

The Kahok Current

Volume 12 Issue 4

Fourth Quarter

Greetings From Mr. Snider

Collinsville High School Home of the Kahoks



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ATTENTION CLASS OF 2020:

All students entering the 12th grade will be required to show proof of having received at least one dose of the Meningococcal (MCV) vaccine on or after their sixteenth birthday. Please check with your doctor's office about this and bring documentation of having received this vaccination to the Health Office as soon as possible. Dear CHS Parents and Guardians,

We are enjoying another outstanding academic school year at Collinsville High School. It is awesome to see our students thriving academically and competing at such a high level. English, math, science, social studies, fine arts, foreign language, and vocational students recently excelled at their respective contests! I encourage you to review the positive news at www.kahoks.org on our district and school websites. For ongoing news updates concerning CHS and the rest of CUSD #10, follow Collinsville Community Unit School District #10 on Facebook and/or Twitter. I think you will be impressed by the positive happenings within your community high school and district schools!

CHS students are regularly afforded unique, top-rate educational, leadership, and service opportunities outside the traditional classroom setting too. For example, our CHS Student Council recently hosted the 54th Annual Kaskaskia District of Student Councils Convention. Over \$3,400 was raised for Got Your Six Support Dogs as a result of student fundraising efforts. Our CHS Key Club attended the Illinois-Eastern Iowa Key Club District Convention and earned numerous accolades for their philanthropic efforts. Our students are learning valuable lessons at CHS!

Collinsville High School offers a number of academic support opportunities for students who are either struggling or seeking academic enrichment. The CHS Writing Center provides tutoring to students and nurtures writing talent among the student body. Students utilize the assistance to refine essays for school assignments and scholarship opportunities. Write On CHS! The CHS Math Lab, as well as the CHS World Language Lab, is available during all study hall periods. Students can also receive teacher and peer tutoring after school on Tuesdays and Thursdays after school from 3:00-4:00 p.m. in the library. Bus transportation is provided at the conclusion of each tutoring session. As always, students may arrange times to receive direct support from their classroom teacher in areas such as exam prep, homework assistance, or skill remediation.

SAT support programs have been implemented to assist CHS

students on this important, statemandated test. Many Kahoks have participated in the ZAPS SAT-Test Prep Seminar offered at CHS for juniors. The free program was developed and initiated by faculty and staff for students. An incentive program aimed at increasing utilization of Khan Academy has also been implemented.

In closing, Collinsville High School is so much more than an academic institution. I am consistently impressed by the community spirit and charitable endeavors of our various student organizations. I am very thankful for outstanding students and an exceptional staff. We are KahokStrong! I hope all of you have a safe and enjoyable Spring Break (April 18 – April 22). GO KAHOKS!

Sincerely,

David Snider Principal

STATE TESTING COMING IN APRIL!

ALL juniors will be required to take the SAT as a state mandated test. This test will be administered on April 9th beginning at 8 a.m through approximately 1:15 p.m. This test is required for graduation, so be sure your student arrives on time and is in attendance on April 9th. Juniors may leave at the conclusion of SAT testing.

On April 9th, freshmen will take the Preliminary SAT 9 (PSAT 9) and sophomores will take the Preliminary SAT 10 (PSAT 10) for preparation and practice. They also will be released from school after all students have completed testing in the building

Seniors should plan to take a college, career or job shadow day as they will not be in attendance on April 9th.

Students are encouraged to prepare for the SAT using this FREE online prep program: www.khanacademy.org/sat

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Collinsville High School Athletic News /Notes

*Fall sport practices will begin on Monday, August 12th, 2019 in Girls Volleyball, Girls Tennis, **Boys Soccer and Girls** and Boys Cross Country, Football and Boys/ Girls Golf. Online Athletic Registration needs to be completed in Skyward as well as a valid physical on file to be able to participate. All athletes must pay an activity fee to participate in a fall sport. Any

questions please call (618) 346-6320 ext 1231.

*Congrats to all of our Winter Athletes and teams as we have had numerous teams and athletes excel this winter as they have continued to prove that Collinsville High School is truly the "High School of Champions".

