# THE TRAILBLAZER

Collinsville Middle School's Newsletter



### From the Principal's Desk

CMS Families,

Now that we are nearing the end of winter, things will hopefully start looking up. The weather forecast is trending in the right direction, positive Covid cases are trending in the right direction, and students have the option to return to school 4 days per week. We are excited to have students returning to school.

I would like to thank you for your patience as we have worked through this pandemic. We are also seeing school sports return in some form. As I write this, we have boys basketball and girls volleyball playing games and tryouts for bowling and girls basketball coming up. We are also hopeful for wrestling and track later this spring. Currently, each student is allowed to have 2 family members at each home game.

It does look like we will be conducting state testing in April. Mrs. Harris is working on a schedule and will be making plans for remote learners to attend on some Mondays to complete the tests.

I would like to remind parents there will be no school on Monday, March 1, for Casimir Pulaski Day. Get outside and enjoy the weather!

Sincerely,

Mr. Snow

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### ITEMS TO NOTE AT CMS

The CMS Virtual Coin Club will meet the 2nd and 4th Mondays of each month via Google Meets. If you are interested in joining, please email Anne Lacy at alacy@cusd.kahoks.org.

### Food Mobile Market

Cost: FREE- supporting families in need

February 8th 10:00-11:30am

March 8th 10:00- 11:30am

April 12th 10:00-11:30am

Collinsville Middle School (CMS)

9649 Collinsville Rd, Collinsville, IL 62234

We are excited to announce that Collinsville Unit 10 is partnering with the St. Louis Area Foodbank to provide a Food Mobile Market for our Collinsville area families. This market is free of charge and though the available items rotate, often include dairy, meat, and fresh produce.

This is a first come first served event with a capacity to serve around 100 families.



The event will be using a 'drive through' model. You will drive through the line, and we will have volunteers load the food items into your car. You will not need to leave your vehicle. Again, this is all provided free of charge.

For more information please contact our Collinsville Unit 10 social workers

Amy Buller (DIS) abuller@cusd.kahoks.org | Imelzer@cusd.kahoks.org

Lisa Melzer (Renfro)

Megan White (CMS) mwhite@cusd.kahoks.org



# COMING SOON! THE CMS CHOIR VIRTUAL SPRING CONCERT! WATCH FOR THIS ON THE CMS MEDIA SITES!



BE PHYSICALLY AND MENTALLY HEALTHY! LEARN TO BE AN INDEPENDENT, EMPOWERED YOUNG LADY BY JOINING THE CMS GIRLS ON THE RUN TEAM! VISIT THE GIRLS ON THE RUN WEBSITE TO REGISTER BY MARCH 18TH. WE WILL MEET ON MONDAYS 2-3PM STARTING MONDAY, MARCH 29TH. CONTACT MS. GROVE FOR MORE INFORMATION:

AGROVE@CUSD.KAHOKS.ORG.

#### HEALTH OFFICE PROTOCOLS FOR IN PERSON INSTRUCTION

Symptoms of COVID-19: Do not send your child to school with any of the following symptoms: Fever 100 degrees or greater- Chills- Cough- Shortness of Breath/Difficulty Breathing- Fatigue- Sore Muscles/Body Aches-Headache-Loss of Taste or Smell- Sore Throat - Congestion/Runny Nose-Nausea/Vomiting- Diarrhea

#### Symptoms and Suspected Case of COVID-19

If a student becomes ill with COVID-19 like symptoms while at school, the school nurse will be notified. Illinois Department of Public Health (IDPH) guidelines will be utilized to assess when /if students should be sent home due to their symptoms. If any of the above symptoms are present and new to the student and not the result of a recurring health condition such as seasonal allergies or asthma, your child will remain in the health office and a parent/guardian will be notified to pick up their child as quickly as possible.

Symptomatic or suspected students will need to follow one of the following procedures in order to return to school:

- 10 day isolation at home with remote learning: OR
- A medical doctor's note (written documentation) stating the diagnosis to explain the symptoms;
   OR
- Proof (written documentation) of a negative COVID-19 test

If your child is sent home from school with symptoms of <u>COVID</u>-19, the rest of the household must be quarantined. Siblings in unit 10 schools, will also need to be picked up from school as quickly as possible.

Confirmed Cases of COVID-19 will need a Health Department Release (written documentation) if positive for covid or close contact to a positive family member.

#### Confirmed Cases of COVID-19 and Close Contacts

If a student or staff member tests positive for COVID-19 at school or in your child's classroom, the CHS staff will work closely with the local county health department to determine which individuals are considered "close contacts" to that positive person. Close contacts will be identified through contact tracing, a public health measure used to stop the spread of the virus. Your cooperation is appreciated. Confidentiality will be preserved as required by law. Close contacts are defined as any individual who was within 6 feet of an infected person for at least 15 minutes (cumulative ) with or without a mask starting from 2 calendar days before the onset of illness and until the positive person isolates.

You will be notified if your child is ever considered a close contact to a positive <u>COVID-19</u> case. Close contacts are required to quarantine in their home and utilize remote learning for 14 days

( starting after the last day of exposure to the positive person), per IDPH guidelines. If your child is in contact with someone outside of school who tested positive for COVID-19, or is a family member of a suspected case of COVID-19, please notify your school nurse/attendance office immediately. At that time your child will need to stay home for 14 days after the last day of contact with the positive person. They will receive remote learning during this time.

