

College Et Career Center Newsletter

CLASS OF 2022 | DECEMBER 2021

HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Spanish:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Portuguese:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

LET'S CONNECT!

Mrs. Erikson's Hours (Room E118)

Monday - Friday | 7:00am-2:00pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)

+1 (508)782-7688 | rerikson@framingham.k12.ma.us

115 A Street Framingham, MA 01701



APPLYING TO COLLEGE - PLEASE READ:

- Make sure you double check your deadlines and submit ahead of time (be sure to hit submit in Common App or electronic application). You do not have to wait until school documents are submitted for you to submit your application. You may submit your application when you are done!



- Be sure you have spoken with your counselor.
- Check in with the teachers who are writing your letters of recommendation to make sure they know a) which colleges to which you would like their letters sent b) the deadlines for your colleges.
- If Standardized Test Scores are required, make sure you send your scores from the College Board or ACT website as soon as possible.
- Check the financial aid requirements and deadlines for each of your schools.

***Once you have submitted, make sure you do the following in the days and weeks after your deadlines:

- If your schools have portals, be sure to log in to make sure that your colleges have all the materials they need and that you have a complete application.
- Please be sure to check your email every day. Colleges let students know about missing materials AND admissions decisions using email.
- If you are not able to check in a portal, you can call the admissions offices to make sure that they have a complete file. This should happen a couple of weeks after the deadline, as it takes colleges some time to process all materials.

IN ORDER TO REQUEST A TRANSCRIPT, YOU MUST LINK YOUR NAVIANCE & COMMON APP ACCOUNTS!

For [step-by-step directions](#) on linking your Common App and Naviance accounts, please click the link. Each counselor has an individual transcript request form. To find your counselor's transcript request form, scan the QR with their name below:

- [Khazai Senior Transcript Request Form](#)
- [Childs Senior Transcript Request Form](#)
- [Jones Senior Transcript Request Form](#)
- [Walcek Senior Transcript Request Form](#)
- [Donovan Senior Transcript Request Form](#)
- [O'Brien Senior Transcript Request Form](#)
- [DeSimone Senior Transcript Request Form](#)
- [Monaco Senior Transcript Request Form](#)
- [Ramirez Senior Transcript Request Form](#)
- [Taylor Senior Transcript Request Form](#)

Important Dates for Requesting Transcripts

Transcript Request Form Due	Application Deadline
October 7th, 2021	November 1st, 2021
October 21st, 2021	November 15th, 2021
November 5th, 2021	December 1st, 2021
November 22nd, 2021	December 15th, 2021
December 3rd, 2021	January 1st, 2022
December 17th, 2021	January 15th, 2022
January 25th, 2022	February 15th, 2022

THE COMMON APPLICATION

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.



For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's [The College Application](#) Canvas page.

A screenshot of the Common App user interface, specifically the "Education" section. The left sidebar shows navigation options: Profile, Family, Education (selected), Testing, Activities, Writing, and Courses & Grades. The main content area is titled "Education" and includes a "Preview" button. It lists school categories: "Current or Most Recent Secondary/High School", "Other Secondary/High Schools", and "Colleges & Universities". The "Colleges & Universities" section is expanded, showing a "Grades" sub-section with a text input field for "Evaluating class size (approx)?" and radio button options for "Class rank reporting": Exact, Decile, Quintile, and Quartile.

CLASS OF '22 CA EDU INFO:

Class size: 514

Class rank reporting: Decile

Decile Rank: Top ____

Rank weighting: Weighted

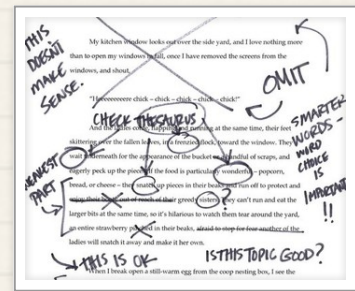
GPA scale reporting: 4

Cumulative GPA: ____

GPA weighting: Weighted

THE COLLEGE ESSAY

The college essay is an *extremely* important part of your college application—it is the one part of the application that is in your voice! To get help **starting, editing**, or putting your essay into your application early. Make an [appointment](#) with Ms. Erikson for college essay help—whether its picking a topic or editing, we're here for you— and make sure to check out the '[Writing YOUR Best College Essay](#)' Canvas page!