*Please check out the virtual back pack this

spring and summer for all the CHS Summer Camp info. Virtual back pack can be found on the Unit # 10 home webpage: http:// www.kahoks.org/ Regi stration for summer camps can be found at www.kahoksportsca mps.com

Honors Convocation and Graduation



The "High School of Champions" is pleased to announce

that our annual Honors Convocation is scheduled for Wednesday, May 15 at 7pm in Fletcher Gymnasium. Parents will be invited to attend this event if your child is being honored for an academic achievement during this current school year. The 2019 CHS graduation date has also been set. Graduation will take place on Saturday, May 18 at 10am in Fletcher Gymnasium. A letter will be sent out shortly with tickets to attend and further information about the commencement exercises.

A mandatory graduation practice for all graduating seniors will be held in Fletcher Gymnasium on Wednesday , May 15 at 2:45pm. All three of these events are very important to the CHS family. Please make sure that your child is not late to any of these events. Being on time is crucial to making these events memorable and successful for everyone in at-

tendance. Congratulations to all honorees and graduates!



CHS Night at Busch Stadium

Mark your calendars for Monday, April 8, 2019! That's when Collinsville Night at Busch Stadium will take place. The CHS will be performing "God Bless America". We will have an entire right field box section for the game. The game starts at 6:45pm and is against the Los Angels Dodgers! The cost of each ticket is only \$19. Tickets must be purchased in advance! Tickets can be purchased via the order form below. For more information about getting tickets for the game, please contact Kyle Gordon at kgordon@cusd. kahoks.org.

We hope to see Collinsville at the ball park on April 8 to

support the CHS Band as the St. Louis Cardinals play the Los Angeles Dodgers!



	Ball Park Order Form
Name:	<u>.</u>
Street Address:	
City: State: Zip Code:	
Telephone Number:	E C C C C C C C C C C C C C C C C C C C
E-Mail Address:	
Number of Tickets Ordered: x \$19 per ticket =	Total Amount Enclosed
Please make all checks payable to Collinsville High Scho	ol
Please return order form and payment to:	
Collinsville High School	
Attention: Cardinal Game Tickets	
2201 South Morrison Avenue	
Collinsville, Illinois 62234	

Important Dates To Remember

April 18-22: No School, Spring Break April 4-6: CHS Play, 7pm, Auditorium April 9: Juniors Take the SAT April 13: CHS Prom April 25: Kahok Senior Awards Night May 3: Senior Class Trip

- May 4: May Dance
- May 8: Seniors Last Day of Attendance-If no finals
- May 9-10: Senior Final Exams
- May 15: CHS Honors Convocation
 - 7pm in Fletcher Gym
- May 18: CHS Graduation, Fletcher Gym

Guidance Department Spotlight

SUMMER PLANNING GUIDE:

School is almost over and summer break is fast approaching. To get the most out of your summer break do something productive such as working, volunteering, or planning for college. Also, use this guide to start planning your summer experience.

Plan for College: The summer is a good time to research schools and narrow down your options, especially if you are going into your senior vear of high school. Search various college and university web sites for general information about schools, admissions requirements and tuition costs. You can use the following websites to research majors and colleges and begin making a list of what interests you: www.careercruising.com (Username: Collinsville, Password: High) and https:// bigfuture.collegeboard.org/ . The

College Comparison Worksheet can help keep you organized and give you ideas about what to consider when thinking about college. (Locate a copy of this worksheet at: <u>http://www.lsmsa.edu/files/</u> <u>College%20Compairison%</u> <u>20Worksheet.pdf</u>) Or simply make a list of your top choices, by name, or classify them any other way you desire. Keeping a portfolio or notes on each school will help keep you organized and in good shape once it is time to apply.

Visit college campuses: If possible, visit your top choice schools to learn more about their academics, student and campus life, financial aid options and to get a more intimate experience. If your top-choice schools are too far, or you aren't able to visit due to financial constraints, visit schools in your state (even if you are not interested in

staying in state) so that you will get a glimpse into the overall collegiate experience.

