

CLASS OF 2024

4/28/23 | COLLEGE & CAREER CENTER NEWSLETTER

HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round – there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

Typical deadline:

January 1st

Typical decision release:

April 1st

THE COMMON APPLICATION

The **COLLEGE APPLICATION** is the backbone of all of the information a college/university needs to know about you to assess if you'd be a good fit for their school. The majority of schools use the [Common Application](#) as their application portal. Some schools have an application portal built into their website, and other schools use an application portal called the [Coalition App](#) (similar to the Common App; see schools that use the Coalition App [here](#)). Creating an account on any of these portals is free, but most colleges/universities have a cost associated with applying. All applications are created and submitted online.



For step-by-step directions about applying to college and FAQs, please visit Ms. Erikson's ['The College Application'](#) Canvas page.

COLLEGE FAIRS

NACAC COLLEGE FAIR - 5/1 @ THE RI CONVENTION CTR.

Connect face-to-face with representatives from hundreds of colleges and universities. All high school students, transfer students, and families are welcome to [register for this complimentary event!](#)

Date and Time: Monday, May 1 from 5:30pm - 8:30pm ET

Location: Rhode Island Convention Center, 1 Sabin Street, Providence, RI 02903

Exhibitors: [View the list of colleges and universities exhibiting at this event.](#)

[Register now and meet face-to-face with representatives from colleges and universities this](#)

[weekend.](#)

NACAC BOSTON & VIRTUAL NATIONAL COLLEGE FAIRS



Upcoming Boston In-Person College Fairs -- Learn More [HERE!](#)

- [Boston National College Fair - Session 1 of 3](#)
Tuesday, May 2, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 2 of 3](#)
Tuesday, May 2, 2023 6:00 PM - 8:30 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 3 of 3](#)
Wednesday, May 3, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))

Upcoming Virtual College Fairs:

- [Virtual College Fair - Mar 19](#) - Sunday, March 19, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)
- [Virtual College Fair - Apr 23](#) - Sunday, April 23, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)

STANDARDIZED TESTING

Be sure to look at Ms. Erikson's 'Standardized Testing' Canvas page for detailed information about, SAT + ACT registration instructions, SAT + ACT study resources, fee waiver information, testing accommodations, & TOEFL registration

PRINCETON REVIEW STRATEGY SESSIONS

Princeton Review will be holding free strategy sessions for FHS students.

After students have taken an SAT practice test, or even the real thing, they may still not really know what it takes to succeed on the test, or even how to begin working on improving their scores. In the SAT Strategy Session presentation, Princeton Review gives students some simple, basic strategies that will make sure they score higher next time. This is an excellent follow-up program to a practice SAT or first SAT exam.

Click the links to [register](#) for the different dates for the SAT Strategy Sessions:

- **Tuesday, May 16, 2023 at 7:00PM**

Register here: <https://secure.princetonreview.com/event?PSOId=511762>

UPCOMING FREE PRACTICE SAT / ACT TESTS FOR FHS STUDENTS

Our friends at Revolution Prep are offering Framingham High students a practice SAT and ACT. Practice tests are a great first step for students to identify how they want to tackle preparing for the real thing.

- **SAT Practice Exam:** Saturday, April 1, 2023 | 9:00am | Live Online
- **ACT Practice Exam:** Saturday, April 8, 2023 | 9:00am | Live Online

Step 1: Register here: <https://www.revolutionprep.com/partners/673>

Step 2: Schedule a free 30-minute score report review with a Revolution Prep testing expert to help you interpret the results and develop a customized plan to prepare. Please schedule this appointment for the few days after the exam. You can pre-schedule this Score Report Review here: www.revolutionprep.com/david-zimbalist

Step 3: Attend the mock exam and get your results immediately with Revolution Prep's mobile scoring app!

Questions? If you have additional questions or want to learn more about Revolution Prep, you can reach out to **Revolution Prep** at **(800) 878-1850** or by email at newengland@revolutionprep.com.

VESOULIS MATH ACADEMY: 5/29-6/9



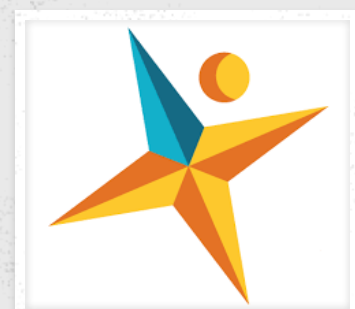
Vesoulis Math Academy is running an **ACT Math Summer Bootcamp Program from 5/29 - 6/9**, right before the next sitting of the ACT (on 6/10). This would be highly beneficial for (upcoming) seniors to try and get their math scores up before they start sending applications off to colleges in the fall.

