



The Kahok Current

Volume 13 Issue 4

Fourth Quarter

Greetings From Mr. Snider

Collinsville High School
Home of the Kahoks



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I hope this correspondence finds you and your family members doing well. We have increased our in-person learning schedule to four days per week in an effort to best serve our students academically and socially. We will also continue to educate our remote learners to the best of our ability. Daily attendance is imperative for academic success whether your child is designated as hybrid or remote.

Health and safety are also very important to us. We will maintain our safety protocols (i.e. masks) and social distance when possible. Please ensure that that your child can “pass” the COVID-19 Daily Student Certification Checklist. Do NOT allow your child to attend school if he/she cannot meet the established health criteria. Thanks in advance for your cooperation and courtesy as we strive to avoid quarantining students.

I want to commend our CHS staff for affording students

unique, top-rate educational opportunities this school year. Every student certainly has an opportunity to grow academically at CHS! Despite our challenges, we are enjoying another strong academic school year at Collinsville High School. For example, our Science Olympiad and Vex Robotics teams recently qualified for state competition. It is awesome to see our students thriving academically and competing at such a high level. I encourage you to review the good news at www.kahoks.org on our district and school websites. For ongoing news updates about CHS and the rest of CUSD #10, follow Collinsville Community Unit School District #10 on Facebook and/or Twitter. I think you will be impressed by the positive happenings within our community schools!

Collinsville High School offers a number of academic support opportunities for students who are either struggling

or seeking academic enrichment. The CHS Writing Center, CHS Math Lab, and the CHS World Language Lab are available during all study hall periods. We also offer tutoring sessions after school on Wednesdays and Thursdays after school from 1:00-2:25 p.m. in the library. Bus transportation is provided at the conclusion of each tutoring session. As always, students may arrange times to receive direct support from their classroom teacher in areas such as exam prep, homework assistance, or skill remediation.

In closing, Collinsville High School is so much more than an academic institution. I am proud of our community spirit and the philanthropic endeavors conducted by our various student organizations. I am very thankful for exceptional students and a tremendous staff. We are KahokStrong! I hope all of you have a safe and enjoyable Spring Break (April 1-5). GO KAHOKS! Sincerely,

David G. Snider
Principal



STATE TESTING COMING IN APRIL!

The State of Illinois is requiring all 11th grade students to participate in standardized testing on April 13-14, 2021. Juniors will take the SAT on Tuesday, April 13th and the ISA Required Science exam Wednesday, April 14th. Freshmen, Sophomores, and Seniors will have remote days on April 13th and 14th and will not come to school. Regular instruction for 9th through 12th will resume on Thursday, April 15th. For Juniors each testing room will have approximately 8 students in each room. We will be grouping hybrid students together and remote students will be grouped together. Students will be socially distanced and required to wear their mask during the test.

CHS is providing multiple incentives for Juniors to do their best on these tests. These incentives will be announced later in March in a virtual assembly. Please help us impress upon our students that these tests are important for not only their future but for CHS and our community! Together we can all proudly say that we are Kahok Strong!

Collinsville High School is offering a variety a test preparation options:

Official SAT Practice

Khan Academy recently partnered with the College Board to create a free Official SAT Practice website: www.satpractice.org. Students can use this website to increase their test scores. The CHS counseling department will monitor who uses Khan Academy’s Official SAT practice the most and students will be able to earn incentives based on how many hours they complete.

SAT Tutoring

CHS is also offering free test prep classes on Tuesdays and Thursdays starting at the end of January. Look out for an announcement in the next couple weeks. Each week teachers will offer a predetermined lesson that covers strategy and content. A schedule of weekly lessons will be available in the coming weeks. All lessons are recorded and posted on Google Classroom. Attendance will be taken and students will be entered into Cash Prize drawings based on how many sessions they attend.

Guidance Department Spotlight

Positive Parenting Tips for Teenagers

During the teen years, it is a time of changes for how teenagers think, feel, and interact with others, and how their bodies grow. During this time, your teen is developing his or her unique personality and opinions. Relationships with friends are still important, yet teens have other interests they develop a more clear sense of who they are. This is also an important time to prepare for more independence and responsibility.

