

CLASS OF 2024

10/25/22 | COLLEGE & CAREER CENTER NEWSLETTER

HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

JUMPSTART TO JUNIOR PLANNING NIGHT TUES, 10/25 @ 6:30PM

Get organized for this year and next year! Juniors and families: join us for our in-person Jumpstart for Juniors Planning Night on October 25, 2022 from 6:30-8pm.

Juniors, learn about the steps you should be taking in the next couple of years to meet your post-secondary goals. Ms. Erikson, our College and Career counselor, and Ms. Ramirez, our School Counseling Department Head will be leading the presentation. We will also be joined by college admissions representatives from the following 2 and 4 year colleges / universities:

- University of Massachusetts - Amherst
- Massachusetts College of Pharmacy and Health Sciences
- Framingham State University
- Mass Bay Community College

*This presentation will have live Portuguese and Spanish interpretation available.

*This event is open to both grade 11 students AND their families.

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES



Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships

▶ Early Decision

Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.

Early Decision I

This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.

Early Decision II

For students who aren't admitted in the first ED wave, some schools offer another round –there isn't usually as much advantage in admit rates here, but still better than regular admission.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Early Action

Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.

Regular Early Action

Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.

Single-Choice Early Action

Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.

Typical deadline: **November 1st**

Typical decision release: **December 15th**

▶ Regular Decision

Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.

Typical deadline:

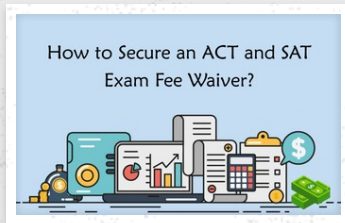
January 1st

Typical decision release:

April 1st

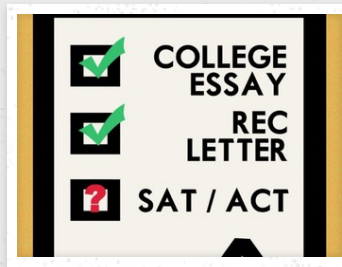
STANDARDIZED TESTING

Be sure to look at Ms. Erikson's 'Standardized Testing' Canvas page for detailed information about, SAT + ACT registration instructions, SAT + ACT study resources, fee waiver information, testing accommodations, & TOEFL registration



SAT FEE WAIVERS

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.



TEST OPTIONAL COLLEGES

Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!



TOEFL EXAMS

The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the TOEFL website, on Canvas, or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

UPCOMING COLLEGE FAIRS

NACAC VIRTUAL COLLEGE FAIRS

NACAC will be hosting 3 fall virtual college fairs, where hundreds of schools will be featured. **November Virtual College Fair** - November 6, 2022 | 1-6PM ET [Register here!](#)

FINANCIAL AID

MEFA WEBINARS

- [FAFSA Festival](#) | Tuesday, October 25, 2022 | 4:00pm - 8:00pm



Join us to receive help with your FAFSA. Experts will be available to meet with you one on one in a private break-out room to answer your questions and walk through any components of the application on which you need assistance.

- [Athletics in College Admissions](#) | Tuesday, December 06, 2022 | 6:30pm - 7:30pm
This webinar, presented by Dr. Mike Janicki, Ed.D, School Counselor at Old Rochester Regional High School, will discuss athletics in college admissions. Topics will include sports divisions, eligibility, the college search process, and issue to consider. Live transcription will be available.

UNDERSTANDING FINANCIAL AID MINI WORKSHOPS

- **Webinar #1:** Lowering the Expected Family Contribution (EFC) helps you qualify for more grants and scholarships for college. Unfortunately, even though there are hundreds of ways to lower the EFC, most people just don't know how. [CLICK HERE](#) to download the recording.
- **Webinar #2:** The Importance of an Education: Does a College Education Pay Off? [CLICK HERE](#) to download the recording.
- **Webinar #3:** Beating the High Cost of College. [CLICK HERE](#) to download the recording.
- **Webinar #4:** FAFSA: How much aid is available? [CLICK HERE](#) to download the recording.
- **Webinar #5:** Calculating the EFC: 4 factors that determine your EFC. [CLICK HERE](#) to download the recording.

