College Et Career Center Newsletter

CLASS OF 2023 | FEBRUARY 2022

HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- English: On a computer/laptop, click "Translate" in the black box. On a mobile
 phone/tablet click the Accessibility Icon at the bottom of your phone screen and then
 click 'translate'.
- **Spanish**: Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- Portuguese: Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

LET'S CONNECT!

Mrs. Erikson's Hours (Room E118) Monday - Friday | 7:00am-2:00pm

Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.



Rachel Erikson (She/Her/Hers) +1 (508)782-7688 | rerikson@framingham.k12.ma.us 115 A Street Framingham, MA 01701

RESEARCHING COLLEGES + RESOURCES

RESEARCHING COLLEGES + POSTSECONDARY OPTIONS

Ms. Erikson has created <u>Canvas</u> pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- The College Search
- Mass Bay Community College
- Standardized Testing
- Military
- Alternative Pathways --> e.g. gap years; trade/apprenticeship programs; internships



INTERNATIONAL UNIVERSITIES FAIR 2/22/22

Our **International Universities Fair** taking place on **Tuesday, February 22nd** is now open! Students and their parents/guardians can see further details (including participating universities), and check the local time by clicking this <u>link!</u>

2/25 + 2/26 STUDY ABROAD FAIR

We would like to welcome you and your students to the free two-day Study and Go Abroad Virtual Fair on February 25 & 26 (from 11am to 5pm EST). We have a great line-up of universities and colleges from the USA and around the world attending the fair, and would really appreciate your help in getting the word out to your students. It is a valuable event for students, and totally free of charge.



Similar to a regular fair, visitors to the virtual fair are able to visit booths, chat live with university representatives (video or text-based chats), download brochures, watch videos and attend informative webinars. Students will learn about scholarships, admission requirements and a full range of program options; Law, Medicine, Business, Engineering, Sciences, Fine Arts and more.

Check the website for exhibitor information and profiles, and the webinar schedule.

Date: Friday, Saturday - Feb 25th & 26th

Place: Online

Expo hours: 11am to 5pm EST **Admission:** FREE | Register here

Students can use this link to sign up for the fair: https://saga.easyvirtualfair.com/, and the link

for more information is https://www.studyandgoabroad.com/virtual-education-fair/

ANNUAL SUDBURY SERF COLLEGE FAIR: MARCH 13-19

The <u>Annual SERF College Fair</u> - 14 years strong - encourages and supports high school students from all backgrounds to explore education after graduation. High school students and their families, including those in all of our neighboring communities, are invited to join us for FREE seminars and workshops with experienced college counselors, and for live conversations with college admissions and gap year representatives. Sponsorships of this event contribute to SERF's mission of funding K-12 educational grants that bring innovation and enrichment to all of our community's schools. *See the flyer below for more information*.

• Online seminars: March 13-18 2022

• Live + in-person: March 19, 2022



2022 Sudbury SERF College Fair.pdf



STANDARDIZED TESTING INFO & RESOURCES

STANDARDIZED TESTING FAQ

Be sure to look at Ms. Erikson's '<u>Standardized Testing'</u> Canvas page for detailed information on the following:



- SAT + ACT registration instructions
- SAT + ACT study resources
- · Fee waiver information
- Testing accomodations
- TOEFL registration

Important SAT/ACT Test Day Information:

Make sure you bring what you need for test day! This includes a <u>printed copy</u> of your admissions ticket, a photo ID (a school ID is valid), No.2 pencils, and an approved calculator (the list can be found <u>here</u>).

Need help registering? Contact Ms. Erikson (<u>rschmid@framingham.k12.ma.us</u>)

What is the Difference Between the SAT/ACT?

There are a few key differences between the SAT and the ACT. ACT scores range between 1-36, and SAT scores range between 800-1600. The ACT allows a calculator to be used for all math sections; the SAT only permits a calculator on some sections (though, both tests focus on arithmetic, Algebra I&II, Geometry, and Trigonometry). ACT does have a science focus, unlike the SAT. *Both the ACT & SAT are accepted by almost all colleges/universities in the U.S.