WRITING CENTER WEBSITE: [Click here to access our brand new writing center website!](#)

LETTERS OF RECOMMENDATION

COUNSELOR LETTER OF RECOMMENDATION

Seniors applying to four-year colleges will most likely need a counselor letter of recommendation. However, they will find out for sure by checking the "application requirements" on the websites of the colleges to which they are applying.

Learn more about transcripts and letters of recommendation on Canvas, [here](#).



2022 Counselor Recommendation Questions.docx



Download

17.3 KB

TEACHER LETTER(S) OF RECOMMENDATION

Seniors applying to four-year colleges will most likely need one to two teacher letters of recommendation. However, they will need to find out the exact number required by checking the "application requirements" on the websites of the colleges to which they are applying. To request a teacher letter of recommendation, please follow the steps listed on the [Teacher Recommendation Letter Guide](#). You should always plan to give your teachers a minimum of 10-15 school days notice prior to your first application deadline.



Teacher Recommendation Letter Guide.pdf



Download

532.8 KB

FINANCIAL AID



FINANCIAL AID

Here are some detailed resources about filling out the FAFSA and CSS Profile, both of which opened on October 1, 2021. The sooner you apply, the better!

- [FAFSA support](#)
- [CSS support](#)

Need additional support? Check out upcoming [MEFA Events!](#) We offer free informative webinars and virtual community events on a range of topics. To register for an upcoming webinar, click a topic below. To view a recorded webinar, please view our [MEFA Videos](#) page.

FAFSA SUPPORT WITH UASPIRE

Sign-up for FREE one-on-one FAFSA support [here!](#)

Overview of the FAFSA



SCHOLARSHIPS

HOW DO I APPLY? ↓↓↓↓↓↓

The type of application a scholarship uses is listed at the bottom of the name/description. Please be aware of the directions below for how to submit scholarships:

Scholarships with PRIVATE APPLICATIONS:

Scholarships with private applications should be submitted to the address and/or email indicated on its unique application, which can be found in the newsletter below and/or on [Naviance](#).

Scholarships using the FHS APPLICATION:

Scholarships using the FHS application should be emailed to Mrs. Erikson, College & Career Counselor, at rschmid@framingham.k12.ma.us. Copies of the FHS application can be found on Naviance; the essay topic can be found in the black box at the top of the application.

If a scholarship uses an FHS application, it should be submitted to Ms. Erikson on ONE EMAIL that includes the application and the essay as a PDF ATTACHMENT, with the scholarship name as the subject line.

Please see some reputable public scholarship websites here:

- <https://accessscholarships.com/>
- www.fastweb.com
- www.unigo.com
- www.scholarships.com
- <https://bigfuture.collegeboard.org/scholarship-search>
- www.collegecovered.com
- <https://www.mometrix.com/blog/scholarships-for-college/>
- www.collegegreenlight.org
- www.collegeboard.org
- <https://universityhq.org/paying-for-college/scholarships/#k12>

Scholarships for undocumented students:

- [The Dream U.S.](#) National Scholarship Guide
- The [MALDEF](#) scholarship list/guide

Scholarships for students applying to Mass Bay Community College:

- Mass Bay scholarships for [incoming students](#)
- Mass Bay scholarships for [merit & athletics](#)

GIRLS WITH IMPACT

Offer for Families – Scholarships Spots for Girls With Impact's Business & Leadership Academy: We're partnering with [Girls With Impact](#) to bring you full scholarships to their 10-week mini-MBA program. Girls With Impact is the nation's online live, online business and leadership academy for young women, 14-18. We are able to offer these scholarships courtesy of Eversource. Winter classes start the weeks of January 10th and will fill up, so sign up today.

