

CLASS OF 2024

3/24/23 | COLLEGE & CAREER CENTER NEWSLETTER

HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round – there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

Typical deadline:

January 1st

Typical decision release:

April 1st

COLLEGE FAIRS

MARCH 29TH 6-8PM SPRING COLLEGE FAIR AT WESTWOOD HIGH SCHOOL

March 29th 6-8PM spring college fair at Westwood High School

To give us a better sense of the number of people who plan to attend, and to receive event reminders, please register in advance [here](#). **WHAT SCHOOLS WILL BE THERE?** You may view a list of attending schools [here](#). Please check back as we update the list weekly. Please email Emily Manz at emanz@tec-coop.org with any additional questions.

NACAC BOSTON & VIRTUAL NATIONAL COLLEGE FAIRS

Upcoming Boston In-Person College Fairs -- Learn More [HERE!](#)

- [Boston National College Fair - Session 1 of 3](#)
Tuesday, May 2, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 2 of 3](#)
Tuesday, May 2, 2023 6:00 PM - 8:30 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 3 of 3](#)
Wednesday, May 3, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))

Upcoming Virtual College Fairs:

- [Virtual College Fair - Mar 19](#) - Sunday, March 19, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)
- [Virtual College Fair - Apr 23](#) - Sunday, April 23, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)



VIRTUAL SUMMER PROGRAMS FAIR - 4/13

@ 6PM

Please invite your students to join us on **April 13th** at 6:00 pm ET for our **Virtual Summer Programs Fair!** Can't make it? Don't sweat it! Sign up now and we'll send you recordings of all the presentations after the event. You can also view the previous 2023 Summer Fair recordings by clicking [HERE](#).



STANDARDIZED TESTING

Be sure to look at Ms. Erikson's 'Standardized Testing' Canvas page for detailed information about, SAT + ACT registration instructions, SAT + ACT study resources, fee waiver information, testing accommodations, & TOEFL registration

UPCOMING FREE PRACTICE SAT / ACT TESTS FOR FHS STUDENTS

Our friends at Revolution Prep are offering Framingham High students a practice SAT and ACT. Practice tests are a great first step for students to identify how they want to tackle preparing for the real thing.

- **SAT Practice Exam:** Saturday, April 1, 2023 | 9:00am | Live Online
- **ACT Practice Exam:** Saturday, April 8, 2023 | 9:00am | Live Online

Step 1: Register here: <https://www.revolutionprep.com/partners/673>

Step 2: Schedule a free 30-minute score report review with a Revolution Prep testing expert to help you interpret the results and develop a customized plan to prepare. Please schedule this appointment for the few days after the exam. You can pre-schedule this Score Report Review here: www.revolutionprep.com/david-zimbalist

Step 3: Attend the mock exam and get your results immediately with Revolution Prep's mobile scoring app!

Questions? If you have additional questions or want to learn more about Revolution Prep, you can reach out to **Revolution Prep** at **(800) 878-1850** or by email at newengland@revolutionprep.com.

PRINCETON REVIEW STRATEGY SESSIONS

Princeton Review will be holding free strategy sessions for FHS students.

After students have taken an SAT practice test, or even the real thing, they may still not really know what it takes to succeed on the test, or even how to begin working on improving their scores. In the SAT Strategy Session presentation, Princeton Review gives students some simple, basic strategies that will make sure they score higher next time. This is an excellent follow-up program to a practice SAT or first SAT exam.

Click the links to [register](#) for the different dates for the SAT Strategy Sessions:

- **Tuesday, April 25, 2023 at 7:00PM**

Register here: <https://secure.princetonreview.com/event?PSOId=511761>

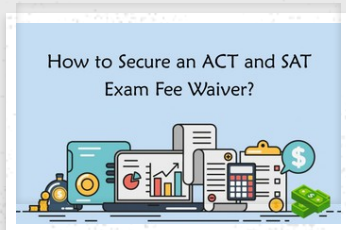
- **Tuesday, May 16, 2023 at 7:00PM**

Register here: <https://secure.princetonreview.com/event?PSOId=511762>

ONLINE SAT/ACT PRACTICE TESTS WITH STUDYPOINT

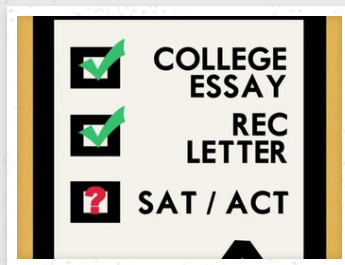
Improve Your SAT or ACT Score From Home Free Virtual Practice Tests Every Week! Students who are looking to get a head start on preparing for the SAT or ACT should also check out our free virtual SAT and ACT practice tests. [Click here](#) to view our practice test dates and register.





