# MedExpress (On-Site: 1<sup>st</sup> Aid Treatment) For minor injuries call: 541-744-6111

\*\*\*In emergency situations call 911\*\*\*

<u>MedExpress</u>: is a first aid treatment service which gives 4J staff an option for a <u>Cascade Health Solution's</u> EMT or Paramedic to provide <u>on-site treatment</u> for a minor on the job injury. When contacted, MedExpress goes to an on the job injury where they:

- Assess the severity of an on the job injury on-site OR over the phone
  - The injured worker does not need to drive to get treated
- Treat on the job injury, up to first aid
  - If the injured worker does not seek/receive further treatment by a doctor, there is NO claim
- Transport the injured worker to a physician, if recommended AND injured worker agrees

### Abdominal Pain

- MedExpress may respond to a patient with abdominal pain, if there has been no recent injury and the patient has not experienced recent vomiting.
- 911 must be called for every patient who has abdominal pain and is vomiting or has had a recent injury.

# Allergic Reaction

- MedExpress may respond to a patient with minor or local allergic reactions.
- 911 must be called for a patient experiencing difficulty breathing or a patient with a history of severe allergic reactions.

# Altered Mental Status (confusion, disorientation or unconsciousness)

- MedExpress will not respond to any patient who has experienced altered mental status.
- 911 must be called for any individual who has had any period of unconsciousness or semi-unconsciousness, confusion, disorientation or the inability to walk due to dizziness.

### **Amputations**

- MedExpress may respond to an injury involving amputation of fingers or toes.
- 911 must be called for an individual who has severed anything more than finger or toes.

#### Bleeding

- MedExpress may respond to a call involving minor bleeding or moderate bleeding that can be controlled by applying direct pressure to the wound.
- 911 must be called for any profuse bleeding that cannot be controlled with constant direct pressure on the wound.

#### Burns

- MedExpress may respond to minor burns that do not involve large areas of the body or severe pain.
- 911 must be called for patients with significant facial burns, severe burns, burns covering area larger than the size of the patient's hand or severe pain.

#### Chemical Burns

- MedExpress may respond to a patient with a chemical burn smaller than the size of the patient's hand.
- 911 must be called for a patient with a chemical burn larger than the size of the patient's hand.

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### Chemical Exposure

- MedExpress may respond to a patient who has experienced a chemical exposure, if there is a MSDS available and if the patient has no difficulty breathing.
- 911 must be called for a patient who has experienced a chemical exposure if there is no MSDS available or if the patient is having difficulty breathing.

### Chest Pain

- MedExpress may respond to a patient with chest pain, if the chest pain can be easily explained by a recent injury.
- 911 must be called for patients with chest pain that is not obviously the direct result of a recent injury.

# Crush Injury

- MedExpress may respond to a patient who has crushed hands, forearms or feet.
- 911 should be called for a patient with a crush injury that involves more than a hand, forearm or foot.

#### Electric Shock

- MedExpress may respond to minor electric shock injuries, if no exit wounds are present and if the patient is alert and acting appropriately.
- 911 must be called if an exit wound is present or if the patient is unconscious, not alert or acting inappropriately.

# **Eye Injuries**

- MedExpress may respond to minor eye injuries, eye pain or foreign bodies in the eye.
- 911 must be called if the eye is impaled with a large object, not in the socket or exposed to toxic or caustic chemicals.

## Fracture/Dislocation

- MedExpress may respond to a patient with a fracture/dislocation involving the hands, forearms or feet.
- 911 must be called if the fracture/dislocation involves more than the hands/forearms or feet or if the fracture is open and involves more than the hands or feet.

# <u>Fall</u>

- MedExpress may respond to a patient who has had a minor fall and is conscious and alert.
- 911 must be called if the height of the fall is greater than five feet, if the patient is unconscious, not acting appropriately or not alert following the fall.

#### Head Injury

- MedExpress may respond to patients who have experienced minor head trauma with no loss of consciousness or changes in level of consciousness.
- 911 must be called for all patients who are unconscious, have experienced periods of unconsciousness or are not acting alert and appropriate.

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# Impaled Object

- MedExpress may respond to patients with objects impaled in the extremities.
- 911 must be called for all patients who have large objects impaled in the head, neck, torso and upper thigh.

### **Non Ambulatory**

- MedExpress will not respond to a patient that is unable to get up or has to be transported lying down.
- 911 must always be called for all patients who are unable to get up or have to be transported lying down.

### <u>Pain</u>

- MedExpress may respond to a patient experiencing minor to moderate pain.
- 911 must be called if the patient is having severe or uncontrollable pain.

### Respiratory

- MedExpress cannot respond to a patient with difficulty breathing.
- 911 must always be called for a patient who is having difficulty breathing.

### Seizure or Unconscious

- MedExpress cannot respond to a patient who is unconscious, having a seizure or recently had a seizure.
- 911 must always be called for a patient who is unconscious, having a seizure or recently had a seizure.

# **Vomiting**

- MedExpress cannot respond to a patient who is vomiting.
- 911 must be called for a patient who is vomiting <u>and</u> has experienced a recent injury.
- Patients who experience vomiting that is related to an illness, not an injury, should find alternate transportation home, to urgent care or to a personal physician.

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