

## 5415 SCHOOL WELLNESS

The Board of Education of the Copiague Public Schools is committed to providing school environments that promote and protect children's health, well-being, and ability to learn by supporting healthy eating and physical activity. As a measure of this commitment the Board of Education formally adopts this policy and directs the Superintendent of Schools or his designee to develop and maintain regulations which affirm the district's intent to support the following:

- providing school environments which support healthy eating, physical activity and wellness;
- engaging students, staff, parents, teachers, and community members in health promotion and disease prevention by developing, implementing, monitoring, and upholding the district-wide wellness goals to be established in keeping with this policy;
- maximizing available resources to the greatest extent possible and practicable that will foster the adoption of lifelong habits of health and wellness among students, staff and the community;
- establishing this policy as a framework to guide program and curriculum development as it relates to health and wellness in the district;
- establishing building Wellness Sub-Committee's to assist in monitoring outcomes and advising on improvements that might be made to further enhance health and wellness in the district;
- establishing an ongoing annual evaluation of the effectiveness of this policy.
- for purposes of this policy, "school campus" means all areas of district property accessible to students during the school day; "school day" means the period from the midnight before to 30 minutes after the end of the official school day; and "competitive food" means all food and beverages other than meals reimbursed under federal food programs available for sale to students on the school campus during the school day.

### Ref:

[P.L. 108-265](#) (Child Nutrition and WIC Reauthorization Act of 2004)

[42 USC §§1758\(f\)\(1\); 1766\(a\)](#) (Richard B. Russell National School Lunch Act)

[42 USC §1779](#) (Child Nutrition Act)

[7 CFR §210.10; 210.11](#) (National School Lunch Program participation requirements - standards for lunches, snacks, and competitive foods)

[7 CFR §220.8](#) (School Breakfast Program participation requirements - nutrition standards)

[8 NYCRR Part 135](#) (Health and Physical Education curricular requirements)

*Appeal of Phillips*, 37 EDR 204 (1997) (dec. no. 13,843)

*Appeal of Williams*, 32 EDR 621 (1993) (dec. no. 12,934)

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**Copiague Public Schools**

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