## Connetquot CSD Food Service & Nutrition Committee



#### **Facilitator**

Robert Hauser, CPA
Assistant Superintendent for Business & Operations
(631)244-2215 ext 3502
rhauser@ccsdli.org

## JOIN OUR NEW

# FOOD SERVICE & NUTRITION COMMITTEE

ATTEND IN PERSON OR ONLINE

## **FIRST MEETING:**

**THURSDAY, JUNE 6** 



In Person: CHS Cafeteria



Virtual via Google Link





## Introductions

- Board of Education Trustees
- Connetquot Central Office Administration
- Connetquot Building Administration and Staff
- Connetquot Food Service Personnel
- Connetquot Parents and Students
- Connetquot Community Members
- Aramark (Food Service Management Company) Personnel



## Meeting Agenda

- Discuss the purpose of the Food Service / Nutrition Committee.
- Review and discuss our participation in Federal National Lunch program, Federal School Breakfast program, and the monitoring of the two programs by the NYS Education Department Office of Child Nutrition.
- Review and discuss the federal breakfast and lunch meal nutritional guidelines and regulations.
- Review and discuss our Community Eligibility Provision (CEP) and Paid-Lunch Equity (PLE) breakfast and lunch programs.
- Review and discuss our breakfast and lunch menu options.
- Review our snack (a la carte) menu options.
- Review and discuss our food service operations by school building.
- Review and discuss our current Food Service Management Company (FSMC) contract with Aramark.
- Discuss our intention to renew the current FSMC contract for the one year (2024/25 school year).
- Address questions, comments, concerns, and suggestions.



## Discuss the purpose of the Food Service / Nutrition Committee.

• The purpose of the committee is to review the district's food service operations, compliance with federal and state school lunch and breakfast program regulations, compliance with the district's wellness and nutritional policy, Food Service Management Contract (FSMC), and to recommend reasonable enhancements for the benefit of the students and staff within the confines of the district's resources.

Review and discuss our participation in Federal National Lunch program, Federal School Breakfast program, and the monitoring of the two programs by the NYS Education Department Office of Child Nutrition.

- Federal National Lunch program
  - https://www.fns.usda.gov/nslp
- Federal School Breakfast program
  - https://www.fns.usda.gov/sbp/school-breakfast-program
- NYS Education Department Office of Child Nutrition
  - https://www.cn.nysed.gov/

# Review and discuss the federal breakfast and lunch meal nutritional guidelines and regulations.

- Breakfast
  - https://www.fns.usda.gov/sbp/sbp-fact-sheet

- Lunch
  - https://www.fns.usda.gov/nslp/nslp-fact-sheet

## Agenda #4

Review and discuss our Community Eligibility Provision (CEP) and Paid-Lunch Equity (PLE) breakfast and lunch programs.

- Community Eligibility Provision (CEP)
  - https://www.fns.usda.gov/cn/cep
- Paid-Lunch Equity (PLE)
  - https://www.fns.usda.gov/cn/paid-lunch-equity-guidance-sy-2023-24

	MAY 2023	MAY 2024
Service Days	20	20
Breakfast Total Meals	1336	28,623
Lunch Total Meals	53,304	62,174
Ala Cart \$	\$38,545.20	\$45,440.70
MPSD	3161	5044
Enrollment	5325	5300

Client Financials	
Federal & State Reimbursements	\$341,097.59
Total Client Revenue	\$388,208.91
Monthly Aramark Invoice	\$135,556.86
Program Profit/Loss	\$252,652.05

Total Daily Participation
MAY 2023 against MAY 2024



#### **High School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	1336	20	1757	67	.04
	MAY 24	2784	20	1754	139	.08

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	14,342	20	1757	717	.41
	MAY 24	16,087	20	1754	804	.46

Total Daily Participation
MAY 2023 against MAY 2024



#### **Ronkonkoma Middle School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	682	0	0
	MAY 24	1791	20	674	90	.13

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	7339	20	682	367	.54
	MAY 24	7830	20	674	392	.58

Total Daily Participation
MAY 2023 against MAY 2024



#### **Oakdale Bohemia Middle School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	633	0	0
	MAY 24	1668	20	592	83	.14

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	6301	20	633	315	.50
	MAY 24	5985	20	592	299	.51

