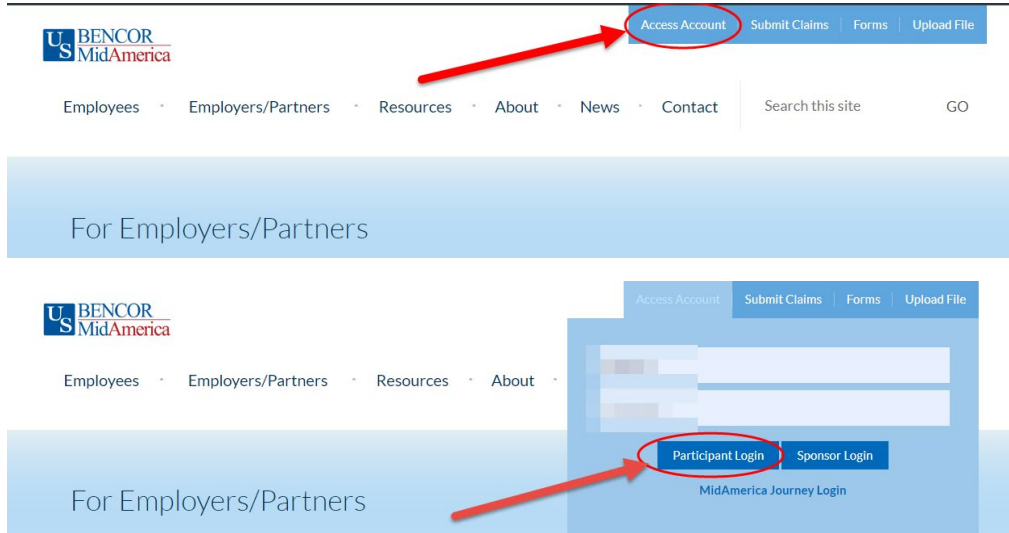




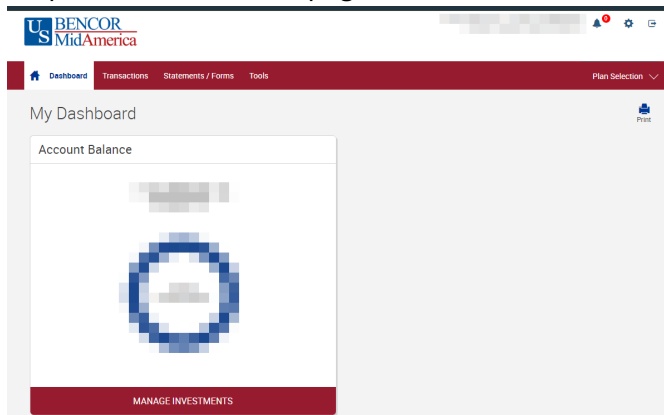
Retirement Plan Distribution Online SOP

<https://mymidamerica.com/employers/retirement-plan-solutions/apple-plan/>

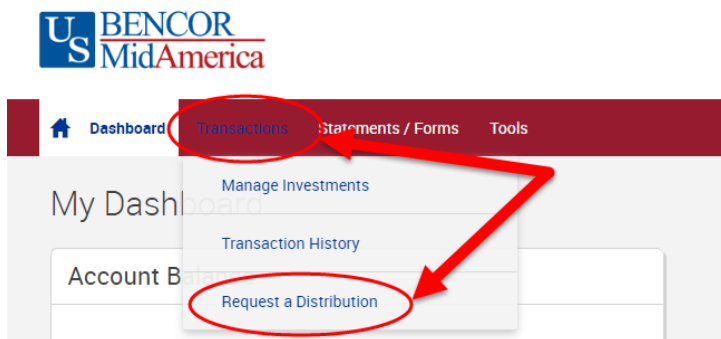
Step 1 – Login to your account.



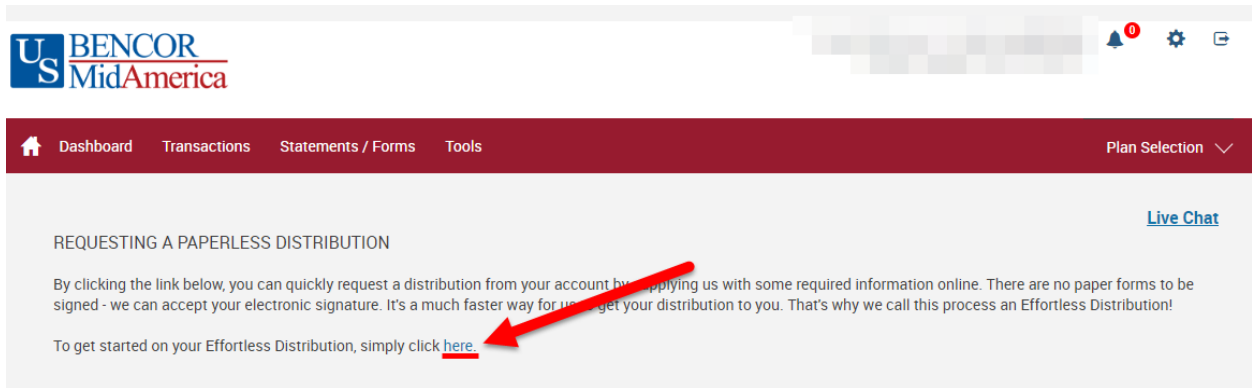
Step 2 – On Dashboard page click on Transactions.



