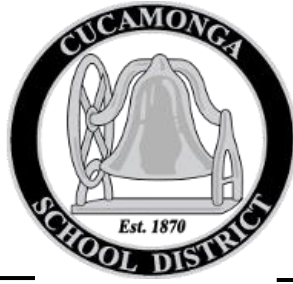


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 (909) 987-8942 / FAX (909) 980-3628

**Health**

In order to provide a healthy school environment for all children and staff, the following instructions have been prepared to assist you in decisions relating to your child's health and school attendance. If your child is not feeling well and you are uncertain about sending him/her on any given school day, it is best to keep your child at home and observe him/her for worsening symptoms. If a child is too ill to attend school in the morning, it is recommended that he/she stay home all day.

Please call the school Attendance Office when your child is absent from school.

It is important for children with chronic illnesses to have care plans at school. Health Care Plans (HCP) provide information for school staff on how to take care of our child and handle emergencies which may occur as a result of the child's illness. It is the responsibility of the parent to notify the school of their child's medical condition. Notify the school by turning in the **signed by physician**, Medical Statement for Students with Allergies and/or Chronic Diseases form.

You can make an appointment with your school nurse to discuss your child's medical condition and obtain copies of health care plan forms. (909) 948-3044 ext. 6226.

**Instructions to Keeping Student's at Home:**

California Education Code 48211 states: School districts may exclude children who exhibit evidence of contagious or infectious diseases or children showing evidence of improper hygiene.

Chicken Pox	Student needs a doctor note to return to school or when all blisters are dry and crusted over. Notify the school if your child has chicken pox.
Colds	Student needs to remain home if he/she has an excessively "runny nose", excessive coughing, temperature at or above 100F, or is too uncomfortable to attend school.
Diarrhea	If a student had diarrhea 2 times in one day, he/she needs to remain at home until diarrhea subsides and no other signs of illness exist.
Rashes	Students to remain at home with any undiagnosed skin rash. Student may return to school when the rash disappears or with a doctor's note stating diagnosis and clearing him/her to return to school.
Eye Infections	Redness, drainage or watery eyes requires assessment to determine the cause (i.e. conjunctivitis (pink eye)) or possible eye injury. Eyes need to be clear, treatment started or the student has been cleared by the physician before returning to school.
Ear Infections	Student does not need to stay home from school, but should be evaluated by his/her physician if he/she complains of ear pain.
Fever and Vomiting	If the fever is over 100F, the student should remain home. He/She may return to school when fever is free, without medication for at least 24 hours. The student needs to be free from vomiting for at least 24 hours before coming to school. A student may vomit ONE time and remain in school if there are no other symptoms of illness present.
Injuries/Surgery	Parents need to contact the school when a child has a serious injury or surgery. Please provide a written physician note stating your child's level of activity. State limitations and special needs. Any appliance (crutches, slings, casts, braces, etc.) requires a note from a physician.
Head Lice	Students need to stay home from school and be treated with shampoo or rinse as recommended by your doctor or pharmacy. Children may return to school when the hair is Nit-Free.

Possible Symptoms of COVID 19	<p>Symptoms may appear 2-14 days after exposure to the virus.</p> <ul style="list-style-type: none"> <li>• Cough</li> <li>• Shortness of breath or difficulty breathing</li> <li>• Fatigue</li> <li>• Muscle or body aches</li> <li>• Headache</li> <li>• New loss of taste or smell</li> <li>• Sore throat</li> <li>• Congestion or runny nose</li> <li>• Nausea or vomiting</li> <li>• Diarrhea</li> </ul>
	<p>Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:</p> <ul style="list-style-type: none"> <li>• Trouble breathing</li> <li>• Persistent pain or pressure in the chest</li> <li>• New confusion</li> <li>• Inability to wake or stay awake</li> <li>• Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone</li> </ul>