Total Daily Participation
MAY 2023 againstMAY 2024



#### **Bosti Elementary School**

BREAKFAST	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
	MAY 23	0	20	279	0	0
	MAY 24	3834	20	279	192	.69

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	2464	20	279	123	.44
	MAY 24	3677	20	279	184	.66

Total Daily Participation
MAY 2023 against MAY 2024



#### **Idle Hour Elementary School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	190	0	0
	MAY 24	2877	20	214	144	.67

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	2326	20	190	116	.61
	MAY 24	3335	20	214	167	.78

Total Daily Participation
MAY 2023 against MAY 2024



#### **Sycamore Elementary School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	388	0	0
	MAY 24	4880	20	398	244	.61

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	4235	20	388	212	.55
	MAY 24	5009	20	398	250	.63

Total Daily Participation
MAY 2023 against MAY 2024



#### **Slocum Elementary School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	269	0	0
	MAY 24	2364	20	253	118	.47

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	3395	20	269	170	.63
	MAY 24	3794	20	253	190	.75

Total Daily Participation
MAY 2023 against MAY 2024



#### **Duffield Elementary School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	321	0	0
	MAY 24	1999	20	333	100	.30

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	3211	20	321	161	.50
	MAY 24	4289	20	333	214	.64

Total Daily Participation
MAY 2023 against MAY 2024



#### **Cherokee Elementary School**

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	618	0	0
	MAY 24	5184	20	628	259	.41

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	6968	20	618	348	.56
	MAY 24	8819	20	628	441	.70

Total Daily Participation
MAY 2023 against MAY 2024

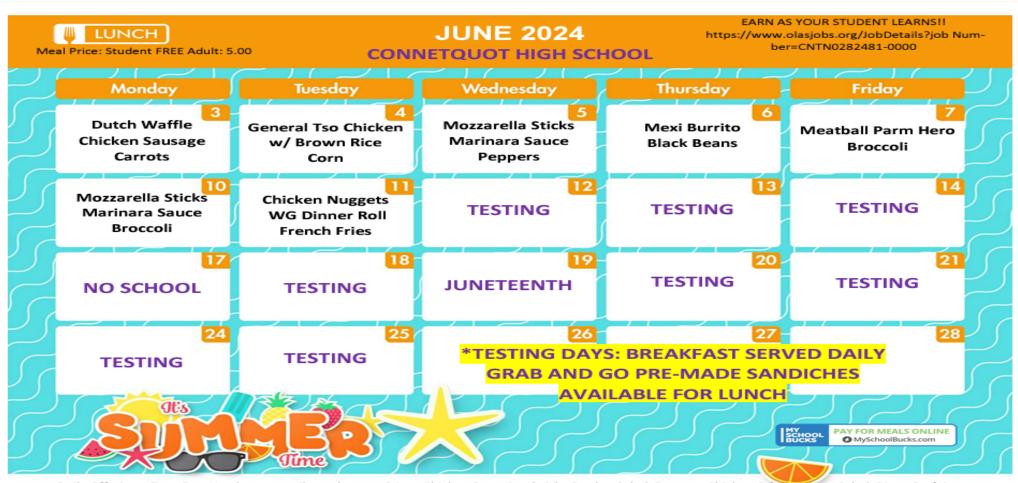


#### John Pearl Elementary School

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
BREAKFAST	MAY 23	0	20	188	0	0
	May 24	1242	20	179	62	.35

	Month	Meal or Equivalent Count	Service Days	Enrollment	MPSD	Participation
LUNCH	MAY 23	2723	20	188	136	.72
	MAY 24	3349	20	179	167	.94

## Review and discuss our breakfast and lunch menu options.



Daily Offerings: Taco Bar. Hamburger or Cheeseburger. Crispy Chicken Patty Sandwich. Garden Salad. Popcorn Chicken Salad. Caesar Salad. Pizza. Parfaits.

