## Instrumental Music Department Practice Record



Print FULL Student Name\_

Directions: 1) Practice music 3 separate days. 2) Have parents sign and date. 3) Return to Mr. Cymanski for a reward and grade.

Parent Signature:						Day	1
Date:							
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
Circle the amount of minutes practiced:	10	15	20	25	30	More than 30	!!!
Parent Signature:						Day	2
Date:							
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
Circle the amount of minutes practiced:	10	15	20	25	30	More than 30	
Parent Signature:						Day	3
Date:							
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
I played song		3 times		5 times		10 times	
Circle the amount of minutes practiced:	10	15	20	25	30	More than 30	111

1) Establish a regular MUSIC practice time.
 Parents are asked to have their child stick to a regular routine and time for practice.
 Try practicing before or after: school, dinner, homework, sports, etc.
 2) Fill Lungs from bottom to top with air
 3) Use Shoulder Rest (Strings)
 4) Sit with a straight back
 5) Play with a steady beat (tap foot)
 6) Practice music slowly then speed up

7) Read music theory (gold boxes)

8) Listen to CD/DVD when playing
9) Count correct beats on rests and notes
10) Play repeats
11) Be silent on rests
12) Clean instrument when done
13) Tell parents when supplies are needed (Reeds, Oil, Brushes, Rosin, etc)

Circle how many seconds I can play one note: 5 / 10 / 15 / 20 / 25



Circle the new note I just learned to play:

А	A#/Bb	В	С	C#/Db	D
D#/Eb	E	F	F#/Gb	G	G#/Ab