Step 3 – On Dashboard page click on Request Distribution.



Step 4 – On the Requesting a Paperless Distribution - Click on Here



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MidAmerica

Dashboard Transactions Statements / Forms Tools Plan Selection

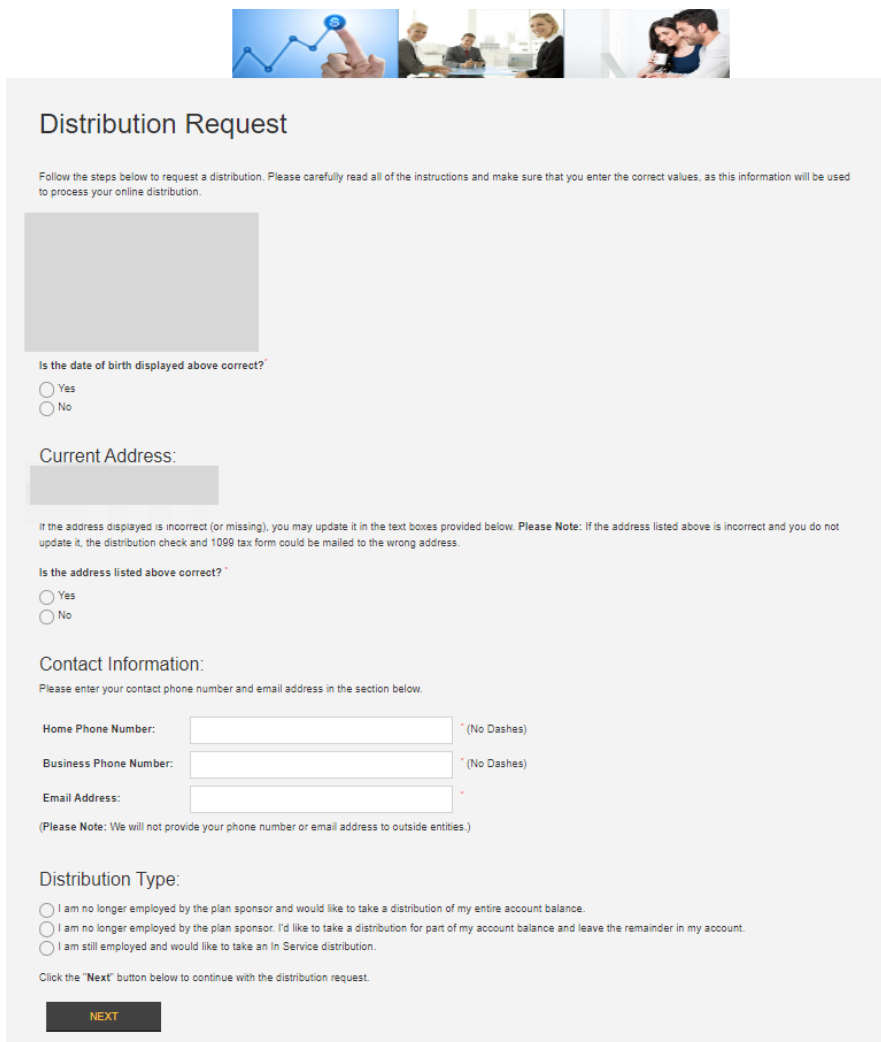
[Live Chat](#)

REQUESTING A PAPERLESS DISTRIBUTION

By clicking the link below, you can quickly request a distribution from your account by supplying us with some required information online. There are no paper forms to be signed - we can accept your electronic signature. It's a much faster way for us to get your distribution to you. That's why we call this process an Effortless Distribution!

To get started on your Effortless Distribution, simply click [here](#).

Step 5 – This will take you to the pages to fill out to request your distribution. Fill out the pages accordingly to submit your request.



Distribution Request

Follow the steps below to request a distribution. Please carefully read all of the instructions and make sure that you enter the correct values, as this information will be used to process your online distribution.

Is the date of birth displayed above correct?

Yes
 No

Current Address:

Is the address listed above correct?

Yes
 No

Contact Information:

Please enter your contact phone number and email address in the section below.

Home Phone Number: * (No Dashes)

Business Phone Number: * (No Dashes)

Email Address: *

(Please Note: We will not provide your phone number or email address to outside entities.)

Distribution Type:

I am no longer employed by the plan sponsor and would like to take a distribution of my entire account balance.
 I am no longer employed by the plan sponsor. I'd like to take a distribution for part of my account balance and leave the remainder in my account.
 I am still employed and would like to take an In Service distribution.

Click the "Next" button below to continue with the distribution request.

NEXT