

McKinney-Vento Resource Guide

If you Need:	Contact:
<p>Food/Meals</p>	<p><u>DANIEL’S TABLE</u> Daniel’s Table currently maintains freezers throughout the city of Framingham. The freezers are stocked and maintained by Daniel’s Table staff with freshly frozen meals. Freezers are located in some of the FPS buildings. Click here to see the complete list of locations in Framingham.</p> <p>Daniel’s Table is open and distributes food to Framingham residents with children 18 and under and persons over 60 years of age. Families needing food assistance must call the hotline Thursday-Tuesday to register to receive services. Once registered, Families can attend the client choice food market on Wednesdays from 3 PM - 6 PM. Pick-up location 10 Pearl Street, Framingham. Contact 508-405-0769 to register. - For English and Spanish: 508-239-6690 - For English and Portuguese: 508-239-6691</p> <p><u>PROJECT BREAD</u> If you are in need of food security, contact Project Bread at 1-800-645-8333.</p> <p><u>UNITED WAY OF TRI-COUNTY - PEARL STREET CUPBOARD & CAFE AT PARK</u> United Way will be open to anyone in need. Monday, Wednesday, Friday; 9 AM - 1 PM (M, W, F), 5:00 PM- 7 PM (W). Pick-up location 46 Park Street, Framingham. Contact 508-370-4921 and 774-200-3556.</p> <p><u>(BRACE) THE BRAZILIAN-AMERICAN CENTER</u> English, Portuguese, and Spanish speakers are available to answer questions and register people. Food is delivered to qualified registrants. If you’re interested in donating products such as rice, beans, sugar, pasta, coffee, pasta sauce, cookies, diapers, cooking oil, etc. For more information, please visit: www.brazilianamericancenter.org Open to the public. Days and Hours of Operation: Registration and requests are accepted Monday - Friday, 9 AM – 5 PM. Contact Information: 508-628-0390</p>

	<p><u>THE SALVATION ARMY</u> Open to all residents of Framingham. Days of Operation: Monday-Friday, 10 AM - 1 PM, by appointment. Call 508-875-3341 to schedule an appointment. Location: 350 Union Avenue, Framingham, MA 01702</p> <p><u>A PLACE TO TURN</u> Open to All MetroWest Residents. Food pick up is available Tuesday and Thursdays only from 9:30 PM - 12:30 PM and Wednesday from 4:30 PM - 6:30 PM. They require some form of ID, and/or a bill. Pick-up location 99 Hartford Street, Natick MA. Contact 508-655-8868</p> <p><u>YMCA GRAB N GO MEALS</u> Demographic served: Open to anyone under 18 years of age. Parents/guardians can pick up for kids and do not have to have children present in order to receive meals. Days of Operation: Monday from 3:30 PM - 5:00 PM (serving 4 days of meals) & Friday from 3:30 PM - 5:00 PM (serving 3 days of meals). Pick up Location: YMCA Framingham Regional Branch, 280 Old Connecticut Path, Framingham. At the side entrance/poolside of the MetroWest YMCA. Look for a white tent. Monday from 3:00 PM - 4:30 PM (serving 3 days of meals) & Friday from 3:00 PM - 4:30 PM (serving 3 days of meals). Pick up Location: Amazing Things Art Center, 160 Hollis St, Framingham. In the Clearbrook parking lot, look for a blue tent. For more information: Visit their website or contact Maggie Lynch, Director of Nutrition Services, at mlynch2@metrowestymca.org or 508-879-4420 x286</p> <p>For additional information on food resources visit the City of Framingham Food and Donation Information webpage. The city recognizes that some residents are in an emergency situation and cannot reach those resources. Framingham has developed an additional resource for those people and set up a phone number: (508) 532-5479 - for residents experiencing an extreme food emergency.</p> <p>Apply for SNAP benefits (Food Stamps): https://dtaconnect.eohhs.mass.gov/</p>
<p>Housing, Aid and related family supports</p>	<p><u>City of Framingham</u> The Community Development Department offers a Housing Rehabilitation Assistance Program to eligible households and individuals. The program assists low and moderate income homeowners in Framingham with emergency home refurbishments. To learn more, follow the links below. Framingham Rehab Assistance Program Application Security Deposit and First Month Assistance Application</p>

Residential Assistance for Families in Transition (RAFT)

The RAFT program helps keep households in stable housing situations when facing eviction, loss of utilities, and other housing emergencies caused by loss of income, increase in expenses, or both. RAFT provides up to \$7000 per household to help preserve current housing or move to new housing. RAFT can cover utilities, moving costs, and overdue rent costs, as well as future rent in limited situations.