Should I take the ACT/SAT Combo Practice Test?

Yes! For all the reasons above, you may have a standardized test preference. The only way to find out which one you have is to take a sample of each test. Contact Ms. Erikson for details on how to find an online combo practice test.

Do I Qualify for a Fee Waiver, & Where Do I Get One?

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. If you need an **SAT or ACT fee waiver** please contact Ms. Erikson (rschmid@framingham.k12.ma.us) and she will get you a code and help you register.

How do I Send Schools my ACT/SAT Scores?

Official <u>SAT/ACT</u> scores must be submitted through their respective websites. **Scores are <u>NOT</u> sent by FHS students' respective colleges.** Four score sends are covered by the registration fee for both the SAT and ACT. Students who qualify for free/reduced lunch get up to eight free score sends.

****While some options are listed below, Framingham High cannot endorse any particular tutors or tutoring companies. We recommend that students/families conduct their own research prior to starting services.

FREE PRACTICE TESTS

FREE SAT & ACT practice tests with Revolution Prep!

SAT Mock: Saturday, April 2nd @ 9: 00 AM ET ACT Mock: Saturday, April 9th @ 9: 00 AM ET



RP practice tests dates and registration 21-22.pdf



STRATEGIES FOR FINDING SUCCESS IN COLLEGE ADMISSIONS -- UPCOMING EVENTS

Title: College Admissions in 2022 and Beyond...What to Expect

Date: February 23rd, 2022

Time: 3 pm PT, 6 pm ET and again at 6 pm PT, 9 pm ET: Registration link

Overview: In the webinar, you'll learn how to navigate the college admission process in its

current state.

WEEKLY FREE SAT/ACT TESTS WITH STUDYPOINT

Improve Your SAT or ACT Score From Home: Free Virtual Practice Tests Every Week.

Register here!

ACT (Extended Length) | Saturday, February 19th @ 11:00 AM EST SAT (Regular Length) | Sunday, February 20th @ 12:00 PM EST

ACT (Regular Length) | Saturday, February 26th @ 12:00 PM EST SAT (Extended Length) | Sunday, February 27th @ 11:00 AM EST

SAT (Regular Length) | Saturday, March 5th @ 12:00 PM EST ACT(Regular Length) | Sunday, March 6th @ 11:00 AM EST

SAT(Regular Length) | Saturday, March 12th @ 10:00 AM EST **ACT** (Regular Length) | Sunday, March 13th @ 12:00 PM EST

SUMMIT EDUCATIONAL GROUP

TAKE A FREE PRACTICE TEST: Much like a scrimmage or dress rehearsal, taking practice tests under realistic conditions removes the mystery of the test, reduces test anxiety, and increases confidence. Practice tests are a crucial component of any successful test prep program. They provide a starting baseline for test planning and help tutors and students track progress toward their score goals.

Online or in-person (Newton, MA) practice tests. Find dates here!

FREE WORKSHOPS WITH SAT SIMPLIFIED

- Tackling the Toughest SAT Math Problems December 8th at 6pm
 In this workshop we'll go through the most difficult math problems on SAT Practice Test
 #9. We'll also show students how they can use the same strategies on the problems that they'll encounter on test day -> Click Here for Details & Registration
- Getting the Most out of you PSAT Score Report December 15th at 6pm
 Students can use the information from their SAT (or PSAT) score reports to create a more effective "SAT game plan." We'll teach students how to do this by focusing on 5 of the most common "opportunities for improvement" that we've seen with our students -> Click Here for Details & Registration

Click Here for our Upcoming Classes!

