VOLUNTEER OPPORTUNITIES

Volunteering one's time for a good cause can bring many personal benefits, as well as scholarship opportunities. Many students want to volunteer, but are not sure how to go about doing so. If you are volunteering for the sole reason of getting yourself into college, that is probably not the best reason. If you are doing this because you believe in the organization's cause and also because you want to expand your own life experience, then it is a good idea to participate. Colleges definitely like to see prospective students who have participated in community service, but they also want to see how it has affected them personally. In other words, how has this experience changed your life or made you a better person?

So, if that is something you want to do (without jeopardizing your academics), here are some suggestions that you may find interesting. Clovis North does not require community service as a graduation requirement. This is something you are choosing to do for yourself.

- ALS (Lou Gehrig's Disease): http://www.alsa.org/fight-als/volunteer/
- American Cancer Society: http://www.cancer.org/Involved/Volunteer/index
- American Red Cross: http://www.redcross.org/en/volunteertime (559) 455-1000- work with fire victims in getting food, clothing and shelter; data entry and customer service.
- Animal Rescue of Fresno: http://www.arf-fresno.com/how-can-i-help-.html (559) 225-5715- Socializing and playing with dogs, cleaning kennels, helping with dishes and laundry
- Arte Americas: http://arteamericas.org/index.html (559)266-2623- Assist with clerical tasks, setting up and hosting receptions and mounting and taking down of exhibits.
- Catholic Charities: http://www.ccdof.org (559)237-0851- Organize food drives, thrift store help, assist at health fairs, receptionist duties
- Central California Blood Center: http://www.donateblood.org/volunteer (559)389-5433- Administrative Assistant, donor monitor, special events
- Children's Hospital of California: http://www.fcco.org/helpvolunteer.html (559)353-5222- Administrative services, Chaplain Aide, Child Development Center, tour guide
- City of Clovis: http://www.ci.clovis.ca.us/serveclovis/Pages/serveclovis.aspx (559)324-2050- Emergency Response, Citizens on Patrol, Skate Park Monitor, Research Analyst
- •Clovis Botanical Garden: http://volunteermatch.org/search/org46315.jsp (559)298-3091- Planting day volunteer, tour guide and greeters
- •Clovis Chamber of Commerce: https://clovischamber.com/ (559) 299-7363 Organizers of Big Hat Days & ClovisFest
- Community Medical Center Junior Volunteers: http://www.communitymedical.org (559) 459-2863- Help at the info. desk, deliver flowers, work in the gift shop
- Community Food Bank: www.communityfoodbank.net/get-involved/volunteer (559)237-3663-Sorting, bagging and distributing donated food; general office work
- Fresno Art Museum: http://www.fresnoartmuseum.org (559) 441-4221- Setting up and taking down exhibits, tour guide, administrative help
- Fresno Chaffee Zoo: http://www.fresnochaffeezoo.org/education/volunteers.html (559)498-5945- Animal care, horticulture assistant, Zoo Adventure Junior Counselor
- Fresno County Public Library: http://www.fresnolibrary.org/volunteer/index.html (559)252-8657- Reading to children, setting up crafts and games, tutoring, homework help and clerical duties

- Fresno Philharmonic: http://fresnophil.org (559)261-0600-Usher and ticket takers
- Fresno Rescue Mission: http://www.fresnorescuemission.org/index.php?c=65 (559)268-0839 ext202- Tutor, Outreach, Laundry, Children's Ministries
- Habitat for Humanity: http://www.habitatfresno.org/volunteer (559)237-4102- Construction of a home, work at the ReStore, support families, community outreach
- Hands On Central California: http://www.handsoncentralcal.org/ (559)237-3101- Serve food & organize Holiday events for the homeless
- Hinds Hospice: http://www.hindshospice.org/volunteer.html (559)320-0308- Help with patients, assist with bereavement groups, work in the thrift store, fundraising development and community awareness.
- HOPE Animal Foundation: http://www.hopeaf.com (559) 271-0209- Spend time with cats and dogs before & after their spay or neutering surgery; assist with paperwork & maintenance
- Locks of Love: http://www.locksoflove.org/become.html Hold your own Locks of Love event
- •Leukemia & Lymphoma Society's "Light the Night": http://www.lightthenight.org/cca (559)435-1482- Organize a walk event or put in a team to participate and raise funds.
- March of Dimes: http://www.marchofdimes.org/volunteers/team-youth.aspx Organize an event (walk, golf tournament, chef auction) to help raise money for premature babies.
- •Marjaree Mason Center: http://www.mmcenter.org/index.php?c=6 (559)487-1344- Helping with the Crisis Center Hotline, Events/Fundraiser, Domestic Violence Response Team
- •Muscular Dystrophy: https://www.mda.org/get-involved/become-a-volunteer (559) 453-9822
- National Multiple Sclerosis: http://www.nationalmssociety.org/chapters/can/volunteer/index.aspx
- Poverello House: https://www.poverellohouse.org/get-involved/volunteer (559)498-6988- preparing and serving meals to the homeless and needy
- Ronald McDonald House Central California: http://rmhccv.org/volunteer/ (559) 447-6770- Cook/Baker, Maintenance, Receptionist
- Saint Agnes Medical Center: http://www.samc.com/volunteering (559)450-3521- Cancer Center, Hospice Program, Gift Shop, Stork Tour, Holy Cross Center for Women
- Salvation Army: <u>www.salvationarmyusa.org/usn/volunteer</u> Thrift Store, Prison Ministry, Rehabilitation Center, Toys for Tots Donation Drive
- San Joaquin River Parkway: http://www.riverparkway.org/index.php?option=com_content (559)248-8480- River Tour Guide, Conservationist, clean-up and restoration
- Special Olympics: http://www.specialolympics.org/volunteers.aspx Coach, fundraise, special events
- Veteran's Hospital Central California: http://www.fresno.va.gov/giving/index.asp (559)225-6100 ext5364-Information Desk, Patient Escort, Hospitality, Mailroom
- Fresno Trail Crew: www.trailcrew.org, contact is Rick Fleming