# **4**J

# ATHLETIC TRAINER

# **Objective**

- ➤ To assume the responsibility and obligation of establishing and maintaining a high school athletic training program, in all sports.
- Provides athletic injury management and other health services for all high school athletes, and assists coaches with the design and implementation of injury prevention programs.

# **Position Summary**

Coordinate and organize the daily Athletic Trainer functions with the Athletic Director and coaches at each high school. Complete all reporting requirements to the district. Review student physicals and releases to ensure authenticity. Good Communication skills in communicating to parents and staff. Is expected to meet the school's professional, clinical, technical, communication and documentation requirements and standards and to make decisions based on established National Athletic Trainers' Association (NATA) guidelines.

# **Supervisory Relationship**

This position is supervised by the high school principal. Work is coordinated through the athletic director.

### **Essential Functions**

- 1. Responsible for prevention, emergency care, first aid, evaluation, and rehabilitation of injuries to athletes under his/her care.
- 2. Serve as liaison between the team physician, the athlete, the athlete's parents, and coaching staff.
- 3. Consultant to coaching staff on conditioning, nutrition, and protective equipment.
- 4. Assist with prevention of injuries including education for athletes and Athletic Trainers, identifying factors that put athletes "at risk", correcting deficiencies in athletes as deemed necessary, as well as taping and bracing.
- 5. Provide emergency care and first aid including availability of necessary equipment, communication procedures for emergency situations, and prompt, accurate triage.
- 6. Evaluate acute and chronic injuries and refer to the team physician or specialist where appropriate. Help decide if a player may return to competition following an injury.
- 7. Treat athletic injuries with protection, rest, ice, compression, evaluation, support, ultrasound, electrical stimulation, cold/heat/ and hydrotherapy as needed or prescribed with the availability of modalities.
- 8. Develop, supervise, evaluate, and modify individual exercise programs for rehabilitation to help athletes return to a pre-injury status.
- 9. Maintain records including injury reports, home care instructions, referrals, treatment records, rehabilitation progress notes, and insurance information.

Athletic Trainer • Job Description •. Eugene School District 4J Page 1

- 10. Secure training room equipment and supplies as needed.
- 11. Provide education and supervision for athletes and students.
- 12. Cover team practices allowing access to the athletic training room.
- 13. Cover sporting events as scheduled with the athletic director.
- 14. Establishment of a positive learning environment that promotes a high level of achievement for all students while considering the background and developmental level of the individual students.
- 15. Prepares and maintains a variety of reports, correspondence and notices.
- 16. Maintains accurate and complete student documentation as required by law, district policy and administrative regulations.
- 17. Attends conferences, workshop and other professional development to maintain current knowledge of profession.
- 18. Maintains appropriate levels of confidentiality.
- 19. Collaborates with school personnel to develop school-wide initiatives to make schools safer and more effective.
- 20. Make the training room facilities and medical attention available to school athletes with arrangements made by the coach and the Athletic Trainer.
- 21. Performs other related duties as assigned.

# Required Knowledge, Skills and Abilities

- 1. Skill in using tact, discretion, initiative and independent judgment within established guidelines.
- 2. Skill in organizing work, setting priorities, meeting critical deadlines, and following up on assignments with a minimum of direction.
- 3. Skill in communicating clearly and effectively, orally and in writing.
- 4. Ability to work collaboratively with a broad and diverse population of students, families, peers and colleagues.
- 5. Knowledge of universal hygiene precautions.
- 6. Knowledge and training in first aid procedures should be required for handling athletic related injuries.
- 7. Must be able to work within various degrees of noise, temperature, and air quality.
- 8. Work surfaces will vary from concrete to grass to hard wood floors. Job responsibilities require both inside and outside assignments.
- 9. Interruptions of work are routine. Flexibility and patience are required. Must be self-motivated and able to complete job assignment without direct supervision. After hour work is required. Must be able to work under stressful conditions.
- 10. Must be able to assist with or transfer athletes of various weight/heights.
- 11. Must be able to push carts with athletic equipment on them.
- 12. Must be able to stand for long periods of time, have good mobility skills and be able to walk long distances.
- 13. Must demonstrate ability to communicate to give adequate directions and instructions to subordinates.
- 14. Must be able to carry training kit and coolers for long distances.

# **Workplace Expectations**

- Maintain regular attendance to work and work related activities. Is punctual to meetings, completes work assignments with deadlines, and follows established schedules.
- 2. Specialist is dressed and groomed in a neat, clean and appropriate professional manner for the assignment and work setting.
- Specialist maintains the integrity of confidential information relating to a student, family, colleague or district patron. Uses or relays personal information only in the course of performing assigned responsibilities and in the best interest of the individuals involved.
- 4. Follows all district or supervisor policies, rules, regulations, memos, bulleting, announcements, applicable to Athletic Trainer position descriptions, and reasonable requests by proper authority.
- 5. Standards for Competent and Ethical Educators and District Standards for
- 6. Performance.

### **Minimum Qualifications**

### Education

- Bachelor's degree from an accredited college or university.
- Board of Certification (BOC).
- Current Oregon Health Licensing Agency (OHLA) registration
- Valid driver's license.
- Hold and maintain first aid certification and CPR certification.

## **Experience**

• Job related experience within specialized field is required.

# **Physical Requirements**

Sitting, standing, lifting, and carrying (up to 50 pounds), reaching, climbing stairs, squatting, kneeling, and moving equipment/light furniture may be required.

### **Work Year and Benefits**

This position follows the regular teacher work year and working conditions are governed by the collective bargaining agreement.

### Salary

Salary and benefits based on current District Salary Schedule and collective bargaining agreement.

# **Evaluation**

Job performance will be evaluated in accordance with the law and Board's policy on Evaluation of Licensed Employees.

# **Employee Statement**

"I have reviewed the above position description and understand its contents."

"I am aware that my position description may be revised or updated at any time and that I remain responsible for knowledge of its contents."

"I hereby certify that I possess the physical and mental ability to fulfill the essential functions of the above position with or without reasonable accommodations(s). If I require accommodation(s) in order to fulfill any or all of these functions, I agree to provide information to the District regarding the requested accommodation(s)."

Employee Name (Print)	Date
Employee Signature	Date