SAT / ACT PRACTICE WITH SUMMIT EDU GROUP

Whether you have 10th grade students looking for baseline testing, a 7th grader looking to try an SSAT for the first time or an 11th grader wanting to check in on their progress, we have several different options._Families can register for our practice tests by visiting our website here: https://mytutor.com/free-practice-tests

- In Person Proctored Practice Tests: We continue to run in person test at our three office locations in New Canaan, CT, Newton, MA and White Plains, NY. Strict health and safety measures continue to be in place and families can review our safety guidelines in more detail on our site.
- Online Proctored Practice Tests via Zoom: Offered on weekends and select weekdays.
 Students will receive paper copies of the test in advance and will be provided with a Zoom link

In addition to our scheduled proctored tests, we also have convenient on-demand options:

- Test Proctor Videos: If a student is unable to attend a scheduled practice test in person or over Zoom, they can cue up one of our high quality proctoring videos to ensure that the test is being taken under timed conditions.
- Digital Testing: Our digital testing platform has been designed to reflect the current interfaces of official digital tests for the SAT, ACT, SSAT and ISEE. This platform is a great resource for students that are planning on taking their official tests in a digital format so they can be exposed to the look and feel of the test.

EDUCATION STATION TEST PREP

SAT/ACT Six-Week Test Prep Program

Students will receive:

- 24 Hours of Guided Instruction- to review essential concepts, testing-specific strategies and problem-solving skills
- One Complete Student Manual- includes a curriculum outline, practice problems, homework assignments and more
- Six Practice Tests- will be graded and sent back with a breakdown analysis of your results to track progress and focus study efforts

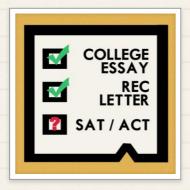
To see upcoming dates/sessions click here!

Other services offered by Education Station:

- 15- Minute College Essay Review Session

 Do you have a draft of your college essay?
 Do you want it reviewed by an admissions expert?
- Academic Profile Review Session—Meet with our founder, Christine Chapman, who has 26 years of experience working with college-bound students. Christine will review your profile and answer any questions you may have while she helps you develop a personalized map through the college application process.
- <u>SAT/ACT Baseline Testing</u>— We offer baseline testing for both the SAT and ACT exam. Students will receive a practice exam and self- administration instructions so they may take the exam at home under real testing conditions. Our tutoring team will review each student's results and offer a recommendation for an exam. Students will receive a score

report and a breakdown analysis of their results that highlights areas of opportunity and weakness.







TEST OPTIONAL SCHOOLS

Test optional means that a school does not require SAT or ACT scores as a part of your application.

Over 1,000 colleges and universities are test optional. Find a complete list at

www.fairtest.org!

THE TOEFL EXAM

The Test of English as a
Foreign Language (TOEFL) is a
standardized test that
measures English language
ability for non-native speakers
who plan to enroll in an Englishspeaking college/university—
the test evaluates listening,
reading, writing, and speaking
skills in relationship to
academic tasks.

Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the TOEFL website or in the College & Career Center (E118). To register and see test dates/locations visit www.toefl.org.

FREE TEST PREP RESOURCES

In addition to Ms. Erikson's <u>CANVAS</u> pages, here are some other wonderful, free SAT/ACT test prep resources!

SAT Prep

- · Khan Academy
- · College Board
- · Kaplan
- · Union Test Prep
- · Test Prep Review
- · Varsity Tutors
- · PowerScore

ACT Prep

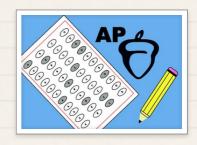
- · ACT website
- · ACT Academy
- · Kaplan
- · Magoosh
- · Union Test Prep
- · McGraw Hill

AP EXAMS

ALL UPDATED AP EXAM INFORMATION FOR 2021-2022 CAN BE FOUND ON THE FHS WEBSIE UNDER 'COLLEGE & CAREER CENTER:' https://www.framingham.k12.ma.us/Page/9405

This includes:

- AP Exam info
- Registration / payment directions
- Ctudy motorials and uncoming aventa



AP EXAM PREP WITH REVOLUTION PREP

AP practice tests for many of the AP subjects: Practice is essential for students to understand exactly what they will face on test day and if they need additional support now as they work towards the tests in May. Our Practice AP Tests are live and proctored by one of our professional tutors. We have several times and dates during upcoming Saturdays. Students can easily register for one or more of the practice tests here. View More AP® Practice Tests here.

