

# You Are Not On You Own

Distance Learning Resources
During COVID-19



Our school doors may be closed, but school is still open!

We've been saying this a lot lately. It's an important message. The launching of distance learning in Clovis Unified through at least May 1, 2020, is a big change for families, but you aren't in this alone. In Clovis Unified, it's definitely a team effort.

# **Our Aim Number One:**

To Maximize Achievement for ALL Students – is still Aim Number One!

It's not easy, and this Parent Bulletin has been created to put a resource guide into the hands of families to:

- help you support your child's learning
- get connected to sources of help for your family
- navigate distance learning together

#### 'Visit' Your School and Class

Go to your school's website and teacher's website or Google classroom often for updates, useful information, ways to connect and resources to help during this temporary time of distance learning. Also check out your school's social media channels as many are making videos and posts with encouraging messages for students.

#### **Instructional Assistance**

We know distance learning is not the same as on-site learning. If your student is having difficulty with a lesson or subject, don't hesitate to email your child's teacher who can offer additional help and resources, or schedule time for a phone call or Zoom chat. You can also reach out to your school office to be connected to others on our educational team. You are not on your own!

#### **Technology Help**

We understand the challenge when you are at home with your child and are unable to access digital resources because of a forgotten password. Technology help, information for navigating Google apps and details about how to access free internet for qualifying households is available through CUSD's Technology Department at

cusd.com/TechnologyHelpForStudents.aspx or by calling 559-327-9595.

#### **Virtual Resources**

Clovis Unified offers a variety of online resources and links as do individual schools and teachers. Be sure to check out the district's various websites for these useful applications. On cusd.com you will also find a list of academic resources divided by elementary and secondary grade levels for websites offering virtual educational experiences – field trips of sorts – such as tours of museums, visual story times, music concerts, art projects and more.

#### **Meals Available**

Free grab-and-go meals are available for all children in the community ages 1 to 18 (meals won't be served during Spring Break). Buses are making delivery stops in the morning at several locations, and many school sites are distributing meals midday Monday through Friday. Visit cusd.com for the current times and locations. Both lunch and breakfast bags will be available at one time. Nutrition information is available at cusd.nutrislice.com.

## **Keep Informed!**

To keep updated with the latest information, watch for emails, postings on cusd.com and push notifications through the Clovis USD mobile app. On cusd.com, there is a Frequently Asked Question section containing answers to several questions about on-site learning. There is also a form available on cusd.com to ask additional questions or offer comments. These are not individually answered but are used to address issues and add to our FAQ. Should you want to discuss a question, please call 327-9000.

# **Creating a Successful Environment**

Clovis Unified lead psychologists Jonathan Logan and David Weber have started "Together, we've got this!" — a virtual series of three-minute videos discussing topics for this unique time such as how to help ease the concerns of your child, to create a positive home/learning environment and to have healthy, reassuring conversations. You can view videos — new ones are being released weekly — on cusd.com by looking for the "Together, we've got this!" link.

#### Are You Connected?

Because updates are evolving, be sure you are receiving the latest information. If you have not downloaded the Clovis USD mobile app, please do so through the Apple or Android store and opt for push notifications. Also, check to make sure you are receiving our updated emails; currently Superintendent Dr. Eimear O'Farrell is sending messages twice a week along with relevant information for students and families. If you haven't been getting these emails, call your child's school to confirm we have the correct contact information for you on file.

#### **Share Your Experience**

Doing a home science experiment? Having recess in the backyard? Are all the family members wearing spiritwear on Fridays? We all need to share a smile, to be inspired and to see each other's faces! Send a picture or idea about creative ways you are doing distance learning by accessing a quick form on cusd.com/CommunityShare. We will select some of these to share with our Clovis Unified family through the district's social media. You may also submit a picture and description by emailing cusdtoday@cusd.com. Please include your name and your school's name.

## Start a Conversation

Hold a Family Meeting at least once a week to check in with your children. Talk about their school work or explore worries about coronavirus. The Center for Disease Control and Prevention offers a list of guidelines for talking to kids about COVID-19 on cdc.gov. Some of them include to be calm; be a good listener; provide accurate, age-appropriate information; empower them by teaching what they can do to reduce risk and germs; and consider limiting screen time/media focused on COVID-19.

Let the Family Meeting be a positive experience that unites your home. Share a favorite snack (popcorn and rootbeer!) or sit outside on a blanket in your backyard as you use the time to let each person:

- Ask Questions
- Talk About Concerns
- Communicate Expectations and Boundaries (especially if parents are also working remotely from home)
- Offer Reassurance
- Plan Activities That Can Provide Connection and Fun

Follow CUSD for Updates and Breaking News

**ONLINE:** cusd.com **MOBILE APP:** Clovis USD **FACEBOOK:** ClovisUnifiedSchoolDistrict

**INSTAGRAM:** clovisusd **TWITTER:** @clovisusd