Family **Engagement**



No Brick & Mortar School This Year, but LEARNING Goes On!

By now you now that the school <u>building</u> is closed for the rest of the year, BUT remember learning is continuing. Teachers are online providing learning experiences and lessons. Children are still learning! Many students are still adjusting to the idea of learning at home, not seeing their friends, and trying to understand the why of it all. And that is to be expected. Many adults are still adjusting too. And that's ok too!!

Remember, how the adults in a child's life respond to this and any situation is what a child model's his/her behavior on over time. Take time to nurture yourself. Doing so can empower you to nurture your family better.

Remember to have routines and expectations for your children and yourself (they may be a lot different than the ones you had). Children like to know what to expect. It is calming to them. You modeling the use of routines and expectations is powerful!

Having Fun Together

Finding "Whiners" in your house? Could be anyone...you, your kids, your spouse, anyone! It might be time for some fun and movement. Follow this link to 87 Fun Ideas: https://www.todaysparent.com/family/activities/fun-things-to-do-at-home/.

Some of my favorites:

- Build a cardboard racecar
- Plant a garden
- Wash the car
- Take pictures and start a photo journal
- Make a time capsule
- Bake

It is important to stay mentally and physically active while staying at home learning and working. Remember to take care of yourself and those living with you.

If you need assistance please reach out to your school contacts. They will point you in the direction of support and assistance.

Tiny Victories

(Credit to NYTimes Parenting)

Parenting can be a grind! Let's celebrate the tiny victories.

I set up a camping tent in our backyard and my 3-year-old toddler has been playing in it for going on three hours!

-Ariane LeChevallier, Portland, Oregon

If you want a chance to get your Tiny Victory published, find us on Instagram @NYTparenting and use the hashtag #tinyvictories



Title I Resource & Family Engagement Liaison





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BEKIND!



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