Here are some tips you, as a parent, can do to help your teen during this time:

Show interest in your teen's school and extracurricular interests and activities and encourage them to become involved in activities such as sports, clubs, music, theater, and art.

Encourage your teen to volunteer and become involved in civic activities in the community.

Compliment your teen and celebrate efforts and accomplishments.

Show affection for your teen. Spend time together doing things you enjoy.

Respect your teen's opinion. Listen to your teen without playing down their concerns.

Encourage your teen to develop solutions to problems or conflicts. Help your teenager learn to make good decisions. Create opportunities for them to use their own judgment, and be available for advice and support.

If your teen engages in interactive internet media such as games, chat rooms, and instant messaging, encourage him or her to make good decisions about what they post and the amount of time spent on these activities.

If your teen works, use the opportunity to talk about expectations, responsibilities, and other ways of behaving respectfully in a public setting.

Talk with your teen and help them plan ahead for difficult or uncomfortable situations.

Talk with your teen about his or her concerns and pay attention to any changes in his or her behavior. Ask your teen if he or she has had suicidal thoughts, particularly if they seem sad or depressed. Asking about suicidal thoughts will not cause teens to have these thoughts, but it will let them know that you care about how they feel. Seek professional help if necessary.

Discuss what they can do if they are in a group and someone is using drugs or under pressure to have sex, or is offered a ride by someone who has been drinking.

Respect your teen's need for privacy.

Encourage your teen to get enough sleep and exercise, and to eat healthy, balanced meals.

Talk with your teen about the dangers of drugs, drinking, smoking, and risky sexual activity. Ask your teen what they know and think about these issues, and share your feelings with them. Listen to what your teen says and answer their questions honestly and directly.

Keep television sets out of your teen's bedroom.

Know where your teen is and whether a responsible adult is present. Make plans with your teen for when they will call you, where

you can find them, and what time you expect them home.

Most teens want to have a good relationship with their parents and being a good listener can help build the foundation of trust, respect and care. You may hear things that surprise you or you may uncover something your teen has been uncomfortable talking about. In these instances, know that you are not alone. There are many agencies in the community that are available to assist and support families. Don't hesitate to talk with your child's doctor, your insurance company or use local agencies like the counseling resource page: <https://sites.google.com/cusd.kahoks.org/cusd-virtual-calming-room/area-counselorsagencies>,

the United Way to access resources to help your teen and your family at <https://www.stl.unitedway.org/people-we-help/united-way-2-1-1/> or by calling 211. The Madison County Mental Health Board is available to provide information and referrals at http://www.co.madison.il.us/departments/mental_health/index.php or by calling 618-877-0316. The St. Clair County Mental Health Board also offers resources at <http://stc708.org/resources/>. The National Suicide Prevention Lifeline is available 24 hours a day to provide confidential support and resources at 800-273-8255. With patience and understanding, you can make this confusing time in your child's life easier. You can help build resilience in your teen by providing guidance in a safe, supportive and positive way.



SUMMER PLANNING GUIDE:

School is almost over and summer break is fast approaching. To get the most out of your summer break do something productive such as working, volunteering, or planning for college. Also, use this guide to start planning your summer experience.

Plan for College: The summer is a good time to research schools and narrow down your options, especially if you are going into your senior year of high school. Search various college and university web sites for general information about schools, admissions requirements and tuition costs. You can use your naviance account to research majors and colleges and begin making a list of what interests you. Just go to this website: <https://student.naviance.com/collinsvillehs> (as long as you are logged in to your CUSD gmail you click single sign on and you will be in to your personalized Naviance account). Another website is <https://bigfuture.collegeboard.org/>. The College Comparison Worksheet can help keep you organized and give you ideas about what to consider when thinking about college. (Locate a copy of this worksheet at: <http://www.lsmsa.edu/files/College%20Comparison%20Worksheet.pdf>) Or simply make a list of your top choices, by name, or classify them any other way you desire. Keeping a portfolio or notes on each school will help keep you organized and in good shape once it is time to apply.