Deli Bar: Build your own Sandwich: Chicken Patty, Ham, Turkey, American or Mozzarella Cheese. Assorted Vegetable Toppings. WG Rich Breads, Wraps and Rolls All Meals Served with Fresh Vegetables of the Day, Choice of Milk & Fresh Fruit & 100% Fruit Juice

\*Menu Subject to Change

## JUNE 2024 CONNETQUOT HIGH SCHOOL

EARN AS YOUR STUDENT LEARNS!!
https://www.olasjobs.org/JobDetails?jobNumber=CNTN028248

#### Wednesday Thursday Friday Tuesday Monday Choice of Choice of Choice of Choice of Choice of Assorted Cereal Assorted Cereal Assorted Cereal Assorted Cereal Assorted Cereal Cream Cheese Cream Cheese Cream Cheese Cream Cheese Cream Cheese or Buttered Bagel Cereal Bar Cereal Bar Cereal Bar Cereal Bar Cereal Bar 10 Choice of Choice of Choice of Choice of Choice of Assorted Cereal Assorted Cereal Assorted Cereal Assorted Cereal Assorted Cereal Cream Cheese Cream Cheese Cream Cheese Cream Cheese Cream Cheese or Buttered Bagel Cereal Bar Cereal Bar Cereal Bar Cereal Bar Cereal Bar Choice of Choice of Choice of Choice of Assorted Cereal Assorted Cereal Assorted Cereal Assorted Cereal JUNETEENTH Cream Cheese Cream Cheese Cream Cheese Cream Cheese or Buttered Bagel or Buttered Bagel or Buttered Bagel or Buttered Bagel Cereal Bar Cereal Bar Cereal Bar Cereal Bar Cinnamon Toast Cinnamon Toast TESTING DAYS: BREAKFAST SERVED DAILY Crunch Cereal Bar or Crunch Cereal Bar or Cocoa Puff Cereal Bar Cocoa Puff Cereal Bar GRAB AND GO PRE-MADE SANDICHES AVAILABLE FOR LUNCH PAY FOR MEALS ONLINE MySchoolBucks.com

## BREAKFAST Meal Price Student: FREE Adult: \$4.75

#### **JUNE 2024**

RY EARN AS YOUR STUDENT LEARNS!!
https://www.olasjobs.org/JobDetails?jobNumber=CNTN028248

## CONNETQUOT MIDDLE SCHOOL, ELEMENTARY & PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday	
Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Plain or Chocolate Chip Muffin	Choice of Cream Cheese or Buttered Bagel	Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Plain or Chocolate Chip Muffin	
Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Plain or Chocolate Chip Muffin	Choice of Cream Cheese or Buttered Bagel	Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Plain or Chocolate Chip Muffin	
Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Plain or Chocolate Chip Muffin	JUNETEENTH	Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Plain or Chocolate Chip Muffin	
Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	Cinnamon Toast Crunch Cereal Bar or Cocoa Puff Cereal Bar	27	28	



\*TESTING DAYS: BREAKFAST SERVED DAILY
GRAB AND GO PRE-MADE SANDICHES
AVAILABLE FOR LUNCH

GLUTEN FREE Options offered daily. Yogurt Parfait or GF Bagel





Dairy Offerings: Upon REQUEST. Gluten Free Bagel with Butter or Low-Fat Cream Cheese, Yogurt. Cheese Stick. Chicken Tenders. Fresh Made to Order: Ham, Turkey, and American Cheese on Gluten Free bread. Chef Salad with Cheese. Parfait. Tuesday & Thursday - Cheesy Grilled Cheese on Gluten Free Bread. \*All Meals Served with Vegetables of the Day, Choice of Milk, Fresh Fruit & 100% Fruit Juice

