcoming Events

#RealTalk Series for Black Students & their Families

Real Talk, our virtual event series for Black students and their parents, is back! We're kicking off the season with two nights to help students decide whether an HBCU (Historically Black College and University) or PWI (Predominantly White Institution) is right for them. Encourage Black students and their families in your school community to attend both Real Talk events on **October 3 and 10** to compare their options and make the best college choices for them. These events are the perfect opportunity for students to interact directly with admissions reps and current college students!



- **Night 1: Tuesday, October 3, 8 p.m. ET / 5 p.m. PT**
HBCUs, PWIs, and You: Join us and connect directly with HBCU and PWI reps from across the country as they share real talk on selecting a college home that aligns with each student's personality and college and career aspirations.
- **Night 2: Tuesday, October 10, 8 p.m. ET / 5 p.m. PT**
The Real Tea on HBCUs and PWIs: Want to know what college life is really like at HBCUs and PWIs? Students and their families can connect with current Black students who'll spill the tea! Don't just hear it—experience it through their stories.

#RealTalkTuesdays will continue on the first two Tuesdays of the month through the end of the year, so mark your calendars:

- **Tuesday, November 7, 8 p.m. ET / 5 p.m. PT**
POV: Being Black in Gaming: In celebration of the inaugural BigFuture® Gaming Week, this special Real Talk career event will connect students and their families with Black trailblazers in the gaming industry. Students will learn how they can turn their love of video games into the career of their dreams!
- **Tuesday, November 14, 8 p.m. ET / 5 p.m. PT**
POV: Being Black in Professional Sports: This week we're connecting students and their families with Black professionals in the sports industry to hear how they transformed their passion for sports into a full-time career.
- **Tuesday, December 5, 8 p.m. ET / 5 p.m. PT**
How I Won a \$40,000 BigFuture Scholarship!: BigFuture Scholarship winners and their families talk about how winning has affected their lives. Students learn what they need to do to make sure they have the same chance to be awarded \$40,000!
- **Tuesday, December 12, 8 p.m. ET / 5 p.m. PT**
Let's Talk \$\$\$: Filling Out the FAFSA®: Our trusted financial aid and scholarship experts will demystify how to fill out the new FAFSA, find scholarships, and minimize debt while students are getting their degree.

Cybersecurity Festival @ MBCC on 10/21

Mass Bay CC will be celebrating Cybersecurity Month in October by holding a Cybersecurity Festival on Saturday, October 21, 2023 at their Wellesley campus. Come one, come all! You are invited to come and play cyber games, have some snacks and, most importantly, have fun. Parents, guardians and/or friends are all welcome.

[REGISTER HERE!](#)

*Registration not required but preferred; For information contact: Elaine Rosenberg, erosenburg@massbay.edu.



cybersecurity_festival_flyer final 9-19-23.pdf

[Download](#)

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Service Academy Day - 10/7/23 @ 11am

Congresswoman Katherine Clark will be planning a Service Academy Day on October 7th 2023 at the Malden Senior Center from 11 am – 1 PM. Representatives from WestPoint, The Naval Academy, The Airforce Academy and our office will be available to answer any questions that interested candidates may have.

- What: **Service Academy Day**
- Who: Meet with representatives and current cadets from the service academies
- When: **Saturday October 7th 11 AM – 1 PM**
- Where: Malden Senior Center 7 Washington St, Malden, MA 02148



Service Academy Day Flier.pdf

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1.4 MB

Discover Year Gap Year Info Session 10/17

Are you interested in learning about the benefits of a structured and purposeful gap year with Discover Year? We would love to meet you at our upcoming Information Session! Join us to learn how Discover Year helps young adults build self-awareness, confidence, communication skills and resilience, and how you (or your child) could benefit from a purposeful gap year! [REGISTER HERE!](#)

- **Date:** Tuesday, October 17, 2023
- **Time:** 7-9pm ET
- **Location:** Online via Zoom

Here's what you can expect from our Info Session:

- Meet with current and past Discover Year students, parents and staff
- Ask questions and hear about students' experiences
- Learn about the who, what, where, when and why of a Discover Year
- Find out how you could benefit from a purposeful gap year



Universal Technical Institute's Virtual National TechTrade Expo on 10/21

Students are invited to join Universal Technical Institute's Virtual National TechTrade Expo on 10/21. As a leading provider of technical education and an official training partner for top brands worldwide, UTI is the place to explore career training options and get the skills needed to be career-ready.1

At this event, students can...

- Uncover the reasons why **top brands** hire our graduates
- Explore training paths in **innovative** fields
- **Virtually tour our campus** & meet instructors and staff committed to student success
- See how we're helping to make training **affordable** (scholarships and grants available)2



Students can RSVP to see how they can get trained on some of the world's most recognizable brands, all in the comfort of their homes! [REGISTER HERE!](#)

Youth in Philanthropy

Looking for an exciting way to build leadership skills and engage with future leaders? **Youth in Philanthropy (YIP)** might be just the for you! YIP is a free experiential leadership development program for High School students living or learning in the MetroWest region, and is designed to empower and educate local youth to become our community's next generation of philanthropists. They are accepting [applications](#) for fall and spring cohorts.



2023/2024 School Year Priority Deadlines:

- October 31, 2023 for Spring 2024 Programs (YIP Sudbury and YIP Wellesley) with rolling admissions following, based on capacity.

Let's
Connect!

Want to get in touch with me?

Mrs. Erikson, College & Career Counselor, K002
Monday - Friday | 7:00am-2:15pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)
+1 (508)782-7688 | rerikson@framingham.k12.ma.us
115 A Street Framingham, MA 01701



Framingham High School

Facebook @FHSFlyers

115 A Street, Framingham, MA,... rerikson@framingham.k12.ma...
 (508)782-7688 framingham.k12.ma.us/domai...