

## Kastner XC

## First official practice begins Aug. 12 @ 6am-Tennis Courts PARENT MEETING Tues Aug 13 @ 6pm in Kastner Library

August 12-15 6:00am -7:30am @ Kastner (Meet in front of tennis courts)

August 19-22 3:20-5:00 pm @ Kastner

Mon Aug. 26 @ 5:55am @ Woodward Park (Info in email)

Tues Aug. 27 @ 5:55am @ Kastner
Wed Aug. 28 @ 3:20 – before 5pm @ Kastner
Thurs Aug 29 @ 3:20 @ Kastner
Fri Aug 30 @ 5:55am @ Kastner



## REGURMENTS TO PRACTICE

✓ Sports Physical (download form online).

**√** Home Campus paperwork completed ONLINE.

Capture this QR Code or go online to Kastner/ website and find Athletic Department

Student athletes WILL NOT BE ABLE TO COMPETE until ALL paperwork and a signed physical is submitted online!

## FOR ONGOING COMMUNICATION

All information will be sent by email. Contact Barbara Bethel to get added to email list. @ BarbaraBethelDorr@clovisusd.k12.ca.us

**Barbara Bethel - Head Coach** 

Have Questions? Contact us:

Kastner Athletics | 559. 327.2503 | kastner.cusd.com