SUBJECT AP Physics 1: Algebra-Based Saturday, Feb 26 @9am EST PRICE \$0 MORE DETAILS

SUBJECT: AP Biology

DATE: Saturday, Feb 26 @ 9am EST

PRICE: \$0

MORE DETAILS

SUBJECT: AP Calculus AB

DATE: Saturday, Feb 26 @ 12pm EST

PRICE: \$0

MORE DETAILS

STEM OPPORTUNITIES

AUTONOMOUS MINI -RACECAR (ROBOTICS) COURSE WITH MIT CURRICULUM

Learn with Leaders is inviting applications for **The Autonomous**Mini - RACECAR (Robotics) Program - designed as an introductory course in robotics for students with some programming experience. In this course, students will be working with a virtual RACECAR in a custom-built simulation (designed by MIT Beaver Works Summer Institute).



The program is spread over **6 Saturdays (Labs)**. Each Lab consists of a lecture, an exploration component, and a series of hands-on challenges. These labs grow in complexity, beginning with basic tasks such as driving in shapes and **building to**

this course, students will apply everything they have learned to complete the final grand challenge which combines elements from each lab.

Program start date: 19th February 2022

Program Duration: 6 Weeks (Every Saturday)

Application Deadline: 5th February 2022 | Program Fee: USD 400

Eligibility:

Grades 9th-12th

Must be familiar with the basics of Python

Students **do not** need to have any prior experience with robotics

To know more, click here: https://learnwithleaders.com/miniracecar | To apply click here

A.I. SCHOLARS LIVE ONLINE CODING PROGRAM

Al Scholars Live Online is a 10 session (25-hour) program that exposes high school students to fundamental Al concepts and guides them to build a socially impactful project. Taught by our team of graduate students from Stanford, MIT, and more, students receive a personalized learning experience in small groups with a student-teacher ratio of 5:1. Learn more or apply now <u>here</u>.

SCHOLARSHIPS

HOW DO I APPLY?

The type of application a scholarship uses is listed at the bottom of the name/description. Please be aware of the directions below for how to submit scholarships:

Scholarships with PRIVATE APPLICATIONS:

Scholarships with private applications should be submitted to the address and/or email indicated on its unique application, which can be found in the newsletter below and/or on Naviance.

Scholarships using the FHS APPLICATION:

Scholarships using the FHS application should be emailed to Mrs. Erikson, College & Career Counselor, at rschmid@framingham.k12.ma.us. Copies of the FHS application can be found on Naviance; the essay topic can be found in the black box at the top of the application.

If a scholarship uses an FHS application, it should be submitted to Ms. Erikson on ONE EMAIL that includes the application and the essay as a PDF ATTACHMENT, with the <u>scholarship</u> name as the <u>subject line</u>.

Please see some reputable public scholarship websites here:

- https://accessscholarships.com/
- www.fastweb.com

- www.scholarships.com
- https://bigfuture.collegeboard.org/scholraship-search
- www.collegecovered.com
- https://www.mometrix.com/blog/scholarships-for-college/
- www.collegegreenlight.org
- www.collegeboard.org
- https://universityhq.org/paying-for-college/scholarships/#k12

Scholarships for undocumented students:

- The Dream U.S. National Scholarship Guide
- The MALDEF scholarship list/guide

Scholarships for students applying to Mass Bay Community College:

- Mass Bay scholarships for incoming students
- Mass Bay scholarships for merit & athletics

OTHER POSTSECONDARY RESOURCES AT FHS



METROWEST COLLEGE PLANNING COLLABORATIVE

The MetroWest College Planning Collaborative (CPC) is a regional joint college access initiative that was founded by Framingham State University and Mass Bay Community College through the Department of Higher Education's Vision Project. The CPC's mission is to provide the necessary outreach, training, mentoring, and advising to guide youth and non-traditional adult learners in the Metro West region on their desired pathway to higher education.

