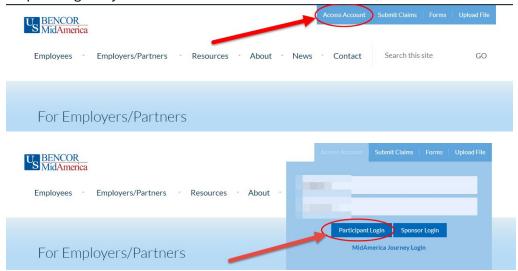


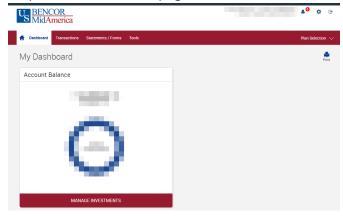
Retirement Plan Distribution Online SOP

https://mymidamerica.com/employers/retirement-plan-solutions/apple-plan/

Step 1 - Login to your account.



Step 2 - On Dashboard page click on Transctions.

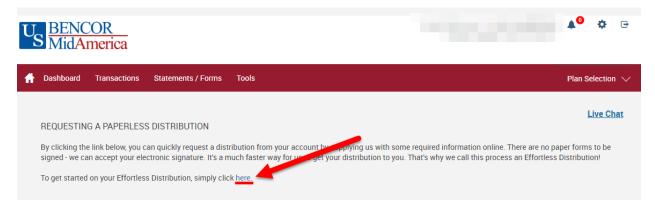


Step 3 – On Dashboard page click on Request Distribution.





Step 4 – On the Requesting a Paperless Distribution - Click on Here



Step 5 – This will take you to the pages to fill out to request your distribution. Fill out the pages accordingly to submit your request.