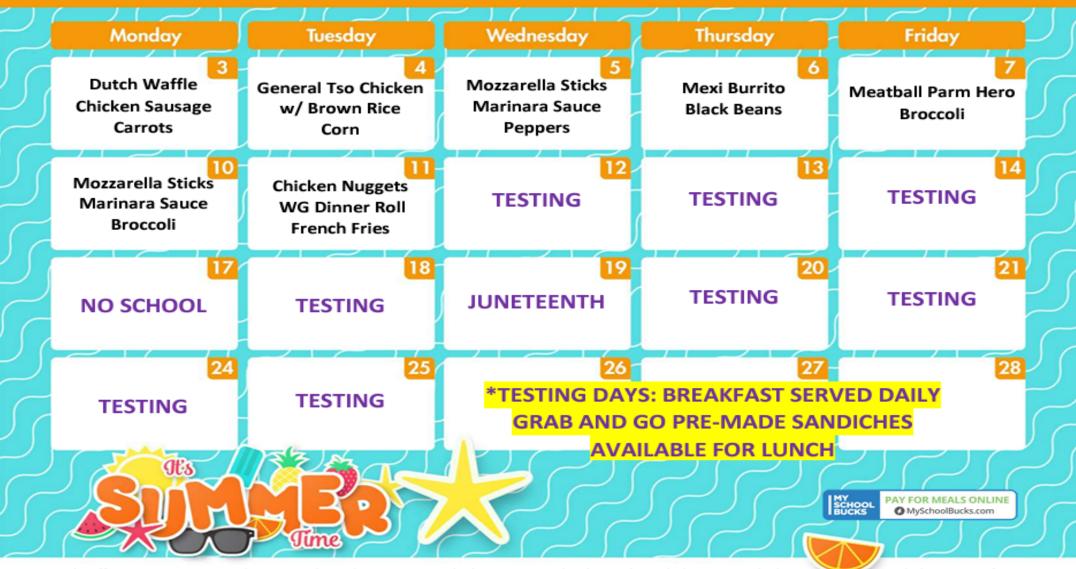


## **JUNE 2024**

EARN AS YOUR STUDENT LEARNS!!

https://www.olasjobs.org/JobDetails?job Number=CNTN0282481-0000

#### **CONNETQUOT HIGH SCHOOL**





## JUNE 2024 CONNETQUOT MIDDLE SCHOOL

EARN AS YOUR STUDENT LEARNS!!
https://www.olasjobs.org/JobDetails?jobNumber=CNTN0282481-0000

Friday Monday Tuesday Wednesday Thursday **Dutch Waffle** General Tso Chicken Mozzarella Sticks Chicken Parm **Mexi Burrito** w/ Brown Rice **Chicken Sausage** Marinara Sauce On WG Roll **Black Beans** Carrots Corn Broccoli Peppers Sausage, Egg and Chicken Nuggets Mozzarella Sticks Mini Corn Dog **TESTING** Cheese Sandwich WG Dinner Roll **Marinara Sauce** French Fries **Black Beans** Corn Peppers **TESTING** JUNETEENTH NO SCHOOL TESTING **TESTING** \*TESTING DAYS: BREAKFAST SERVED DAILY **TESTING** GRAB AND GO PRE-MADE SANDICHES AVAILABLE FOR LUNCH MySchoolBucks.com



#### **JUNE 2024**

EARN AS YOUR STUDENT LEARNS!! https://www.olasjobs.org/JobDetails?job-Number=CNTN0282481-0000

**CONNETQUOT ELEMENTARY & PRE-K** 

Monday Tuesday Wednesday Thursday Friday Pizza **Dutch Waffle** Chicken Nuggets Mozzarella Sticks Fresh Homemade **PARENT-TEACHER** Chicken Sausage WG Dinner Roll Marinara Sauce Pizza CONFERENCE **Black Beans** Corn Carrots Broccoli Pizza Friday!!! Cheesy Chicken Nuggets Pizza Crunchers Fresh Homemade Mini Corn Dog WG Dinner Roll Mac & Cheese WG Dinner Roll Pizza French Fries Broccoli **Black Beans** Carrots Garden salad 20 Pizza Friday!!! 💋 Cheesy Chicken Nuggets Mozzarella Sticks Fresh Homemade Mac & Cheese **JUNETEENTH** WG Dinner Roll Marinara Sauce Pizza Broccoli **Black Beans** Carrots Garden salad **LAST DAY OF HALF DAY HALF DAY SCHOOL** SCHOOL BUCKS MySchoolBucks.com Time

Daily Offerings: Popcorn Chicken with Dinner Roll-Served on Monday, Wednesday & Friday. Cheesy Grilled Cheese Sandwich-Served every Tuesday & Thursday. Bagel with Butter or Low-Fat Cream Cheese. Yogurt. Cheese Stick. Assorted Cereals. Fresh Made to Order Sandwich: Ham, Turkey, & American Cheese. WG Rich Breads and Rolls. Chicken Caesar Salad. Parfaits are available on Tuesday & Thursday. All Meals Served with Vegetables of the Day, Choice of Milk & Fresh Fruit & 100% Fruit Juice