If you would like to book an appointment, please email MetrowestCPC@gmail.com or call 508-215-5600.

DIFFERENT CHOICES: COLLEGE SUPPORT FOR STUDENTS WITH LEARNING DISABILITIES

This is an upcoming program, Different Choices, geared to support students with learning disabilities transition from high school to college or other post high school continuing educational opportunities. Registration is free, but spaces are limited: Register Here!

JOB, SUMMER AND INTERNSHIP OPPORTUNITIES

AVAILABLE PAID JOBS

Explore up-to-date paid job postings, directions on requesting a job permit, and other resources surrounding the workforce.

AVAILABLE INTERNSHIP OPPORTUNITIES

Explore up-to-date internship postings, directions on how to apply, and other resources surrounding internships.

AVAILABLE LEADERSHIP OPPORTUNITIES

Explore up-to-date leadership opportunities and directions on how to apply.

SUMMER OPPORTUNITIES FOR 2022

Check-out available summer opportunities for summer 2022, here!

WORK PERMIT APPLICATIONS (E118)

If you need a work permit, come by E118 to pick one up or ask any questions. If you have a completed and signed work permit application form please email it to employmentpermits@framingham.k12.ma.us or drop it off at

E118.



- Employment Permit Application for 14 through 17 Year-Olds (English)
- Solicitud para un Permiso de Empleo para personas de 14 17 años (Spanish)
- Solicitação de Autorização de Emprego para pessoas com idades entre 14 17 anos (Portuguese)



GAP YEAR PROGRAMS & EVENTS

GAP YEAR SOLUTIONS

Gap Year Solutions helps students increase college success by helping them have a transformational experience based on life skills and real world learning. We "meet students where they are," and listen carefully to their interests and goals. We are your Gap Year coach and mentor throughout this process, and customize a combination of internships, work, service and travel into a structured Gap Year plan. We encourage students to embrace this unique opportunity to push the pause button, dream big, be authentic and believe in themselves! Visit their website to start Gap Year Planning or Gap Year Mentoring. You can find the full schedule on the Events page of our website.



RUSTIC PATHWAYS

Since 1983 <u>Rustic Pathways</u> has been operating intentionally designed, transformative student-travel programs with impact at the core of the experience.

Want to see the world now? Explore our new <u>Flightless Travel</u> <u>Resources</u> with everything from virtual tours and language learning to movie and music playlists to help you explore a country even when you can't travel right now! Explore their travel programs here.

LOCAL TRADE & TECHNICAL PROGRAMS

MTTI IS OFFERING A FREE LIVE VIRTUAL INFORMATION SESSION

WHEN

WEDNESDAY, FEB. 23RD, 6PM

WHERE

THIS IS AN ONLINE EVENT.

MORE INFORMATION

MTTI is offering a <u>Free Live Virtual Information Session</u>. Hear about program offerings, including:

- Admissions Application Process
- Tuition and Financial Aid
- Short-term Training (30 weeks)
- Hands-on Activities
- Employment Assistance and Placement Rates

**Reservations Required – to request a ZOOM invite students

should:

Email: rshaw@mtti.edu

Subject Line: MTTI Info Session Body of email: FirstName LastName

High School Name

Program of Interest – programs can be viewed at <u>www.mtti.ed</u>u

Best phone to be contacted



YEAR UP!

