

CLASS OF 2024

1/13/23 | COLLEGE & CAREER CENTER NEWSLETTER

HOW TO TRANSLATE / TRADUCIR / TRADUZIR

- **English:** On a computer/laptop, click "Translate" in the black box. On a mobile phone/tablet click the Accessibility Icon at the bottom of your phone screen and then click 'translate'.
- **Español:** Desde una computadora o portátil (laptop), haga clic en "Translate" en el cuadro negro. Desde un teléfono celular o tableta, haga clic en el icono "Accessibility" en la parte inferior de la pantalla y luego haga clic en "Translate".
- **Português:** Em um computador/laptop, clique "Translate" na caixa preta. Em um celular/tablet, clique no ícone de 'Accessibility' na parte de baixo da tela e então clique 'Translate'.

COLLEGE PREP WEBINARS WITH PRINCETON REVIEW 1/17-1/19

Getting back into gear after winter break is tough for many students at Framingham High School. The Princeton Review wants to help get your students back into the swing of things with our Study Skills Week. From January 17th to 19th, our expert instructors will help students learn about writing essays, studying for tests, and getting the grades that help in college admissions.

- **Tuesday, January 17, 2023 @ 8PM ET**
[High School Academics and College Admissions](#)
- **Wednesday, January 18, 2023 @ 8PM ET**
[Crafting Your Academic Essays](#)
- **Wednesday, January 18, 2023 @ 10PM ET**
[Study Skills 101](#)
- **Thursday, January 19, 2023 @ 8PM ET**
[AP Strategy Session](#)

1/25 CYBERSECURITY INFO SESSION

Cybersecurity Programs Information Session with Mass Bay:

January 25, 2023 at 10:00AM | E period in the Auditorium, [Students Sign up here](#)

Come to hear about the exciting work in cybersecurity. Cybersecurity analysts keep data secure in every field – health care, education, retail, financial, social media, everywhere. There are thousands of open cybersecurity jobs so this is a career with job security and great salaries. Talk to current MassBay students about their classes and why they chose a career in cybersecurity. See the attached flyer for more details!



1.25.23 CyberSecurity Presentation Flyer.pdf

[Download](#)
254.3 KB

EARN FREE COLLEGE CREDITS WHILE IN HIGH SCHOOL?

Motivated high school students can get a head start and save money by earning college credit for FREE, while attending high school.

Classes are open to Sophomores, Juniors, and Seniors (Freshmen can participate with the approval from the Principal)

Course offered

- Quantitative Reasoning
- Introduction to Statistics
- Introduction to Biological Science with Lab
- Biological Perspectives on Environmental Issues
- Literature and Social Justice
- Introduction to Sociology



Spring 2023 Dual Enrollment Courses

**Click here to
read the course
information and
to register**

Metrowestcpc.org

metrowestcpc@gmail.com

508-215-5600

MetroWest

C P C College
Planning
Collaborative
Your Pathway to a Higher Education

The application form is open until Jan 20th, 2023:

<https://forms.gle/QCC2vbUY3DtU3Mhf9>

YOUTH IN PHILANTHROPY (YIP) - NOW REGISTERING!

Youth in Philanthropy (YIP) is an experiential leadership development program designed to empower and educate local youth to become our community's next generation of philanthropists—those who give their time, talent and treasure for the common good. We are currently enrolling students in the Nashoba Brooks, Fenn, Sudbury and Wellesley YIP programs. If you would like to learn more about these or any of our other YIP programs,

FOUNDATION
FOR METROWEST

YOUTH IN
PHILANTHROPY

please contact us at yjp@foundationformetrowest.org.

SIGN UP HERE! <https://foundationformetrowest.wufoo.com/forms/kqbknrk0e4djcl/>

RESEARCHING COLLEGES + POSTSECONDARY RESOURCES



Ms. Erikson has created Canvas pages to help you explore information and resources related to the college search + application process and answer commonly asked questions. Check them out below:

- [The College Search](#)
- [The College Application Process](#)
- [Mass Bay / community college](#)
- [Standardized Testing](#)
- [Military](#)
- [Alternative Pathways](#) --> e.g. gap years; trade/apprenticeship programs; internships