Take a class: Get a head start on college, fulfill some needed requirements, and improve in a subject where you need help or even acquire a new skill. Community colleges or nearby state universities may have summer learning opportunities available for a relatively low cost. Talk with your counselor or contact your local colleges for information about summer academies, classes and camps. The Counseling Department website has links for numerous summer programs: http://

chscounselingdepartment.shutterfly.com/academics

Improve your test scores: Take an ACT or SAT prep course to help you achieve the best possible score on your standardized exams. Many standardized test prep courses charge fees so seek advice from your school counselor, do research at your local library, on the Internet or at local colleges to find the best possible and most affordable prep courses. All juniors have been given a user id and password to access ACT's on-line test prep for free. If your junior student cannot locate that information, have the student see his/her counselor to get another copy of the access information.

<u>Find a job:</u> If possible, find a job that you enjoy and will help you with your long term career aspirations. For example, if your long -term career goal is to teach, look for jobs that will allow you to work with students in some capacity like a student tutor or camp counselor position. Visit local businesses to inquire about job openings or visit websites such as <u>www.snagajob.com</u> or <u>www.careerbuilder.com</u>

Job Shadow: Summer is an excellent time to explore careers you are considering. One way to do this is through job shadowing. Call a local business, doctor's office, hospital, or other organization that has the job you're interested in to schedule an appointment to talk about the career and what it involves. Some organizations may even allow you to "work" with or job shadow an employee for the day. See your counselor if you have any questions about job shadowing.

Volunteer: Volunteering is a great way to help your community, enhance your skills, improve your resume, and beef up your college and scholarship applications. You can find opportunities at food banks, homeless shelters, hospitals or anywhere else in your community. For example, organizations like the United Way may be able to help you find volunteer opportunities: <u>http://www.volunteermatch.org/search/index.jsp</u>



FOURTH ANNUAL

KAHOK AWARDS NIGHT

A night in Neverland with the stars of CHS! Come and celebrate the Class of 2019 dressed in your best attire. Proceeds go to benefit the Kiwanis Neuroscience Research Foundation (KNRF)



APRIL 23, 2019 | 7:00PM (DOORS OPEN AT 6:15PM) \$5 ADMISSION PER PERSON

Collinsville High School 2019 Summer School Program – Informational Packet Registration Information

Summer school will run Monday through Thursday beginning June 3, 2019 through Tuesday, July 2, 2019. We will offer two session: Session 1 7:30am—11:00am and Session 2 11:30am—3:00pm. Collinsville High School accepts registration packets on a first-come, first-served basis and is complete only when all registration forms and payment have been received. Only students with complete registrations will be added to a class roster.

Registration closes Friday, May 17, 2019. Minimum enrollment for all courses is 16 students. In case of cancellation, registration fees will be returned. Those students who register for a class that is cancelled due to low enrollment may choose to be reimbursed or to enroll in another class after the May registration deadline, if space is still available. Instruction fees for the 2019 Summer School Program are \$100.00 per .5 credit session. Students may take a maximum of two .5 credit courses (\$200.00 total).

There is a tuition fee of \$50.00 for out-of-district students. The tuition fee is applicable regardless of the number of credits for which an out-of-district student registers. The tuition fee is in addition to the appropriate instructional fee.

Completed online registration and full payment must be completed by the end of the day on Friday, May 17. Please direct any questions to CHS Counseling Department. Office hours are 7:15 a.m. to 3:30 p.m. or call (618) 346-6320 ext. 1129.

THERE ARE NO REFUNDS OF SUMMER SCHOOL FEES! (EXCEPT AS NOTED ABOVE)

Summer School Attendance Policies

Attendance is essential during the Summer School Program as these are concentrated programs of 60+ class hours per session.

*Students are allowed two absences during a session in Summer School. A student will be dropped from class on the third absence of the session, with no refund.

*No partial absences are allowed.

*Students will not be excused from summer school for vacation/camps/work, etc.

*No early dismissals will be allowed. If a student needs to leave early for any reason, s/he will receive an absence.

*No student is allowed to go to his/her car or to the parking lot during sessions. If a student does, s/he will be considered absent for the session.

Attempts may be made to contact the parent/guardian upon the second absence. This may be done as a courtesy to remind families of a possible drop in the event of a third absence. Parents are strongly encouraged to monitor tardies, attendance, and grade on Skyward Parent Portal.

*Tardiness is defined as reporting up to 5 minutes late at the beginning of the class or returning late from break.

*Reporting to class or returning from break in excess of (over) 5 minutes late is considered an absence.

