



When do they meet?

Support Groups meet once a week during one class period for just 8 weeks...

Students are responsible to make up missed work, tests or quizzes with their teachers.



Family Changes

Peer Pressure

Depression or Anxiety

Bullying

Anger Management

Motivation

Communication Skills

Stress/Pressure

New Student Connections

Loss of Someone you love

Fitting In

Addiction

Domestic Violence or Abuse

Drug and Alcohol concerns

Serious Illness of a Loved one

Feeling Alone, sad or lost.....

ANY Challenges that are weighing heavy on you.....

.....anyone can grow and benefit from a support group 😊

Sometimes Life Happens...

....we all have challenges



Groups are....

Educational support groups, *not* therapy or counseling....

CONFIDENTIAL

A SAFE PLACE TO TALK

NON-JUDGEMENTAL and ACCEPTING

A PLACE TO FEEL UNDERSTOOD

A PLACE TO CONNECT WITH STAFF AND PEERS

Students gain hope, healing and tools to cope!

CSI groups are for students with obstacles of any shape or size. No problem is too small. This program is for **anyone** in need of support.

Clavis Unified School District

Design: by Bianca Viken, RCP Digital Photography

HOW ARE YOU REALLY FEELING ?

Contact:

CSI Site Coordinator

Clavis Support & Intervention groups

CONTACT YOUR TEACHER OR YOUR COUNSELOR
TO FIND OUT MORE INFORMATION ABOUT A
CONFIDENTIAL CSI GROUP FOR YOU.

DIVORCE • DRUGS & ALCOHOL • GRIEF & LOSS
TEEN PREGNANCY • COPING WITH ILLNESS
FAMILY ISSUES • ANGER MANAGEMENT • TEEN ISSUES

If you'd like to take part in one of these groups, you can go to ANY STAFF MEMBER ON CAMPUS for a referral form.

Interested?

- Go to the CNEC website, click on the “Students & Parents” tab. Then click on the “Resources and Intervention Lab” to learn more information about CSI and this wonderful opportunity.
- Complete a CSI Student Self-Referral Form and press submit. If you’d rather fill out a hard copy of the form, go to the front office, student services office, or counseling center to get one.
- Then, you will be given more information and a parent permission form from Ms. Quall or Ms. Torres.

***Then YOU can decide if a CSI group is a right fit for you!**

CSI Student Referral

School Year: _____ Student ID: _____ Name: _____
School: _____ Counselor: _____ Grade: _____
Referred By: _____ Referral Date: _____

Has a Parent contact been made regarding this student and this intervention?
Have you talked with this student about this option for intervention?
Brief description of the PRIMARY concern or reason for this referral and the information you believe we need to know to best help this student:

Please check any of the following that describe the student and your concerns about them:

Academic Performance (check all that apply) Recent decline in grades Failing class/classes
 Lacks motivation/interest in school Achieving below potential
 No concerns
 Other: _____

Attendance Information (check all that apply) Student has frequent tardies Student has been referred to SARB
 Student has frequent absences No Concerns
 Other: _____

Behavior Observed (check all that apply) Sleeps in class Poor Peer relationships
 Withdrawn/Loner Appears unhappy/frequently sad
 Recent change in friends Frequently teased or bullied
 Outburst in anger or disruptive behaviors No Concerns
 Other: _____

Specific Concerns (check all that apply) Recent or difficult loss or death of a loved one Self or family member with a serious illness
 Difficulty adjusting to parent's recent divorce or separation Group Home/Foster Home
 Drug or alcohol issues, experimentation or talk Student is pregnant or a teen parent
 Parent or family member incarcerated Student reports drug or alcohol use in the family
 New student adjustment issues Trouble controlling anger and impulses
 Police or court involvement Depression/Anxiety
 Other: _____

Which type of group could be most helpful Sharing Support Group - Elem. Teen Support - Secondary
 Friendship/Social Skills - Elem. Motivation - Secondary
 Bullying Pregnant and Parenting Teens - Secondary
 Coping with family Divorce/Separation New student adjustment - Secondary
 Grief and Loss Coping with illness of self or a loved one - Secondary
 Anger Management
 Other: _____

Thank you for taking the time to refer this student to the C.S.I. program at your school site. The information contained in this form is CONFIDENTIAL!! Your Site Coordinator will take this information and do their best to assign the student to the appropriate group. Groups are on a voluntary basis and not all students may choose to take advantage of this opportunity. They will at least be invited to try an 8 week CONFIDENTIAL support if it is deemed appropriate for them.

** IF A STUDENT EXHIBITS SELF-HARM, SUICIDAL BEHAVIOR GESTURES OR TALK, SEEK IMMEDIATE INTERVENTION WITH APPROPRIATE ADMIN (I.E. SCHOOL PSYCHOLOGIST, CIS/LD, COUNSELOR) AND/OR PARENT

Want more information? See...



Nicole Torres
GR CSI
Site Coordinator
Room 184



Laura Quall
CN CSI
Site Coordinator
Room 135

What if I don't think CSI is for me? Where else can I go?

- **Peer Counseling**: Peer Counselors are a group of students on campus who have gone through extensive training and are here to LISTEN and HELP others. (Michelle Miller in room 282 & Kaitlyn Vargas in room 114)
- **School Psychologist**: Trained professional adults who apply expertise in mental health, learning, and behavior, to help youth succeed. (Denise Segal, Julie Barrett, Paneet Bath, Janiece Scozzari, and Cy Hiyané)
- **Nurses and Health Aides**: Trained and responsible for caring for students who have a health need and administering basic medical aid. (Loretta Newman, Kayleigh Reap, Grazia Tragitt, and Karen Brisky)



What if I don't think CSI is for me? Where else can I go?

- **Transition Team**: Their purpose is to provide support to students and families, by ensuring equal access to education and connecting them to resources through building relationships. (Kevin Miller and Gary Omi)
- **Counselors**: Counselors are available to support students emotionally, academically or with planning for your future. (Counseling Center)
- **Student Services**: Student Services is there to support students. (Student Services Office)



PEER COUNSELING STUDENTS WHO LISTEN & CARE...

CN Peer Counseling Advisor



Mrs. Miller
Room 282



Peer Counselors

GR Peer Counseling Advisor



Mrs. Vargas
Room 114

Other ADULTS WHO CARE and are here for you....



School Psychologists



Tina Wood, Soua Herr, Bryana Moreno, Courtney Wilson, Joy Bennett, Kerince Nguyen, Sean Ford, Candice Puentes-Delgado (Counseling Center), Linda Harris (LD Secretary), Jay Center

Counselors

MORE SUPPORT...ADULTS WHO CARE



Nurses



CNEC Transition Team

MORE SUPPORT...ADULTS WHO CARE



Student Service Team

What students said when asked...

Why did you choose a CSI group, and how did it help?

- “This has been such a great help. It has helped me express my feelings, which I never do. My relationships have drastically improved.”
- “I have learned how to communicate with others in an effective and positive way. It has helped me to open up A LOT more.”
- “I have learned how to express my anger calmly. I’m now more open to everyone.”
- “I have learned to utilize resources for help, talk and be more open, and to be more confident when facing an obstacle. This group gave me a safe and reliable place to speak and express my feelings. I hope to come back.”
- “I don’t feel alone anymore, and my happiness has increased since the first day.”

EVERY SINGLE ONE OF YOU IS IMPORTANT !!

No one needs to feel alone through difficulties in life or challenging situations.....and you WILL get through it!

.....know that there are so many people here at your school to support you!

Find someone you trust to talk to....We all care about YOU!