

BENEFITS OF CSI



Meaningful Connections with Peers & Adults

91% know who and where to go for help



Assertiveness

83% feel more confident in life and school



Support in Trauma & Crisis Recovery

88% feel supported and understood in their life challenges



Positive Coping Skills

88% have more hope for their future



Problem Solving

84% reported they are more confident in dealing with problems and challenges



Self-Control

90% reported they think about making better choices



Interpersonal Relationship Skills

85% feel better about coming to school



Social & Emotional Learning

70% pay attention and focus better in school



Self-Reflection

86% like and accept themselves in new ways



Team Building

94% reported that participating in their CSI group was beneficial and enjoyable



Communicating Feelings Effectively & Appropriately

85% can communicate and express their feelings in a more positive way



Goal Setting

72% reported improving their overall academics and goals

TO REFER A STUDENT

Talk to any teacher or CUSD staff member on your campus

Contact the **CSI Site Coordinator** at your school site

Visit us online:
www.cusd.com/CSI



For More Information
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Jonathan Logan,
Lead Psychologist
Comprehensive Wellness Project

jonlogan@cusd.com



Clovis Support
& Intervention

**YOU
ARE
NOT
ALONE.**



YOU ARE NOT ALONE.

Clovis Support and Intervention is here for you.

Everyone faces challenges. Whether it is building friendships, adjusting to a new school, dealing with family changes or working through the loss of a loved one, CSI groups can help support students through difficult circumstances.

CSI aims to empower students with skills that will help them grow as individuals, accomplish their goals and face future challenges more effectively. CSI addresses these important life skills and helps students make meaningful connections with peers and trained staff for support along the way.



www.cusd.com/CSI

What is CSI?

CSI is a district wide program offering support groups that focus on listening and communication skills, empathy, acceptance, self-awareness and supporting others.

Trained staff facilitators work to create a safe, positive environment that is supportive and empowering, but do not provide formal counseling or therapy. Facilitators guide students in developing skills, increasing self-awareness, navigating challenges and building hope.

How does CSI work?

- Confidentiality is vital
- Small group setting of 6-10 peers & 2 trained staff facilitators
- One 45-minute session per week for 8 weeks-during the school day
- Guided by proven curriculum
- Groups composed of peers facing similar challenges
- Parent permission is required

Who is CSI for?

Any student can benefit from the support, meaningful connections and listening and communication skills gained through participating in CSI support groups.

We offer nearly 300 groups each year, supporting more than 2000 students across the district!



FOR MORE INFORMATION:

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CSI
Clovis Support
& Intervention

Clovis Unified School District
COMPREHENSIVE WELLNESS PROJECT