Visit college campuses: If possible, visit your top choice schools to learn more about their academics, student and campus life, financial aid options and to get a more intimate experience. If your top-choice schools are too far, or not having in person visits or you aren't able to visit due to financial constraints you can visit them online at a variety of virtual tour platforms. Some of the best are:

- <https://www.campusreel.org/> - CampusReel is the only College review website with Campus & Dorm video reviews and video walkthroughs from real students.
- <https://www.chihbcualliance.com/tour-> The Chicago HBCU Alumni Alliance is offering virtual fairs of approximately 50 HBCUs.
- [https://www.youniversitytv.com/-](https://www.youniversitytv.com/) YoUniversity- students can click on tabs such as “safest campuses,” “Most diverse,” “best campus,” etc.
- <https://www.campustours.com/> - View thousands of virtual college tours and interactive maps.
- <https://www.youvisit.com/collegesearch/> - 360 degree and virtual reality tours.

Visit schools in your state (even if you are not interested in staying in state) so that you will get a glimpse into the overall collegiate experience.

- **Take a class:** Get a head start on college, fulfill some needed requirements, and improve in a subject where you need help or even acquire a new skill. Community colleges or nearby state universities may have summer learning opportunities available for a relatively low cost. Talk with your counselor or contact your local colleges for information about summer academies, classes and camps.

Find a job: If possible, find a job that you enjoy and will help you with your long term career aspirations. For example, if your long-term career goal is to teach, look for jobs that will allow you to work with students in some capacity like a student tutor or camp counselor position. Visit local businesses to inquire about job openings or visit websites such as www.snagajob.com or www.careerbuilder.com

Job Shadow: Summer is an excellent time to explore careers you are considering. One way to do this is through job shadowing. Call a local business, doctor's office, hospital, or other organization that has the job you're interested in to schedule an appointment to talk about the career and what it involves. Some organizations may even allow you to “work” with or job shadow an employee for the day. See your counselor if you have any questions about job shadowing.

Volunteer: Volunteering is a great way to help your community, enhance your skills, improve your resume, and beef up your college and scholarship applications. You can find opportunities at food banks, homeless shelters, hospitals or anywhere else in your community. For example, organizations like the United Way may be able to help you find volunteer opportunities: <http://www.volunteermatch.org/search/index.jsp>

Collinsville High School

2021 Summer School Program – Informational Packet

Registration Information

Collinsville High School accepts registration packets on a first-come, first-served basis and is complete only when all registration forms and payment have been received. Only students with complete registrations will be added to a class roster.

Registration is open now and closes Friday, May 14, 2021. In case of cancellation, registration fees will be returned. Those students who register for a class that is cancelled may choose to be reimbursed or to enroll in another class after the registration deadline, if space is still available. There will be no cost for classes taken for credit recovery. Classes taken for reasons other than credit recovery will be \$100.00 per .5 credit session. Students may take a maximum of two .5 credit courses (\$200.00 total).

There is a tuition fee of \$50.00 for out-of-district students. The tuition fee is applicable regardless of the number of credits for which an out-of-district student registers. The tuition fee is in addition to the appropriate instructional fee.

In-person/remote instruction

Summer school is scheduled to be in-person. However, CHS administration reserves the right to change that to hybrid/remote at any time based on the safety of the students and staff. Students will not have the option to choose to be remote.

Completed online registration and full payment must be completed by the end of the day on Friday, May 14, 2021. Please direct any questions to CHS Counseling Department. Office hours are 7:15 a.m. to 3:45 p.m. or call (618) 346-6320 ext. 1129.

THERE ARE NO REFUNDS OF SUMMER SCHOOL FEES! (EXCEPT AS NOTED ABOVE)

Summer School Attendance Policies

Attendance is essential during the Summer School Program as these are concentrated programs of 60+ class hours per session.

*Students are allowed two absences during a session in Summer School. A student will be dropped from class on the third absence of the session, with no refund.

*No partial absences are allowed

*Students will not be excused from summer school for vacation/camps/work, etc.

*No early dismissals will be allowed. If a student needs to leave early for any reason, s/he will receive an absence

*No student is allowed to go to his/her car or to the parking lot during sessions. If a student does, s/he will be considered absent for the session.

