



THE KAHOK CURRENT

Volume 16, Issue 1

First Quarter

Welcome to the 2022-2023 School Year!

Collinsville High School

“The High School of Champions”

WIN THE DAY!

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Dear CHS Parents and Guardians,

It is an exciting time to be a Kahok! The school year is off to a fast start. The fall sports season is underway and most of our clubs/organizations have already had their first meeting of the year. This is going to be a fantastic year. To help make sure that happens, we need your help. Please use Skyward and/or Google Classroom to stay current with your student’s academic performance.

We are very proud of all the academic supports we offer here at CHS. Math and World Language tutoring labs are available

to students during lunch and study halls daily.

The CHS Writing Center is also available throughout the school day. Students can submit writing assignments for assistance electronically at any time, and there is an English teacher available for in-person conferences during the lunch and study hall periods daily as well. We offer in-person tutoring sessions (math, science, social studies, and English) after school (3:00-4:00 p.m.) on Tuesdays and Thursdays. Transportation home is provided for students on those days if needed. We will also continue our SAT prep program next semester.

mester.

Please follow CHS and other Collinsville Unit 10 Schools on Facebook or on our website at www.kahoks.org.

GO KAHOKS!

Sincerely,

Daniel Toberrman

CHS Principal



Important Procedure Reminders

Collinsville High School has adopted procedures you and your child may want to familiarize yourself with as the school year begins:

REPORTING STUDENT ABSENCES: To report your child absent, you must call the school at 346-6320 and push 3. Messages may be left 24 hours a day. Please be sure to call your child in by 10 a.m. at the very latest. If a call is not received by 10:00 a.m. a parental note must be given to the Attendance Office within five days upon the child’s return or it will be recorded as an unexcused absence.

STUDENTS ARRIVING LATE TO SCHOOL: All students arriving late must report to the Attendance

Office. Parents should notify the school via telephone if they know their child will be arriving late. Please press 4 when calling.

REQUESTING AN EARLY DISMISSAL: Students must have parental permission to leave campus. Parents, please call in advance to request the early dismissal. In the event that it is a last minute issue, please send your child to the Attendance Office in the morning with written permission for the early dismissal. Once an administrator grants permission to leave, your child will be issued a pass to leave campus.

*The determination of an excused or unexcused

absence/tardy is based upon the reason and administrative approval.

DRESS CODE:

Before your child leaves for school please be sure that he/she is dressed appropriately for school. Students not dressed according to the dress code will be sent home to change clothes. For additional school policies, please refer to the CHS Handbook.

ENTERING CHS:

In order to enter Collinsville High School as a visitor you must use the single point entry doors for security purposes. You must also have a valid picture ID to enter Collinsville High School and will have to present the ID at the window before being buzzed into the building. Thank you for your cooperation in this matter that will help ensure the safety of our campus.

CHS WRITING CENTER SCHEDULE



1st HOUR: Mrs. Biondi
 2nd HOUR: Mrs. Geib
 3rd HOUR: Mrs. Martens
 4th HOUR: Mr. B. White
 5th HOUR: Mrs. Fitzgerald
 6th HOUR: Mrs. Mizel
 7th HOUR: Mr. Stark



Anyone can send a student for writing help during any of the staffed hours. Students need a pass to be admitted, and we ask that students bring their work & instructions with them.

Teachers can check the [sign-in log](#) if questioning student attendance.

Send work to writingcenter@cusd.kahoks.org if you need something reviewed & you have no time to visit us in person. We're in the library.



Parent Teacher Conference Dates Set



Research has shown that parental involvement is the most important factor in a student's success in school. For many parents, that involvement begins at parent-teacher conferences. Our parent-teacher conferences will be held on October 27 and 28, 2022.

Both parents and teachers know that regular and honest communication is essential to student success. The most important strategy for parent-teacher conferences is to be prepared. The following questions may help you

to identify topics to discuss during the conference:

*What general questions do you have about classroom curriculum, standards, evaluation techniques, or procedures?

*What specific concerns do you have about your child's academic progress or behavior?

*What questions or concerns does your child have about school?

*What do you want the teacher to

know about your child?

*What help can you offer the teacher?

We at CHS also encourage you to be a Skyward parent. Please log-in and become a user of this program that allows you 24 hour access to your child's grades in all of his or her classes. Please contact Chris Oatman at 618-346-6350 ext. 4286 or coatman@cusd.kahoks.org if you need assistance accessing your account.