*Two tardies to class is considered one absence.

*No early dismissals will be allowed. If a student needs to leave early for any reason, s/he will receive an absence.

Final exams will be taken on July 2, 2019. No final can be taken early or late; no exceptions Monday-Thursday: Session 1 FINAL EXAM = 7:30 a.m. – 9:00 a.m. Monday-Thursday: Session 2 FINAL EXAM = 9:30 a.m. – 11:00 a.m.

Rules & Regulations

Schedule Changes:

The last day to drop a class and not receive a grade of F is June 6, 2019. No schedule changes are permitted. **Discipline:**

Discipline.

Any disciplinary referrals could result in dismissal from the Summer School Program.

All rules in place for the 2018-2019 school year, reflected in the student handbook, are in effect for Summer School.

Any student caught smoking, using, or possessing tobacco/substances/look-alikes will dropped from the program.

Students may not to use lockers during summer school.

Some sections of the building will be closed to students during the summer. These sections of the building will not be used for summer school and are being cleaned and prepared for the opening of school in the fall. Students who are in these sections without proper authorization will be dropped from the program. This includes the parking lot.

Transportation & Lunch

*Students are responsible for providing their own transportation to and from summer school. *Any student possessing a valid driver's license may drive to school for summer school. There is no cost. Please be advised that all school policies regarding search of vehicles on school property will apply to any student who drives to school.

*Lunch will not be offered during summer school. A soda machine will be available to students. Students planning to attend the full day should bring lunch to school. Students are allowed to leave during their lunch break, but the tardy policy applies if the student returns late from lunch.

Schedule

Student schedules and room assignments will be accessible on Skyward. Additionally, room/teacher assignments will be posted on door number 33 of the main building on the first day of summer school.

Please see the next page for class offerings...





Course Offerings, Dates, & Times

Classes will be held at CHS Monday through Thursday beginning June 3, 2019 through July 2, 2019.

Session 1 - 7:30-11:00 a.m. and Session 2 - 11:30 a.m. - 3:00 pm

<u>7:30 a.m. – 11:00 a.m.</u>	<u>11:30 a.m. – 3:00 p.m.</u>
Algebra 1A Paced (021011)	Algebra 1B Paced (022012)
Algebra 1 Semester 1 (021021)	Algebra 1 Semester 2 (021022)
Algebraic Concepts Semester 1 (023031)	Algebraic Concepts Semester 2 (023032)
Geometry with Math Models Semester 1	Geometry with Math Models Semester 2
(023011)	(023012)
Computer Applications (101012)	Consumer Education (101101)
English 1 Semester 1 (011011)	English 1 Semester 2 (011012)
English 2 Semester 1 (012011)	English 2 Semester 2 (012012)
English 3 Semester 1 (013011)	English 3 Semester 2 (013012)
Senior Composition (014021)	Senior Literature (013092)
US History Semester 1 (043011)	US History Semester 2 (043012)
World Geography Semester 1 (042021)	World Geography Semester 2 (042022)
Government (041011)	PE (081012)
PE (081011)	
Health (082011)	

Math and English courses may be taken only as make-up courses resulting from a failure during the regular school year. Math and English courses cannot be taken for advancement purposes. Driver's Education classes are available at a cost of \$250.00 and are arranged by

Mrs. Gresh. She can be reached at 618-346-6320 ext. 1117 or cgresh@cusd.kahoks.org

How to Register For Summer School....

1. Go to http://www.kahoks.org/schools/collinsville-high-school/

2. Click on the Summer School Rotating Graphic OR Click on Summer School under the Information banner on the right side of the screen.

3. You will be directed to the Summer School Information Page which will include links to the Summer School Information Packet and Online Registration. For directions to select and pay for your summer school courses, you can access a CHS Summer School Registration Guide at the bottom of the page.

For additional information, questions or concerns, please contact Dr. Kari Karidis at kkaridis@cusd.kahoks.org

PROM 2019 INFORMATION

Collinsville High School Junior/Senior Prom, "A Night In Neverland", will be held April 13, 2019 at the Regency Conference Center in O'Fallon, Illinois. Only registered ticket holders will be allowed to attend prom. Doors will open and registration will begin at 6:15pm. Seating for dinner will begin at 6:45pm with dinner from 7:00-8:00pm. Coronation will be at 8:00pm in the ballroom. Parents of court members will be allowed to watch coronation. The dance will follow coronation and end at 11:00pm.

