



THE SUPPORT YOU NEED ONE CALL AWAY

- WORK-LIFE BALANCE
- ALCOHOL & SUBSTANCE USE
- CRISIS COUNSELING
- STRESS MANAGEMENT
- MARITAL AND FAMILY ISSUES
- CONFLICT RESOLUTION
- PARENTING SKILLS & SUPPORT
- GRIEF, ANXIETY & DEPRESSION
- GAMBLING, INTERNET & OTHER ADDICTIONS



**Your employer cares about you
and has prepaid for our services.**
The support you need is one call
away!

516-747-2606