

If you have questions or need the help of an interpreter, please call your school office.
Si tiene alguna pregunta o si necesita la ayuda de un interprete, favor de llamar a la oficina de su escuela.
Yog koj muaj lus nug los yog xav tau neeg pab txhais lus, thov hu rau koj lub tsev kawm ntawv.

NS CD-1

Clovis Unified School District

10/18

HEAD LICE

Date:

Dear Parent/Guardian:

Today your child's head was checked and evidence of head lice was found. Please treat your child and all affected family members for this condition. Head lice can be contagious if not treated promptly and correctly. On the backside of this letter are instructions for treatment.

Clovis Unified School District operates on a “**NO LIVE LICE**” guidelines. Your child may return to school after being checked by the Health Office staff who determines that the treatment has been effective for killing all live lice.

Please have your child cleared by the health office staff before he/she returns to the classroom.

Thank you in advance for your cooperation.

Sincerely,

Hope Garcia, RN, BSN, PHN
School Nurse

(559) 327-8756
Health Office Phone Number

Additional information on the backside of this notice

The occurrence of head lice is a common problem in childhood. We mention this not to alarm you, but rather to alert you in hopes that you will be especially observant for this condition in your child.

WHAT TO LOOK FOR:

1. Frequent itching of the scalp, especially at the base of the neck and around the ears.
2. Small white to yellow eggs approximately one-half the diameter of the head of a pin. They are firmly attached to the hair and will not flake off like dandruff. These are called nits.
3. A very small bug approximately 1/8 inch (or smaller) that is gray-brown. This is a louse and is often difficult to see.

WHAT TO DO:

1. Contact your family doctor about medication or check with your pharmacist for over the counter recommendations. It is highly advisable to treat **all** affected family members at the same time. We also have medications and metal combs available at one of our CUSD Health Centers.
2. Remove all nits. A comb with long metal teeth is recommended by the Public Health Department for this process. This can be completed in 1-2 hours and the child can return to school when live nits and lice have been removed.
3. Continue to comb your child's hair daily with a metal comb **for two weeks.**
4. **Re-treat** the hair on the eleventh day in order to kill any newly hatched nits that may have been missed during removal.
5. Wash all bed linen and dry all frequently worn clothing or items that have had contact with your child's hair. Items that cannot be washed should be stored in a sealed plastic bag for two weeks.
6. Use good house cleaning techniques such as sweeping or vacuuming rugs and furniture; concentrating in the child's bedroom. Fumigating or spraying the house is not necessary.
7. All children must be cleared by the nurse or trained staff before they will be re-admitted to class on the day they return.

Please continue to check and monitor your children for head lice for the next two weeks. In the meantime, be watchful and remind your children not to use other peoples' combs, hairbrushes, scarves, and/or hats. If you have any questions, do not hesitate to contact the school's health office.