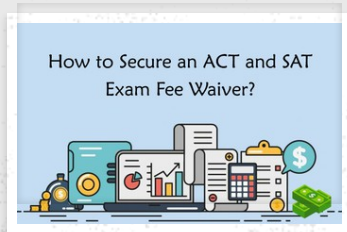
Mike Vesoulis is a highly accomplished **Nationally Board Certified Teacher and MATH EXPERT, with knowledge and experience** with every math course in the high school curriculum from Algebra I through AP Calculus/AP Statistics, that knows just how to help students **excel in their future math classes and standardized tests**. Students who desire help with the upcoming ACT or if they want to gain a **JUMPSTART** before next year's math class, can contact Mike via telephone, e-mail, Facebook, Messenger, or Instagram. All of my contact information can be found at my company's website (which is linked below), in addition to listing my full qualifications, degrees, certifications, experiences, etc.. Parents can schedule a **FREE** consultation to speak directly with Mike to learn about programs:

<https://www.vesoulismathacademy.com/>

ONLINE SAT/ACT PRACTICE TESTS WITH STUDYPOINT

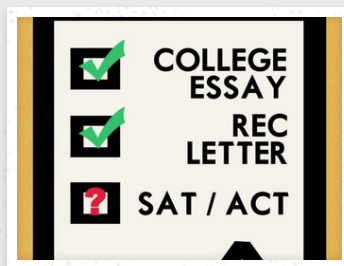
Improve Your SAT or ACT Score From Home Free Virtual Practice Tests Every Week! Students who are looking to get a head start on preparing for the SAT or ACT should also check out our free virtual SAT and ACT practice tests. [Click here](#) to view our practice test dates and register.





SAT FEE WAIVERS

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.



TEST OPTIONAL COLLEGES

Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!

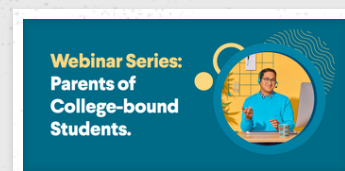


TOEFL EXAMS

The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the TOEFL website, on Canvas, or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

FINANCIAL AID

SOFI COLLEGE FINANCING WEBINARS (4/16-5/21)



Parents of college-bound students are invited to an empowering SoFi Webinar Series that covers the information and insights you need to navigate college financing. Find out more about the sessions, plus get resources listed below. **Be sure to sign up for one—or all four—of these Parents of College-bound Students Webinars from SoFi:**

- [Financing Your Student's Education](#)
Sunday, May 7 at 5pm PT / 8pm ET
- [Financial Aid and Changes to the FAFSA®, Especially for Divorced Parents](#)
Sunday, May 21 at 5pm PT / 8pm ET



SoFi_at_Work_Parents_of_College_Bound_Students_Guide.pdf

[Download](#)

840.0 KB

UNDERSTANDING FINANCIAL AID MINI WORKSHOPS

- **Webinar #1:** Lowering the Expected Family Contribution (EFC) helps you qualify for more grants and scholarships for college. Unfortunately, even though there are hundreds of ways to lower the EFC, most people just don't know how. [CLICK HERE](#) to download the recording.
- **Webinar #2:** The Importance of an Education: Does a College Education Pay Off? [CLICK HERE](#) to download the recording.
- **Webinar #3:** Beating the High Cost of College. [CLICK HERE](#) to download the recording.
- **Webinar #4:** FAFSA: How much aid is available? [CLICK HERE](#) to download the recording.
- **Webinar #5:** Calculating the EFC: 4 factors that determine your EFC. [CLICK HERE](#) to download the recording.

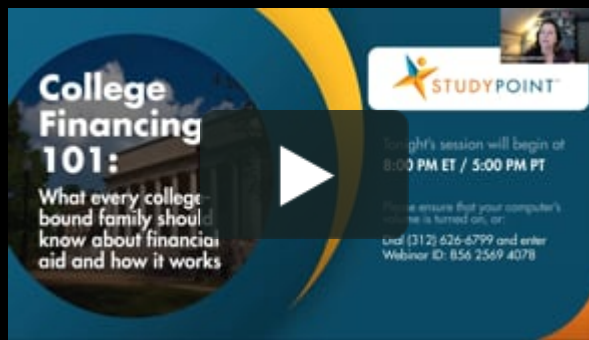


OUR COLLEGE PLANNING EXPERTS CAN HELP FAMILIES:

- ✓ Obtain More Grants & Scholarships
- ✓ Pay For College Without Going Broke
- ✓ Understand the Financial Aid Process
- ✓ Analyze Schools and Financial Aid Awards
- ✓ Complete the FAFSA and CSS Profile Accurately & On Time
- ✓ Feel Totally Secure About The Next Step — & Beyond

[CLICK TO VIEW FULL WEBINAR](#)

StudyPoint Virtual Discussion Panel: College Financing 101



[CLICK HERE FOR JOB & SERVICE OPPORTUNITIES](#)

NEED A WORK PERMIT?