[Click here for information on how to apply for RAFT.](#)

[Click here to begin a RAFT application.](#)

Emergency Housing Assistance/Shelters

The shelter system is still up and running but local offices may be closed due to Covid. To apply for Emergency Assistance and speak with a Homeless Coordinator please call 1-866-584-0653.

South Middlesex Opportunity Council (SMOC)

SMOC serves low-income and disadvantaged individuals and families by providing a large array of services including, but not limited to: Behavioral Healthcare; Education, Employment, and Training; Energy and Financial Assistance; Family and Nutrition; Transitional Living Centers; Open Pantry Services; Housing Services.

[Click here for more information on SMOC's Rental Assistance Programs](#)

[Click here for more information on SMOC's Behavioral Healthcare Services](#)

[Click here for more information on SMOC's Fuel Assistance Program](#)

For up-to-date information about all programs, visit <http://www.smoc.org>.

MetroWest Legal Services

MetroWest Legal Services provides free civil legal aid to low-income families. They can assist with Family Law, Housing, Homeless Advocacy, Government Benefits, Education, Elder Law, and Immigration. They are accepting new intakes between the hours of 9am - 5pm Monday through Friday. Call the main office line at 508-620-1830 and you will be directed to the appropriate party.

Family Promise MetroWest

Family Promise MetroWest assists families with Health insurance, Family Finances, Parenting Support, Transportation & Housing Assistance. Complete referral form at <https://www.familypromisemetrowest.org>

Family Resource Center

The Framingham Family Resource Center provides a range of supports and services to families and is currently operating by appointment only. Please call (508) 270-4313 to make an appointment.

- [Family Resource Center Brochure - English](#)
- [Family Resource Center Brochure- Spanish](#)
- [Family Resource Center Brochure- Portuguese](#)

TEMPO Young Adult Resource Center

TEMPO Young Adult Resource Center remains open. Appointments are suggested to guarantee being seen. TEMPO serves young adults 16-24 and has laundry facilities, showers, computer access and can drop off food to those in need. Please call (508) 879-1424 to make an appointment.

	<p><u>Department of Transitional Services (DTA)</u> DTA assists low-income individuals and families to meet basic needs, improve their quality of life, and achieve long term economic self-sufficiency. DTA is open to help with direct economic assistance (cash benefits) and food assistance (SNAP benefits) but physical offices are closed. The DTA Assistance Line is (877) 382-2363 and is available from 8 AM - 4:45 PM (M-F).</p> <p><u>Department of Children and Families (DCF)</u> DCF is open and working a hybrid schedule, both onsite and remotely. Home visits should now be taking place in person. Staff can call as they usually do when filing reports. If you cannot get through, use the hotline 1-800-792-5200. Nights, weekends, and holidays callers can reach the state’s Child-At-Risk Hotline at (800) 792-5200 between 5:00 p.m. and 8:45 a.m.</p>
<p>Mental Health Support</p>	<p><u>Behavioral Health Partners MetroWest</u> BHPMW partners with four leading social services and behavioral health agencies (Advocates, South Middlesex Opportunity Council (SMOC), Spectrum Health Systems, and Wayside Youth & Family Support Network) in the Greater MetroWest region of Massachusetts to make it easier for individuals and families to access behavioral health, community development, and social services in the MetroWest area. Call 1-844-528-6800 to speak with a care coordinator or click here to complete the online contact form.</p> <p><u>Wayside Youth & Family Support Network</u> Wayside is continuing to provide a range of services, including counseling, psychiatric emergency services (PES) and support groups. Please click the link Wayside Youth & Family Support Network for more information.</p> <p><u>Advocates</u> Advocates offers an array of services to children and families in the MetroWest Area, including services related to mental health, developmental services, and addiction recovery. You can access 24-hour crisis support by calling 1-800-640-5432. Call 508-661-2038 to schedule an intake appointment for mental health services or substance use evaluations, or schedule online here. For more information about services offered, please click the Advocates link.</p> <p><u>South Middlesex Opportunity Council (SMOC)</u> As mentioned in the previous section, SMOC serves low-income and disadvantaged individuals and families by providing a large array of services including behavioral healthcare. Click here for more information on SMOC’s Behavioral Healthcare Services</p> <p><u>Spectrum Health Systems</u> Spectrum Health Systems provides services to individuals impacted by substance use and/or mental health disorders. For more information visit https://www.spectrumhealthsystems.org/ or call 1-877-697-3422.</p> <p><u>Genesis Counseling Services</u> Genesis provides substance abuse and addiction services. For more information visit http://www.genescounselingservices.org/ or call 508-620-2992.</p>

