

## SCHOOL AVOIDANCE BOOT CAMP

## You don't have to get back-to-school ready alone!

Led by our School Avoidance Expert, Nicole Casquarelli, this in depth, daily boot camp will prepare your child for the upcoming school year.

Sessions will be held daily at 11:00 AM for 60 minutes via Zoom.

The boot camp will run from August 19<sup>th</sup>-23<sup>rd</sup>.

Topics will include:

- Navigating through schoolrelated discomfort
- 2. Acquiring coping skills to deal with school related distress
- 3. Maintaining attendance and organization

To register, please scan the QR code below, fill out the form and look out for an e-mail with consent forms. Once complete, the Zoom registration link will be automatically sent to you!



Presented by Northwell Health School Mental Health Program

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