Summer School Attendance Policies Continued

*Attempts may be made to contact the parent/guardian upon the second absence. This may be done as a courtesy to remind families of a possible drop in the event of a third absence. Parents are strongly encouraged to monitor tardies, attendance, and grade on Skyward Parent Portal.

*Tardiness is defined as reporting up to 5 minutes late at the beginning of the class or returning late from break.

*Reporting to class or returning from break in excess of (over) 5 minutes late is considered an absence.

*Two tardies to class is considered one absence

*No early dismissals will be allowed. If a student needs to leave early for any reason, s/he will receive an absence

Rules & Regulations

Schedule Changes:

The last day to drop a class and not receive a grade of F is May 25, 2021.

No other schedule changes are permitted

Discipline:

*Any disciplinary referrals could result in dismissal from the Summer School Program

*All rules in place for the 2020-2021 school year, reflected in the student handbook, are in effect for Summer School

*Any student caught smoking, using, or possessing tobacco/substances/look-alikes will be dropped from the program

*Students may not use lockers during summer school.

*Some sections of the building will be closed to students during the summer. These sections of the building will not be used for summer school and are being cleaned and prepared for the opening of school in the fall. Students who are in these sections without proper authorization will be dropped from the program. This includes the parking lot.



Transportation & Lunch

*Students are responsible for providing their own transportation to and from summer school

*Any student possessing a valid driver's license may drive to school for summer school. There is no cost. Please be advised that all school policies regarding search of vehicles on school property will apply to any student who drives to school.

*Lunch will not be offered during summer school. A soda machine will be available to student. Students planning to attend the full day should bring lunch to school. Students are allowed to leave during their lunch break, but the tardy policy applies if the student returns late from lunch

Schedule

Student schedules and room assignments will be accessible on Skyward. Additionally, room/teacher assignments will be posted on door number 33 of the main building on the first day of summer school.

Course Offerings, Dates, & Times

The attendance dates are:

May 24, 25, 26, 27, 28

June 1, 2, 3, 7, 8, 9, 10, 14, 15, 16, 17, 21, 22

Session 1 - 7:30-11:00 a.m.

Session 2 - 11:30 a.m. – 3:00 pm

Final exams will be taken on June 22, 2021. No final can be taken early or late; no exceptions

Session 1 Final = 7:30 a.m. – 9:00 a.m.

Session 2 Final = 9:30 a.m. – 11:00 a.m.

<u>7:30 a.m. – 11:00 a.m.</u>	<u>11:30 a.m. – 3:00 p.m.</u>
Algebra 1A Paced (021011)	Algebra 1B Paced (022012)
Algebra 1 Semester 1 (021021)	Algebra 1 Semester 2 (021022)
Algebraic Concepts Semester 1 (023031)	Algebraic Concepts Semester 2 (023032)
Geometry with Math Models Semester 1 (023011)	Geometry with Math Models Semester 2 (023012)
Computer Applications (101012)	Consumer Education (101101)
English 1 Semester 1 (011011)	English 1 Semester 2 (011012)
English 2 Semester 1 (012011)	English 2 Semester 2 (012012)
English 3 Semester 1 (013011)	English 3 Semester 2 (013012)
Senior Composition (014021)	Senior Literature (013092)
U.S. History Semester 1 (04301G)	U.S. History Semester 2 (04301G)
World Geography Semester 1 (042021)	World Geography Semester 2 (042022)
Health (082012)	Government (041011)
PE (081011)	PE (081012)

****Math, English, and U.S. History courses may be taken only as make-up courses resulting from a failure during the regular school year. Math, English, and U.S. History cannot be taken for advancement purposes.**

****Students also have the opportunity to take Driver's Education. This class costs \$250. If you are interested, please contact Mrs. Gresh at 618-346-6320 ext. 1117 or cgresh@cusd.kahoks.org**

How to Register For Summer School

*Go to <http://www.kahoks.org/schools/collinsville-high-school/>

*Click on the Summer School Rotating Graphic OR Click on Summer School under the Information banner on the right side of the screen.

*You will be directed to the Summer School Information Page which will include links to the Summer School Information Packet and Online Registration. For directions to select and pay for your summer school courses, you can access a CHS Summer School Registration Guide at the bottom of the page.



