

COVID-19 Communicable Disease Management Plan

2021-22

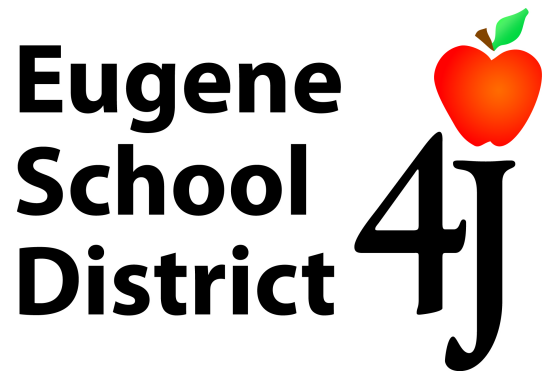


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I. Purpose and Scope

Eugene School District 4J’s COVID-19 Communicable Disease Management Plan prioritizes the continuation of full-time, in-person instruction as required for all Oregon school districts.

This plan supplements the district’s communicable diseases procedures in [JHCC-AR](#) and [GBEB-AR](#) by providing guidance specific to the COVID-19 pandemic and meets the requirements of ODE’s [Ready Schools, Safe Learners Resiliency Framework for the 2021–22 School Year](#) and OSHA’s [Rule Addressing COVID-19 Workplace Risks \(OAR 437-001-0744\)](#).

II. Oversight and Compliance

All employees have a role to play in promoting a healthy and safe working and learning environment. Staff are expected to implement the established health and safety requirements consistently and to support other staff and students in maintaining these precautions as well.

a. Building-Level Oversight

1. Each site has a COVID coordinator who will serve as the single point person at each school working with the district COVID administrator to establish, implement, support and enforce all COVID health and safety protocols, including face masks and physical distancing requirements. This role should be known to all staff in the building with consistent ways for licensed and classified staff to access and voice concerns or needs.
 - (a) Elementary Schools, Fox Hollow and ECCO — School Principal
 - (b) Middle Schools — Assistant Principal
 - (c) High Schools — Assistant Principal to be appointed by school principal
 - (d) Education Center — Karen Hardin
 - (e) Transportation — Arthur Hart
 - (f) Facilities — Dexter Rummel
 - (g) Athletics — High School Athletic Directors
 - (h) Connections — Site Coordinator for Churchill High School
 - (i) Community Living Programs — Site Coordinator for Sheldon High School
 - (j) Eugene Online Academy, GED and Reconnections — Paula Nolan
 - (k) Bailey Hill — Teresa Martindale
 - (l) ECCO Childcare — Paula Nolan, Jill Johnson

b. District-Level Oversight

District COVID Administrators	COVID/Employees	COVID/Students
Dawn Strong & Heather Stein	Dawn Strong	Joy Maxwell

c. Compliance and Reporting

1. Anyone with concerns about compliance with COVID protocols at a particular building should first address their concerns with the building administrator, or, if there is a conflict, then to the district-level COVID administrator, Dawn Strong.
2. Comments and suggestions on this plan may be sent to healthservices@4j.lane.edu.

III. COVID Prevention and Mitigation Protocols

Everyone shares in the responsibility to keep our schools and communities safe and healthy. In order to continue full-time, in-person instruction, this responsibility asks each person to both maintain their own health and take actions to protect the health of those with whom they interact.

a. Vaccination

1. Getting vaccinated against COVID-19 is the best way to protect individuals and communities, slow the pandemic, and return society to more typical functioning. Safe and effective vaccines against COVID-19 are currently available and recommended for everyone age 5 and older. Booster shots are currently available and recommended for everyone age 12 and older.
2. ***Vaccination Required for Employees, Volunteers and Contractors***
 - (a) Consistent with state law ([OAR 333-019-1030](#)), all district employees, and all volunteers and contractors who provide services at a school requiring direct or indirect contact with students, must be fully vaccinated against COVID-19. “Fully vaccinated” means 14 days have passed since an individual received the final dose of a 2-dose COVID-19 vaccine or 1 dose of a single-dose vaccine. See [OHA’s School and School-Based Programs Vaccine Rule FAQs](#) for additional information.
 - (b) Requests for an exception to the vaccination requirement will be processed as provided by Human Resources.
3. ***Vaccination Optional for Students***
 - (a) The district encourages students and families who are eligible to be vaccinated, to protect their health and reduce the risk of spreading the virus at school, to families, and in the community. The district will continue to partner with local public healthcare partners to provide opportunities for students to receive vaccines.

b. Testing

Viral testing is a public health measure that supports detection of COVID-19 and prevention against its spread.