Math Tutoring Available



The Math Department of Collinsville High School is committed to providing all students with the chance to receive extra help with their math courses. If your child is struggling or needs a little extra help with their math, he or she can take advantage of the tutoring sessions available during the school day. Tutoring is offered during all study halls by teachers within the department. Additionally, teachers may be available before school or at the end of the school day. Have your child check with their teacher to see how to schedule extra help before/after school.

Passes can be obtained from any math teacher OR from your child and study hall teacher to be a part of the tutoring program. Also, tutoring is available every Tuesday and Thursday from 3pm to 4pm in the CHS Library. A math department teacher is available during this time.

These tutoring opportunities are a great resource for students who need extra help in math, and our math teachers are waiting to help your child any way they can. So please encourage your child to take advantage of these great opportunities!

Math Tutor Labs

3A: Rm 317 – Mr. Nichols

4A: Rm 316 – Mr. Glynn

4B: Rm 106 – Mr. Liljegen

5A: Rm 312 – Mrs. Munzert

5B: Rm 103 – Mr. Lackey



STEM NEWS



Eight of our STEM Club students attended and competed in the TSA National Convention in Dallas, Texas this summer. During the trip they had the opportunity to visit NASA in Houston, walk the beach on Galveston Island, and go to the Sixth Floor Museum in Dallas. The kids competed in several events and learned a lot about Leadership and how they need to conduct themselves in school and throughout life. They had a great opportunity to compete with other schools from throughout the United States and to develop some new skills. They were accompanied by STEM Club advisor, Mrs. Cindy Bednara and Mrs. Tracy Plagemann. The students were excited when they found out that their advisor, Mrs. Bednara had received the Technology Student Association Advisor of the Year.

The Technology Student Association is a national student organization created to develop skills in science, technology, engineering, and mathematics as well as business education. TSA aims to de-

velop leadership, academic, and business management skills in the workplace among students and leaders within the community. If you would like additional information about TSA visit: <https://tsaweb.org/tsa>

These students have already hit the ground running this school year and look forward to another successful year. They encourage and welcome others to join them in this exciting opportunity. For any students that are interested in STEM or TSA, please contact Mrs. Bednara at cbednara@cusd.kahoks.org



Kahok Sports Update

Kahoks! We are looking forward to a great Fall Season of Athletics!

Collinsville High School Athletics will have teams in the following sports this semester:

Boys Sports: Football, Cross Country, Golf, and Soccer

Girls Sports: Cross Country, Golf, Tennis, Swimming, and Volleyball

Co-Ed Sports: Cheerleading, and Dance Team

*Parents and Fans are encouraged to check out the NEW CHS Athletics website: www.kahokathletics.com, and download our new Kahok Athletics App

APPLE:

<https://apps.apple.com/us/app/collinsville-kahoks-athletics/id1561023856>

ANDRIOD:

<https://play.google.com/store/apps/details?id=mm.ilcollinsville&hl=en>

COLLINSVILLE KAHOKS
Official Sports Network
 Download on the App Store
 GET IT ON Google Play
kahokathletics.com



Erin's Law Presentation



The week of October 3, During Study Halls , Kahok Talk, CHS's Video Production Class, will air a special 15 minute episode on Erin's Law. Erin's Law is a sexual assault education program signed into law by Governor Quinn in January, 2013. The law requires age appropriate sexual abus , assault awareness and prevention education in grades PK-12 along with the training for school staff on the prevention of sexual abuse.

Erin's Law is named after childhood sexual assault survivor, author, speaker and activist Erin Merryn. Erin shares on her web site, <http://www.erinmerryn.net/erins-law.html>, that through her education, she was educated on what to do in case of a tornado, fire, or bus evacuation, but was never taught what to do to keep herself safe from sexual abuse/assault. It is her mission to have a bill passed in all fifty states. Illinois is one of 37 states that have already passed the law. Kahok Talk's episode will cover the following topics: What Erin's Law is, Erin's story, statistics about

sexual abuse/assault, ways people can protect themselves, and where to go for help.

Unfortunately, sexual abuse and assault are a reality for many young people. Statistics show that 1 in 4 girls and 1 in 6 boys will be victims of sexual assault by their 18th birth day and approximately 2/3 of asaults are committed by someone known by the victim ([www.http:// www.erinmerryn.net/erins law.html](http://www.erinmerryn.net/erins-law.html)). The websites listed below give some information about ways to try to prevent sexual abuse/ assault, warning signs of sexual abuse/assault and what to do if someone you know becomes a vic tim of sexual abuse/assault.

