

# Class of '25 C&CC Newsletter

An excited "hello!" from Mrs. Erikson, K002

## HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

## Postsecondary Resources

### RESEARCHING COLLEGES + POSTSECONDARY RESOURCES

Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships



Upcoming College Fairs

Attending a college fair will allow you to see just how many different types of colleges and universities are out there! Exploring one place with lots of different schools in attendance will help you build and narrow down your college list.

## METROWEST COLLEGE & CAREER FAIR 3/16/24

**METROWEST COLLEGE & CAREER FAIR- Saturday, March 16th from 9:00 – 12:00 PM at Ashland High School.** The Annual MetroWest College and Career Fair will take place on Saturday, March 16, 2024 from 9:00 – 12:00 pm at Ashland High School located at 65 E. Union Street in Ashland, MA. The college and career fair is free and open to the public. The event will give students and parents from MetroWest area high schools the opportunity to speak with representatives from over 100 colleges, universities and gap-year options, as well as provide students with an opportunity to engage with professionals from over 50 unique careers. In addition, there will be ongoing speakers to discuss topics such as the college application process, financial aid and SAT/ACTs. For more information regarding the MetroWest College and Career Fair and a complete listing of participating colleges please go to: <https://mwccf.org>

### Copy of MWCCF\_Flyer.pdf

[Download](#)

200.9 KB

## Summer Programs for HS Students

Summer opportunities provide a stimulating, supportive & safe environment for students during the summer - academic or otherwise! Check them out her.

### ▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

#### Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

#### Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round –there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

### ▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

#### Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

#### Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

### ▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

Typical deadline:

**January 1st**

Typical decision release:

**April 1st**

## Standardized Testing Info & Resources

Be sure to look at Ms. Erikson's '[Standardized Testing](#)' Canvas page for detailed information on the following:

- SAT + ACT registration instructions
- SAT + ACT study resources
- Fee waiver information
- Testing accommodations
- TOEFL registration

**Do you have free/reduced lunch and/or receive any financial assistance?** If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.

**TEST OPTIONAL SCHOOLS:** Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at [www.fairtest.org](http://www.fairtest.org)!

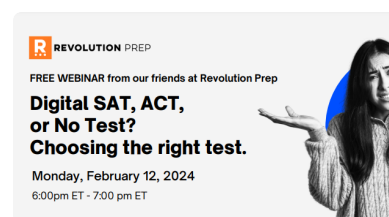
**THE TOEFL EXAM:** The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](#), on [Canvas](#), or in the College & Career Center (K007). To register and see test dates/locations visit [www.toefl.org](http://www.toefl.org).

## Upcoming SAT/ACT Practice Exams & Webinars

### Digital SAT, ACT, or No Test? webinar w/ Revolution Prep - 2/12 @ 6:00pm

[Digital SAT, ACT, or No Test?](#), Monday February 12th, 6:00 pm

- What the testing policy changes really mean – and how the nuance matters in shaping your child's standardized test planning
- The all-new Digital SAT's construction, upsides and downsides, and how to make an educated decision between the SAT and ACT
- How to think about the right investment of time and energy into standardized testing in the 'new world' of test-optional and even test-free colleges and universities



### ACT-SAT webinar RevPrep.pdf

[Download](#)

664.3 KB

## Digital SAT Practice Exams with Revolution Prep

The paper SAT is officially retired, and I know there is some curiosity about the digital SAT that is taking its place. Our friends at Revolution Prep are excited to support us through this transition by offering our students a digital SAT practice exam. The digital SAT experience is designed to accurately reflect the official College Board test in format, user experience, adaptivity, and content. Support your student in being prepared by registering for one (or both) of the practice tests below:



- **Digital SAT Practice Exam: [Saturday, February 3, 2024](#) | 9:00 AM EST – Noon EST | Online**
- **Digital SAT Practice Exam: [Saturday, March 30, 2024](#) | 9:00 AM EST – Noon EST | Online**

**-Step 1: Register here: [www.revolutionprep.com/partners/673](http://www.revolutionprep.com/partners/673)**

**-Step 2:** Schedule a free 30-minute score report review with a Revolution Prep testing expert to help you interpret the results and develop a customized plan to prepare. Please schedule this appointment for the few days after the exam. You can pre-schedule this Score Report Review here: [www.revolutionprep.com/david-zimbalist](http://www.revolutionprep.com/david-zimbalist)

**-Step 3:** Attend the mock exam and get your results immediately with Revolution Prep's mobile scoring app!

**Questions?** If you have questions or want to learn more about Revolution Prep, you can reach out to David Zimbalist at (617) 640-0744 or by email at [david.zimbalist@revolutionprep.com](mailto:david.zimbalist@revolutionprep.com).

### RevPrep Digital SAT Flyer '24.pdf

[Download](#)  
426.9 KB

### May dSAT Class Flyer.pdf

[Download](#)  
263.4 KB

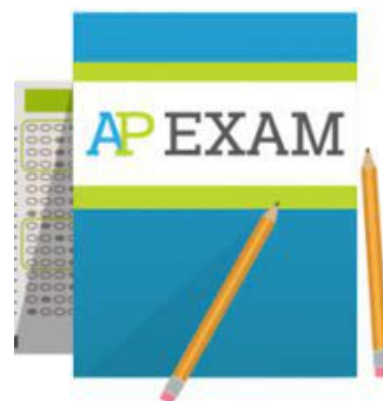
## AP Exams

### AP Prep with Revolution

**Preparing for May AP Exams?** *Revolution Prep can help!*

Revolution Test PRep is thrilled to introduce their latest AP Exam prep resources for educators, students, and families. Customize your support options to best fit your school community's needs and elevate your AP Exam preparation journey.

