

Help Your Child Succeed in Online Learning

We Are Here For You!



This Parent Bulletin has been created to put resources into the hands of families. Just as Clovis Unified aims to create safe, effective, distraction-free learning environments on campuses, we want to do the same online! We know online learning is a huge adjustment for families and we're your partner in helping your child succeed.

10 Ways to Make Learning Online a Success

Clovis Online School Principal and CUSD parent, Ben Clement, has seen countless students thrive, excel and achieve in an online learning environment. He shares ten ways parents can help our students have a successful and safe start to this unique school year. (Full article in the August 2020 issue of CUSD Today.)

1. Treat This Year Like You Normally Would

If possible, keep some of the back-to-school routines you normally have, even if they happen the second or third week of school! Go back-toschool shopping for a few school supplies, pick out a new back-to-school outfit (or two) and help build some excitement for the new school year.

2. Meet the Teacher

Teachers love connecting with their students and would welcome a chance to get to know your child at the beginning of school year. Have your child email their teacher(s) to introduce themselves. Parents, don't hesitate to reach out and introduce yourself as well, and ask any questions you might have.

3. Set Up a Quiet, Distraction-Free Area

Keep in mind this will be where your child will participate in Zoom lessons, complete work, study, and take tests during the day, so try and make it as comfortable as possible.

Zoom Security Tips

We're keeping your child secure online. Here's ways you can help:

- To avoid unpermitted participants, Zoom links and CUSD sign-ins are not to be shared.
- Chat feature may be limited to only student-to-teacher communication.
- Teachers may mute all participants. Students can use the "Raise Hand" feature to indicate they have a question and ask to be unmuted.
- Virtual backgrounds Students will select from a variety of pre-loaded virtual backgrounds to provide a distraction-free learning environment for all.
- Students are expected to show respect to teachers and classmates. Encourage your child to show the same behavior that you would expect of them in the classroom: paying attention, participation, eye-contact, etc.
- Meetings are password secured and use the Zoom waiting room for entry.
- Students' Zoom video must be labeled using their first and last names to allow for attendance and security.

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4. Take First Day (or First Month) Photos

Do you always take a picture on the first day of school? Break out that new outfit and take the picture just like you always do!

5. Stick to a Routine

Studies show that children (and adults) work best when they know and keep to a routine. Make sure your child gets plenty of rest before each school day by setting a bedtime, use an alarm clock to help them wake up and encourage them to get dressed in school attire to help set the tone for each day.

6. Encourage Engaged Online Learning

Talk with your child about being an active participant in class discussions and to ask questions during Zoom lessons. Tell them to ask the teacher for help if they don't understand something or need help with a new concept. Teachers will be working hard to check for understanding with every one of their students, but just like in an actual classroom, it is important for kids to speak up. See the Zoom Security Tips section on the front page for specific ways you can help your student.

7. Partner Up With Your Child's Teacher(s)

Don't hesitate to reach out to your child's teacher through email or a phone call. Ask questions, tell them about your child's needs and let them know of any concerns. Just like parents, teachers care about kids and want to do what's best for them! Good communication is key to seeing our students be successful.

8. Stay Active!

Encourage your children to get out and go for a walk, participate in an online yoga class or go for a family bike ride around the neighborhood. Studies show that exercise helps improve mood and even academic performance.

9. Don't Forget CUSD is Here for Students...

... in mind, body and spirit! In addition to our teachers, all of our schools have caring counselors, school nurses, transitions teams and administrators who want to see our students healthy, safe and succeeding. Are you concerned about your child's social and emotional health? Reach out to your school administration so they can connect you with our school psychologist and counselors. Have concerns about your senior applying for college? Reach out to your student's academic counselor for help and guidance. The entire Clovis Unified team is here to help your student thrive!

10. Stay Connected to Others

The pandemic has made it tough for our children to be socially connected to one another. Encourage your children to video chat with their close friends and classmates (be sure to monitor of course). Hold a virtual game night with grandma and grandpa or their favorite cousins. Luckily, the digital world we live in provides for lots of ways for our kids to stay connected.

Start a Conversation

Here's a few questions to consider asking your child that can be asked before the school year starts and as the year progresses. These can be adapted to a variety of topics:

- What are some of your concerns right now? •
- How are you feeling about all of this? (Encourage them to name their feeling, such as sad, afraid, excited, nervous.)
- When you feel that way, what are some things that help you feel better? (This can be used to create coping strategies that help, such as turning on music, shooting some baskets, having one-on-one time with a parent.)
- Do you know what you need to do or what to expect?
- Do you know how/do you feel comfortable contacting your teacher/classmates/coach/ counselor?
- What can I do to help? What can we (the parent and teacher) do to help? What can you do to help?
- How did today go? Is there anything we should do different tomorrow?

Tech help is a click away: CUSD.com/BacktoSchool2020-21.aspx



Student Password Reset/Help

Chromebook



Reset a Student's









Instructions



Access Gmail



Our Tech Team is available at 559-327-9595. Wait times may be longer than average, but they are hard at work to support you.