Erin's Law

<http://www.erinslaw.org/erins-law/>

Parent Tips for Preventing and Identifying Child Sexual Abuse:

<https://www.aap.org/en-us/about-the-aap/aap-press-room/news-features-and-safety-tips/Pages/Parent-Tips-for-Preventing-and-Identifying>

Child-Sexual-Abuse.aspx

5 Tips to Protect Your Child from Sexual Abuse (RAINN – Rape, Abuse, Incest National Network)

<https://www.rainn.org/protect-your-children>

Call For Help Sexual Assault Victims Care Unit

<http://callforhelpinc.org/our-services/sexual-assault-victims-care-unit/>

618-397-0975

If you have questions or concerns about the video that will be shown or do not want your student to view the video, please contact Micki Fedorchak, CHS Social Worker at mfedorch@cusd.kahoks.org (with Erin's law in the subject line) or 618 -346-6320 X 1170 by 12:00pm on Monday, September 26, 2022.

-Mrs. Micki Fedorchak

CHS Social Worker



Yearbook Information for 2023 Graduating Seniors...

Don't forget to submit your senior picture to kahokian@cusd.kahoks.org by November 1. It must be submitted by the photographer and sized at 3" x 3.5" with 300-resolution, jpg format. The yearbook no longer requires photos to be head &

shoulders only. The senior can select a photo that represents their personality, as long as it is school appropriate. Contact Shawn Geppert at 618-346-6320 ext.1226 or email kahokian@cusd.kahoks.org if you have any questions.



Suicide Prevention Awareness

September is National Suicide Prevention Awareness Month—a time to share resources in an effort to shed light on this highly taboo and stigmatized topic. We use this month to reach out to those affected by suicide, raise awareness and connect individuals considering suicide to treatment services. It is also important to ensure that individuals, friends and families have access to the resources they need to discuss suicide prevention.

It can be frightening if someone you love talks about suicidal thoughts. It can be even more frightening if you find yourself thinking about dying or giving up on life. Not taking these kinds of thoughts seriously can have devastating outcomes, as suicide is a permanent solution to (often) temporary problems.

According to the CDC, suicide rates have increased by 30% since 1999. Nearly 45,000 lives were lost to suicide in 2016 alone. Comments or thoughts about suicide — also known as suicidal ideation — can begin small like, “I wish I wasn’t here” or “Nothing matters.” But over time, they can become more explicit and dangerous. Know the warning signs and the steps you can take.

Warning Signs

Here are a few warning signs of suicide:

- Increased alcohol and drug use

- Aggressive behavior
- Withdrawal from friends, family and community
- Dramatic mood swings
- Impulsive or reckless behavior

Suicidal behaviors are a psychiatric emergency. If you or a loved one starts to take any of these steps, seek immediate help from a health care provider or call 911:

- Collecting and saving pills or buying a weapon
- Giving away possessions
- Tying up loose ends, like organizing personal papers or paying off debts
- Saying goodbye to friends and family

Support In A Crisis

When a suicide-related crisis occurs, friends and family are often caught off-guard, unprepared and unsure of what to do. The behaviors of a person experiencing a crisis can be unpredictable, changing dramatically without warning. There are a few ways to approach a suicide-crisis:

- If you or someone you know is in an emergency, call **911** immediately.
- Talk openly and honestly.

Don’t be afraid to ask questions like: “Do you have a plan for how you would kill yourself?”

- Remove means such as guns, knives or stockpiled pills
- Calmly ask simple and direct questions, like “Can I help you contact your doctor?”
- If there are multiple people around, have one person speak at a time
- Express support and concern
- Don’t argue, threaten or raise your voice
- Don’t debate whether suicide is right or wrong
- If you’re nervous, try not to fidget or pace
- Be patient

Licensed mental health professionals can help. You can reach out to the National Suicide Prevention Lifeline at 800-273-8255 (24 hours a day), the Southwestern Illinois National Alliance on Mental Illness at (618) 798-9788 or your health insurance provider for a list of local mental health providers.

