

Grade 1 - High Frequency Words
Benchmark Advance

Unit	Week 1	Week 2	Week 3
1	and, back, go, see, she, the	him, his, little, play six, you	for, got, have, jump, no, one
2	are, look, my, said, two	come, here of, to	black, put, saw, this, want, what
3	now, do, went, which	still, stop, out, was, then there	best, drinks, last, must, next plant by good who them
4	could, sing, these, things, thinks, our, were	hurt, once, that, upon	because, from, head, their, when
5	late, many, start, right, take, why	close, find, how, over, under	face, far, give, let's, place too, try
6	after, call, five, her, large	house, long, off, small, use	animals, brown, day, live, may, work, year
7	always, don't, found, goes, hold, know, show, so you	all, clean, draw, each, feet, green, leave, need, people, read, sea, seem, sleep, three, trees, where	again, country, high, kind, lights, might, night, round, they
8	boy, car, city, farm, four, great, hard, part	away, change, laugh, more, move, or	above, earth, every, girl, near, school, turn
9	about, around before, done, even, sound	buy, only, pointed, through, walk	another, books, does, food, some, soon, took wash
10	better, carry, learn, very write	below, fall, father, mother, never, talk	answer, any, blue, eight, funny, hear

Grade 1 – Domain Specific and Academic Vocabulary Benchmark Advance

Unit	Week 1	Week 2	Week 3
1	collided, signal, driver, traffic, planted, vacant, weeded, deeds	citizen, community, respect, litter, decision, honest, responsible, yours	abolitionist, enslaved, migrant farm worker, unions, contributions, language, created, together
2	shelter, woodcutter, demanded, explained, replied, run, skip, wailed, walk, yelled, idle, industrious, riddles, wicked	torrents, bat, hard, longed, dearly, particular, sensitive, rolled, bragged	currant, gingerbread, barked, called, cried, meowed, said, whispered, gobbled, suddenly, pecked, paw
3	breathe, shrink, caterpillar, froglet, gills, animals, carrots, cars, food, fox, grass, tree, twigs, woods, hurry, hatched, tickling	life cycle, plants, roots, seeds, stems, trunk, grow, order, tree	birds, color, duck, duckling, five, fluffy, gray, size, swan, feel, yellow, alone, teased, ugly, climb
4	aroma, bright, crack, crunch, delicious, hear, lumbering, peered, quiet, see, smell sound scampers, sniffing, startled	den, preening, rod, clinic, admiring, feasting, sly, basking	perched, rafters, stealthy, wriggled, craftly, dizzy, squawk, supper, kickball, prettiest
5	small computers, wheels, recharged, deliver, face, hands, hold, lift, move, jumped, leaped, said, shouted, tiptoed, carrier, patients, beeped, contraption, testing	cartoonists, computer tools, flight controls, mechanics, pilots, careers, communicate, computer, images, repair, technology, cartoon, firefighter, teach, teacher, handprint	delete, unplug, invented, cries, says, blurry, break, clatter
6	tugboat, flock, graze, scolded, village, scary, chasing, peaceful, kernel, weary	shiny, bright, groom, peer, reflections, proud, selfish, shell, sleek, thorns, barks	owlets, waterhole, hide, hiding, listen, listening, tell, telling, walk, panicked, pesky, frozen, plain
7	tablets, communicate, complete, finish, improvements, popular, wealthier, pond, afraid, rebuilt	event, future, historic, past, time line, rovers, astronauts, events, future, past, illustrate, pretend	independence, laws, citizens, congress, historic, memorial, president, minutemen, carved
8	telescope, machine, blasted, craft, craters, bat, room, rose, seal, stamp, giant, huge, small, smaller, flowed	rocky, round, sun, earth, moon, planet, rotate, stars, nucleus	oxygen, harder, steps, watch, agreed, argued, boasted, replied, said, despair, persuasion, shone, strongest, clouds
9	milk, homogenized, processing, good, milked, burning, protect, protected, almond, lane, healthy, obeys	goods, services, dentist, having, helping, learn, making, riding, save, use, bring, difficult, grab, solid, work, solve, succeed	shoemaker, workbench, vegetarians, cupboard, voted
10	deaf, light, create, flap, form, make, play, wiggle, neigh, shriek, marvel, puppets, shadow	height, raindrops, thunder, blue, clear, crashing, right, swishing, tapping, cheer, handler, puddles, band	mirrors, solid, objects, shiny, things, cloud, rain, snow, snowy, sun, clear, straight, opposite, heels