1. ***Types of COVID-19 Testing***

- (a) **Screening testing** is routine testing of individuals who do not have symptoms and have not been exposed to COVID-19, to determine if they are currently infected with the virus. It is particularly recommended for persons who are not fully vaccinated.
- (a) **Diagnostic testing** is viral testing of individuals who have symptoms or have been exposed to COVID-19, to determine if they are currently infected with the virus. It is recommended and encouraged for persons who develop symptoms. There are two types of available diagnostic tests, using samples from the nose or mouth:
 - (1) Laboratory molecular (PCR) test: Detects the presence of the virus’s genetic material and can be used with both symptomatic and asymptomatic individuals. Results are highly reliable and typically available in 1–3 days.
 - (2) Rapid antigen test: Detects specific proteins from the virus and produces results within 15–30 minutes. Rapid tests are faster than PCR tests, but are less likely to detect the virus, particularly among asymptomatic individuals.

2. *District Testing Options*

(a) Optional Weekly Screening Testing

- (1) Students may participate in a [free screening testing program](#) offered by the Oregon Health Authority in partnership with the University of Oregon. Test kits, which use saliva samples, are sent home and returned to school on a weekly basis. Participants receive their results through a secure online portal, typically one to two days after the tests are returned to the school. For additional information, see the [UO K–12 Screening Testing](#) webpage.
- (2) District staff may participate in a free screening testing program offered by the Oregon Health Authority. Test kits, which use saliva samples, are mailed to participating staff members at home. Participants return their samples by mail and receive their results through a secure online portal. For additional information and to sign up, see bit.ly/4Jstafftesting.
- (3) The district encourages students and staff to enroll in these voluntary testing programs.

(b) Optional On-Site Testing

- (1) Rapid antigen testing (e.g. BinaxNOW) is available to students and staff who develop symptoms while on campus. Parent permission is required for students under the age of medical consent.

(c) Optional Take-Home Testing

- (1) Rapid antigen testing take-home test kits (e.g. iHealth) may be offered to students and staff at increased risk of severe illness, regardless of vaccination status, who have been exposed to COVID-19 at their school or district worksite within the previous 10 days. Examples of individuals who may be at increased risk include those with underlying medical conditions or immunocompromised status, individuals age 65 and older, and those who live with individuals at increased risk.

3. *Community Testing Options*

- (a) A list of testing locations is available on [Lane County's COVID-19 testing](#) webpage.
- (b) Additionally, every home in the U.S. is eligible to receive free at-home COVID tests by mail through a [federally funded program](#). Complete the [online form here](#) to order.

c. **Daily Screening**

1. **Screening for Symptoms**

- (a) As always, staff and students who do not feel well should stay home.
 - (b) Staff and students may return to school and work after being ill consistent with the [guidelines](#) published by the Oregon Department of Education and Oregon Health Authority.
2. If an individual has any primary COVID symptoms as described below, they should follow the procedures outlined below in [Section IV. COVID Case Response Protocols](#) and [OHA and ODE's Communicable Disease Guidance for Schools](#) (pages 8–10, Symptom-Based Exclusion Guidelines).