Adapted from:

<https://www.nami.org/Learn-More/Mental-Health-Conditions/Related-Conditions/Risk-of-Suicide>

COLLINSVILLE KAHOKS

Official Sports Network

SCAN TO DOWNLOAD

Download on the App Store

GET IT ON Google Play

kahokathletics.com



Back to School Immunizations

*ALL NEW STUDENTS AND INCOMING FRESHMEN ARE REQUIRED TO HAVE A **PHYSICAL** AND UP TO DATE **IMMUNIZATIONS** TO ATTEND SCHOOL.

SENIORS NEED PROOF OF AT LEAST ONE **MENINGOCOCCAL IMMUNIZATION** ON OR AFTER THEIR 16TH BIRTHDAY.

***Freshmen** are recommended to obtain a dental exam.

***SPORTS PHYSICAL** - If your child will be participating in grades 7-12 sports, a sports physical is required annually (the ninth grade physical exam may be used during freshman year only) on the IHSA/IESA Physical form. Sports physicals are valid for 395 days and must be completed prior to tryouts/practice/play.

Please communicate with your building **SCHOOL NURSE** if you are in need of assistance finding resources, etc. We are more than willing to assist you in any way we can to prevent your child's exclusion from school.





AVC Preschool

Located at the Collinsville Area Vocational Center
at Collinsville High School.

We are currently enrolling children ages 2-5 years old.

Friendly Frog's: 9:10 am to 11:10 am

Dancin' Dino's: 11:40 am to 1:40 pm

*two days weekly 1st semester/four days weekly 2nd semester

Classes begin October 4th.

Only \$60.00 each semester.

Email sgeppert@cusd.kahoks.org for more information.

First Semester

(Tues/Thurs only)

October 4th
to
December 8th



Second Semester

(Mon/Tues/Wed/Thurs)

January 30th
to
April 27th

Counseling Department Spotlight

Seniors & College/Tech School Applications:

Now is the time for seniors who are planning to attend college or technical schools in Fall 2023 to apply for admission. Students will simply go to the college/tech school website and click “Apply” and follow the application directions. Students may also search on the college admissions website for an application link. After applying, students should visit the CHS Counseling Department Website (below) to complete a “Transcript Release Form” to have their official transcript sent to that college/tech school.

<https://sites.google.com/cusd.kahoks.org/chs-counseling-dept/transcript-requests>

CHS Counseling Department will be hosting a College Admissions Onsite

where students can apply to the following schools for FREE and find out immediately if they get in and gain information about scholarships. The following schools will be at CHS to participate in this program: SIUE, SIUC, EIU, WIU, UMSL, Missouri State, Central Arkansas, Murray State and SEMO. By participating your student could save hundreds of dollars in application fees and save time in the application process. To participate in this fantastic opportunity students must sign up between August 24- Sept. 9th on the google form that Mr. Corey emailed out to them.

Financial Aid & Scholarships:

Seniors who are planning to attend college or technical school next fall will need to complete the FAFSA (Free Application for Federal Student Aid) starting Oct. 1st. The FAFSA is used by colleges and tech schools to determine eligibility for grants, work-study opportunities and loans. For additional information about the FAFSA visit: <https://studentaid.gov/h/apply-for-aid/fafsa>. CHS will be hosting a FAFSA night on Oct. 12th at 6pm in the CHS library where counselors and financial aid advisors will be available to help families fill out the FAFSA. Seniors should also consider applying for scholarships. Resources and links to scholarship websites can be found at: <https://sites.google.com/cusd.kahoks.org/chs-counseling-dept/scholarships>



Google Classrooms:

To receive updates from the CHS Counseling Department about programs, important deadlines, etc. please sign up for Google Classroom by adding the appropriate link:

Class of 2023- 343fun4

Class of 2024- 3kxdjc

Class of 2025- e2bjoco

Class of 2026- 5fnhm2m

CUSD #10 Virtual Calming Room

The school district has a website to help you through life's events, both big and small. The CUSD #10 Virtual Calming Room is a place for students, staff, and others in the community to find tools and strategies for managing emotions and feelings in positive ways. You will also find resources to help meet the variety of challenges you may be facing from mental health to physical resources. If your student thinks he/she need further help in managing emotions, please reach out to your school counselor. We hope you enjoy our new website and take some time for yourself! <https://sites.google.com/cusd.kahoks.org/cusd-virtual-calming-room/home>



Introducing Naviance to Parents and Families

This year, Collinsville High School is thrilled once again to offer ***Naviance College and Career Readiness Solutions*** to our students. Naviance is a comprehensive, web-based platform that is designed to help Collinsville students engage in self-discovery assessments, career exploration, college searching and post-secondary preparation throughout their high school career.

