

HOTLINE NUMBERS

National Suicide Prevention & Bullying Lifeline
800-273-8255

National Domestic Violence Hotline
800-799-7233

National Alcohol/Drug Abuse & Addiction
800-662-4357

National Child Abuse Hotline
800-422-4453

National Teen Dating Abuse Hotline
866-331-9474

The Trevor Project: Crisis & Suicide Prevention Lifeline
for LGBTQ Youth Hotline
866-488-7386

Runaways, Homeless & At-Risk Youth Hotline
800-786-2929

National Eating Disorder Helpline
800-931-2237

CSI: Go to Room 167

Peer Counseling: Go to Room 156

***Don't bear the pain.
Help yourself.***