ATTENTION CLASS OF 2022:

All students entering the 12th grade will be required to show proof of having received at least one dose of the Meningococcal (MCV) vaccine on or after their sixteenth birthday. Please check with your doctor's office about this and bring documentation of having received this vaccination to the Health Office as soon as possible.

May is Mental Health Awareness Month

We recommend being aware of early warning signs and symptoms of mental illness.

Early Warning Signs And Symptoms:

Being aware of early warning signs and symptoms of mental illness can save a life. Having a combination of symptoms (not just one symptom) indicates that someone might be showing signs of a mental health condition. Be aware of these symptoms when they last longer than a few weeks and start to affect school, work, relationships, or your everyday activities:

*Problems With Concentration, Memory, Or Ability To Think Clearly

*Changes In Eating Such As Loss Of Appetite Or Overeating

*Not Being Able To Complete School Or Work Tasks

*Feeling Overly Worried

*Feeling Sad, Empty, Hopeless, Or Worthless

*Sensitivity To Sounds, Sight, Smell, Or Touch

*Irritability And Restlessness

*Loss Of Interest In Activities That Are Normally Enjoyable, Withdrawal From Others, Or Disconnection

*Feeling Like Your Brain Is Playing Tricks On You. Hearing Knocking, Scratching Sounds, Voices, Or Your Name Being Called. Seeing Things That Other People Do Not See, Like Shadows, Changes In Light, Figures.

*Changes In Energy Level And Sleep Patterns. Often Someone Will Sleep During The Day And Be Up At Night.

Signs And Symptoms That Require Immediate Attention

- *Thoughts or plans of killing or hurting one's self or another person
- *Hearing voices or seeing things that no one else can hear or see
- *Unexplainable changes in thinking, speech, or writing
- *Being overly suspicious or fearful
- *Serious drop in school or work performance
- *Sudden personality changes that are bizarre or out of character

If you or someone you know is in crisis, call 1-800-273-TALK (8255), go to your local Emergency Room or call 911.

Adapted from :<https://www.mhanational.org/b4stage4-get-informed>

May is

Mental Health Awareness Month

1 in 4 people will suffer from some form of mental illness in any given year

Break the Silence
Break the Stigma

Not all pain is physical and not all wounds are visible

Out of the Ashes / FB

The poster features a word cloud on the left side with terms such as 'stigma', 'depression', 'anxiety', 'distress', 'embarrassed', 'avoided', 'discrimination', 'shame', 'opinion', 'blame', 'myths', 'difficult to discuss', 'reaction', 'judgemental', 'obstacles', 'worry', 'difficult to discuss', 'reaction', 'judgemental', 'obstacles', 'worry', 'difficult to discuss', 'reaction', 'judgemental', 'obstacles', 'worry'. A large green ribbon is positioned in the center, and a speech bubble contains the text 'Break the Silence Break the Stigma'. The bottom of the poster has the text 'Not all pain is physical and not all wounds are visible' and 'Out of the Ashes / FB'.



**DO YOU WANT TO
WIN PRIZES AND
IMPROVE YOUR
SAT SCORE?**

SAT Tutoring starts March 2nd
IN PERSON FROM 1-2PM!!!

Tuesdays/Thursdays

Math: Room 316

English: Room 311

Wednesdays/Fridays

Math: Room 317

English: Room 300





TRANSPORTATION AVAILABLE!



Grab your lunch and head to
SAT tutoring from 1-2pm.

INCENTIVES!

Daily Attendance Prizes!!!

Score a **1200 or above**

OR Meet or Exceed expected growth in both Lang Arts AND Math:

- *No Finals Exams First and Second Semester
- *Refund of Parking for the entire school year
 - *\$35 Prom Voucher
 - *ME Day/Extra College Day
- *School wide gift card drawing entry

Score at **950 to 1199** or show improvement
or meet expected growth on both Lang Arts and Math from PSAT:

- *No Final Exams Second Semester
- *School wide gift card drawing entry
- *Second Semester parking refunded



School Health Requirements 2021-22

Early Childhood/Pre-Kindergarten:

Physical Exam on Illinois State Form by October 15, 2021
Documented up-to-date Immunizations

Kindergarten:

