

Peer Counseling is an A-G requirement and is a college preparatory readiness class. The Peer Counseling Program offers support services to peers. It is an effective tool for providing prevention, intervention, and referral services to individuals experiencing difficulties.

- **Effectively trained Peer Counselors can positively influence the attitudes and behaviors of their peers.**

Peer Counselors go through a semester of training before running sessions students. Students learn:

- The session introduction with the duties to inform.
- Not passing judgement.
- Compassion and empathy.
- Positive non-verbal's.
- Paraphrasing for understanding and feelings.
- Open & closed ended questions.
- Guiding the counselee to options without giving advice.
- Everything is confidential unless harm to self or others.

Students can refer themselves or others for a PC session. Teachers, staff, and parents can also refer students for a PC session.

Clovis Unified has Peer Counseling programs in every High School and Intermediate school.

Mediator Mediators is expanding into Elementary Schools across the district.

Peer Counselors Don't:

- Give advice.
- Tell other people or teachers about what we talk about unless it is harm to self or others.
- Judge you or what you're going through.
- Lie to you or give you false information.
- Run therapy sessions and tell you what to do.
- Portray themselves as being better than everyone else.



Use the QR code to view a Peer Counseling Mock Session



Peer Counseling helps to combat the Mental Health Crisis media videos.

[Students tackle Life Challenges through Peer Counseling in Clovis](#) [Peer Counseling attacks the Mental Health Crisis](#)

1min Videos Created by Peer Counselors For Suicide Prevention and Mental Health

[I Matter](#) [It's Ok To Not Be Ok](#) [People Care](#) [Time To Speak Up](#) [Depression Has No Culture](#)

Good articles about Peer Counseling

[Peer Programs Helping Schools](#)

[Peer Counseling Gains Popularity](#)

High School	Teacher	Junior High	Teacher
Buchanan	Ashley Hall	Alta Sierra	Alyssa Albee
Clovis High	Cassidy Salinas	Clark	Heidi Schultz
Clovis East	Gracie Bishop	Reyburn	Nina Jones
Clovis North	Michelle Miller	Granite Ridge	Reyna Rubalcaba
Clovis West	Lori Hurley	Kastner	Riley Warner