3. Primary COVID-19 Symptoms

- (a) Temperature of 100.4° F or higher or chills
- (b) Cough
- (c) Shortness of breath or difficulty breathing
- (d) New loss of taste or loss of smell

d. Face Masks

- 1. Effective March 12, 2022, face coverings are optional for students and fully vaccinated employees, with limited exceptions such as in healthcare settings.
- 2. Any staff, volunteers or contractors who are not fully vaccinated and are permitted to be on campus with an approved religious or medical exception are required to wear face masks indoors.
- 3. A person who has had a positive case of COVID-19 is recommended to wear a well-fitting face mask for 5 additional days following their 5-day isolation period.
- 4. Individuals may choose to mask based on their individual risk assessment (e.g., increased risk for severe disease or family or community members at increased risk for severe disease).
- 5. The district will provide a mask to any staff, student, volunteer or visitor upon request.

e. Physical Distancing

- 1. All individuals should strive to maintain at least 3 feet of distance between themselves and others in all daily activities and instruction.
- 2. Schools will consider physical distancing requirements when setting up learning and other spaces, arranging spaces and groups to allow and encourage at least 3 feet of physical distance.
- 3. Schools will consider physical distancing requirements when setting up events such as assemblies and performances.
- 4. Schools will hold parent meetings online except where essential, to limit visitors and maximize physical distancing.

f. Cohorts

- 1. Schools maintain information about student cohorts, meaning a group of students that is together for a significant portion of the school day, such as a classroom, bus route or athletic team.
- 2. Schools minimize the number of staff and volunteers that interact with each cohort to the extent possible.
- 3. Families are notified if a COVID case is identified in their student’s cohort. This allows them to choose to take additional precautions according to their family’s particular health needs.

g. Hand Hygiene and Respiratory Etiquette

- 1. Regular handwashing is one of the best ways to remove germs and prevent illness. All individuals should clean their hands frequently with handwashing for at least 20 seconds or alcohol-based hand sanitizer with 60–96% alcohol. There are key times when you are likely to get and spread germs, and handwashing after these times is essential:
 - (a) Before, during and after preparing food.

- (b) Before and after eating food.
 - (c) Before and after using a hand-operated water fountain.
 - (d) Before and after caring for someone at home who is sick with COVID-19 symptoms, vomiting or diarrhea.
 - (e) Before and after treating a cut or wound.
 - (f) After using the toilet.
 - (g) After changing diapers or cleaning up a child who has used the toilet.
 - (h) After coughing, sneezing or blowing nose.
 - (i) After touching an animal, animal feed, or animal waste.
 - (j) After handling pet food or pet treats.
 - (k) After touching garbage.
2. All individuals should avoid touching their eyes, nose, or mouth with gloves or unwashed hands.
 3. Schools will teach and support hand hygiene and respiratory etiquette.

h. Ventilation and Airflow

1. Air circulation and filtration are helpful factors in reducing airborne viruses. The district and its schools will operate ventilation systems properly and will consider and implement ways to increase circulation of outdoor air as much as possible, including by:
 - (a) Setting ventilation systems to increase air exchanges, increase the amount of outside air where possible, and minimize recirculation of indoor air;
 - (b) Enhancing building ventilation and filtration systems where feasible, following current guidance; and/or
 - (c) Opening windows and doors while keeping student safety and school security in mind.
2. Air purifying devices have been installed in the ventilation systems in all 4J buildings to help neutralize and remove viruses and other particles from the air without producing ozone or other harmful byproducts. These units are installed and operating in every building. They are not visible from inside classrooms, as they are installed in the building's HVAC system. The devices use a technology called bipolar ionization (BPI) that is in use in schools, office buildings, airports, hospitals and other community buildings around the world. Information regarding the BPI units can be found here:
<https://www.4j.lane.edu/2021/01/ventilation-system-upgrades/>
3. During the pandemic, 4J buildings will operate exhaust fans 24 hours a day, five days a week, to increase air exchanges within the building. Specific procedures may vary in older buildings but all the ventilation system run times have been increased districtwide.
 - (a) Programmable ventilation systems will provide up to 100% outside air when air quality and temperatures allow.
 - (b) Kitchens or cooking areas' local exhaust ventilation systems will be operated when these spaces are occupied. Kitchen exhaust ventilation may be operated even when these spaces are not occupied to supplement ventilation for other areas of the building.
 - (c) Restroom exhaust fans will be operated when the building is occupied.