Prom Rules:

Once prom attendees arrive at the venue and register with administration, they will not be allowed to leave and return. We expect the best behavior from our prom attendees. All school rules will apply. Alcohol and drugs are strictly prohibited. Smoking is not allowed on hotel property. Infraction of rules will result in disciplinary action taken by school administration. This may include, but is not limited to, violators being asked to leave and/or police apprehending anyone in violation of the no alcohol, drugs, tobacco stipulations.

Parking:

Parking is on site and free of charge.

Photo Packages:

Prom photographs will be taken by John Locus. A variety of photo packages will be offered for individuals, couples, and groups ranging from \$21-\$119. Picture packets/order forms will be given to students at the prom assembly on April 12. It is best that the attendees have this packet completed with cash or check in the envelope when they come to prom.

Contact:

If you have any further questions about prom, please feel free to email Terri Cary attcary@cusd.kahoks.org.

We hope everyone has a safe, enjoyable, and memorable experience at the Collinsville High School 2019 Prom.

Positive Parenting Tips for Teenagers

During the teen years, it is a time of changes for how teenagers think, feel, and interact with others, and how their bodies grow. During this time, your teen is developing his or her unique personality and opinions. Relationships with friends are still important, yet teens have other interests they develop a more clear sense of who they are. This is also an important time to prepare for more independence and responsibility.

Here are some tips you, as a parent, can do to help your teen during this time:

- Show interest in your teen's school and extracurricular interests and activities and encourage them to become involved in activities such as sports, clubs, music, theater, and art.
- Encourage your teen to volunteer and become involved in civic activities in the community.
- Compliment your teen and celebrate efforts and accomplishments.
- Show affection for your teen. Spend time together doing things you enjoy.
- Respect your teen's opinion. Listen your teen without playing down their concerns.

• Encourage your teen to develop solutions to problems or conflicts. Help your teenager learn to make good decisions. Create opportunities for them to use their own judgment, and be available for advice and support.

• If your teen engages in interactive internet media such as games, chat rooms, and instant messaging, encourage him or her to make good decisions about what they post and the amount of time spent on these activities.

• If your teen works, use the opportunity to talk about expectations, responsibilities, and other ways of behaving respectfully in a public setting.

• Talk with your teen and help them plan ahead for difficult or uncomfortable situations.

• Talk with your teen about his or her concerns and pay attention to any changes in his or her behavior. Ask your teen if he or she has had suicidal thoughts, particularly if they seem sad or depressed. Asking about suicidal thoughts will not cause teens to have these thoughts, but it will let them know that you care about how they feel. Seek professional help if necessary.

• Discuss what they can do if they are in a group and someone is using drugs or under pressure to have sex, or is offered a ride by someone who has been drinking.

- Respect your teen's need for privacy.
- Encourage your teen to get enough sleep and exercise, and to eat healthy, balanced meals.

• Talk with your teen about the dangers of drugs, drinking, smoking, and risky sexual activity. Ask your teen what they know and think about these issues, and share your feelings with them. Listen to what your teen says and answer their questions honestly and directly.

- Keep television sets out of your teen's bedroom.
- Know where your teen is and whether a responsible adult is present. Make plans with your teen for when they will call you, where you can find them, and what time you expect them home.

Adapted from: https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/adolescence2.html

Most teens want to have a good relationship with their parents and being a good listener can help build the foundation of trust, respect and care. You may hear things that surprise you or you may uncover something your teen has been uncomfortable talking about. In these instances, know that you are not alone. There are many agencies in the community that are available to assist and support families. Don't hesitate to talk with your child's doctor, your insurance company or use local agencies like the United Way to access resources to help your teen and your family at https://www.stl.unitedway.org/people-we-help/united-way-2-1-1/ or by calling 211. The Madison County Mental Health Board is available to provide information and referrals at http://www.co.madison.il.us/departments/mental_health/index.php or by calling 618-877-0316. The St. Clair County Mental Health Board also offers resources at http://stc708.org/resources/. The National Suicide Prevention Lifeline is available 24 hours a day to provide confidential support and resources at 800 -273-8255. With patience and understanding, you can make this confusing time in your child's life easier. You can help build resilience in your teen by providing guidance in a safe, supportive and positive way.