Register [here now](#). Use the code 'POWERUP' at checkout.

girls with impact **EVERSOURCE**

Want to...
Change the world?
Turn your passion
into impact?
Build your
confidence!

"Girls With Impact completely changed my confidence.
I now feel ready to be a leader."

Powerful Extra-Curricular Program

The nation's only live, online business and leadership
academy made just for girls, 14-18... from home.

Learn How to impact your world
Public speaking & collaboration
Tech & business skills

Create A business, app, or non-profit
A vision & mission for your idea
A powerful pitch presentation

Gain College job-internship
Resume material
25 hours of community service

REGISTER NOW!
Classes begin January 10, 2022
Thanks to the generous support of Eversource

Live, online small classes • Choose class daytime • 10-week program
www.girlswithimpact.org

DIFFERENT CHOICES: COLLEGE SUPPORT FOR STUDENTS WITH LEARNING DISABILITIES

This is an upcoming program, Different Choices, geared to support students with learning disabilities transition from high school to college or other post high school continuing educational opportunities. Registration is free, but spaces are limited: [Register Here!](#)

STEM OPPORTUNITIES

MassBay STEM Stories: Start Here. Go Anywhere.

This year marks the second year of MassBay's Virtual STEM Stories Program! Participants meet STEM faculty, staff, students, graduates and industry professionals to learn about innovative STEM programs at MassBay, resources and supports for MassBay STEM students and are introduced to some exciting career opportunities in the STEM fields.

High school students, teachers and administrators are invited to attend one of these virtual STEM Division information Sessions which will be held monthly throughout the Fall semester on Zoom. Our first program will launch during STEM week on October 21st. See below for registration links.

- **MassBay STEM Stories: Start Here. Go Anywhere. Session 3**
Wednesday, December 15th | 11:00 AM
[Register for Session 3](#)

Interested? Want more information? Contact [Valerie Kapilow](#).



FALL STEM EXPO 12/13-12/17

We hope you will be able to join us and see MassBay Community College's STEM Division in action at MassBay's Virtual Fall 2021 STEM Expo December 13th - December 17th, 2021: **The Virtual Fall STEM Expo** will showcase student-developed projects that demonstrate the multi-dimensional skills, problem-solving capabilities and talents of our diverse STEM student body. Visitors can view the exhibits at any time during the week and leave questions or comments for the student presenters. Stay tuned for more information!

STANDARDIZED TESTING INFO & RESOURCES

STANDARDIZED TESTING FAQ

Be sure to look at Ms. Erikson's '[Standardized Testing](#)' Canvas page for detailed information on the following:



- *SAT + ACT registration instructions*
- *SAT + ACT study resources*
- *Fee waiver information*
- *Testing accommodations*
- *TOEFL registration*

Important SAT/ACT Test Day Information:

Make sure you bring what you need for test day! This includes a printed copy of your admissions ticket, a photo ID (a school ID is valid), No.2 pencils, and an approved calculator (the list can be found [here](#)).

Need help registering? Contact Ms. Erikson (rschmid@framingham.k12.ma.us)

What is the Difference Between the SAT/ACT?

There are a few key differences between the SAT and the ACT. ACT scores range between 1-36, and SAT scores range between 800-1600. The ACT allows a calculator to be used for all math sections; the SAT only permits a calculator on some sections (though, both tests focus on arithmetic, Algebra I&II, Geometry, and Trigonometry). ACT does have a science focus, unlike the SAT. *Both the ACT & SAT are accepted by almost all colleges/universities in the U.S.

Should I take both an ACT + SAT Practice Test?

Yes! For all the reasons above, you may have a standardized test preference. The only way to find out which one you have is to take a sample of each test. Contact Ms. Erikson for details on how to find an online or hosted practice test.