<p>▶ Early Decision</p> <p>Students can pick a single school to apply to, under a binding agreement – if they are admitted, they must attend.</p> <p>Early Decision I This is the main attempt for students to apply ED to a given school – and usually has the most advantage for students in terms of admit rates.</p> <p>Early Decision II For students who aren't admitted in the first ED wave, some schools offer another round –there isn't usually as much advantage in admit rates here, but still better than regular admission.</p> <p>Typical deadline: November 1st Typical decision release: December 15th</p>	<p>▶ Early Action</p> <p>Students apply earlier in the timeline. They aren't bound to enroll if they're admitted.</p> <p>Regular Early Action Students apply earlier in the cycle, to as many schools as they'd like. There's a slight advantage to admit rate, and students also get the benefit of learning the decisions earlier in the process.</p> <p>Single-Choice Early Action Students apply earlier in the cycle, but for these schools, they are only allowed to apply to a single school. There's a slight advantage to admit rate.</p> <p>Typical deadline: November 1st Typical decision release: December 15th</p>	<p>▶ Regular Decision</p> <p>Students apply to as many schools as they'd like, and are not bound to enroll if they are offered admission.</p> <p>Typical deadline: January 1st</p> <p>Typical decision release: April 1st</p>
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COLLEGE FAIRS

NACAC BOSTON & VIRTUAL NATIONAL COLLEGE FAIRS

Upcoming Boston In-Person College Fairs -- Learn More [HERE!](#)

- [Boston National College Fair - Session 1 of 3](#)
Tuesday, May 2, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))



- [Boston National College Fair - Session 2 of 3](#)
Tuesday, May 2, 2023 6:00 PM - 8:30 PM (EDT) ([More Info](#))
- [Boston National College Fair - Session 3 of 3](#)
Wednesday, May 3, 2023 9:00 AM - 12:00 PM (EDT) ([More Info](#))

Upcoming Virtual College Fairs:

- [Virtual College Fair - Feb 19](#)- Sunday, February 19, 2023 1:00 PM - 6:00 PM (EST) [More Info](#)
- [Virtual College Fair - Mar 19](#)- Sunday, March 19, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)
- [Virtual College Fair - Apr 23](#)- Sunday, April 23, 2023 1:00 PM - 6:00 PM (EDT) [More Info](#)

2023 Spring In-Person & Virtual College Fairs

Spring In-Person College Fairs

Cleveland

Sunday, February 5

Pittsburgh

Wednesday, February 8 &
Thursday, February 9

Columbus

Saturday, February 11

Long Island

Saturday, March 4

Miami

Sunday, March 5

New Jersey (Edison, NJ)

Wednesday, March 8

Rochester

Sunday, March 12 &
Monday, March 13

Providence

Tuesday, March 14

Buffalo

Wednesday March 15 &
Thursday, March 16

Charlotte

Sunday, March 19

Atlanta*

Wednesday, March 22

Hartford

Thursday, March 30 &
Friday, March 31

Metro Detroit

Tuesday, April 18

Montgomery County (MD)

Tuesday, April 18 &
Wednesday, April 19

New York City*

Sunday, April 23

Inland Empire (CA)

Tuesday, April 25

Greater Los Angeles*

Thursday, April 27 &
Friday, April 28

Vancouver (BC, Canada)

Saturday, April 29

Boston*

Tuesday, May 2 &
Wednesday, May 3

Spring Virtual College Fairs

February Virtual College Fair

February 19

March Virtual College Fair

March 19

April Virtual College Fair

April 23

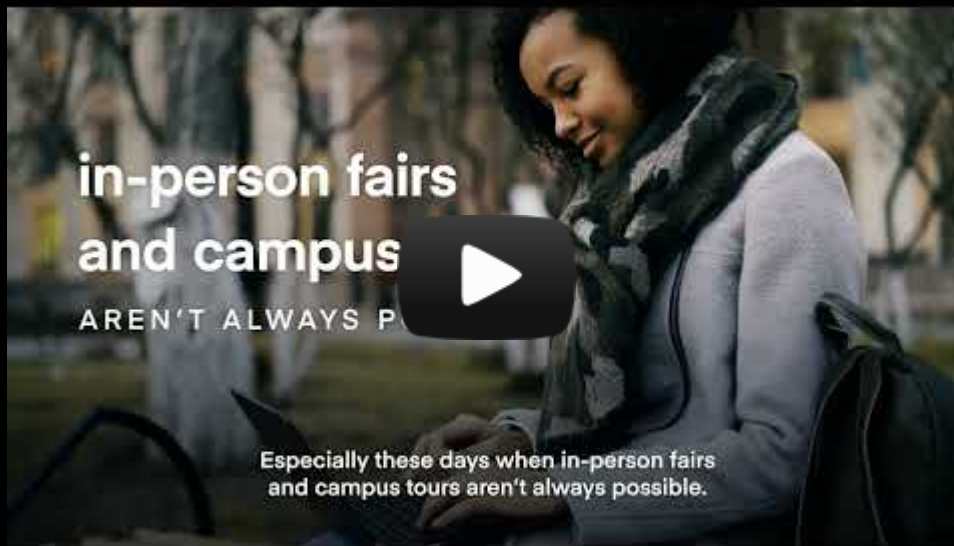


Connect with hundreds of colleges and universities in one place!

