



For the diagram to right, label the direction and provide a simple definition for it.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

Name: _____

Directional Terms/Body Planes and Sections

Use the terms below to fill in the following.

Superior	Lateral	Anterior (Ventral)
Inferior	Medial	Posterior (Dorsal)
Proximal	Midsagittal	Frontal (coronal)
Distal	Sagittal	Horizontal (transverse)

Example: The wrist is distal to the elbow

1. Looking at the face, the nose is _____ to the eyes.
2. The nose is _____ to the mouth.
3. The lungs are _____ the heart.
4. The cut that divides the body into superior or inferior sections is the _____.
5. The cut that divides the body into equal left and right is the _____.
6. The belly side of the body is the _____.
7. The spinal cord is on the _____ of the body.
8. The knee is _____ to the ankle.
9. A cut that produces unequal left and right sections is the _____.
10. The cut that produces ventral or dorsal section is _____.
11. The back of the body is called the _____ side.
12. The heart is _____ the lungs.
13. The stomach is _____ to heart.
14. The kidney is _____ to the floating ribs.
15. The vertebrae is _____ to the heart
16. Toward the middle of the body is called _____
17. Away from the middle of the body called _____