4. Ventilation systems will be checked and maintained by maintenance staff on a regular basis. The district will consider modifications or enhancements of building ventilation and filtration systems where feasible, following current guidance.
5. Fans can be an effective way to increase the circulation of outdoor air.
 - (a) Consideration will be given to using fans or box fans positioned in open windows to draw fresh outdoor air into the classroom via one window, and flush indoor air out of the classroom via another window.
 - (b) Fans will not be used in rooms with closed windows and doors, as the fans would be recirculating the classroom air and not providing circulation of fresh air.
 - (c) Fans will not be used if it is determined that they pose a safety or health risk, such as increasing exposure to smoke, pollen or other allergens or exacerbating asthma symptoms.
6. The district will consider the need for increased ventilation in areas where students with special healthcare needs receive medication or treatments.
7. When feasible, bus windows will be kept open in order to improve air ventilation. Even partially opened windows will improve fresh air circulation on the bus.
8. Schools are encouraged to conduct some activities and classes outside when reasonable.

i. Cleaning and Disinfection

1. The district requires routine, systematic cleaning and disinfection of classrooms, work spaces, bathrooms, and activity areas.
2. Custodial staff will have primary responsibility for daily cleaning and disinfection as outlined in [COVID-19 Cleaning & Disinfection Protocol](#).
3. Custodial staff will perform cleaning and disinfecting of all high touchpoints throughout the buildings at least once per day, including but not limited to restrooms, common areas, door knobs, light switches, and shared student desks throughout the building.
4. Disinfectant spray and towels or disinfectant wipes, with use instructions, will be made available in each classroom. Staff may use these to periodically disinfect common touchpoints within the classroom.
5. Disinfectant spray and towels or wipes will be supplied in all staff-designated areas to be used throughout the day as needed or desired.

IV. COVID Case Response Protocols

a. Definitions

1. “Isolation” means separating people with a contagious disease including COVID-19 from other people to prevent disease spread.
2. “Exclusion” means keeping an individual with certain contagious diseases or symptoms out of school or work to prevent possible disease spread.
1. “Quarantine” means a restriction of persons who were exposed to certain contagious diseases to monitor whether they become sick and prevent the spread of disease.
3. “Confirmed case” means an individual who tests positive using a diagnostic (viral) test.

4. “Presumptive case” means a person who:
 - (a) Has a positive test result from an at-home antigen test kit; OR
 - (b) Has at least 2 primary COVID-19 symptoms and who had close contact to a confirmed COVID-19 case 2 to 14 days before symptom onset.
5. “Primary COVID-19 symptoms” refers to the following:
 - (a) Temperature of 100.4° F or higher or chills
 - (b) Cough
 - (c) Shortness of breath or difficulty breathing
 - (d) New loss of taste or loss of smell
6. “Non-primary COVID-19 symptoms” refers to the following:
 - (a) Fatigue
 - (b) Muscle or body aches
 - (c) Headache
 - (d) Sore throat
 - (e) Nasal congestion or runny nose
 - (f) Nausea or vomiting
 - (g) Diarrhea

b. Exclusion and Isolation Measures

1. Students and staff must be excluded from school and work, at times, to reduce the spread of communicable diseases including COVID-19. The following protocols apply to staff and students, regardless of their vaccination status.
2. Administrators will exclude from schools all persons diagnosed with, or presumed to have, COVID-19, consistent with [OAR 333-19-0010](#) and the [Communicable Disease Guidance](#) published by the Oregon Department of Education and Oregon Health Authority.
3. Students and staff who do not feel well should stay home. If they have any primary symptoms of COVID-19, they are encouraged to seek viral testing. If they have non-primary symptoms that persist for more than one day, they should consider consulting their healthcare provider who can determine if viral testing is advised.
4. Students who report or develop symptoms of an undiagnosed illness at school will be assessed. Students with multiple primary COVID-19 symptoms or a diagnosed case of COVID will be isolated in the designated isolation area in the school, with adequate space and staff supervision and symptom monitoring by a school nurse, other school-based health care provider, or other school staff. Students will remain in the isolation area until a parent, guardian or emergency contact arrives to take them home.
5. Persons who have COVID-19 are to follow all instructions from Lane County Public Health and/or the district point of contact with LCPH. The district point of contact with LCPH will follow the county’s identified exclusion dates and will consult with LCPH as needed. In general, the person should isolate until at least 5 days after their symptom onset or positive test, 24 hours after any fever has resolved without the use of fever-reducing medicine, and other symptoms are improving.
6. For more detailed information, see page 8 of [OHA and ODE’s Communicable Disease Guidance for Schools](#), [ODE’s COVID-19 Exclusion Summary Guidance Chart](#) and [Planning for COVID-19 Scenarios in Schools](#).