- **Mini-Readiness Quizzes:** Use our 10-min quizzes as a bell-ringer, exit slip, or homework to assess your students' progress towards achieving their target AP Exam score: [View Quizzes](#)



- **Practice Exams:** Choose from multiple dates and times for six free practice exams in popular subject areas to offer to your students and their families: [View Schedule](#)
- **FREE family webinar:** Families can join live or get a recording of our Unlocking the AP Exam webinar to uncover college preferences, recent exam changes, and effective student preparation strategies: [How to register](#)

For a complete overview of our AP exam preparation resources [click here](#).

### AP Exam Prep\_Family Flyer.pdf

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462.5 KB

## Work Permits

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand it in to your house/academy office assistant - please include your hair and eye color**

- English: <https://www.mass.gov/doc/youth-employment-permit-application/download>
- Español: <https://www.mass.gov/doc/youth-employment-permit-application-spanishspanol/download>
- Português: <https://www.mass.gov/doc/youth-employment-permit-portuguese/download>

ENGLISH



SPANISH



PORTUGUESE



# Other Upcoming Events

## Helping Black Families Navigate the Admissions Process on 2/7 | Webinar

Helping Black Families Navigate the Admissions Process: [Register Now](#)

Wednesday, February 7th at 7pm ET | 6pm CT | 5pm MT | 4pm PT

The entire college admissions process seemed challenging before, but emerging issues, such as the Supreme Court decision about race-conscious admission, and the emergence of artificial intelligence on college essay writing, have students, especially Black students, feeling overwhelmed. Join us for a discussion with Timothy L. Fields and Shereem Herndon-Brown, authors of “The Black Family's Guide to College Admissions, Second Edition”, where we'll discuss several topics helpful to navigating college admissions, including important factors Black students should consider when choosing a college. **Interesting, Sallie Mae, but will other topics be covered?** Timothy and Shereem will definitely be covering other topics that impact college admissions, including:

- Prioritizing student and parent mental health
- College match and fit
- What colleges are looking for in an applicant
- Taking and/or reporting standardized test scores

## AI and Your Students: The Good, the Bad, and the Ugly w/ Revolution Prep: 2/13 @ 6:00 pm

[AI and Your Students: The Good, the Bad, and the Ugly](#), Tuesday February 13th, 6:00 pm

While it's only been a little over a year since ChatGPT was released, its impact on student learning has already been profound. As a parent, it can be hard to keep track of what AI technologies your children have access to – and what their teachers and schools are doing in response.

- Our latest research into how students and teachers are using and policing the use of AI in the learning process
- Best practices for students to preserve the integrity of their learning, while taking advantage of the efficiencies that AI can offer them
- How college and career pathways are being changed by AI now, and the potential changes coming in the future

### AI+Webinar RevPrep.pdf

[Download](#)

515.6 KB

## NESCA Webinar for the College Transition: 2/27 @ 7pm

NESCA is hosting a webinar for families of students (or students themselves) who are planning a transition to college and want to better understand some of the supports that are available when students struggle with executive function, social engagement, self-advocacy, etc. This panel will feature several organizations who support students transitioning to college including Focus Collegiate, New Frontiers Executive Function Coaching, Mansfield Hall & Virtual Hall, and NESCA's

own coaching services. The event is free and will be hosted online on Tuesday, February 27th at 7:00PM EST!

- College is a huge commitment of resources in terms of time as well as emotions and finances. For students who are neurodivergent or have learning disabilities/mental health issues, college is often an even larger endeavor. Moreover, data suggest that success rates are often poor for these students. While some colleges have their own autism or learning disability support programs, many do not. But that shouldn't prevent a student with a disability from being able to access the college that best fits their learning and social interests. What private supports are available for college students, especially those who struggle with executive functioning, social engagement, or self-advocacy? What programs already exist? How can students access these supports?
- REGISTER NOW AT: [HTTPS://NESCA-NEWTON.ZOOM.US/WEBINAR/REGISTER/WN\\_SLOBVWI9RZM3CUPQKPOKXW](https://nesca-newton.zoom.us/webinar/register/wn_slobvwi9rzm3cupqkpokxw)
- FOR MORE INFORMATION: [JHAUSER@NESCA-NEWTON.COM](mailto:jhauser@nesca-newton.com)

### FINAL College Support Panel February 27, 2024.pdf

Download

574.1 KB

## Youth in Philanthropy

Looking for an exciting way to build leadership skills and engage with future leaders? **Youth in Philanthropy (YIP)** might be just the for you! YIP is a free experiential leadership development program for High School students living or learning in the MetroWest region, and is designed to empower and educate local youth to become our community's next generation of philanthropists.

In Sudbury, our program will kick off on Tuesday, January 16 and will be held at The Sudbury Foundation at 326 Concord Road, Sudbury.

In Wellesley, our program will begin on Thursday, January 18 and will be held at our offices at 3 Eliot St, Natick (right over the Natick/Wellesley line).

Our [application can be found here](#). \*We have passed our priority deadline, but we will continue to accept students on a rolling basis until the spaces are filled.



### YIP Spring '24.pdf

Download

502.4 KB

## Want to get in touch with me?

Mrs. Erikson, College & Career Counselor, K002

Monday - Friday | 7:00am-2:15pm

Let's  
Connect!

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)

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## Framingham High School

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Location: 115 A Street, Framingham, MA, USA

Phone: [\(508\)782-7688](tel:(508)782-7688)

Facebook: [facebook.com/framinghamhighschool](https://www.facebook.com/framinghamhighschool)

Twitter: [@FHSFlyers](https://twitter.com/FHSFlyers)



**Rachel Erikson**

Rachel is using Smore to create beautiful newsletters