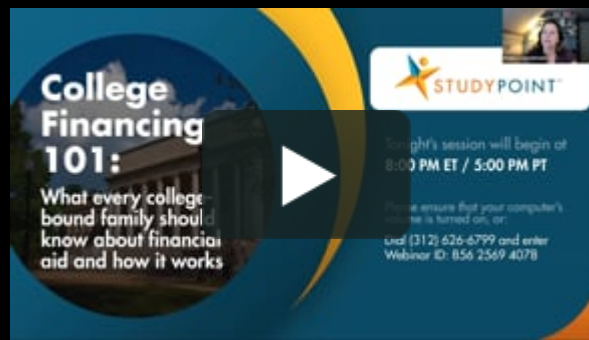


OUR COLLEGE PLANNING EXPERTS CAN HELP FAMILIES:

- ✓ Obtain More Grants & Scholarships
- ✓ Pay For College Without Going Broke
- ✓ Understand the Financial Aid Process
- ✓ Analyze Schools and Financial Aid Awards
- ✓ Complete the FAFSA and CSS Profile Accurately & On Time
- ✓ Feel Totally Secure About The Next Step — & Beyond

[CLICK TO VIEW FULL WEBINAR](#)

StudyPoint Virtual Discussion Panel: College Financing 101



OTHER UPCOMING EVENTS

GAP YEAR INFO-SERIES WITH DISCOVER YEAR (10/20/22)



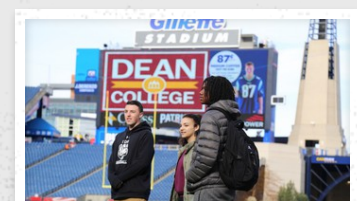
The Discover Year team would love to meet you at our next information session: [Register Now!](#)

October 20, 2022, 7:00-9:00PM, Online (Zoom - details to be sent upon registration)

Here is what you can expect at this event:

- Meet and Greet: Meet Discover Year students, alumni, parents and staff
- Discover Year 101: The what, how, where and when of a purposeful gap year
- Student/ parent Q&A: Hear what our students, alumni and parents have to say about their experiences at Discover Year

BEHIND THE STANDS - CAREERS IN THE SPORTS & ENTERTAINMENT INDUSTRY @ GILLETTE STADIUM 10/28 WITH DEAN COLLEGE



BEHIND THE STANDS: Careers in the Sports and Entertainment Industry

Join us to learn about careers in the sports and entertainment industry, Dean's Center for Business, Sport and Entertainment Management, and our partnership with the Kraft Sports + Entertainment. [Click here](#) for more information.

Students will hear from representatives from the Kraft Sports + Entertainment, as well as Dean College faculty, staff, and students. The event will highlight careers and the hands on learning experiences for students interested in the following areas: Arts and Entertainment Management, Athletic Coaching and Recreation Management, Communications, Exercise Science, Marketing, Sport Management and Sports Broadcasting.

The event will take place on FRIDAY, OCTOBER 28TH, 2022.

[Register online](#) by 10/26! Registration Closes Wednesday, Oct. 26th at 12PM.

SCHOLARSHIPS W/ SALLIEMAE | 11/2 @7PM



**Scholarships—finding free money for college | Wednesday,
November 2 at 7pm ET**

During this session students and families will learn key tips on applying for scholarships, how to create a winning scholarship essay, and more. **Space is limited, so please [register early!](#)**

Unable to Attend? If you're unable to attend either of these dates, go ahead and [register](#)—we'll send you a link to the recording so that you don't miss this valuable information.

ARMY ROTC NURSING SYMPOSIUM | 11/8+11/9

The Army ROTC is hosting an Army Nurse Symposium for HS Seniors that are interested in a career in nursing. We will have several Army nurses, Army Nurse Cadets, and Army healthcare representatives in attendance, along with nurse faculty from Boston area schools of nursing (Northeastern University, Boston College, Simmons University, UMASS Boston, Curry College, and more).

- On November 8th from 9:00 AM until 4:00 PM. November 9th from 9:00 until 2:00 PM. And then from 3:00 PM until 6:00 PM, we will have a presentation for HS seniors interested in the HS National scholarship. For this part, any interested college-bound seniors can attend. For the Nurse symposium, both days will be the same, so students would attend just one day, if interested.
- At Egan Research Center, Room 440, at Northeastern University. The address is 120 Forsyth St, Boston, MA 02115.
- This event is open to High School Juniors and Seniors interested in becoming a Nurse after college and interested in earning a 4 year Army ROTC Scholarship, which pays for tuition and fees (plus more) at almost any college or University with a Nursing School.