Parents Helping Parents

Parents or guardians with problems relating to their children can contact a free and confidential Parent Stress Line. Trained volunteer counselors offer a way to relieve stress in an environment which is non-judgmental along with being sympathetic. We offer support to anyone seeking it no matter how big or small. We offer a translation service so if you, or someone you know, needs a translator please don't hesitate to call us!

1-800-632-8188 24/7 All Languages Available

Domestic Violence Supports

If you or someone that you care about is a survivor of domestic abuse and would like help or support, all of the local domestic abuse programs in the area are responding to phone calls and emails. Please see below for resources:

- [Domestic Violence Services Network](#), Inc. (DVSN) (business hours; any messages are returned as soon as possible)
- [Jewish Family & Children's Service Journey to Safety](#) (business hours)
(781) 647-5327 or jts@jfcsboston.org
- [REACH Beyond Domestic Violence](#) (24/7 response) (800) 899-4000
- [Voices Against Violence](#) (24/7 response) (800) 593-1125 or SMS text from 9 AM - 5PM Monday through Friday at 508-761-1301
- [The Second Step](#) (business hours) (617) 965-3999
- The [National Domestic Violence Hotline](#) also offers 24/7 call and online chat options at (800) 799-7233 or www.thehotline.org

Crisis Support

- [Advocates Psychiatric Emergency Services](#) (PES) 508-872-3333.
- Advocates 1-800-640-5432
- National Suicide Prevention Lifeline 1-800-273-8255
- TYY- Hearing & Speech Impaired 1-800-799-4889
- The Trevor Project (LGBTQ) 1-866-488-7386
- Samaritans 1-877-870-4673 (Talk or Text)
- Voices Against Violence is offering help by phone at 508-826-8686 or 1-800-593-1125; SMS text from 9 AM - 5PM Monday through Friday at 508-761-1301 or online chat at rc.chat/voices.
- Call to Talk 508-532-2255 or Text 741741
- Child-At-Risk Hotline at (800) 792-5200 between 5:00 p.m. and 8:45 a.m.

Medical Services

MetroWest Free Medical Program

MetroWest Free Medical Program serves as an entry point to the healthcare system for those in our communities who are uninsured/insufficiently insured by: providing general medical and specialty care to meet immediate health care needs, connecting people to social services, health insurance, and a medical home, and advocating for policy changes that assure good health for all people. For general medicine and specialty services, coll 508-656-0740.

Edward M. Kennedy Community Health Program

Edward M. Kennedy Community Health Center ensures that everyone has access to high quality, comprehensive, integrated, and compassionate health care. Call 800-853-2288 to speak to an operator about scheduling an appointment.

	<p><u>Gratis Healthcare</u> Gratis Healthcare provides primary care services, mental health services, dermatology, cardiology, and more to people who are uninsured or insufficiently insured. Request an appointment online or call 401-647-6896 for more information.</p>
Questions	Email Meaghan Pearless at mpearless@framingham.k12.ma.us for support, if needed.