

We'd like to begin the September Panther Press by thanking our Panther Families for your assistance during our first round of testing! If you would like to check your child's scores, you can find this information in the FOCUS portal. We encourage communicating with your child's teacher if you have any questions, or would like to schedule a conference. An open line of communication is so important in forming positive school/home/family partnerships.

As a reminder, students are to wear their school issued I.D. badges and lanyards as part of their uniform. Please help establish the habit of having the badge on before they leave home, as it is required for riding the bus and entering the school building. We look forward to seeing our families at our scheduled Family Engagement events, Spirit Nights, and other events this year.

## Kindergarten News

Awesome things are continuing to happen in Kindergarten! In Reading, we are learning about characters, settings, retelling stories, and pointing out important details. We have started our Popcorn Books to help us learn our high frequency words. We now have a focus letter every week and will begin blending sounds to create and read words. Writing skills are improving as we write simple sentences daily using our high frequency words. We recite the months of the year and day of the week, and are beginning to spell the color words. We are Math Wizards! We are counting past 50 and learning to properly write the numbers through 10. We are comparing numbers by figuring out which number is greater or less than, and learning how to determine 1 more. The end of the month will be exciting as we begin our Apple Themed Unit, including making some yummy apple treats! Thank you for all of your support!

## First Grade

Our First Grade Panthers are working hard! The first grade team would like to remind you to read with your child every night, and ask questions about what he/she reads. Please reach out to your child's teacher if you have any concerns, questions, or would like some helpful tips to encourage reading.

## Music Notes

Mrs. Navarro is pleased to announce our Panther Chorus will perform just before the September 11th, 2023 School Board Meeting! Join us to hear our PAWsitively amazing chorus, then stay for the meeting which begins at 5:30pm. in the board room at the Murdock County Office.



Angela Navarro  
Music Teacher, PRES

**IMPORTANT!**

**FORTIFYFL**  
SUSPICIOUS ACTIVITY REPORTING APP

**QUICKLY AND EASILY SUBMIT A TIP**  
By accessing FortifyFL, students can provide a description of the threat, share pics and videos and optionally submit their contact information.

<b>Anonymous or Non-Anonymous</b> You decide whether you want to include your name and contact information.	<b>Convenient</b> Submitting a tip is quick and easy using our mobile app or website.	<b>Include Photos and Video</b> You can also include photos or video with your tip report.
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**QUICKLY SEND TO AUTHORITIES**  
FortifyFL automatically routes your tip report to the appropriate law enforcement agencies and school officials.

<b>Your School Officials</b> The tip report goes to your local school officials when submitted.	<b>Local Law Enforcement</b> Your local police department or sheriff office receive copies of your tips automatically.	<b>State-Level Officials</b> State-level officials also have access to your tips to make sure proper steps are taken.
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FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials. FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act.

#FORTIFYFL  
GETFORTIFYFL.COM

Available on the App Store and Google Play.

Florida Department of Education

## Wellness with Wally

Hi Panthers! As we begin the month of September, and we are still experiencing very hot temperatures, I want to remind you to keep hydrated and stay safe in the heat. Drinking lots of fluids and eating fruits and vegetables will also keep you healthy! Each month, I will be sharing a simple recipe (see recipe below) to try at home, and I hope you enjoy trying new things!

This month in P.E., we will be learning about volleyball. We'll learn the rules of the game also how to play together as a team.

### Mango Smoothie

#### Ingredients

- 1 Cup Bananas Sliced, frozen or fresh
- 1 Cup Mangoes (frozen or fresh Diced)
- 1 Cup Coconut milk Or almond milk
- 1 Orange, peeled and cut into sections

#### Instructions

1. Blend all ingredients together until smooth
2. Pour into glasses to serve immediately or into a pitcher to enjoy later



<https://www.cleaneatingwithkids.com/mango-banana-tropical-smoothie/>



### Mental Math Moment with Mrs. Alvarez



Hey friends! I want you to practice some mental math.

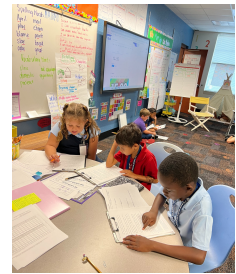
Here's how it will work: If you have a solution and can show or tell how you solved it, write it or draw it on a piece of paper. Make sure to put your first and last name, grade, and your teacher's name on the paper. Then **SHOW HOW** you mentally solved the problem! Parents, you can help your child. Put the paper in my basket outside my room, 144, the Cub Den. I will pull one student from each grade with the correct answer and explanation for a surprise each month!

For my Kindergarten, First, and Second grade friends- Mental Math

this:  $2 + 7 + 8 + 4$

For my Third, Fourth, and Fifth grade friends- Mental Math this:

$2 \times 3 \times 5 \times 7$



#### I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" drainage from eye	Hospital stay and/or ER visit

#### I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication i.e. Tylenol, Motrin	Free from vomiting for 24 hours	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse	Evaluated by my doctor and have a note to return to school	Released by my medical provider to return to school
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Help your child become a better **READER**

Questions to ask your child while reading nonfiction text.

- What is the main idea of the text?
- Can you tell me something you already know about this topic?
- What did you learn from reading the text?
- Are there any words that you do not know what they mean?
- What are some new words that you learned?
- Do you have any questions after reading this?
- Were there any features (diagrams, charts, pictures) that were important?
- Where could you find out more information about this topic?
- What questions would you ask the author about this topic?
- What would be a good title for this text?
- Can you think of another book that you have read about this topic? How was it similar? How was it different?
- Did you like the text? Why or why not?

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