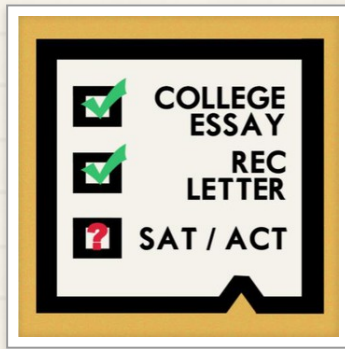
Do I Qualify for a Fee Waiver, & Where Do I Get One?

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. If you need an **SAT or ACT fee waiver** please contact Ms. Erikson (rschmid@framingham.k12.ma.us) and she will get you a code and help you register.

How do I Send Schools my ACT/SAT Scores?

Official [SAT/ACT](#) scores must be submitted through their respective websites. **Scores are NOT sent by FHS students' respective colleges.** Four score sends are covered by the registration fee for both the SAT and ACT. Students who qualify for free/reduced lunch get up to eight free score sends.

****While some options are listed below, Framingham High cannot endorse any particular tutors or tutoring companies. We recommend that students/families conduct their own research prior to starting services.*



TEST OPTIONAL SCHOOLS

Test optional means that a school does not require SAT or ACT scores as a part of your application.

Over 1,000 colleges and universities are test optional.

Find a complete list at

www.fairtest.org!

THE TOEFL EXAM

The **Test of English as a Foreign Language (TOEFL)** is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English-speaking college/university—the test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks.

Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](http://www.toefl.org) or in the CACC (E118). To register and see test dates/locations visit www.toefl.org.

FREE TEST PREP RESOURCES

In addition to Ms. Erikson's CANVAS pages, here are some other wonderful, free SAT/ACT test prep resources!

SAT Prep

- [Khan Academy](#)
- [College Board](#)
- [Kaplan](#)
- [Union Test Prep](#)
- [Test Prep Review](#)
- [Varsity Tutors](#)
- [PowerScore](#)

ACT Prep

- [ACT website](#)
- [ACT Academy](#)
- [Kaplan](#)
- [Magoosh](#)
- [Union Test Prep](#)
- [McGraw Hill](#)

OTHER POSTSECONDARY RESOURCES AT FHS



METROWEST COLLEGE PLANNING COLLABORATIVE

[The MetroWest College Planning Collaborative \(CPC\)](#) is a regional joint college access initiative that was founded by Framingham State University and Mass Bay Community College through the Department of Higher Education's Vision Project. The CPC's mission is to provide the necessary outreach, training, mentoring, and advising to guide youth and

non-traditional adult learners in the Metro West region on their desired pathway to higher education.

If you would like to book an appointment, please email MetrowestCPC@gmail.com or call 508-215-5600.

JOB, SUMMER, AND INTERNSHIP OPPORTUNITIES

SUMMER OPPORTUNITIES FOR 2022

Check-out available summer opportunities for summer 2022, here!

AVAILABLE INTERNSHIP OPPORTUNITIES

Explore up-to-date internship postings, directions on how to apply, and other resources surrounding internships.

AVAILABLE PAID JOBS

Explore up-to-date paid job postings, directions on requesting a job permit, and other resources surrounding the workforce.

WORK PERMIT APPLICATIONS (E118)

If you need a work permit, come by E118 to pick one up or ask any questions. If you have a completed and signed work permit application form please email it to employmentpermits@framingham.k12.ma.us or drop it off at E118.



- [Employment Permit Application for 14 through 17 Year-Olds](#) (English)
- [Solicitud para un Permiso de Empleo para personas de 14 – 17 años](#) (Spanish)
- [Solicitação de Autorização de Emprego para pessoas com idades entre 14 - 17 anos](#) (Portuguese)

GAP YEAR PROGRAMS & EVENTS

GAP YEAR SOLUTIONS

[Gap Year Solutions](#) helps students increase college success by helping them have a transformational experience based on life skills and real world learning. We “meet students where they are,” and listen carefully to their interests and goals. We are your Gap Year coach and mentor throughout this process, and customize a combination of internships, work, service and travel into a structured Gap Year plan. We encourage students to embrace this unique opportunity to push the pause button, dream big, be authentic and believe in themselves! Visit their website to start Gap Year [Planning](#) or Gap Year [Mentoring](#).