Boston - Army Nursing and Healthcare Symposium '22.pdf

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FREE, UPCOMING REVOLUTION PREP WEBINARS



- The College Admissions Landscape : Now vs. Then** with Shawn Abbott, Wendy Chang, Patrick Gallagher, Sandra Sohne–Johnston, Tamar Adegbile, and Ben Neely on **Wednesday, November 9 at 5 pm PT, 8 pm ET**
 A whole lot has been changing in the college admissions landscape. Join our expert panel, composed of Tulane’s Dean of Admission and high school counseling professionals who have seen it all and found the right ways to help families adapt.
- Understanding Athletic Recruiting** with Holly Burks Becker and Jeffrey Durso-Finley, Ed.D on **Wednesday, November 30 at 5 pm PT, 8 pm ET**
 In this webinar, college counselors and former Division I athletes give you visibility and transparency into the college admissions and athletic recruiting process in the NESCAC and the Ivy League.

Find more below!



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COLLEGE ADMISSIONS LANDSCAPE (11/9 @ 8PM)

The College Admissions Landscape: Now vs. Then | [Register Here](#)

Wednesday, November 9th at 5 pm PT / 8 pm ET

Whether it’s the short-term changes brought on by COVID, or the decades-long trend of increased interest in the most selective colleges and universities, a lot has been changing in the college admissions landscape. Join our expert panel, composed of Tulane’s Dean of Admission and high school counseling professionals who have seen it all and found the right ways to help families adapt.



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THE PETERSON SCHOOL OPEN HOUSE/CAREER FAIR (11/20/22)



The Peterson School Open House / Career Fair: Thursday,
November 10, 2022

For over 70 years, Peterson has been a leader in Trade Education.

Meet our instructors, tour our labs, and **bring your resume!** Many local companies will be present for you to explore employment opportunities. Raffles, refreshments and giveaways included!

- Westwood (350 University Ave) 2:00-5:00PM
- Woburn (25 Montvale Ave) 1:00-4:00PM
- Worcester (705 Plantation Street) 2:00-5:00PM

We teach the trades: *plumbing; electrical; firemen/engineers; HVACR; hoisting; construction supervisor; facilities technician; gas heat; oil heat; fire alarm; waste water; OSHA; locksmith; HVAC controls & energy management; gas fitters; continuing ed*



Peterson School OH&CF 11.20.22.pdf

[Download](#)

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CLICK HERE FOR JOB & SERVICE OPPORTUNITIES

NEED A WORK PERMIT?

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5



6) When all that is filled out, please hand your house/academy office assistant - please include your hair and eye color

We will try our best to process it by the end of the day!



MASS HIRE @ FHS

Interested in meeting with our Mass Hire representative?

Chrissann Thompson meets with FHS students every Wednesday from 8am-3pm. Make an appointment below!



Chrissann Thompson | Mass Hire

Youth Career Exploration Coordinator

Wednesday, 8am-3pm, [Schedule an appointment](#)

E: cthompson@framingham.k12.ma.us

MILITARY INFORMATION

ASVAB + RECRUITER INFO

Check out the [Military Canvas module](#) for more information and to find the local recruiter for the following branches:

- [U.S. Army & Army Reserves](#) | [Army National Guard](#)
- [U.S. Air Force](#) | [Air National Guard](#)
- [U.S. Coast Guard](#)
- [U.S. Marine Corps](#)
- [U.S. Navy](#)



Upcoming ASVAB tests at FHS- There will be two ASVAB tests scheduled at the high school (one in the fall and one in the spring) for students interested in the military. Please find the dates/times below.

- Wednesday, November 30th 2022 at 7:30am



WANT TO GET IN TOUCH WITH ME?

Mrs. Erikson, College & Career Counselor, K018
College & Career Center, Room K005
Monday - Friday | 7:00am-2:15pm



Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)
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FRAMINGHAM HIGH SCHOOL

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