Self-Discovery – Through participation in a variety of Naviance assessments, students will learn more about themselves, their personalities, their inherent strengths, interests and learning styles. This personal understanding and perspective will support and engage students both in and out of school while also supporting their career exploration.

Career Exploration – Naviance houses an impressive database of career clusters, career pathways, and career profiles for students to discover. The platform offers a wealth of information about the types of work activities performed while also highlighting the knowledge, skills and abilities deployed in each career. With these resources at their fingertips, students may think critically about careers that may be a good fit and the plan of study required to pursue a given career.

College Research, Application & Post-Secondary Preparation – No matter what your student's post high school plans are, whether it be college or a career, the Naviance tools will help them explore the possibilities. Naviance has a robust college database to facilitate the college search and scholarship search process.

What can I do to support my student with respect to Naviance?

Naviance is available to students, but it is also available and recommended as a tool for parents as well. Familiarize yourself with the college and career resources and have conversations with your students about what they are doing and learning from within the system. Students and parents alike are able to access Naviance here: <https://student.naviance.com/collinsvillehs>.

Students will be able to use the single sign on feature as long as they are logged into their school google suite account.



NAVIANCE

Zach Blaha selected to serve on The Federal Reserve Bank of St. Louis Student Board of Directors for 2022-2023



Senior Zach Blaha will represent Collinsville High School (CHS) this school year as a member of The Federal Reserve Bank of St. Louis Student Board of Directors. The program, which is in its 11th year offers high school seniors a dynamic way to learn about our national central bank. Participants gain a thorough understanding of the Federal Reserve's role in the U.S. economy, participate in online and in-person learning experiences, and join in discussions with St. Louis Fed leaders on topics ranging from professional development to career planning and progression. St. Louis and Metro-East area students are selected based on the quality of their essay and letters of recommendation. Zach's essay focused on leadership and spoke to the importance of leaders being self-aware, encouraging, ethical, and civic minded. During his time on the Student Board, Zach will attend monthly board meetings, complete online learning modules focused on economics and personal finance, collaborate with other Student Board members, create a presentation about the Fed and present to classes at CHS, and continue to develop his leadership skills. Student Board members will also work with Fed professionals to improve and enhance their resume writing and interviewing skills. After successful completion of the yearlong program, Zach will have an opportunity to apply for a paid, summer internship within a variety of departments at the Fed. In addition to Zach, CHS has been fortunate to have ten other students serve on the board. Previous alumni include: Brian Hoyt, 2012-2013; Sam Caputo, 2014-2015; Ben Frey, 2015-2016; Benjamin Carlson, 2016-2017; Venise Govan, 2017-2018; Tyme Sampson, 2018-2019; Ryan Lanier 2019-2020; Hannah Pettit 2020-2021, and Chelsea Nott 2021-2022. Current CHS Juniors who may be interested in applying for the Student Board for the 2023-2024 school year, can stop by Room 319 and speak with business teacher and Federal Reserve Bank of St. Louis Educator Advisory Board Member, Vicki Fuhrhop.



FEDERAL
RESERVE
BANK *of*
ST. LOUIS

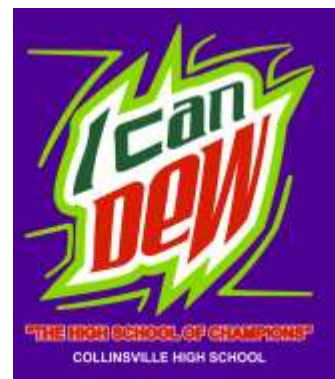
CENTRAL TO AMERICA'S ECONOMY®

Collinsville High School 2021 SAT Thank You

The 2022 SAT was given in April of 2022 to all Juniors at Collinsville High School.

A special thank you goes out to **The Mattea Law Firm** for donating \$2,700 to CHS last year to purchase over 500 “I Can Dew” t-shirts.

Plans are underway for this coming year’s SAT test in April of 2023 for all Juniors. If you have any ideas or would like to help, please e-mail Kyle Gordon at kgordon@cusd.kahoks.org.



Khan Academy Improves SAT Scores

In 2022, students who spent time working on Official SAT Practice through Khan Academy improved upon their PSAT 10 score by more than 100 points on the SAT. That is one of the main reasons the CHS staff is once again encouraging students to spend as much time practicing as possible.