- January 19 – [Palo Alto City Library](#), Palo Alto, CA. 6:30PM PT



RUSTIC PATHWAYS

Since 1983 [Rustic Pathways](#) has been operating intentionally designed, transformative student-travel programs with impact at the core of the experience.

Want to see the world now? Explore our new [Flightless Travel Resources](#) with everything from virtual tours and language learning to movie and music playlists to help you explore a country even when you can't travel right now! Explore their travel programs [here](#).

LOCAL TRADE & TECHNICAL PROGRAMS

UNIVERSAL TECHNICAL INSTITUTE

Universal Technical Institute (UTI) has relationships with leading manufacturers, aftermarket parts companies and performance shops to help build curriculum. The companies that work with UTI do so for a reason: They trust UTI to train the technicians that they employ. [CHECK OUT OUR PROGRAMS!](#)



Interested in UTI? Contact: Scott Boydston

Admissions Representative C: 774-571-1781 | sboydston@uti.edu

BENJAMIN FRANKLIN INSTITUTE OF TECHNOLOGY

Our program is Boston's most affordable private accredited Electrical Engineering bachelor's degree. High achieving students can apply directly to the bachelor's program. But we also provide a pathway for students who might not otherwise consider pursuing an engineering degree. Students build their skills with a Certificate in Electronics Technology, then an Associate degree in Mechatronics Engineering Technology before transferring into the junior year of the Electrical Engineering bachelor's program.



Interested in BFIT? Contact Calvin Conyers

Assistant Dean of Admissions and Recruitment | P: 617-588-1299 | Email: CConyers@bfit.edu

Upcoming events:

- Tuesday, Dec. 14th, 6-7pm, **Engineering Technology** (Electronics Tech, Mechatronics Tech & Renewable Energy Tech), Join Zoom Meeting: <https://us06web.zoom.us/j/85673969940>
- Tuesday, Dec. 14th, 7-8pm, **CAD/SolidWorks, CNC Machining & Advanced Manufacturing and Automation Tech**, Join Zoom Meeting: <https://us06web.zoom.us/j/87098513799>
- Wednesday, Dec. 15th, 6-7pm, **Health Information Technology** (Data Analytics, and Public Health), Join Zoom Meeting: <https://us06web.zoom.us/j/85313751775>
- Thursday, Dec. 16th, 6-7pm, **Opticianry**, Join Zoom Meeting: <https://us06web.zoom.us/j/87843340389>

JOB CORPS

Job Corps is still actively recruiting the young people in our communities that will benefit the most from our program.

Although, times have changed and face to face meetings are still not possible at this time, Job Corps would like to extend an invite to hold a meeting and/or info session with any staff or young person that may be interested in attending Job Corps.



Job Corps also host two weekly info sessions via Zoom on Tuesdays @ 2pm & Thursdays @ 6:30pm—open to all!

Interested in Job Corps? Contact: Katie Skuse (Admission Counselor)

Skuse.Kathryn@jobcorps.org

All you have to do is simply click the link and book your appointment,

<https://katieskuse.youcanbook.me/>

Start your journey today!

EXCITING CAREER TRAINING OPPORTUNITIES



MILITARY INFORMATION

ASVAB + RECRUITER INFO


There will be two ASVAB exams offered at Framingham High School for the 2021-2022 school year: one in the fall, and one in the spring. Make sure to register ahead of time [here](#).



- **Wednesday, April 13th 2021** at 7:30am in E118

Check out the [Military Canvas module](#) for more information!



FRAMINGHAM HIGH SCHOOL

 Facebook  @FHSFlyers

 115 A Street, Framingham, MA...  (508) 620-4963

 framingham.k12.ma.us/Domai...