Kindergarten Physical Exam on Illinois State Form by October 15, 2021
Documented up-to-date Immunizations
Eye Exam on Illinois State Form by Oct 15, 2021
Kindergarten Dental Exam on Illinois State Form by May 15, 2022

First Grade:

Same as Kindergarten, Kindergarten Dental Exam completed

Second Grade:

Same as Kindergarten
Second grade Dental Exam on Illinois State Form by May 15, 2021

Third/Fourth/Fifth Grade:

Same as Kindergarten, Second grade Dental Exam completed

Sixth Grade:

Sixth grade Physical Exam on Illinois State Form by October 15, 2021
Documented up-to-date Immunizations
Proof of at least one Tdap Booster
One dose Meningococcal Conjugate Vaccine (MCV4)
Sixth grade Dental Exam on Illinois State Form by May 15, 2022

Seventh/Eighth Grades:

Same as Sixth grade, Sixth grade Dental Exam completed

Ninth Grade:

Physical Exam on Illinois State Form by October 15, 2021
Documented up-to-date Immunizations
Ninth grade Dental Exam on Illinois State Form by May 15, 2022

Tenth/Eleventh Grades:

Same as Ninth grade, Ninth grade Dental Exam recommended

Twelfth Grade:

Proof of at least one meningococcal on or after 16th birthday, Ninth grade Dental Exam recommended

Transfer Students:

District within Illinois: meet requirements of grade level within 30 days of start date

From another State: meet requirements of grade level within 30 days of start date, Eye Exam performed within one year if new to Illinois schools.

A completed **PHYSICAL EXAM includes all required fields (immunizations, examination results, system review, diabetic screening, lead risk assessment, physical education examination). It must be on the Illinois Certificate of Child Health Examination form signed by a Physician/PA/NP including the office stamp/contact information. The **health history located on the back of the physical form** must be completed and signed by the parent/guardian. Must be **completed by October 15 of the required grade or may be subject to EXCLUSION from school.**

****DENTAL EXAM** - IDPH Proof of School Dental Examination form including the dentist signature and office/clinic information and completed within 18 months of May 15 of the required grade level.

** **EYE EXAM** - Illinois Eye Examination Report form including doctor signature and completed within one year of the required grade level or upon entry to an Illinois school.

****MEDICAL EXEMPTIONS** – written documentation from the physician (ask School Nurse for form).

****RELIGIOUS EXEMPTIONS** – written religious explanation from the parent/guardian, signed by a physician (ask for form).

****SPORTS PHYSICAL** - If your child will be participating in grades 7-12 sports, a sports physical is required annually (the ninth grade physical exam may be used during freshman year only) on the IHSA/IESA Physical form. Sports physicals are valid for 395 days and must be completed prior to tryouts/practice/play.

Please communicate with your building SCHOOL NURSE if you are in need of assistance finding resources, etc. We are more than willing to assist you in any way we can to prevent your child's exclusion from school.



Requisitos de Salud Para la Escuela 2021-22

Edad Temprana/Pre-Kindergarten:

Examen Físico en la Forma del Estado de Illinois para el 15 de Octubre, 2021
Vacunas actualizadas Documentadas

Kindergarten:

Kindergarten Examen Físico en la Forma del Estado de Illinois para el 15 de Octubre, 2021
Vacunas actualizadas Documentadas
Examen de la Vista en la Forma del Estado de Illinois antes del 15 de Octubre, 2021
Kindergarten Examen Dental en la Forma del Estado de Illinois antes del 15 de Mayo, 2022

Primer Grado:

Lo mismo que Kindergarten, Examen Dental de Kindergarten terminado

Segundo Grado:

Lo mismo que Kindergarten
Segundo Grado Examen Dental en la Forma del Estado de Illinois antes del 15 de Mayo, 2022

Tercero/Cuarto/Quinto Grado:

Lo mismo que Kindergarten, Examen Dental del Segundo Grado terminado

Sexto Grado:

Examen Físico de Sexto Grado en la Forma del Estado de Illinois para Octubre 15, 2021
Vacunas actualizadas documentadas
Comprobante de por lo menos un Refuerzo de Tdap
Una dosis de la Vacuna Meningococcal Conjugate (MCV4)
Examen Dental de Sexto Grado en la Forma del Estado de Illinois para Mayo 15, 2022