SAT FEE WAIVERS

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.



TEST OPTIONAL COLLEGES

Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!



TOEFL EXAMS

The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](http://www.toefl.org), on Canvas, or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

FINANCIAL AID

UNDERSTANDING FINANCIAL AID MINI WORKSHOPS

- **Webinar #1:** Lowering the Expected Family Contribution (EFC) helps you qualify for more grants and scholarships for college. Unfortunately, even though there are hundreds of ways to lower the EFC, most people just don't know how. [CLICK HERE](#) to download the recording.
- **Webinar #2:** The Importance of an Education: Does a College Education Pay Off? [CLICK HERE](#) to download the recording.
- **Webinar #3:** Beating the High Cost of College. [CLICK HERE](#) to download the recording.
- **Webinar #4:** FAFSA: How much aid is available? [CLICK HERE](#) to download the recording.

- **Webinar #5:** Calculating the EFC: 4 factors that determine your EFC. [CLICK HERE](#) to download the recording.

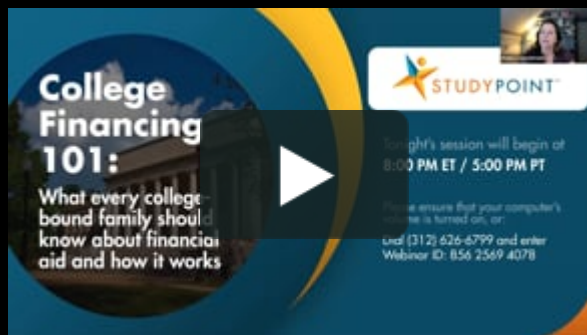


OUR COLLEGE PLANNING EXPERTS CAN HELP FAMILIES:

- ✓ Obtain More Grants & Scholarships
- ✓ Pay For College Without Going Broke
- ✓ Understand the Financial Aid Process
- ✓ Analyze Schools and Financial Aid Awards
- ✓ Complete the FAFSA and CSS Profile Accurately & On Time
- ✓ Feel Totally Secure About The Next Step — & Beyond

CLICK TO VIEW FULL WEBINAR

StudyPoint Virtual Discussion Panel: College Financing 101



CLICK HERE FOR JOB & SERVICE OPPORTUNITIES

NEED A WORK PERMIT?

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out



4) Your parents/guardians need to fill out/sign #4

5) You sign #5

6) When all that is filled out, **please hand your house/academy office assistant - please include your hair and eye color**

We will try our best to process it by the end of the day!



MILITARY INFORMATION

ASVAB + RECRUITER INFO

Check out the [Military Canvas module](#) for more information and to find the local recruiter for the following branches:

- [U.S. Army & Army Reserves | Army National Guard](#)
- [U.S. Air Force | Air National Guard](#)
- [U.S. Coast Guard](#)
- [U.S. Marine Corps](#)
- [U.S. Navy](#)



Upcoming ASVAB tests at FHS- There will be two ASVAB tests scheduled at the high school (one in the fall and one in the spring) for students interested in the military. Please find the dates/times below.

- Wednesday, November 30th at 7:30am -- CLOSED.
- Wednesday, April 5th 2023 at 7:30am -- [REGISTER HERE!](#)

OTHER UPCOMING EVENTS

COLLEGE FINANCIAL AID FOR CLASS OF 2024 - 3/30 @ 8PM

How do you find the right college at the right price? Join college funding expert Matt Carpenter and admissions expert Brian Ford (**Application Reader for Boston University and the UC's**) as they guide you step-by-step through how to build a list of the right colleges at the right price.

Even if you can't join us live 3/30 @ 8PM EST, simply [register](#) to receive the recording & slides.

