

**BUCHANAN HIGH SCHOOL  
DIRECTED STUDIES P.E. CONTRACT**

**CONDITIONS FOR ENROLLMENT:**

1. A student has junior or senior standing.
2. A student has an academically impacted schedule as determined by CUSD and school site.
  - a. No unscheduled period
  - b. No teacher assistant period
3. A student has earned a minimum of 20 credits in Physical Education with grades of “C” or better.
4. A student has scored at the Healthy Fitness Zone on all components of the PFA during the year prior to enrolling in Directed Studies P.E..
5. A student will be required to take a fitness evaluation the first week of enrollment and once every six weeks thereafter.

**COURSE REQUIREMENTS/UNDERSTANDINGS:**

1. A student must pursue a program of personal fitness of at least three (3) hours per week approved by a Buchanan Physical Education instructor. The fitness program could be conducted at school during non-class hours, at a fitness club or through a mutually agreeable arrangement.
2. A student must take and pass CUSD Physical Fitness Assessments each semester as requested by the school.
3. A student would be graded on a pass/fail basis.
4. A student who receives disciplinary action through the Student Services Center or fails to abide by the conditions of this contract may be placed back in a regular Physical Education class.
5. Students are required to turn in a Google classroom log on a weekly basis (log must be submitted by Friday no later than 3:30). Combined three missed logs during a semester, student is dropped from class (transfer grade of “C”) and placed in zero or lunch time PE.
6. Students who fall below CUSD healthy fitness zone will be dropped from Directed Studies PE and placed in zero or Lunch PE.
7. Students will have mile testing dates where they must meet CUSD age Fitness Standard or will be removed from class and placed in zero or lunch PE.
8. Any student with a long term medical excuse (3 weeks or longer) will be removed from class and placed in medical PE. Any testing done while student is on a medical will need to be made up once medical excuse is over.
9. My teachers Google classroom code is \_\_\_\_\_

I understand all guidelines that are required of Directed Studies PE.

\_\_\_\_\_  
Print Students Name

\_\_\_\_\_  
Student’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian’s Signature

\_\_\_\_\_  
Date