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand your house/academy office assistant - please include your hair and eye color**

We will try our best to process it by the end of the day!



ENGLISH



SPANISH



PORTUGUESE



MILITARY INFORMATION

ASVAB + RECRUITER INFO

Check out the [Military Canvas module](#) for more information and to find the local recruiter for the following branches:

- [U.S. Army & Army Reserves](#) | [Army National Guard](#)
- [U.S. Air Force](#) | [Air National Guard](#)
- [U.S. Coast Guard](#)
- [U.S. Marine Corps](#)
- [U.S. Navy](#)



Upcoming ASVAB tests at FHS- There will be two ASVAB tests scheduled at the high school (one in the fall and one in the spring) for students interested in the military. Please find the dates/times below.

- Wednesday, November 30th at 7:30am -- CLOSED.
- Wednesday, April 5th 2023 at 7:30am -- CLOSED.

OTHER UPCOMING EVENTS

FREE MAY COLLEGE BOOTCAMP: MAY 1ST-4TH @12PM ET

Who is it for? Parents of college-bound students graduating in 2024, 2025, or 2026 who are looking to nail the college admission, financial aid, and scholarship process. Of course students are welcome, so parents feel free to invite your kids!

When is it? May 1st – May 4th @12pm ET - [REGISTER NOW!](#)

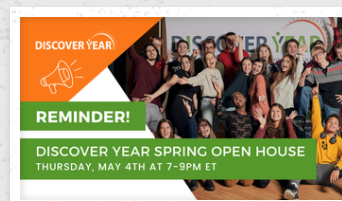


What is it? A **FREE** 4-day crash course covering the most critical steps when applying to and paying for college. Each session includes a 60-minute webinar led by industry experts with live Q&A.

Topics Include:

- How to maximize financial aid & scholarships
- ACT/SAT/Test Optional & the impact on scholarships
- Navigating the Common App & College Essay
- How to build your college list – find the right college at the right price

DISCOVER GAP YEARS - 5/4 @ 7PM (VIRTUAL)



Join the Discover Year team at our Spring Open House on May 4th at 7pm!

REMINDER that we will be hosting our annual Spring Open House on Thursday, May 4th at 7pm ET! Join us in person in Ottawa or Toronto, or online, to learn more about the benefits of a structured and purposeful gap year! [Register now.](#)

NERDY GIRL SUCCESS - CAREER & LEADERSHIP SUMMIT 5/20 @9AM

Our mission is to support and prepare young women to become the leaders of today and tomorrow. [Nerdy Girl Success](#) is hosting a free event, specifically tailored for young women in high school - it is our **Career and Leadership Summit for High School Girls!**

The purpose of this event is to provide young women in high school with an immersive experience where they spend time with fellow peers from surrounding schools, coupled with incredible women who are leaders in their respective careers/industries.

- **Date:** Saturday, May 20th @ 9am - 12:30pm
- **Location:** DELL EMC Building | 176 South St. Hopkinton, MA 01748
- **Learn More:** [Our informational Youtube Video!](#)

This event is free and open to all high school young women!



Nerdy Girl Success - Career & Leadership Summit Info
Flyer.pdf

[Download](#)

3.5 MB



Nerdy Girl Success - Boston Area Summit Flyer (8.5x11).pdf

[Download](#)

1.0 MB

HEALTH SCIENCES CAREER EXPLORATION DAY @ NEIT - 5/12 @ 8:30AM

Health Sciences Career Exploration Day | Friday, May 12th - 8:30am - 12:30pm!

Do you have students interested in pursuing a career in health sciences? Join our industry-expert faculty for a morning program designed for high school students to explore careers in the health sciences! Programs such as Nursing, Respiratory Care, Physical Therapy Assistant, Occupational Therapy, Surgical Tech, and more will be highlighted.

This event is free, but registration is required. Space is limited. Register by 5/4 to eflynn@neit.edu

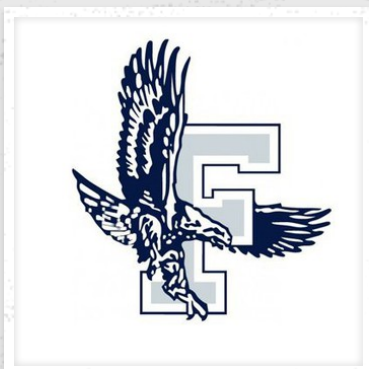


WANT TO GET IN TOUCH WITH ME?

Mrs. Erikson, College & Career Counselor, K018
College & Career Center, Room K005
Monday - Friday | 7:00am-2:15pm



Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)
+1 (508)782-7688 | rerikson@framingham.k12.ma.us
115 A Street Framingham, MA 01701



FRAMINGHAM HIGH SCHOOL

 Facebook  @FHSFlyers

 115 A Street, Framingham, M...  (508) 620-4963

 framingham.k12.ma.us/Dom...