*Colleges and Universities offering STEM and Performing and Visual Arts programs will be invited to these fairs and will be designated by separate areas in the exhibit hall.

REGISTER NOW!
nacacattend.org/fairs

NACAC Virtual Fairs Welcome



STANDARDIZED TESTING

Be sure to look at Ms. Erikson's 'Standardized Testing' Canvas page for detailed information about, SAT + ACT registration instructions, SAT + ACT study resources, fee waiver information, testing accommodations, & TOEFL registration

UPCOMING FREE PRACTICE SAT / ACT TESTS FOR FHS STUDENTS

Our friends at Revolution Prep are offering Framingham High students a practice SAT and ACT. Practice tests are a great first step for students to identify how they want to tackle preparing for the real thing.

- SAT Practice Exam | FREE | Saturday, February 4, 2022 | 9:00 AM EST (Online)
- [REGISTER + SEE DETAILS](#)
- ACT Practice Exam | FREE | Saturday, February 11, 2022 | 9:00 AM EST (Online)
- [REGISTER + SEE DETAILS](#)

1. Register here: <https://www.revolutionprep.com/partners/673/>
2. Schedule a free 30-minute score report review with a Revolution Prep testing expert to help you interpret the results and develop a customized plan to prepare. Please schedule this appointment for the few days after the exam. You can pre-schedule this Score Report Review here: <https://my.revolutionprep.com/s/newengland>
3. Attend the mock exam and get your results immediately with Revolution Prep's mobile scoring app!

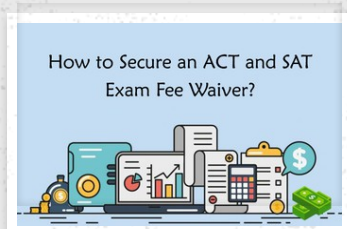
Questions? If you have additional questions or want to learn more about Revolution Prep, you can reach out to **Revolution Prep** at (800) 878-1850 or by email at



February 2023 Mock Exams RP.pdf

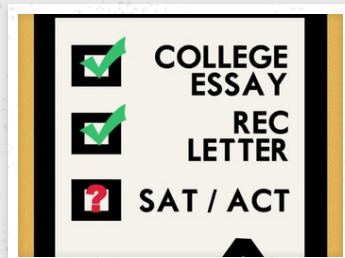
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SAT FEE WAIVERS

Do you have free/reduced lunch and/or receive any financial assistance? If so, you qualify for a SAT fee waiver! A fee waiver covers the cost of up to two SAT tests and three SAT Subject Tests. It will also cover submitting college applications through the Common Application. If you need an SAT or ACT fee waiver please contact school counselor.



TEST OPTIONAL COLLEGES

Test optional means that a school does not require SAT or ACT scores as a part of your application. Over 1,000 colleges and universities are test optional. Find a complete list at www.fairtest.org!



TOEFL EXAMS

The Test of English as a Foreign Language (TOEFL) is a standardized test that measures English language ability for non-native speakers who plan to enroll in an English speaking college. The test evaluates listening, reading, writing, and speaking skills in relationship to academic tasks. Test costs range between \$150-\$225. Unfortunately, no financial aid is offered for the TOEFL test. Fee-based and free prep materials can be found on the [TOEFL website](http://www.toefl.org), on [Canvas](https://www.canvaslms.com), or in the College & Career Center (K007). To register and see test dates/locations visit www.toefl.org.

