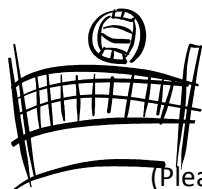


2018 ALTA SIERRA FALL SPORTS

Athletic Director- Chrishansen@cusd.com



Girls Volleyball – kristinpena@cusd.com

REGISTRATION: Aug. 13 in the wrestling room from 3-4pm

TRYOUTS: August 14-16, 7th - 3-4:30pm & 8th - 4:30-6pm

(Please use the Alta Sierra Girls Volleyball link to fill out registration information)

Football - chrismcgrady@cusd.com

Football Registration – outside the Science 400 wing

August 11- 9:00-11:00am

Practice: August 13-17 from 3-5pm



Girls Golf – eugeneshimizu@cusd.com

Tryouts: August 13-16, 20-23 from 3-5 p.m. at Valley Golf Center.

Girls Water Polo- leahbalch@cusd.com

Practice: Practice: August 13-17 from 6-7:45am



Boys Water Polo – michaelspeir@cusd.com

Practice: August 13-17 from 3-5pm



Cross Country- dustinbeauchamp@cusd.com

August 13-17 from 3:30-5pm at the Alta Sierra Track

Running camp- Aug. 6-10 from 8-10:30am at BHS track.

Call Coach Weaver @ 281-5698 for information

Girls Tennis – dongrensted@yahoo.com

Tryouts: August 13-16 from 3:00 to 5:00



All athletes are required to have a completed eligibility/health screen form turned in prior to starting tryouts or practices.