7. Symptom-Based Exclusion Summary Charts

Symptom-Based Exclusion Guidelines

Students and staff should be excluded from the school setting if they exhibit:

1. ***PRIMARY SYMPTOMS OF COVID-19:** Refer to [Resiliency Framework](#) and [Planning for COVID-19 Scenarios in Schools](#).
 - **If 1 primary symptom, MAY RETURN AFTER**
 - 24 hours after fever is resolved, without use of fever-reducing medicine, **and** other symptoms are improving, if COVID-19 test is negative or not tested
 - OR 5-day isolation, if COVID-19 test is positive
 - **If 2+ primary symptoms, MAY RETURN AFTER**
 - 24 hours after fever is resolved, without use of fever-reducing medicine, **and** other symptoms are improving, if COVID-19 test is negative
 - AND 5-day isolation, if COVID-19 test is positive or not tested

NON-PRIMARY SYMPTOMS OF COVID-19: Refer to [Resiliency Framework](#) and [Planning for COVID-19 Scenarios in Schools](#).

 - **Exclusion may not be required in all cases.**
 - **Case-by-case assessment and consideration of local disease risks are encouraged, in collaboration with health professionals such as school nurse and LPHA as applicable.**

Anyone with a positive COVID-19 test result should be excluded for 5 days (5 days after symptom onset, or 5 days after test date if no symptoms). Fully vaccinated individuals with symptoms of illness should follow above guidance unless otherwise advised by LPHA and OHA statewide posted notices.
2. ***FEVER:** a measured temperature equal to or greater than 100.4°F orally. Temperature checked via other routes should be considered fever if equivalent to 100.4°F orally.
 - **MAY RETURN AFTER** fever-free for 24 hours without taking fever-reducing medicine **AND** per guidance for primary COVID-19 symptoms.
3. ***COUGH:** persistent cough that is not yet diagnosed and cleared by a licensed healthcare provider **OR** any acute (non-chronic) cough illness **OR** cough that is frequent or severe enough to interfere with participation in usual school activities.
 - **MAY RETURN AFTER** symptoms improving for 24 hours (no cough or cough is well-controlled) **AND** per guidance for primary COVID-19 symptoms.
 - If pertussis (“whooping cough”) is diagnosed by a licensed healthcare provider, student must be excluded from school until completion of a 5-day course of prescribed antibiotics or until cleared for return by the LPHA.
4. ***DIFFICULTY BREATHING OR SHORTNESS OF BREATH** not explained by situation such as exercise: feeling unable to catch their breath, gasping for air, breathing too fast or too shallowly, breathing with extra effort such as using muscles of the stomach, chest, or neck.
 - **MAY RETURN AFTER** symptoms improving for 24 hours **AND** per guidance for primary COVID-19 symptoms.
 - This symptom is likely to require immediate medical attention.