## Review our snack (a la carte) menu options.

Ala Cart Pric	ing	MS & HS 2 <sup>nd</sup>
Juice SS 4FLOZ Carton	.75	Entrée 3.10
Gatorade G2	2.25	Elementary 2 <sup>nd</sup> Entrée 2.80
16FLOZ Bottled Water	1.75	
8FLOZ Bottled Water	1.10	
Chips/Popcorn	1.75	
Soft Baked Pretzel	1.50	
Rice Krispy Treat	2.00	
Pop-Tart	1.75	
Nutrigrain Bar	1.50	
Cereal Bowl	1.40	
Fresh Baked Cookie	.70	
Fruit Roll Up	1.40	
Fruit/Vegetable	.75	
Milk	1.00	
Ice Cream Cone	2.00	
Ice Cream Cup	1.75	
Ice Cream Bar	2.00	

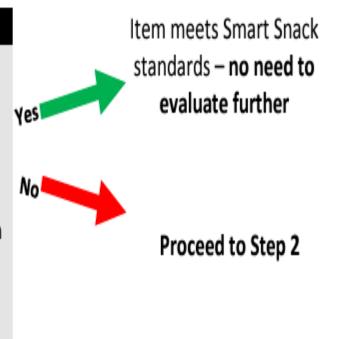
#### **Smart Snacks Reference Sheet - Foods**

The Smart Snacks in School standards require all foods sold on "school campus" during the "school day" to meet standards for fat, saturated fat, trans fat, sugar, and sodium while promoting products that have whole grains, low fat dairy, fruits, vegetables or protein foods as their main ingredient.

Follow the steps to determine if a food item meets the Smart Snacks standards.

#### Step 1: Does the item meet one of the following exemptions?

- Fresh fruits and vegetables (with no added ingredients except water)
- Canned and frozen fruit (with no added ingredients except water or are packed in 100% juice, extra light or light syrup)
- Canned vegetables (with no added ingredients except water)
- NSLP/SBP entrée items\* sold ala carte on day of OR day after service in NSLP/SBP
   \*Entrée item= a combination meat/meat alternate and whole grain-rich food; a combination fruit/vegetable and meat/meat alternate food; a meat/meat alternate food alone (with the exception of yogurt, cheese, seeds and nuts, or meat snacks); a whole grain rich food alone when served as a breakfast entrée.



Step 2: Does the item meet ONE of the General		
Standard	Notes	
Whole grain rich grain product	Must be 50% or more whole grains by weight or first ingredient must be a whole grain (OK if water is listed first)	
First ingredient is a fruit / vegetable / dairy product or protein food	Dried/dehydrated fruits or vegetables meets the general standards Exception: dehydrated or concentrated juice or puree is considered added sugar and does not meet the general standard	Proceed to Step 3
Combination food that contains at least ¼ cup of fruit and/or vegetable	Combination food: Food that contains two or more components representing two or more of the food groups: fruit, vegetable, dairy, protein or grains Two items packaged together can be considered a combination food	No  Item does <b>not</b> meet Smart Snack standards
<ul> <li>Contains ≥ 10% of the Daily Value for calcium, potassium, vitamin D, or dietary fiber (either naturally occurring or added)</li> </ul>	This criterion becomes obsolete effective July 1, 2016	

Step 3: D	oes the it	em mee	t ALL of the Nutrient Standards?		
			Exemptions		
	Entree	Snack	Entrée= a combination meat/meat alternate and whole grain-rich food; a combination fruit/vegetable and meat/meat alternate food; a meat/meat alternate food alone (with the exception of yogurt, cheese, seeds and nuts, or meat snacks)	Item meets Smart Snack standards	
Calories	≤ 350	≤ 200	No exemptions		
Sodium	≤ 480	≤ 230	<ul> <li>Effective 7/1/16 sodium limit lowered to ≤ 200 mg for snack items and side dishes</li> </ul>		
Total Fat ≤ 35% of calories  Saturated Fat < 10% of calories		calories	<ul> <li>Reduced fat cheese (includes part-skim mozzarella)</li> <li>Nuts, seeds and nut/seed butters</li> <li>Items consisting of only dried fruit with nuts / seeds (no added nutritive sweeteners or fats)</li> <li>Seafood (no added fat)</li> </ul>	Aes	
		calories	<ul> <li>Reduced fat cheese (includes part-skim mozzarella)</li> <li>Nuts, seeds and nut/seed butters</li> <li>Items consisting of only dried fruit with nuts / seeds (no added nutritive sweeteners or fats)</li> </ul>	No.	
Trans Fat	Trans Fat < 0.5 grams		•No exemptions	Item does <b>not</b>	
Sugar	≤ 35% gar (of weight from total sugars)		<ul> <li>Dried whole fruits or vegetables and dehydrated fruits or vegetables (with no added nutritive sweeteners)</li> <li>Dried whole fruits or vegetables and dehydrated fruits or vegetables with nutritive sweeteners that are required for processing and/or palatability (ie cranberries, or tart cherries)</li> <li>Items consisting of only dried fruit with nuts / seeds (no added nutritive sweeteners or fats)</li> </ul>	Snack standards	