Séptimo/Octavo Grados:

Igual como en el Sexto grado, Examen Dental de Sexto Grado terminado

Noveno Grado:

Examen Físico en la Forma del Estado de Illinois antes del 15 de Octubre, 2021
Vacunas actualizadas documentadas
Examen Dental del Noveno Grado en la Forma del Estado de Illinois antes del 15 de Mayo, 2022

Décimo/Onceavo Grados:

Igual que el Noveno, se recomienda Examen Dental del Noveno Grado

Doceavo Grado:

Comprobante de por lo menos una meningococcal en o después de su cumpleaños 16, se recomienda Examen Dental del Noveno Grado.

Estudiantes que se Transfieren:

Distrito dentro de Illinois: reunir los requisitos del nivel de grado dentro de los 30 días de la fecha que empieza

De Otro Estado: reunir los requisitos del nivel de grado dentro de los 30 días de la fecha de empiezo. Examen de los ojos realizado dentro de un año si es Nuevo a las escuelas de Illinois.

****Un EXAMEN FISICO** completo incluye todos los campos (vacunas, resultados de los exámenes, sistema de análisis, evaluación diabética, evaluación de riego de plomo, evaluación de educación física) . Debe de estar en la forma Certificada de Revisión Médica para Salud de los Niños firmada por un Médico/PA/NP incluyendo el sello de la oficina/ información de contacto. El **historial de salud esta localizado en la parte de atrás de la forma física** y debe de estar llenada y firmada por unos de los padres/guardianes. Debe de llenarse antes del **15 de Octubre del grado que se requiere o puede ser sujeto a EXCLUSION de la escuela.**

****EXAMEN DENTAL** - Forma de Comprobante IDPH del Examen Médico Dental incluyendo la firma del dentista y la oficina/ información de la clinica y terminado dentro de 18 meses de Mayo 15 del nivel de grado que se requiere.

**** EXAMEN DE LA VISTA** – Forma de Reporte del Examen Médico de la Vista de Illinois incluyendo la firma del doctor y terminada dentro de un año que el nivel de grado que lo requiere o al entrar a la escuela en Illinois..

****EXEPCIONES MEDICAS** – documentación escrita del Médico (pida la forma a la Enfermera de la Escuela).

****EXCEPCIONES RELIGIOSAS** – explicaciones religiosas escritas del padre/guardian, firmadas por un médico (pida la forma).

****FISICO PARA DEPORTES** – Si su hijo va a participar en deportes en los grados 7-12, se requiere un examen físico para deportes anualmente (el examen físico del noveno grado puede utilizarse durante el noveno año (freshman) unicamente en la forma de un Examen Físico de IHSA/IESA. Los exámenes físicos de deportes son válidos por 395 días y deben de llenarse antes de las pruebas de competencia/ practicas/ juegos.

Porfavor comuniquese con la ENFERMERA DE LA ESCUELA en su edificio si es que

necesita yuada encontrando recursos, etc. Estamos más que dispuestos a ayudarle de cualquier manera para prevenir la exclusion de su hijo(a) de la escuela.

Kahoks On The Go!

Do you have a student who wants to get fit and involved?

If so, join Kahoks on the GO!

GO! St. Louis is hosting a race on May 1st for students who want to train for a 5K, 10K, or 1/2 marathon! The great thing about this club is it welcomes athletes and non-athletes and helps them all to the finish line. Whether you already love running or have never run more than PE required, we

would love to have you! Mrs. Furlow is sponsoring this club and is helping guide those who want to participate. Group runs will be held two days a week after school and possibly on Saturdays as well. For more information, see Mrs. Furlow in room 211A, email afurlow@cusd.kahoks.org or join the Kahoks on the GO Google classroom using this code: f7jruiy



SAT Tutoring Writing & Reading Schedule

After School (1-2 PM; bus at 2:25 pm)

