



Resources for Families and the Community

Non-Emergency Contact Information:

Collinsville Police: (618) 344-2131
Maryville Police: (618) 344-8899
Fairmont City Police: (618) 274-4504
Caseyville Police: (618) 344-2151
Madison County Sheriff's Department: (618) 692-6087
St. Clair County Sheriff's Department: (618) 277-3505

Emotional Wellbeing & Talking to Children About Tragedy:

- American Academy of Pediatrics: [“Talking to Children about Tragedies and other News Events”](#) (Click [HERE](#) for Spanish)
- National Institute of Mental Health: [“Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do”](#) (Click [HERE](#) for Spanish)
- National Association of School Psychologists: [“Talking to Children About Violence: Tips for Parents and Teachers”](#) (English & Spanish printables)
- Child Development Institute: [“How To Talk To Kids About Violence”](#) (PDF/English)
- Mental Health America: [“Talking To Kids About Fear And Violence”](#) (PDF/English)

CUSD 10 Virtual Calming Room

Our social work and counseling staff maintain a website for students, staff and families to access resources, links and advice for managing emotions and feelings: [Virtual Calming Room](#)



Recursos para las Familias y la Comunidad

Información de Contacto de No Emergencia:

Policía de Collinsville : (618) 344-2131

Policía de Maryville: (618) 344-8899

Policía de Fairmont City: (618) 274-4504

Policía de Caseyville : (618) 344-2151

Departamento del Sheriff del Condado de Madison: (618) 692-6087

Departamento del Sheriff del Condado de St. Clair : (618) 277-3505

Bienestar Emocional y Hablando a los Niños Acerca de Tragedias :

- Academia Americana de Pediatría: [“Talking to Children about Tragedies and other News Events”](#) (Click [HERE](#) para Español)
- Instituto Nacional de Salud Mental: [“Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do”](#) (Click [HERE](#) para Español)
- Asociación Nacional de Psicólogos Escolares: [“Talking to Children About Violence: Tips for Parents and Teachers”](#) (Material para imprimir en Inglés y Español)
- Instituto del Desarrollo para el Niño: [“How To Talk To Kids About Violence”](#) (PDF/English)
- Salud Mental America: [“Talking To Kids About Fear And Violence”](#) (PDF/English)

CUSD 10 Salón de Calma Virtual

Nuestro personal de trabajadores sociales y personal de asesoría mantienen un sitio en la red para estudiantes y familias para tener acceso a recursos, eslabones y recomendaciones para manejar las emociones y sentimientos : [Virtual Calming Room](#)