Parents and students will learn:

1. How to determine which colleges will be most affordable (hint: it's not the sticker price)
2. How many colleges should we apply to?
3. What if my kid has no idea what they want to do?
4. What should be know about specialized programs? STEM, Pre-Med, Pre-Law, 3 + 2, etc.
5. Timelines and critical mistakes to avoid

HOW TO BE A STANDOUT MEDICAL SCHOOL APPLICANT - 3/28 @ 7PM

In an online event on **Mar 28, 2023@ 07:00 PM** in Eastern Time (US and Canada) hosted by ProScribe, join MedSchoolCoach Associate Director and seasoned admissions consultant, Dr. Ed Lipsit, as he discusses how to stand out as a medical school applicant.

[REGISTER HERE!](#) After this webinar, you will be able to answer:

- What MCAT score and GPA are needed to be considered competitive?
- How to fill out the activities section on the AMCAS application & examples of activities
- Tips to making your personal statement stand out from the crowd
- Types of letters of recommendations you need

MTTI VIRTUAL INFO SESSION - 3/29 @ 6PM

MTTI is offering a Free Live Virtual Information Session on Wednesday – March 29, 2023 from 6PM to 7PM. Hear about program offerings, including:

- Admissions Application Process
- Tuition and Financial Aid
- Short-term Training (30 weeks)
- Hands-on Activities
- Employment Assistance and Placement Rates

Reservations Required – please share this email with students to request a ZOOM Invite - students should email: rshaw@mtti.edu with Subject Line: MTTI Info Session

Please include registrant's first name, last name, high school name, phone number, and program of interest – programs can be viewed at www.mtti.edu

FREE VIRTUAL AND IN PERSON SCREENING OF "AUTISM GOES TO COLLEGE" 4/4 @ 7PM

The Chris Walsh Center is offering another great resource for educators on April 4th at 7:00 p.m. We will be screening the film "Autism Goes to College" followed by a Q and A session by the Executive Producer, Jan Blacher. The film provides honest insights for students, parents and educators offering an eye-opening look at what a growing number of neurodiverse students are bringing to campus. A trailer for the film is available [here!](#)

You can register to see the film [in person](#) at Framingham State University [or](#) you can register to watch it [virtually](#) at this link. If you have any questions, you can email the Chris Walsh Center at crishwalshcenter@framingham.edu.

MBCC EMT & PARAMEDIC OPEN HOUSE - 4/5/23

Join us for information about our EMS programs, including observing a simulated emergency (with a debrief), and a hands-on, interactive tour of our EMS and simulation labs: visit CPR stations, meet simulators and standardized patients, interact with equipment that is used in real world settings. You will meet our faculty and will be able to submit your admissions application on-the-spot.

Wednesday, April 5th, 2023:

- 1:30-3:30pm - [register here](#)
- 6:00-8:00pm - [register here](#)

For more information contact Admissions at 781-239-2500.



NERDY GIRL SUCCESS - CAREER & LEADERSHIP SUMMIT 5/20 @9AM

Our mission is to support and prepare young women to become the leaders of today and tomorrow. [Nerdy Girl Success](#) is hosting a free event, specifically tailored for young women in high school - it is our **Career and Leadership Summit for High School Girls!**

The purpose of this event is to provide young women in high school with an immersive experience where they spend time with fellow peers from surrounding schools, coupled with incredible women who are leaders in their respective careers/industries.

- **Date:** Saturday, May 20th @ 9am - 12:30pm
- **Location:** DELL EMC Building | 176 South St. Hopkinton, MA 01748
- **Learn More:** [Our informational Youtube Video!](#)

This event is free and open to all high school young women!



Nerdy Girl Success - Career & Leadership Summit Info
Flyer.pdf

[Download](#)

3.5 MB



Nerdy Girl Success - Boston Area Summit Flyer (8.5x11).pdf

[Download](#)

1.0 MB



WANT TO GET IN TOUCH WITH ME?

Mrs. Erikson, College & Career Counselor, K018
College & Career Center, Room K005
Monday - Friday | 7:00am-2:15pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)
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FRAMINGHAM HIGH SCHOOL

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