May is Mental Health Awareness Month

We recommend being aware of early warning signs and symptoms of mental illness. Having a combination of symptoms (not just one symptom) indicates that someone might be showing signs of a mental health condition. Be aware of these symptoms when they last longer than a few weeks and start to affect school, work, relationships, or everyday activities:

- Problems with concentration, memory, or ability to think clearly
- Changes in eating such as loss of appetite or overeating
- Not being able to complete school or work tasks
- Feeling overly worried
- Feeling sad, empty, hopeless, or worthless
- Sensitivity to sounds, sight, smell, or touch
- Irritability and restlessness
- Loss of interest in activities that are normally enjoyable, withdrawal from others, or disconnection
- Feeling like your brain is playing tricks on you. Hearing knocking, scratching sounds, voices, or your name being called. Seeing things that other people do not see, like shadows, changes in light, figures.
- Changes in energy level and sleep patterns. Often someone will sleep during the day and be up at night.

Signs & Symptoms that Require Immediate Attention:

- Thoughts or plans of killing or hurting one's self or another person
- Hearing voices or seeing things that no one else can hear or see
- Unexplainable changes in thinking, speech, or writing
- Being overly suspicious or fearful
- Serious drop in school or work performance
- Sudden personality changes that are bizarre or out of character
- If you or someone you know is in crisis, call 1-800-273-TALK (8255), go to your local Emergency Room or call 911.

6th Annual KahokStrong 5K

Mustache Dash 2019

Date: April 28th

Time: 9:00 AM

Place: Collinsville High School

Price: Before April 11th \$30.00

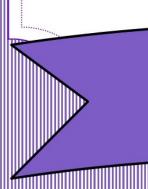
After April 11th \$35.00

Sign up: https://register.chronotrack.com/r/48675 We will be using chip-technology so times will be available immediately after all runners finish

Sign up before April 11th

For discount price and

Guaranteed shirt





Risks of E-Cigarette and Vape Pen Use

Although the overwhelming majority of young people do not use e-cigarettes, the recent increase in use among adolescent is concerning to health professionals.

Nicotine use in early adolescence causes changes in the brain that make **life-long addiction** much more likely for young e-cig/vape users.

Ear, eye and throat Irritation is common among e-cigarette/vape pen users.

The aerosols produced by the chemicals in e-juice, enter into the user's lungs unfiltered and leave chemical residue behind.

Nicotine is known to have effects on the cardiovascular system. Some recent studies show that acute use of e-cigarette impaired flow-mediated dilation, this suggests that e-cigarettes can lead to cardiovascular diseases.

Recent studies show that ecigarette/vape pen use is associated with the use of other tobacco products that are known to cause further health issues, including cancer and heart disease. Many people incorrectly believe that these devices produce a water vapor when in fact they create aerosols that contain harmful chemicals, and ultra-fine particles that are inhaled into the lungs and out into the environment, making them harmful to the user and others nearby.

These devices are still very new so many of the long-term health consequences of their use is still not known. Even still, the mounting evidence shows that these devices are *not* harmless.



Tobacco Prevention Toolkit Division of Adolescent Medicine, Stanford University For more information go to: www.tobaccopreventiontoolkit.stanford.edu

CHS STEM Club Wraps Up Another Successful Year

STEM Club has had another busy and successful year. STEM students started out the year recruiting students at the freshmen orientation last August. Then they jumped into educating the 3rd graders about science during the 3rd Grade STEM day. During the day they did demos, make and takes, and experiments with the 3rd graders. At the same time they were preparing for competitions, whether it was VEX robotics, science olympiad, TSA, Stellar Explorers, Science and Engineering Research Challenge (SERC), or Academic Challenge.