# Agenda Item #7 Review and discuss our food service operations by school building.

#### Organizational Chart

#### **Board of Education**

Dr. Joseph T. Centamore, Ed.D., Superintendent

Robert Hauser, CPA, Assistant Superintendent for Business & Operations

#### Kristen Lella, Food Service Manager

Nichole Johnston	Karen Gay	Paula Klopsis	Lisa Hull
Cook Manager	Cook Manager	Cook Manager	Cook Manager
High School	RMS	OBMS	Cherokee
	Duffield	John Pearl	
	Slocum	Bosti	
	John Pearl	Sycamore	

## Review and discuss our current Food Service Management Company (FSMC) contract with Aramark.



#### THE STATE EDUCATION DEPARTMENT/THE UNIVERSITY OF THE STATE OF NEW YORK/ALBANY, NY 12234

Office of P-20 Education Policy
Child Nutrition Program Administration
89 Washington Avenue, Room 375 EBA, Albany, NY 12234
(518) 473-8781 Fax (518) 473-0018
http://www.cn.nysed.gov

Date: 08/24/2023

SFA: Connetquot CSD

LEA Code: 580507060000

Subject: Approval of 2023-2024 Food Service Management Company Contract/Extension

Connetquot CSD

's 2023-2024 Food Service Management Company Contract/Extension

has been approved. This letter constitutes a signed copy of the Food Service Management Company Contract/Extension.

If you have any questions concerning this contract/extension or contracting in general, please email MaryBeth Sotir or Stacy Roney.

Thank you.

# Discuss our intention to renew the current FSMC contract for the one year (2024/25 school year).



THE STATE EDUCATION DEPARTMENT / THE UNIVERSITY OF THE STATE OF NEW YORK / ALBANY, NY 12234

Office for Prekindergarten through Grade 12 Education Child Nutrition Program Administration 89 Washington Avenue, Room 375 EBA, Albany, NY 12234 (518) 473-8781 Fax (518) 473-0018 www.cn.nysed.gov

#### School Food Authority (SFA) Required Checklist 2024-2025 Extension of Food Service Contract

	Extension Year: 2 3 4 5				
SFA: Connetquot Central School District	LEA Code: 580507060000				
SFA Business Official: Robert Hauser, CPA	Telephone Number: 631-244-2215				
NOTE: Use this required checklist to ensure that all documents you submit are complete (no blanks). If an incomplete document is received and or completed in pencil, it will be returned to the SFA and the SFA may be placed on reimbursement hold. This Checklist and Extension must be completed and signed by an authorized SFA Representative					
SECTION 1 (ORIGINAL CONTRACT INFORMATION)					
<ul> <li>□ Original agreement date; SFA name; county; FSMC name</li> <li>□ Commencing and ending dates (month/day/year; must agree with original contract)</li> <li>□ Original Per Meal Bid Price</li> <li>□ Guaranteed Return</li> </ul>					
SECTION 2 (2024-2025 EXTENSION INFORMATION)					
☐ Commencing and ending dates (month/day; must agree with original contract)					
<ul> <li>☐ Appropriate month's Consumer Price Index (CPI-U) applied to previous bid year's price</li> <li>☐ Current Per Meal Bid Price</li> </ul>					
☐ Annual Per meal price					
<ul> <li>☐ Guaranteed Return</li> <li>☐ Summer Food Service Program</li> <li>☐ Date agreement signed</li> </ul>					
☐ Signature of BOE President/Executive Director and	d FSMC Authorized Signatory; Sign in Blue Ink				
☐ Debarment Option Form ☐ A or ☐ B *					
<ul> <li>□ Completed Lobbying Certificate</li> <li>□ Completed Disclosure of Lobbying Activities Form</li> </ul>	(if required)				



Address questions, comments, concerns, and suggestions.

Questions

Comments

• Concerns

Suggestions