FINANCIAL AID

FINANCIAL APPEALS WITH COLLEGE AID PRO - 1/18 @12PM EST

College Appeals with CollegeAid Pro: "We got accepted to our top choice, but we can't afford it. Is it possible to get more money?" The short answer is Yes! However, there is a method to

this madness. Please join us next week, **January 18th @12ET**, for our 1st in a series of discussions on the most pressing college-related topics. [REGISTER HERE!](#) We will discuss:

- How to identify good/bad appeal candidates
- What are reasonable expectations to set?
- Who should initiate the appeal? Parent student, both?
- Where should we appeal? Admissions, Financial Aid, both?
- Shareable templates for successful appeals

**Join Us Live Webinar**
**How to Advise Families On Appealing to Colleges for More Money**
January 18th @12pm EST
[REGISTER NOW!](#)

UNDERSTANDING FINANCIAL AID MINI WORKSHOPS

- **Webinar #1:** Lowering the Expected Family Contribution (EFC) helps you qualify for more grants and scholarships for college. Unfortunately, even though there are hundreds of ways to lower the EFC, most people just don't know how. [CLICK HERE](#) to download the recording.
- **Webinar #2:** The Importance of an Education: Does a College Education Pay Off? [CLICK HERE](#) to download the recording.
- **Webinar #3:** Beating the High Cost of College. [CLICK HERE](#) to download the recording.
- **Webinar #4:** FAFSA: How much aid is available? [CLICK HERE](#) to download the recording.
- **Webinar #5:** Calculating the EFC: 4 factors that determine your EFC. [CLICK HERE](#) to download the recording.

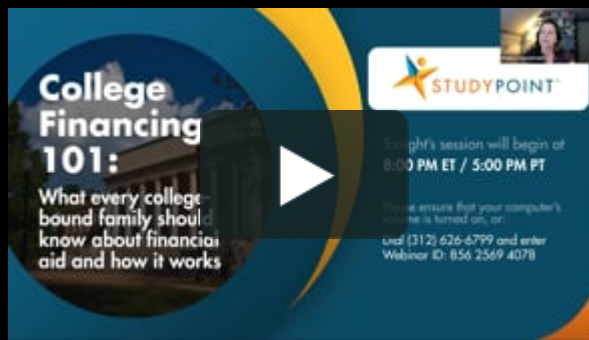


OUR COLLEGE PLANNING EXPERTS CAN HELP FAMILIES:

- ✓ Obtain More Grants & Scholarships
- ✓ Pay For College Without Going Broke
- ✓ Understand the Financial Aid Process
- ✓ Analyze Schools and Financial Aid Awards
- ✓ Complete the FAFSA and CSS Profile Accurately & On Time
- ✓ Feel Totally Secure About The Next Step — & Beyond

[CLICK TO VIEW FULL WEBINAR](#)

StudyPoint Virtual Discussion Panel: College Financing 101



CLICK HERE FOR JOB & SERVICE OPPORTUNITIES

NEED A WORK PERMIT?

- 1) Take a form from your house/academy or access work permits online using the QR code below
- 2) Your employer should fill out the "Promise of Employment" Section
- 3) On page two, you can skip the "Physician's Certificate of Health" section if you are older than 15. If not, your doctor must fill it out.
- 4) Your parents/guardians need to fill out/sign #4
- 5) You sign #5
- 6) When all that is filled out, **please hand your house/academy office assistant - please include your hair and eye color**

We will try our best to process it by the end of the day!



ENGLISH



SPANISH



PORTUGUESE



MILITARY INFORMATION

ASVAB + RECRUITER INFO

Check out the [Military Canvas module](#) for more information and to find the local recruiter for the following branches:

- [U.S. Army & Army Reserves](#) | [Army National Guard](#)
- [U.S. Air Force](#) | [Air National Guard](#)
- [U.S. Coast Guard](#)
- [U.S. Marine Corps](#)
- [U.S. Navy](#)



Upcoming ASVAB tests at FHS- There will be two ASVAB tests scheduled at the high school (one in the fall and one in the spring) for students interested in the military. Please find the dates/times below.

- Wednesday, November 30th at 7:30am -- CLOSED.
- Wednesday, April 5th 2023 at 7:30am -- [REGISTER HERE!](#)



WANT TO GET IN TOUCH WITH ME?

Mrs. Erikson, College & Career Counselor, K018
College & Career Center, Room K005
Monday - Friday | 7:00am-2:15pm



Should a parent/guardian wish to meet with me, I am available by appointment only. Appointments can be made by calling/emailing the phone number and email below.

Rachel Erikson (She/Her/Hers)
+1 (508)782-7688 | erikson@framingham.k12.ma.us



FRAMINGHAM HIGH SCHOOL

 Facebook  @FHSFlyers

 115 A Street, Framingham, M...  (508) 620-4963

 framingham.k12.ma.us/Dom...