

# 4J SCHOOL DISTRICT

<b>JOB TITLE:</b>	TEACHER, PHYSICAL EDUCATION	Dot #: 099.224-010
<b>Department:</b>	High School Physical Education Department	
<b>Work Hours:</b>	8 hour shifts. 5 day week. Some extended hours due to sports activities. Can involve evening and weekend work.	
<b>JOB SUMMARY:</b>	<ul style="list-style-type: none"> <li>• Instruct student in physical education activities in high school setting.</li> <li>• Plans physical education program to promote development of students' physical attribute, social skill.</li> <li>• Teaches/coaches individual and team sports to students.</li> <li>• Organize leads, instructs, referees indoor/outdoor games.</li> <li>• Teaches and demonstrates use of sports and training equipment.</li> <li>• Confers with students, parents, school counselors to resolve problems.</li> </ul>	
<b>QUALIFICATIONS:</b>	<ul style="list-style-type: none"> <li>• Must be able to meet physical demands as described in essential job functions below.</li> <li>• (List specific work experience, skills, education/certification required or preferred.)</li> </ul>	
<b>ESSENTIAL JOB FUNCTIONS:</b> (Constantly over 2/3 time, Frequently 1/3-2/3 time, Occasionally under 1/3 time, Rarely under 10% time)		
<b>Physical:</b>	<ul style="list-style-type: none"> <li>• <b>Standing/Walking:</b> Constantly; throughout work shift. Distance may vary depending on class or sport assignment. Can occur on all types of surfaces/terrain; concrete, tile, grass, track, court, uneven surfaces, etc. Can walk, jog, run up to 3-4 miles daily.</li> <li>• <b>Sitting:</b> Occasionally; while performing administrative duties at desk or table.</li> <li>• <b>Lift/Carry:</b> Frequently, 1-10 pounds; materials, supplies. Occasionally up to 35 pounds; sports equipment, bags, mats. Sometimes 50-70 pounds; setting up volleyball standards.</li> <li>• <b>Push/Pull:</b> Occasionally; using one or both hands exerting a force up to 10-50 pounds while moving mats, pushing carts with track equipment, etc.</li> <li>• <b>Climbing:</b> Occasionally; 1-2 steps in step training. Stair climbing at some locations.</li> <li>• <b>Bending/Twisting:</b> Frequently; at waist/knees/neck while participating in physical education activities, demonstrating activities, performing functions throughout shift.</li> <li>• <b>Kneeling/Crouching:</b> Occasionally; while performing activities throughout the day.</li> <li>• <b>Hands/Arms:</b> Constant use of both in reaching/handling/grasping/fingering/gripping while teaching, demonstrating and participating in physical education activities. Writing, operating computer, setting up equipment. Overhead reaching required.</li> <li>• <b>Sight/Hearing/Speech:</b> Constantly; required while teaching/instructing class and observing students throughout work day. Requires depth perception, hand-eye coordination, visual acuity, near/mid/far range and peripheral vision.</li> <li>• <b>Other Physical Demands:</b> Occasionally; jogging, running, jumping, aerobics training.</li> </ul>	
<b>Mental:</b>	<ul style="list-style-type: none"> <li>• Must be able to work independently and follow through on all tasks assign.</li> <li>• Must possess good communication skills; working with all types of students. Able to communicate to develop team work.</li> <li>• Must have excellent interpersonal skills to handle behavior problems, resolve disputes and motivate students.</li> <li>• Must be able to perform written communication completing logs, filling out forms, lesson plans, instructional manuals.</li> <li>• Must be able to read, write, speak English. Possess basic mathematical skills.</li> <li>• Must be able to monitor multiple factors in processes during times of class work, enrollment or other school activities.</li> <li>• Must constantly be alert able to move quickly and provide vigilance for safety of students.</li> <li>• Must be able to remain calm in dealing with injury or other safety related situations.</li> <li>• Must be able to instruct, train, motivate and discipline students as required.</li> </ul>	
<b>WORK CONDITIONS:</b>	<p>Varies. Can include 30%-40% outdoors while participating in outdoor sports in training. Teachers are on a 9 month assignment.</p> <p>Hazards include moving equipment, slippery surfaces, uneven terrain, sports injury.</p> <p>Equipment: Various types of sports equipment, audio/visual equipment, first-aid equipment. May operate personal vehicle or district vehicle in performance of duties.</p>	