

Clovis West Area  
**IDAC Meeting Minutes**

March 5<sup>th</sup>, 2024

9:45am

Clovis West High School

Lecture Hall



I. **Welcome**

Purpose of IDAC Meetings and the Areas of Focus were shared

II. **Clovis West High School Peer Counseling Program**

The CW High School Peer Counseling program involves 43 trained and certified 9<sup>th</sup> -12<sup>th</sup> grade Peer Counselors. They do not provide advice or solutions they are trained to help others talk through their situations and identify their own solutions. Peer Counselors learn to differentiate between a problem, a crisis, and an emergency and how to support peers through difficult situations as well as how to access support from trusted adults. They are also involved with several other Activities to help educate on different topics. They work with Marjoree Mason Center, kNOwMORE, Wellness and coping strategies, MADD, Suicide Awareness and Support and Social media habits and safety. This group has established the student led club CW Yoga and Mental Health Club. CW is the only CUSD school to have NAMI Club on campus.

III. **Clovis West Area Elementary Peer Counseling**

In November 2023, was the first elementary Peer Mediator training with 5<sup>th</sup> and 6<sup>th</sup> graders from Fort Washington Elementary. This program stems from curriculum adapted from a training that used to be held at CSU Fresno for elementary schools. The goal is to have this program at each elementary feeder School. Trained Peer Mediators are able to help lead primary grade students through the process to be able to resolve their own problems. The goal is to alleviate some of the little conflicts that often arise on the playground/cafeteria.

IV.

**Kastner Multi-Cultural Activities and Clubs Opportunities**

Kastner has several student activities and clubs supporting acceptance and awareness. These clubs help get students involved and help with the transition from Elementary to Intermediate school. There are 12 clubs available to join. They also have a Multicultural Student Advisory Committee (MAC) and students participating in the Positivity Project.

V.

**Feedback and Recommendations**

No additional suggestions/questions were shared