Each student can link their PSAT score with Khan Academy for personalized activities that work when it comes to improving their score on the SAT. The CHS staff is also giving incentives for students to spend time on the practice including free pizza and a field trip. Time spent on the practice will be counted now through April, so get started!

If you have any questions about Khan Academy or how to get started, talk to your child’s counselor.



Thank You To Our Freshmen Orientation Sponsors!

Members of the CHS Leadership 101 class created a Freshman Orientation program they believed would provide incoming freshmen with a thorough introduction to high school. The students spent class time brainstorming content and developing the structure and organization for the program. Of utmost importance to the students was that the event be fun, engaging, meaningful, and beneficial.

The goal of the program was to generate excitement and a sense of belonging when the incoming freshmen think about CHS and being a part of The High School Of Champions.

We held the annual Freshmen Orientation on Thursday, August 4 and had RECORD participation!

Thanks to these great Community Partners, we were able to provide each incoming Freshmen a **purple** Kahok class shirt that they can wear every Friday during the school year!

Thank you to the wonderful community partners who made this possible!

*** Hartmann Realtors**

***Premier Foot and Ankle—Dr. Gabe Cardenas**

*** Edward Jones—Mr. Jason Rehg**

***The Blaylock Team—KW Marquee Keller Williams Reality**

***First National Bank of Waterloo**

***Mike's Automotive**

***Abstracts and Titles, Inc.**

***Allen Roofing**

***Collinsville Building and Loan Association**



***Alpha Storage, LLC**

***Anew Perspective**

*** Chapman Trucking**

***Osborn Properties**

***Scott Credit Union**

***McDonalds—Beltline and Ramada**

*** LocksA2Z.com**

***Anderson Hospital**

***Country Financial—Scott Allen**

***Massage Luxe**

***Junior Service Club of Collinsville**





Individual and Family Counseling
Civil and Family Mediation
618-208-1690 618-977-6252



Alpha Storage, LLC
Your Self Storage Solution



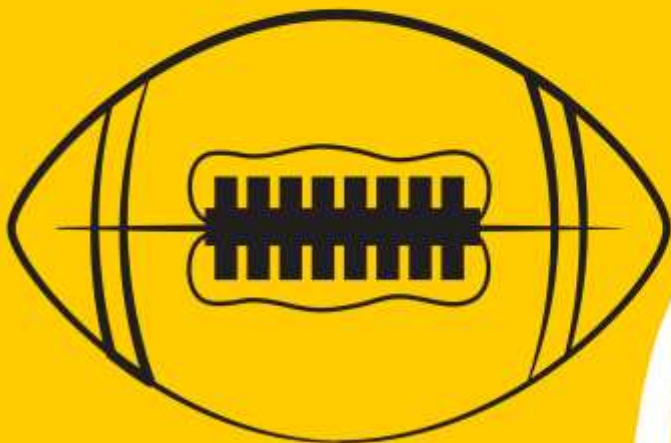


**Thank you once again for your support of
Freshmen Orientation! Your generosity is
so very much appreciated!**



First Annual Golden Football Game

Raising awareness for childhood cancer



Date - Sept. 9th, 2022

Time - Kick off at 7:00 pm

Location - Kahok Stadium

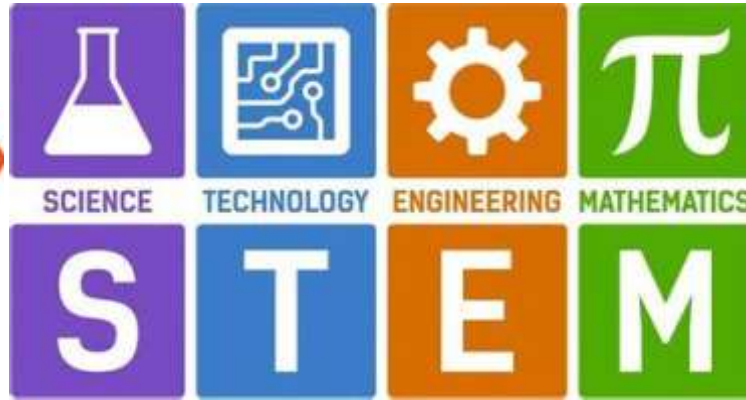
***50/50 Raffle**

***Paint the stadium gold:**

Golden game shirts will be pre-sold to wear at the game

***Donations to St. Jude can be made for a chance to win a prize basket!!**

***During halftime, we will be honoring families touched by cancer**



STEM Club is Underway for the 2022-23 School Year

Many things are planned for the STEM Club this year including competitions. Starting August 25th (Thursday) there will be a membership mixer in room 128 (outside, weather permitting). Any student interested in joining a worthwhile club please come to our mixer. Our club is involved in many competitions including VEX Robotics and Science Olympiad which are our major competitions. Other competitions include TSA, Solar Explorers, Science, Engineering and Research Challenge, and many others. Any student going into a STEM career should seriously consider this club, which helps with college applications.