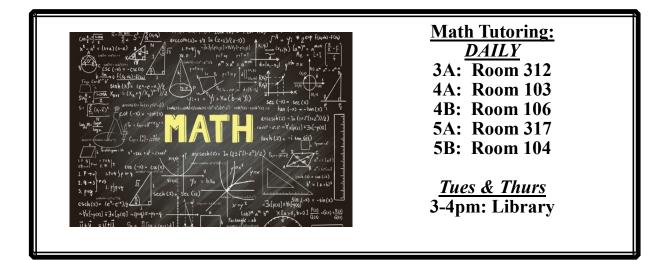
Students have done well with their competitions. VEX is placing at state level. Stellar Explorers got so close to the top ten (nationally) to make it to nationals, but didn't quite make it. Good job Stellar team. Maybe next year. The science olympiad team placed 6th at regionals winning 13 medals and qualifying for state which is April 13th. The Academic Challenge team went to regionals and qualified for sectionals where they won 5 medals and qualified for state (April 24). Good luck to them. SERC competes March 23 at SIUE. TSA and VEX are also still competing. As you can see, our STEM students are quite busy, especially second semester.

While all this is occurring, they have found time to do fundraisers, charity work, and more STEM nights at the elementary schools. Last December was the club's major fundraiser, Geek Trivia Night. Thank to all who attended and made it a successful fundraiser. All your donations go to help these students get ready for competitions and let the club function. A charity fundraiser is going on currently, students are collecting items for Barnes Jewish Children's Hospital. They are collecting toys, blankets and other things necessary to help children's stay the hospital go smoother. If you would like to donate contact a STEM club member. The group participates in STEM night for 3 of our elementary schools. They run tables and do activities with the elementary students. These activities include using microscopes, building things, playing with robots or learning about physics.

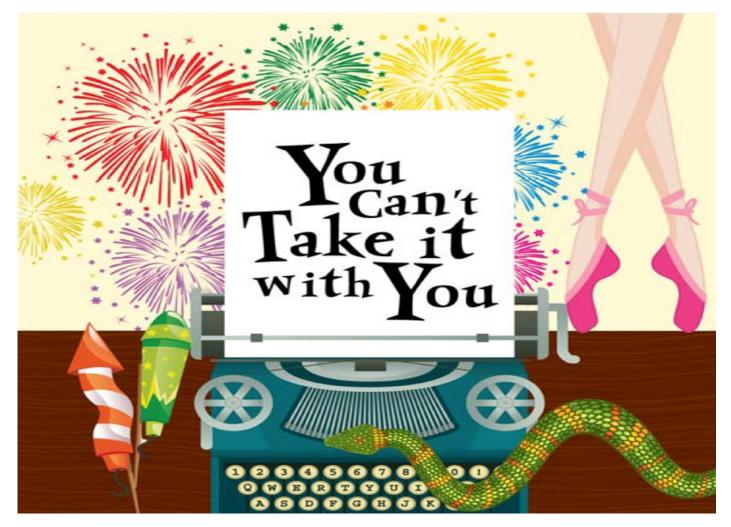
We want to thank the community for all your support and interest in the STEM Club and hope you will continue to support this great group of students.







CHS Drama Club and Thespian Troupe 643 Proudly Presents



April 4,5,6 @7:00pm in the CHS Auditorium Tickets \$5.00 in advance \$8.00 at the door



UPDATE

Quarter 4, 2019

Food Service and Culinary Arts Students Participate in Cooks to Camo



CAVC

Service and Culinary Arts students had the opportunity to utilize their creativity and cooking skills in an army sponsored program called Cooks to Camo. The soldiers, SGT Johnathon Kumke and SSG Anthony Womack brought MRE's with them and the students had to use them to create a main entree and dessert that looked and tasted good. After an intense competition the winners were announced and earned themselves a t-shirt for their efforts.

Students: Diamond Conrad Marshall Harrison Victoria Lewis Aylin Pacheco Michelle Berriozabal Brayden Garrison Brya Johnson Craig Mosley Jordan Wilson Yohanna Carrillo Fransisco Gutierrez-Deloera Desmond Leggs Freddie Novosel Food

Electronics Students Help Life Skills Students Work With Robots

The vocational electronics class borrowed some very simple and fun robots from the SIUE technical education department. The robots are called Cubelets and they are designed to teach the basics of robotics and programming theory. The electronics students enjoyed them so much that we decided to share them with the students from the Life Skills class and teach them the basics that we just learned. All students had a great time and learned a lot from each other.