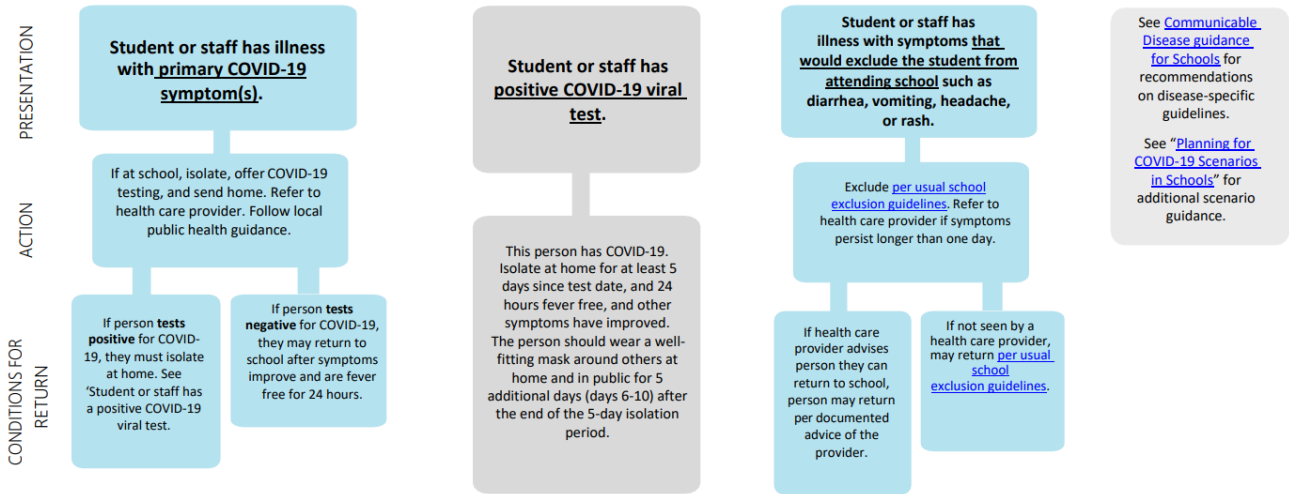


Provided by Oregon Department of Education in conjunction with the Oregon Health Authority, Public Health Division, and Oregon-OSHA. Revised March 2022.



COVID-19 Exclusion Summary Guidance for K-12

Version 3/9/2022



Important Definitions

Exclusion means keeping a student with certain contagious disease or symptoms out of school to prevent possible disease spread (determined by school administrator).

Fever free means a temperature less than 100.4°F without the use of fever-reducing medication.


Exclude any individual with these symptoms of illness:

- Cough*
- Temperature of 100.4°F or higher or chills*
- Shortness of breath or difficulty breathing*
- New loss of taste or loss of smell*

* Notes primary COVID-19 symptom

Exclude from school anyone with these symptoms of illness:

- Diarrhea
- Vomiting
- Skin rash or open sores
- Red eyes with eye discharge
- Jaundice



Symptoms	COVID Test Status	Return to School or Work	Notification & Documentation
1+ primary COVID symptoms	Negative	24 hours after fever is resolved without the use of fever-reducing medicine AND other symptoms are improving	N/A
1 primary COVID symptom	Not tested	24 hours after fever is resolved without the use of fever-reducing medicine AND other symptoms are improving	N/A
2+ primary COVID symptoms	Not Tested	5 day exclusion starting from the first day of symptoms (Day 0) AND 24 hours after fever is resolved without the use of fever-reducing medicine AND other symptoms are improving	N/A
Any or none	Positive	5 day exclusion starting from the date of the positive test (Day 0) AND 24 hours after fever is resolved without the use of fever-reducing medicine AND other symptoms are improving	<ul style="list-style-type: none"> • Use communication protocol to notify • Document on cohort logs • Offer remote instruction to student

8. Quarantine

- (a) As of March 12, 2022, Oregon has paused detailed contact tracing and quarantine of exposed persons for the general population. Quarantine is no longer required in K–12 settings, regardless of vaccination status.

c. Notification to District

1. District employees must notify their supervisor and not come to work, if the employee has a confirmed or presumptive diagnosis of COVID-19.
2. Parents must not send their student to school and should notify their school if the student has a confirmed or presumptive diagnosis of COVID-19.
3. If a person self-discloses that they have a confirmed or presumptive diagnosis of COVID-19, they will be directed to leave the campus and the school administrator will be notified. If the person is a student, a parent or designated contact will be contacted to take them home.
4. The administrator or designee will report all positive cases of COVID-19 to the district following established case tracking and notification protocols.