Our first meeting will be held September 1st (Thursday) in room 128. Hope to see you there!

Meet Our Officers!



Jenna Feldmann

Brandon Nygard

Peyton Beeles

Madison Carlyle

Sam Stuckey



DESTINATION: LEADERSHIP
Where Dreams Come True

2023 VISION CONFERENCE ★ COLLINSVILLE, ILLINOIS

The VISION National Student Council Leadership Conference is returning to Collinsville High School!

WHEN: June 26, 27 and 28, 2023

VISION Stands For: Value, Inspire, Share, Insight, Opportunity, Network

The VISION National Student Leadership Conference is designed by students and led by students for students (middle school and high school) and adult educational leaders.

Participants leave with renewed enthusiasm for student involvement at their schools and in their communities, new ideas for service learning projects they can implement, stronger leadership skills, and a new network of friends to help them along their leadership journey.

We expect student leaders from all fifty states! That adds up to 1,200 student leaders coming to Collinsville!

Stay tuned for exciting updates and chances to volunteer and sponsor this unique Collinsville experience!

www.stucovisionconfernece.org will be up and running by September 1, 2022!

NEED HELP IN A CLASS?

We have a tutor for that!

Just ask your study hall teacher for a pass!

Writing

located inside the library at
the Writing Center

1st Hour Ms. Biondi

2nd Hour Ms. Geib

3rd Hour Ms. Martens

4th Hour Mr. White

5th Hour Ms. Fitzgerald

6th Hour Ms. Mizel

7th Hour Mr. Stark



Math

3A: Mr. Nichols, Room 317

4A: Mr. Glynn, Room 316

4B: Mr. Liljegren, Room 106

5A: Mrs. Munzert, Room 312

5B: Mr. Lackey, Room 103



World Languages

3rd hour - Señora Barr

Room 222

4th hour - by appointment

5th hour - Señora Kettler

Room 223



FUTURE HEALTH PROFESSIONALS CLUB

If your student is interested in the healthcare industry, HOSA is the organization for them! Please contact advisors listed below!

Ms. Perry: aperry2@cusd.kahoks.org
Mrs. Wegener: kwegener@cusd.kahoks.org



CAVC

Civic Memorial High School | Collinsville High School | Dupo High School | East Alton-Wood River High School
Edwardsville High School | Highland High School | Lebanon High School | Mascoutah High School | Triad High School

Where classrooms *and* careers meet.

A WELCOME MESSAGE BY JOE MCGINNIS,

This is always an exciting time of year, being able to see so many students begin learning about potential careers they can pursue. As we finish up our first full week it is always fun to see the different football jerseys from all of the different schools worn by students walking the halls.

CLASS TIMES

Mon, Tue, Th, Fri - AM session - 8:55 AM - 11:20 PM
PM Session - 11:25 AM - 1:50 PM

Wednesdays - AM session - 8:46 AM - 11:04 PM
PM Session - 11:09 AM - 1:27 PM

CAVC UPDATES

- The CAVC Weld shop has finally received A/C after 51 years.
- We invested \$100,000+ into the CHS weld shop to offer a 3rd section of vocational welding.

TIPS FOR SUCCESS

- Come to class everyday! With classes being 2.5 hours long it is easy to fall behind fast
- Make sure you have the supplies for your class. If you don't, communicate that with your teacher.

CAVC NEWS

- We finished and sold our latest building trades house (pictured below) this summer. The next house is underway and will hopefully be completed by December.
- We are making some programming changes for next year. We will begin offering a dental assistant class and will reduce Clinical Health (CNA) to a semester long.



Kahok Kickstart

July 27, 2022



CHS students get ready for the 22-23 school year #thekahokway

Want to know what's going on in your child's school?

Do you follow CUSD 10 schools on social media?



Follow individual school social media accounts

Look for links posted on kahoks.org school pages OR ask you child's school