January 26 - April 12

Week	Focus	Test
January 26 & 28	Effective Language Usage	
February 2 & 4	Sentence Structure	
February 9 & 11	Development & Organization	Writing Workout C
February 16 & 18	Usage & Punctuation	Writing Workout D
February 23 & 25	Information & Ideas	Reading Workout A
March 2/3 & Mar 4/5	Synthesis & Summarizing	Reading Workout B/Reading Workout C; Link--Math, Eng, Math, Eng
March 9/10 & 11/12	Rhetoric & Lit & Science w/Graphs	Reading Workout D/Reading Workout E; Link--Eng, Math, Eng, Math
March 16/17 & 18/19	Practice Sentences	Writing Workout E; Writing Workout F; Link--Math, Eng, Math, Eng
March 23/24 & 25/26	Writing Prompt Analysis & Practice	SAT Essay Tips Link--Eng, Math, Eng, Math
Mar 30 & Apr 1	Testing Strategies	Purple Book & Panda Link--Math, Eng, Math, Eng
Apr 6 & 8	Questions & Answers	Purple Book & Panda Link--Eng, Math, Eng, Math
April 12 only (Mon)	TBD by the needs of the group	Math--Tues/Thurs.--Ms. Dust (316) Eng--Tues/Thurs--Ms. Martens (311) Math--Wed/Fri--Mr. Nichols (317) Eng--Wed/Fri--Mr. White (300)

Access through Class of 2022 Meets--check schedule to know which class (it alternates) is using the link:

<https://classroom.google.com/c/MTQ0ODA0NTI2NzFa?cjc=h6kbhvx>

STEM Club And Science Club

STEM Club has been busy getting students involved in competitions again after a long year of cancellations. We had several students compete in the National Crystal growing contest put on by the University of Buffalo. Jayme Greer placed 4th in best Overall Crystal, Anna Hendricks placed 5th in Coolest Crystal and Fatima Romo and Carlie Lentz received Honorable Mention. Students were given 30 days to grow a crystal from 100 grams of aluminum aluminum potassium sulfate. They had to monitor its growth and attend to heating solutions to redissolve unwanted crystals forcing them onto the growing crystal. Crystals were judged on shape, size and clarity.

On March 6th, the Science Olympiad Team competed in the virtual Regional Competition. They entered in 22 of 23 events and placed 3rd to win a state bid, held April 10th. The state competition will also be virtual. Students prepared over the school year to take tests and test their build structures. Students placed in the following events:

Chemistry Lab 3rd Chase Counton and Fatima Romo
Designer Genes 1st Carli Lentz and Maddy Sparks
Detector Building 2nd Ethan Gardner
Disease Detectives 2nd Jared Christopher and Maddy Sparks
Dynamic Planet 2nd Elliott Schusky
Experimental Design 2nd Anna Hendricks, Jared Christopher, and Elliott Schusky
Forensics 2nd Maddy Sparks and Ethan Gardner
Geologic Mapping 3rd Maddy Sparks and Tyler Morgan
Machines 2nd Ethan Gardner
Ornithology 3rd Carli Lentz and Tyler Morgan
Protein Modeling 2nd Maddy Sparks and Carli Lentz
Water Quality 2nd Chase Counton and Fatima Romo
Write It Do It 1st Jared Christopher and Anna Hendricks
Boomilever 1st Ethan Gardner and Jared Christopher
Gravity Vehicle 1st Tyler Morgan
Ping Pong Parachute Rocket 2nd Elliott Schusky



Students are now preparing for their state competition. We wish them the best!

The Kahok VEX robotics team finishes their season with one team heading to state on April 3rd. This year has been a combination of in person and virtual competing allowing the students to see how the world works outside of the normal. We had a total of 4 teams this year. All of which have grown in the love of the sport. This year 3 of our competitors are graduating Max Laing, Alex Stahnke, and Michael Blevins. We wish the 3 of them the best of luck in the future. Team 9691A, comprised of Brandon Nygard, James Metcalf, and Jacob McChristian will be headed to state to compete against the best teams in the State of Illinois. This year's state competition will be held at Illinois State University in Normal Illinois, following all social distancing guidelines and only allowing for the top 24 teams in the state of Illinois to compete. The boys will be attempting to earn a spot at VEX Worlds at the end of May where they will compete against teams from all over the world.