



Dear Families,

This week our school community will be focusing on the character strength of ***Open-Mindedness***. Open-mindedness means you like to consider new ideas and try new things. You examine things from all sides and don't jump to conclusions.

Open-mindedness is the willingness to actively search for evidence that goes against one's favored opinions, plans, or goals. Open-minded individuals are able to weigh all evidence fairly, when it is available. They see the other side and fight the tendency to have a bias for their own views. And, rather than favoring the socially dominant views, they give attention to those that are less dominant.

Open-minded individuals are often good listeners and called upon to provide a balanced viewpoint. Both listening and the ability to deliver reasonable and practical advice are marks of good friends and confidantes. This strength helps individuals form meaningful and lasting relationships.

To practice and encourage the character strength of open-mindedness with your child, please visit the Positivity Project's [P2 for Families](#) (password: **P2**), where together you will watch a video, read a quote, and talk about the answers to three questions.

Have a wonderful week!