Early Childhood students and preschoolers experience reptiles with Tie Dyed Iguana

The Tye-Dyed Iguana is a Reptile supply store in Fairview Heights that schedules different party events for groups in the community. They attended the AVC Preschool on February 20 for two back-to-back shows for all three of the preschool classes. Parents and siblings were welcomed to attend and it was a great experience for all who were a part of it.

During the educational segment they teach the audience the particulars of each animal. Petting and touching is always encouraged during this time. Their hands-on portion allows the attendees to hold the available exotics and for each person to encounter a beautiful piece of mother nature.

The animals they brought to the AVC Preschool this year were:

Bert-the Blue Tongue Škink, Chester-the Corn Snake, Chewy-the Mali Uromestyx, Jake the Snake-Ball Python, and Smaug- the Bearded Dragon, as well as, a few more.











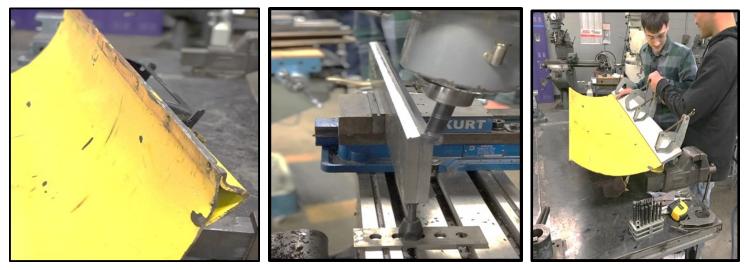
Food Service Starts Native Grill

The Food Service program developed their own business this year, the Native Grill, and are selling prepared ingredients for take-home meals which are available to staff throughout the district. Each week customers have the opportunity to pre-order meals of their choice which the students then prepare and package. Customers can take the meals home and cook them as needed. The meals come with all ingredients measured, chopped and portioned as well as simple directions to cook and assemble at home. Meal choices include items such as steak, chicken carbonara pasta, pizza, glazed pork chops, chicken lomein, steak or chicken fajitas, shrimp alfredo pasta, lemon garlic mahi mahi, chicken pot pie, stuffed pepper casserole and breakfast casserole just to name a few.



Machining Repairs Snow Plow Blade For District

Earlier this year Machining teacher Justin Cann was approached by a groundskeeper at Collinsville High School. The schools snow plow attachment was in need of repair and he thought the machining class might be able to help out. After close inspection, the teacher recommended using a stronger material that would hold up to the wear and tear the snow plow takes. Students Wyatt Bohn and Dillion Hattchett were tasked with the fabrication and installation of the new blade. Together with their teacher, the students developed a new design which resulted with the blade coming in two separate pieces so it could be changed out easier. After the fabrication and some additional welding, the job was complete!



Damaged blade

Fabrication of new blade with stronger metal

Clamping on the new blade

Building Trades

Courtland house almost complete. Recent completions include: Driveway and side walk, plastering, painting, hard wood floors, interior doors, 1/2 of the cabinets, and electric is 95% complete. Once the remaining cabinets, trim, vanities and carpet are all installed we will be ready to begin hosting open houses. Stay tuned for dates and times for open houses toward the end of April or early May.









HOSA GOES TO STATE!

On March 13-15th, Collinsville Health Occupation Students of America sent 13 outstanding students to the Illinois HOSA State Leadership Conference in Springfield, Illinois. Students interested in health careers were given the opportunity to compete in several events pertaining to health sciences. Along with competing, students were also able to network with fellow health occupation students in Illinois and attend workshops about various topics such as employability and leadership skills. If you are a student, or have a student interested in the health care field, consider joining HOSA!

Top 10 HOSA State Leadership Conference Winners:

Dental Terminology:

- Imani Anderson 10th place in the state!
- Skie Barker 9th place in the state!

Nurse Assisting:

Morgan Myers 10th Place in the state!

<u>CERT:</u>

• Morgan Myers and Jaylen Jordan 9th place in the state!

Pharmacy Science:

• Mackenzie O'Bear 3rd place in the state!

Vet Science:

- Skie Barker 5th place in the state!
- Raina Jaeger 3rd place in the state!

Pharmacology:

- Raina Jaeger 7th place in the state!
- Mackenzie O'Bear 6th place in the state!