## March Sports Snapshot

#### 2021 CMS TRACK & FIELD:

OUR CURRENT PLAN FOR THE 2021 SEASON FOLLOWING COVID PROTOCOLS & BEST PRACTICES FOR THIS UNUSUAL YEAR: IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT ME THROUGH EMAIL:

MHAYMAN@CUSD.KAHOKS.ORG OR TEXT MESSAGE THROUGH THE REMIND. TO JOIN THE REMIND

COMMUNICATION, TAKE OUT YOUR PHONE AND TEXT "@MHAYMAN" TO THE FOLLOWING NUMBER: 81010

- 1. TEAM WILL BE LIMITED TO APPROXIMATELY 50 ATHLETES (25 GIRLS & 25 BOYS).
- 2. ALL ATHLETES TRYING OUT MUST HAVE THE FOLLOWING TURNED INTO THE OFFICE BY MARCH 12TH.

  TRYOUTS WILL BEGIN MARCH 16TH THROUGH 19TH. TRYOUTS WILL CONSIST OF GRADE CHECK, FORM/PHYSICAL

  CHECK, AND VARIOUS SPEED AND STRENGTH DRILLS.
  - A. PHYSICALS ON FILE WITH THE SCHOOL NURSE THAT ARE VALID THROUGH MAY 15, 2021.
    - B. COVID RELEASE FORM.
    - C. EMERGENCY CONTACT INFORMATION.
  - D. COPIES OF ALL FORMS CAN BE PICKED-UP IN THE CMS OFFICE OR PRINTED FROM HOME HERE.
- 3. ALL ATHLETES TRYING OUT MUST NOT BE IN JEOPARDY OF FAILING A CLASS FOR THE SCHOOL YEAR. IF A STUDENT HAD A FAILING GRADE FOR THE 1ST SEMESTER, THEN THEY ARE IN JEOPARDY OF FAILING THAT CLASS FOR THE YEAR.
- 4. DURING THE SEASON, ATHLETES WHO RECEIVE A D IN ANY CLASS WILL BE CONSIDERED TO BE IN ACADEMIC WARNING.
  - 5. PRACTICES WILL BE SCHEDULED TUESDAY THROUGH FRIDAY, 1:45-3:30, AND PRIMARILY HELD AT CMS. PRACTICES AT CHS KAHOK STADIUM WILL BE SCHEDULED AS NEEDED AND BASED ON AVAILABILITY.
- 6. GIRLS BASKETBALL SEASON & WRESTLING WILL BE PLAYED CONCURRENTLY WITH THE TRACK SEASON. ALL GIRLS BASKETBALL PLAYERS & WRESTLERS WISHING TO PARTICIPATE IN TRACK MAY JOIN ONCE THE BASKETBALL SEASON IS OVER IN MID-APRIL.
  - 7. MEETS WILL PROBABLY BE SCHEDULED AS THE SEASON PROGRESSES. HOPEFULLY WE WILL BE ABLE TO COMPETE. WORST CASE SCENARIO, WE WILL HOLD INTRASQUAD MEETS.

ALL CMS TRACK INFO CAN BE FOUND HERE:
HTTPS://DOCS.GOOGLE.COM/DOCUMENT/D/1BJDD-TACRXSFQPZNZOFXJ57D\_5JNLAC12AT8SQP2-C4/EDIT

OR THROUGH THE SCHOOL WEBSITE OR HTTP://MRHAYMAN.COM

### **IMPORTANT DATES!**

March 1- Casimir Pulaski Day- No School March 12- End of 3rd Quarter March 16- Students return 4 days/week





### Collinsville Middle School Athletics - March

- 3/1 Volleyball @ Carriel 4:00 pm (Live Streamed on Facebook page "CMS Girls Volleyball")
- 3/1 Boys Basketball v Carriel 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/2 Volleyball @ Highland 4:00 pm (Live Streamed on Facebook page "CMS Girls Volleyball")
- 3/2 Boys Basketball v. Highland 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/3 Bowling Tryouts @ Camelot Bowl 7:00 pm
- 3/3 Girls Basketball Tryouts 5:30 pm
- 3/4 Volleyball Regional (CMS v. Triad) 5:00 pm (Live Streamed on Facebook page "CMS Girls Volleyball")
- 3/4 Boys Basketball v. Mascoutah 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/5 Girls Basketball Tryouts 3:30 pm
- 3/8 Boys Basketball @ Carriel 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/9 Boys Basketball v. Triad 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/11 Boys Basketball Regionals (TBA)
- 3/13 Boys Basketball Regional Championship (TBA)
- 3/13 Bowling Regionals @ St. Clair Bowl 9:00 am
- 3/16 Girls Basketball v. Mascoutah 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/16 Track Tryouts 1:45-3:00 pm
- 3/17 Track Tryouts 1:45-3:00 pm
- 3/18 Girls Basketball @ Carriel 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/18 Track Tryouts 1:45-3:00 pm
- 3/19 Track Tryouts 1:45-3:00 pm
- 3/20 Bowling State Tournament @ St. Clair Bowl 9:00 am
- 3/23 Girls Basketball v. Triad 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/24 Girls Basketball v. Trinity Lutheran 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/25 Girls Basketball @ Fulton 5:00 pm (Live Streamed on Facebook page "CMSAthletics2021")
- 3/29 Girls Basketball @ Highland 5:30 pm (Live Streamed on Facebook page "CMSAthletics2021")

# Tote Me Home

In collaboration with the Collinsville Food Pantry, CMS is happy to offer families with the Tote Me Home program. Tote Me Home provides families with additional grocery assistance over the weekend. Students involved in the program are given a bag of groceries to take home on Fridays.



For more information please contact our CMS social workers.

djuelfs@cusd.kahoks.org mwhite@cusd.kahoks.org

(618) 343-2191 / (618) 343-2190