d. Cohort Tracing and Communication

1. When an individual in a school or district building is identified with a positive case of COVID-19, the district will identify all students and staff who were in a cohort—such as a class, bus route or athletic team—with the person during the time they were on-site during the contagious period. The district will notify the staff and parents of students in the identified cohorts via email.
2. Athletic team notifications are made via FamilyID. School and bus route notifications are made via SchoolMessenger.
3. The district will notify the public regarding COVID cases via an online dashboard.
4. As required by privacy laws, these communications will not identify a particular student or staff member as having COVID-19, or disclose other personally identifiable information about that person.

e. COVID-19 Data Dashboards

1. A wide range of COVID-19 trackers are available that show data visualization related to various measures of community transmission, including overall case rates, active cases, hospitalizations, case rates by location or demographics, and more.
 - (a) [District – 4J COVID-19 Case Dashboard](#): This summary shows active COVID cases among in-person students and staff to provide our community access to current, relevant information. This dashboard is as real-time as possible, updated automatically as cases are identified and tracked.
 - (b) [County – Lane County COVID-19 Cases](#)
 - (c) [State – Oregon Health Authority’s COVID-19 Data Dashboard](#)
 - (d) [Federal – CDC Data Tracker](#)

f. Temporary Closures or Suspension of Activities

1. The COVID-19 pandemic creates the possibility of temporary closures where there are clusters of illness or in other circumstances. In such cases, the superintendent or designee or Lane County Public Health may temporarily close a classroom, school, department or other location, or may suspend or cancel a program or activity.

V. Additional Guidance

a. Oregon Department of Education

1. [Ready Schools, Safe Learners Resiliency Framework for 2021–22 School Year](#) (rev. 3/29/2022)
2. [Ready Schools, Safe Learners Guidance](#) supporting materials
3. [COVID-19 Recovery Resources for Childcare Providers](#)
4. [COVID-19 Exclusion Summary Guidance for K-12](#) (rev. 3/9/2022)
5. [Planning for COVID-19 Scenarios in Schools](#) (rev. 3/9/2022)
6. [Planning for Individualized COVID-19 Recovery Services](#) (rev. 1/4/2022)

b. Local, State and Federal Resources

1. [Lane County COVID-19 Vaccine Clinics](#)
2. [Lane County COVID-19 Testing](#)
3. ODHS/OHA's [COVID-19 Testing in Oregon's K-12 Schools](#) (rev. 3/11/2022)
4. OHA's [Test To Stay FAQs](#) (rev. 2/4/2022)
5. OSAA's [COVID-19 Information](#) website
6. OSHA's [Rule Addressing COVID-19 Workplace Risks \(OAR 437-001-0744\)](#)
7. OHA's [COVID-19 Updates](#) website
8. OHA's [Interim Investigative Guidelines – COVID-19](#) (rev. 3/12/2022)
9. OHA's Rule on [Masking Requirements in Schools](#)
10. OHA's Rule on [Masking Requirements for Indoor and Outdoor Spaces](#)
11. CDC's [COVID-19 Community Levels](#) (rev. 3/24/22)
12. CDC's [Guidance for COVID-19 Prevention in K-12 Schools](#) (rev. 1/13/2022)
13. U.S. Department of Health and Human Services [Free At-Home Testing By Mail](#)

c. 4J Policy and Procedures

1. [Board Policy JHCC](#) and [Administrative Rule JHCC-AR](#), Communicable Diseases—Students
2. [Board Policy GBEB](#) and [Administrative Rule GBEB-AR](#), Communicable Diseases—Staff
3. [Board Policy EBC/EBCA](#), Emergency Procedures and Disaster Plan
4. [4J Cleaning and Disinfecting Protocols For a Known or Suspected Case of COVID-19](#)
5. [4J Infection Prevention Cleaning and Disinfecting Protocols for COVID-19](#)