Year Up's mission is to close the Opportunity Divide by ensuring that young adults gain

the skills, experiences, and support that will empower them to reach their potential

through careers and higher education. Year Up's job training program is tuition free, and offers access to today's best companies and a proven path to career success. <u>Learn more here!</u>

As we kick off the Fall recruitment, I want to reach out and schedule some outreach opportunities with your upcoming graduates this February/March. Use the <u>calendar</u> to schedule a virtual visit.

UNIVERSAL TECHNICAL INSTITUTE

Universal Technical Institute (UTI) has relationships with leading manufacturers, aftermarket parts companies and performance shops to help build curriculum. The companies that work with UTI do so for a reason: They trust UTI to train the technicians that they employ. CHECK OUT OUR PROGRAMS!



Upcoming events:

- Reach for the Life You've Imagined
- STEM Demo or Industry Day

Interested in UTI? Contact: Scott Boydston

Admissions Representative C: 774-571-1781 | sboydston@uti.edu

BENJAMIN FRANKLIN INSTITUTE OF TECHNOLOGY

Our program is Boston's most affordable private accredited Electrical Engineering bachelor's degree. High achieving students can apply directly to the bachelor's program. But we also provide a pathway for students who might not otherwise consider pursuing an engineering degree. Students build their skills with a Certificate in Electronics Technology, then an Associate degree in



Mechatronics Engineering Technology before transferring into the junior year of the Electrical Engineering bachelor's program.

Interested in BFIT? Contact Calvin Conyers

Assistant Dean of Admissions and Recruitment | P: 617-588-1299 | Email: CConyers@bfit.edu

JOB CORPS

Job Corps is still actively recruiting the young people in our communities that will benefit the most from our program.

Although, times have changed and face to face meetings are still not possible at this time, Job Corps would like to extend an invite



to hold a meeting and/or info session with any staff or young person that may be interested in attending Job Corps.

Job Corps also host two weekly info sessions via Zoom on Tuesdays @ 2pm & Thursdays @ 6:30pm—open to all!

Interested in Job Corps? Contact: Katie Skuse (Admission Counselor)

Skuse.Kathryn@jobcorps.org

All you have to do is simply click the link and book your appointment, https://katieskuse.youcanbook.me/



MILITARY INFORMATION

ASVAB + RECRUITER INFO

There will be two ASVAB exams offered at Framingham High School for the 2021-2022 school year: one in the fall, and one in the spring. Make sure to register <u>ahead of time here</u>.

• Wednesday, April 13th 2021 at 7:30am in E118

Check out the Military Canvas module for more information!

AIR FORCE ROTC & AIR FORCE ACADEMY QA SESSIONS

Lt Kiana Brantley and LT Clark are hosting 11 question and answer sessions Jan-May 2022. These are targeted towards parents, guardians and guidance counselors.

Join via this **Zoom link!**

- Mar 2, 2022 18:00
- Mar 16, 2022 18:00
- Mar 30, 2022 18:00
- Apr 13, 2022 18:00
- Apr 27, 2022 18:00
- May 11, 2022 18:00
- May 18, 2022 18:00



Please download and import the following iCalendar (.ics) files to your calendar system. https://afrotc.zoomgov.com/meeting/vJlscOirrD4uG4YPRZOVPPOYj3xWschW_4c/ics? icsToken=98tyKuiurzwrGdaQtBjBel86FaPkbOnF1mRp_pptriXKNRBjTTr8Zfp1lbF3J-eE

- 09 Mar 2022 6PM-7PM EST- "Prepping for Desired Air/Space Force Job": https://www.signupgenius.com/go/10c0f45aea82ca0fec43-prepping
- 06 Apr 2022 6PM-7PM EST- "Freshman Year in Review" (What do you wish you knew going into your freshman year?):

https://www.signupgenius.com/go/10c0f45aea82ca0fec43-freshman





FRAMINGHAM HIGH SCHOOL





Facebook @FHSFlyers



115 A Street, Framingham, MA... (508) 620-4963



🚮 framingham.k12.ma.us/Domai...

